

# Health Status Benefits of Transcatheter vs. Surgical Aortic Valve Replacement in Patients with Severe Aortic Stenosis at Intermediate Surgical Risk

Results From The PARTNER 2 Trial



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# Disclosure



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# Background



- Improved quality of life (QOL) is a key goal of treatment for patients with severe AS and may be even more important than improved survival for many elderly patients
- Prior studies have shown that transcatheter aortic valve replacement (TAVR) results in substantial and durable QOL benefits in extreme risk/inoperable patients and an early QOL benefit compared with surgical aortic valve replacement (SAVR) in patients at high surgical risk
- However, the early QOL benefit of TAVR was confined to patients who were suitable for transfemoral access and was not seen in patients treated via the transapical approach

# Background- 2



- In the PARTNER 2A trial, TAVR was found to be non-inferior to SAVR for the primary endpoint of 2-year death or disabling stroke among patients at intermediate surgical risk
- There were differences in procedure-related complications and valve performance at 1 year, however, with some endpoints favoring TAVR and others favoring surgical AVR
- The overall impact of these alternative treatments on health-related QOL from the patient's perspective has not yet been reported

# PARTNER 2A: Patient Population



## Key Inclusion Criteria

- Severe, symptomatic AS (AVA  $< 0.8 \text{ cm}^2$  [or AVA-I  $\leq 0.5 \text{ cm}^2/\text{m}^2$ ] and mean gradient  $> 40 \text{ mmHg}$  or peak aortic jet velocity  $> 4.0 \text{ m/sec}$ )
- “Intermediate Risk” → Predicted risk of operative mortality  $\geq 4\%$  based on heart team assessment

## Key Exclusion Criteria

- LVEF  $< 20\%$
- CAD requiring revascularization with either unprotected left main dz or SYNTAX score  $> 32$
- Serum creatinine  $> 3.0 \text{ mg/dl}$  or hemodialysis
- Recent MI (1 month), stroke or TIA (6 months)

# The PARTNER 2A Trial

## Study Design



**Symptomatic Severe Aortic Stenosis**

**ASSESSMENT by Heart Valve Team**  
**Operable (STS  $\geq$  4%)**

**Randomized Patients**  
**n=2032**

**Yes**

**ASSESSMENT:**  
**Transfemoral Access**

**No**

**Transfemoral (TF)**

**Transapical (TA) / TransAortic (TAo)**

**1:1 Randomization (n=1550)**

**1:1 Randomization (n=482)**

**TF TAVR**  
**(n=775)**

**vs.**

**Surgical AVR**  
**(n=775)**

**TA/TAo TAVR**  
**(n=236)**

**vs.**

**Surgical AVR**  
**(n=246)**

**QOL assessed from all patients using validated questionnaires**  
**at baseline, 1 month, 1 year, and 2 years**



# Statistical Methods



- Study Population: All patients with baseline QOL data (n=1833, 90.2%)— analyzed by ITT
- Primary QOL Endpoint = KCCQ Overall Summary Score
- All other QOL scales considered secondary endpoints
- Scores between groups at each timepoint compared using analysis of covariance (ANCOVA), adjusting for baseline health status and access site
- Analytic plan specified that separate analyses would be performed for the transfemoral (TF) and transthoracic (TT) groups in case of a significant interaction between treatment effect and access site

