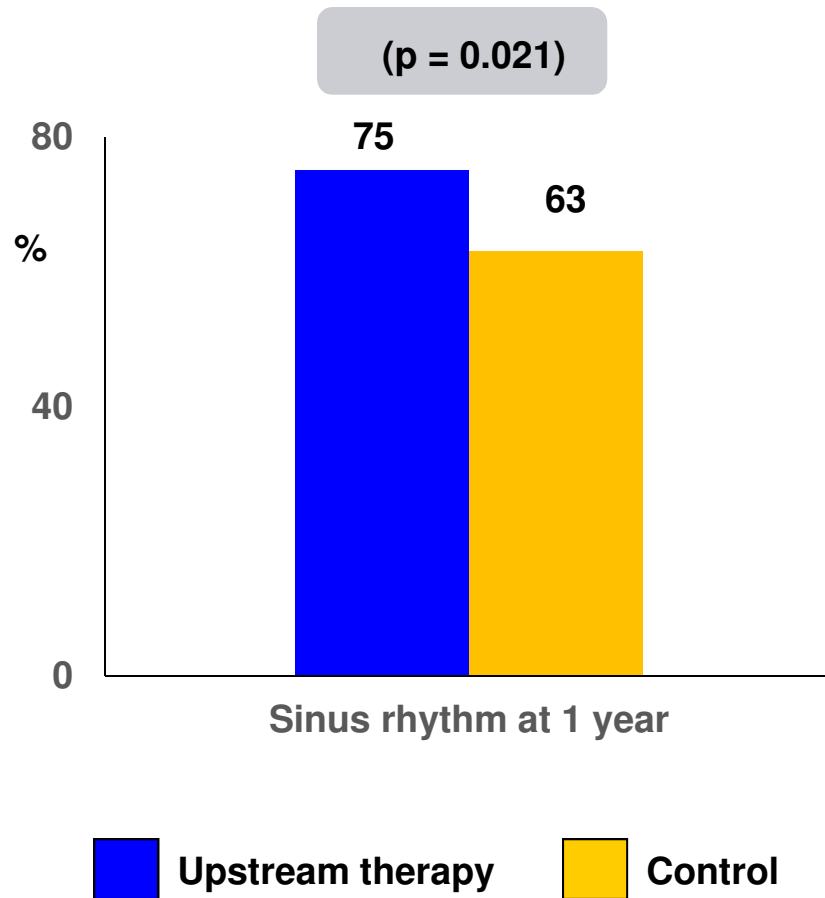


# RACE 3

**Trial design:** Patients with early persistent atrial fibrillation and heart failure were randomized to upstream therapy (n = 119) vs. conventional therapy (n = 126).



## Results

- Incidence of sinus rhythm at 1 year: 75% of the upstream therapy group vs. 63% of the conventional therapy group (p = 0.021)

## Conclusions

- Among patients with early persistent atrial fibrillation, upstream risk factor modification was effective at maintaining sinus rhythm at 1 year