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COLLEGE of  
CARDIOLOGY®

# How to Find the Right Mentor



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## Webinar Key Takeaways

1. The right mentor for you will vary depending on the stage of your career.
2. You will likely need to have several different mentors during the early stages of your career.
3. Establishing the parameters of the mentor-mentee relationship ahead of time is extremely important.
4. Regular meetings with your mentor are essential for the mentor-mentee relationship to work well.
5. Finding a mentor that you enjoy working with and are willing to accept criticism from is essential.
6. Your mentor needs to be willing to devote the requisite time to helping you grow as an investigator.
7. Your mentor will need to allow you to become independent at some point in your relationship.
8. The time to independence is not “fixed,” and will vary from mentee to mentee.