# Baseline Characteristics



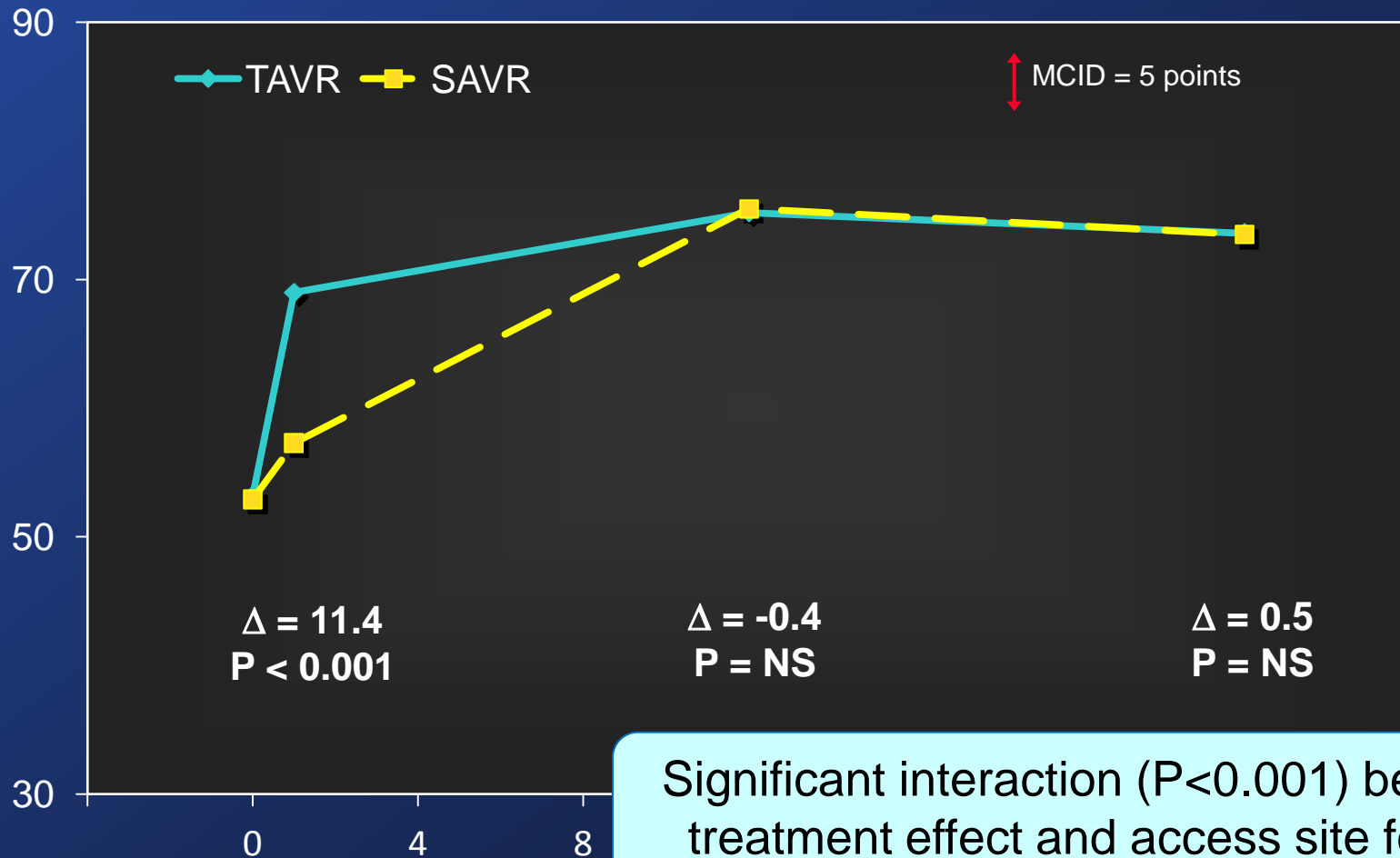
	<b><i>TAVR</i></b> <b><i>(n = 950)</i></b>	<b><i>AVR</i></b> <b><i>(n = 883)</i></b>
<b>Age (yrs)</b>	<b>81 ± 7</b>	<b>81 ± 7</b>
<b>Male gender</b>	<b>54.4%</b>	<b>55.4%</b>
<b>STS risk score</b>	<b>5.8 ± 2.1</b>	<b>5.8 ± 1.8</b>
<b>Prior MI</b>	<b>18.1%</b>	<b>17.9%</b>
<b>Prior CABG</b>	<b>23.7%</b>	<b>25.6%</b>
<b>Prior Stroke</b>	<b>10.2%</b>	<b>10.2%</b>
<b>COPD (O<sub>2</sub> dependent)</b>	<b>11.2%</b>	<b>9.7%</b>
<b>Mean AVG (mmHg)</b>	<b>45 ± 13</b>	<b>45 ± 12</b>

