

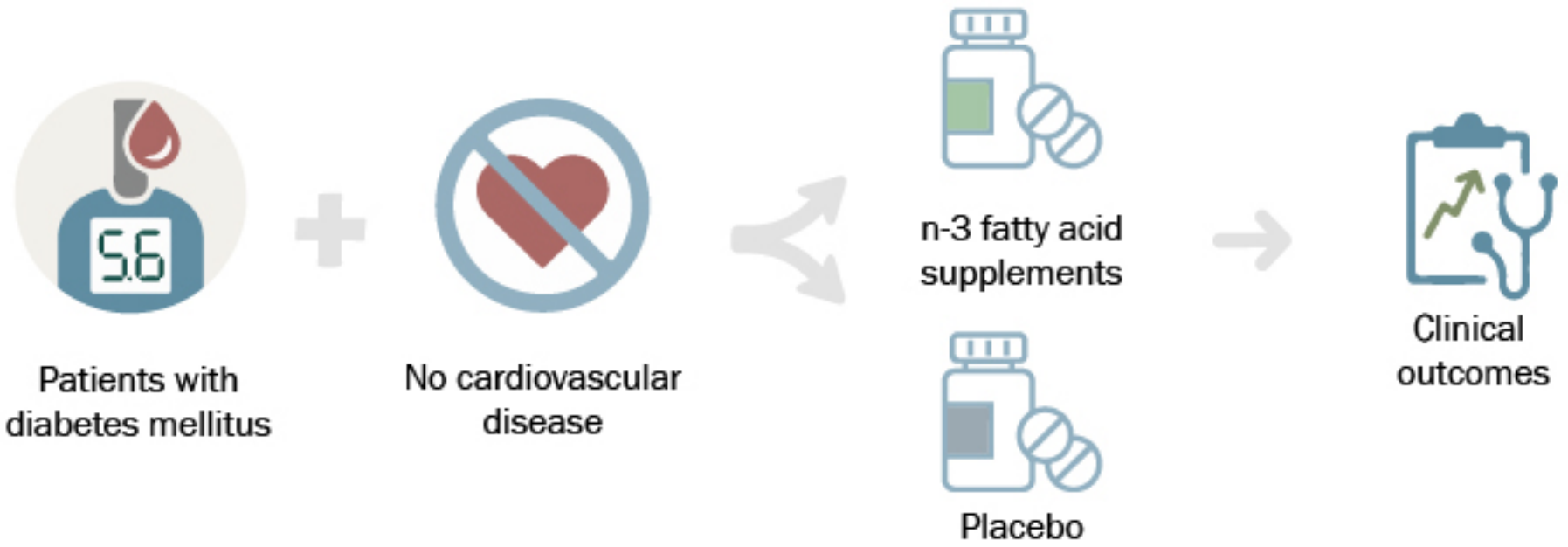
ASCEND: Effects of n-3 Fatty Acid Supplements in Diabetes Mellitus

Multicenter, randomized, placebo-controlled trial

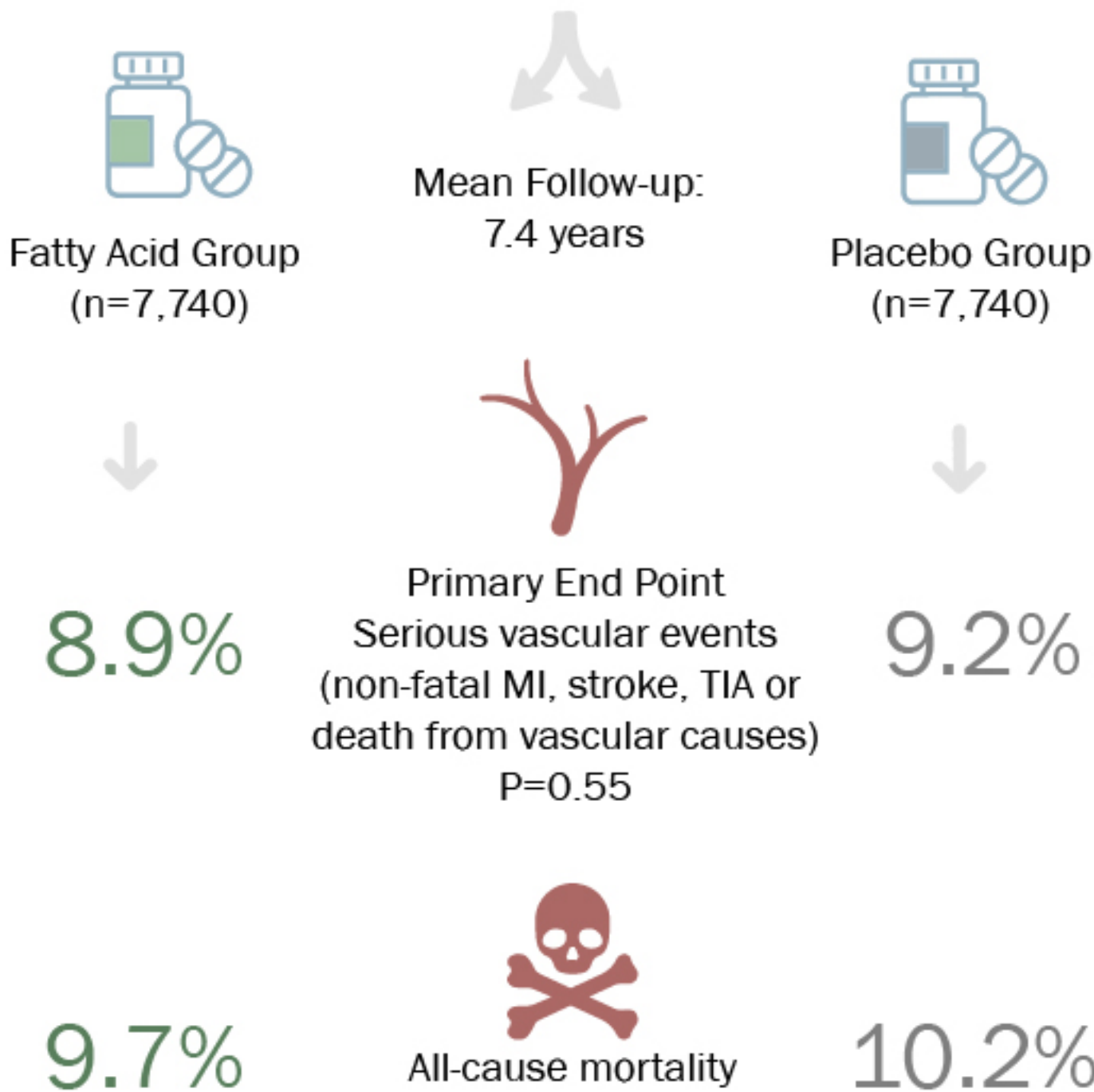


AMERICAN COLLEGE of CARDIOLOGY

Objective: To assess cardiovascular benefits of n-3 fatty acid supplements compared to placebo in diabetes mellitus.



15,480 patients at least 40 years of age with diabetes but no cardiovascular disease were randomized to



Among patients with diabetes without evidence of cardiovascular disease, there was no significant difference in risk of serious vascular events between those taking n-3 fatty supplements compared to placebo.