P = NS for all comparisons



# Primary Endpoint

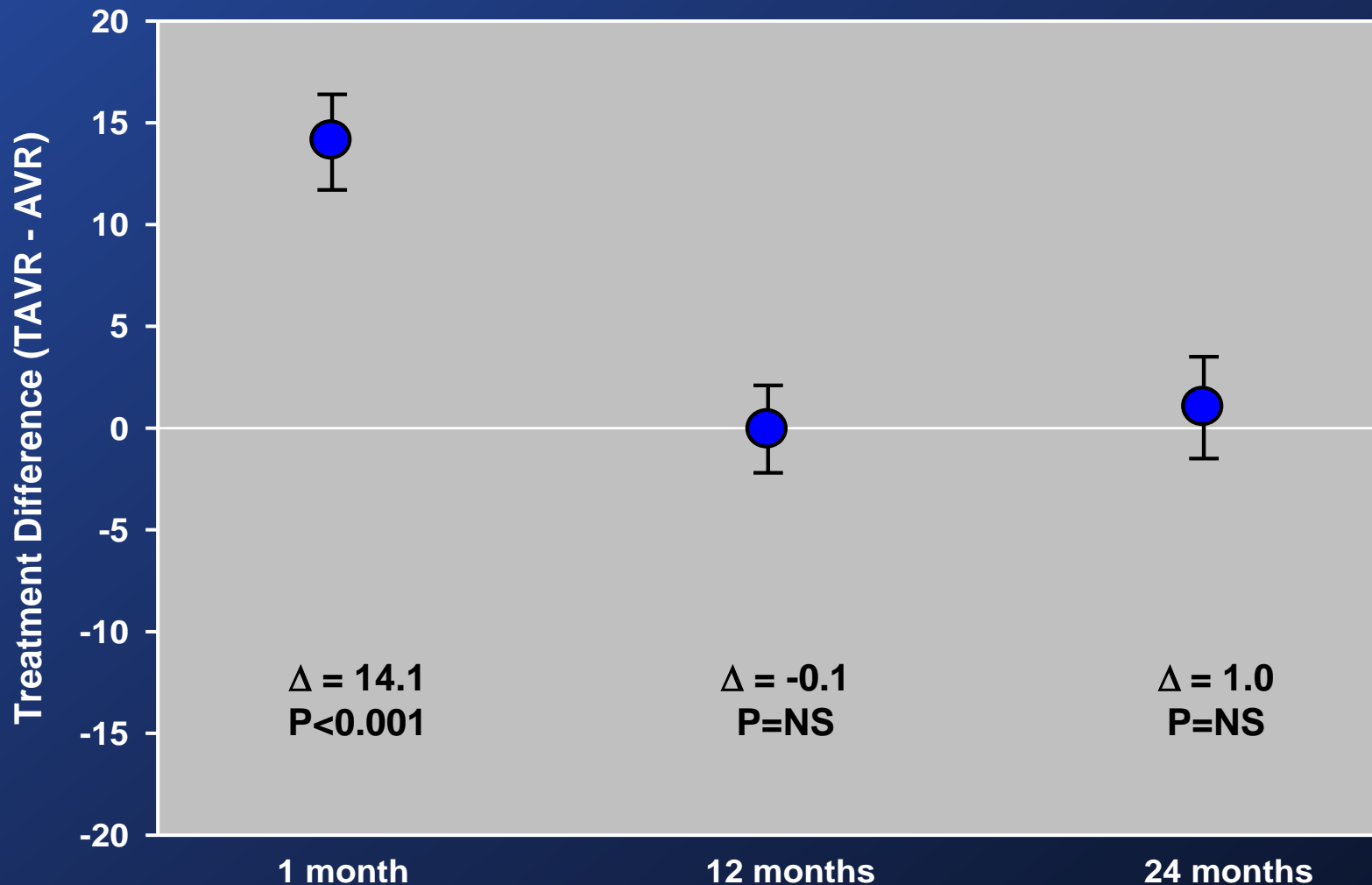
## KCCQ Overall Summary



Significant interaction ( $P < 0.001$ ) between treatment effect and access site for the primary endpoint and multiple secondary endpoints

# KCCQ Overall Summary (Primary Endpoint)

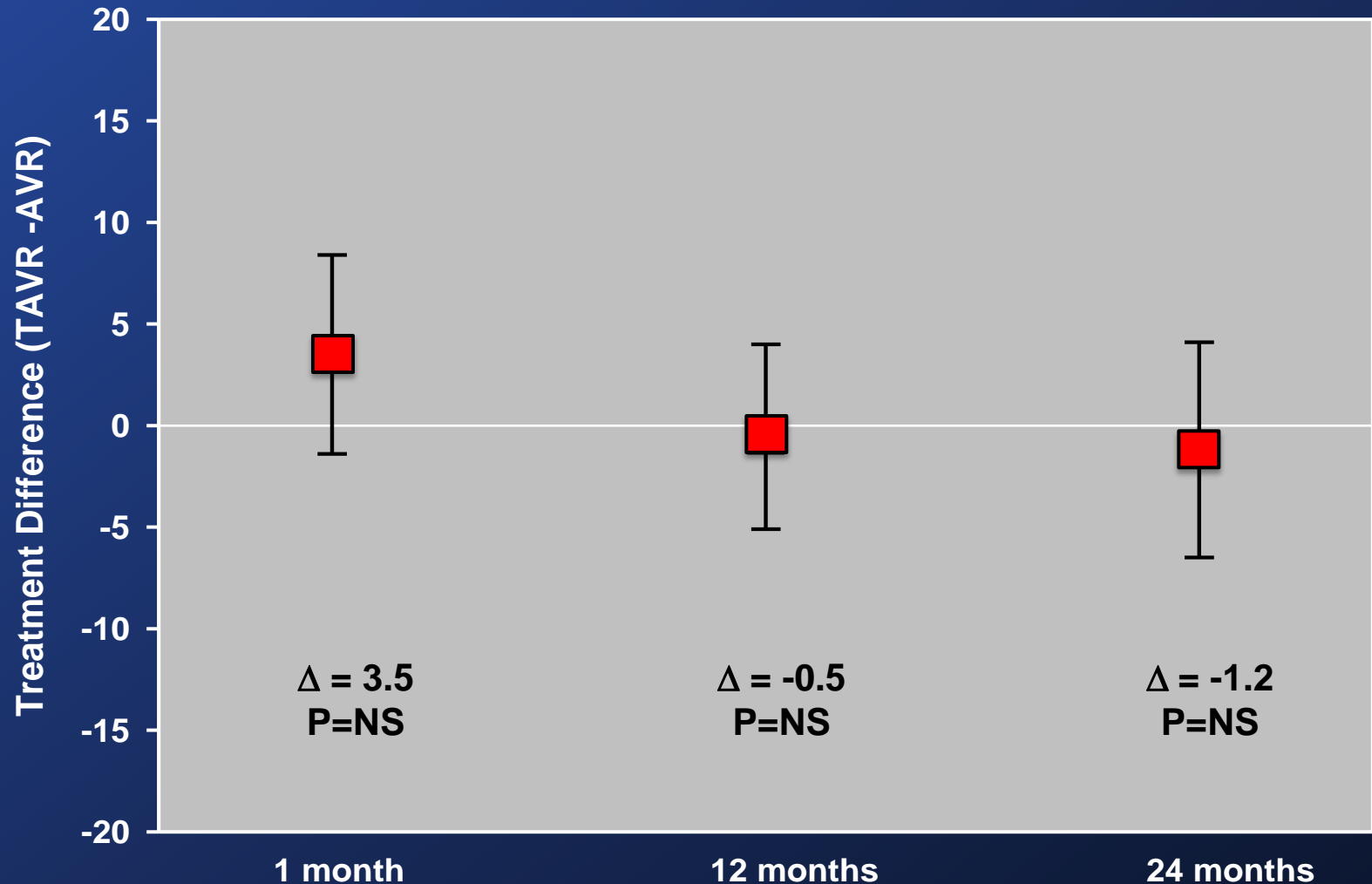
## TF Subgroup



P-values are for mean treatment effect of TAVR vs. SAVR

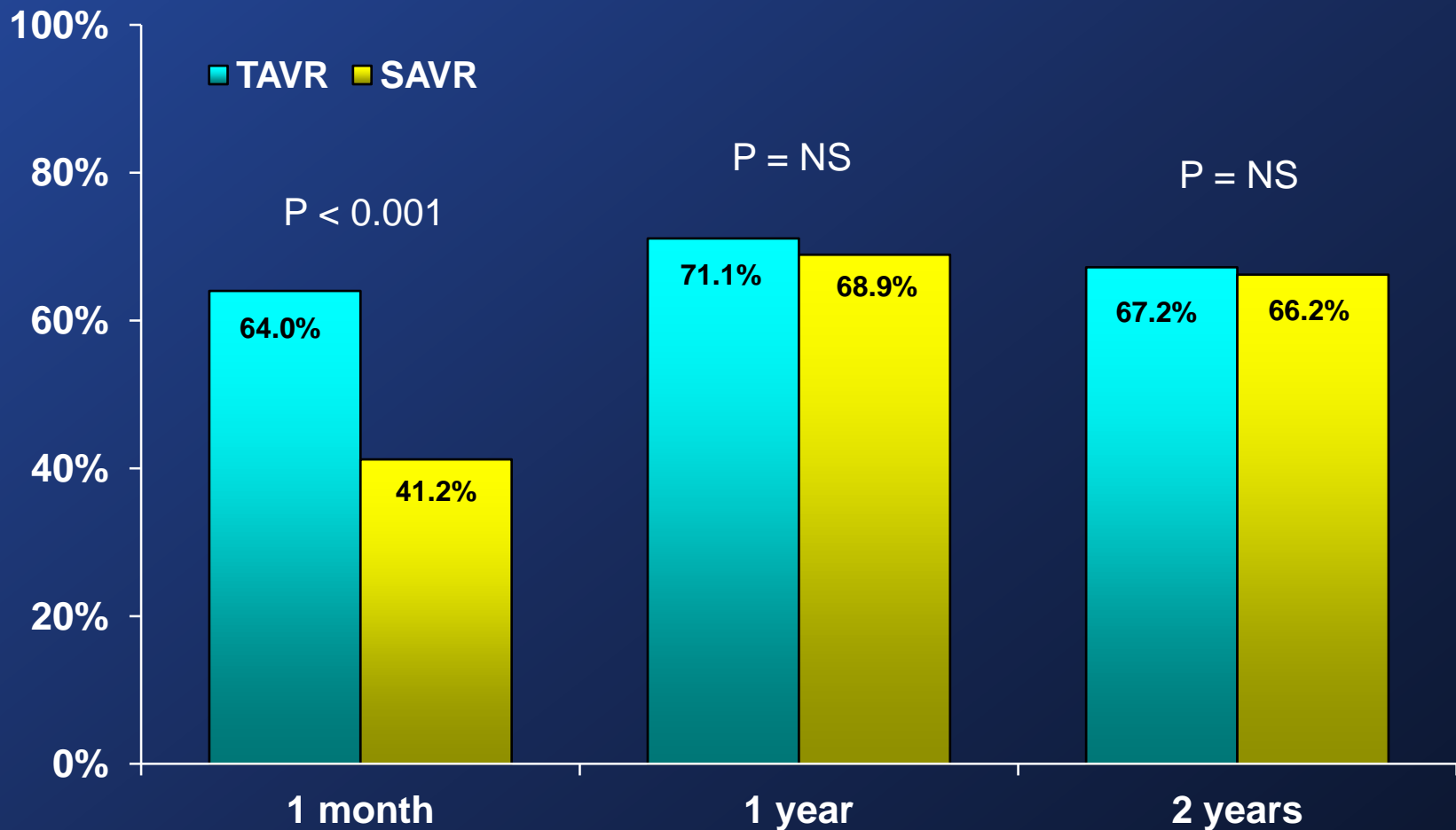
# KCCQ Overall Summary (Primary Endpoint)

## TT Subgroup



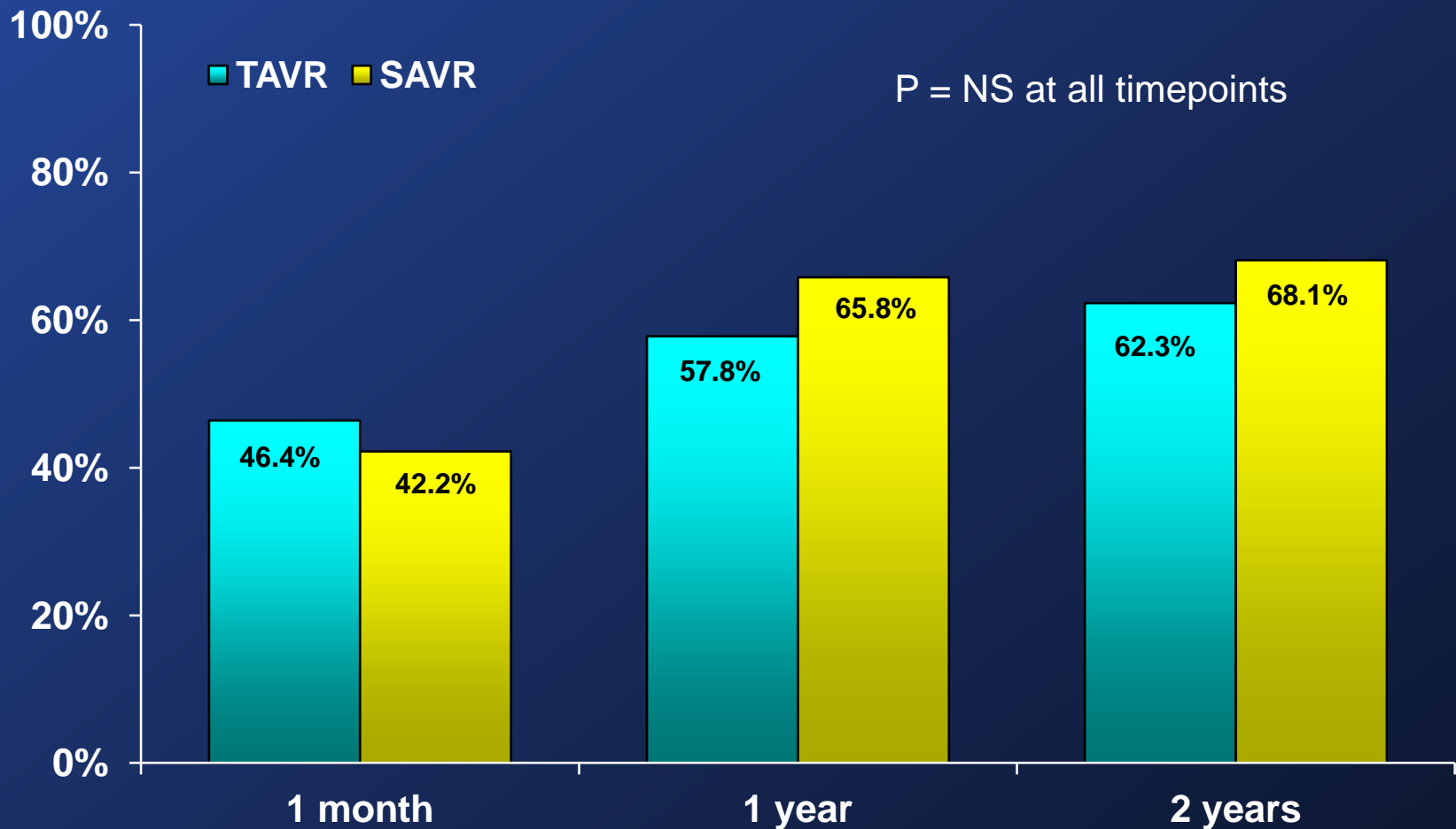
P-values are for mean treatment effect of TAVR vs. SAVR

# KCCQ-Summary: Moderate or Substantial Improvement\*: TF Subgroup



\* Improvement  $\geq$  10 points vs. baseline among patients with available QOL data

# KCCQ-Summary: Moderate or Substantial Improvement\*: TT Subgroup



\* Improvement  $\geq$  10 points vs. baseline among patients with available QOL data

# Conclusions



- Taken together with previous data, these findings demonstrate that for intermediate risk patients suitable for a TF approach, TAVR provides both early and late benefits compared with surgical AVR from the patient's perspective
- The lack of benefit among patients ineligible for the TF approach suggests that a TT approach may not be preferable to SAVR in such patients— at least in the short to intermediate term
- Further studies will be necessary to determine whether use of other alternative access sites (e.g., subclavian, carotid, transcaval) can overcome these limitations of the TT approach