

APPENDIX: RESOURCE GUIDE

Keyword/Descriptor	Web Site Address/Guidelines, Etc.
Adherence/compliance	<ul style="list-style-type: none"> ● NHLBI sponsored research program to overcome barriers to treatment adherence in minorities and people living in poverty. http://grants.nih.gov/grants/guide/rfa-files/RFA-HL-01-005.html ● Website for HEDIS, which is an organization that evaluates the quality of managed health care plans for purchasers and consumers using standardized performance. http://www.ncqa.org/Programs/HEDIS/ ● American Heart Association Program designed to enhance acute care hospital adherence to cardiovascular risk factor modification. http://www.americanheart.org/getwiththeguidelines/ ● ACC's Guidelines Applied in Practice Program is an effort to improve the quality of cardiovascular care by bringing guidelines to the point of care. The program consists of a series of projects to develop and test tools and strategies for implementing guidelines. www.acc.org/home_links/gap.htm ● American Heart Association (AHA) Compliance Action Program www.americanheart.org ● My Heart Watch http://www.myheartwatch.com ● The National Heart, Lung, and Blood Institute http://nhlbi.nih.gov ● Burke LE, Ockene IS (eds). Compliance in Healthcare and Research. Futura, Armonk NY, 2001
Cardiac rehabilitation	<ul style="list-style-type: none"> ● American Heart Association www.americanheart.org ● American Association of Cardiovascular and Pulmonary Rehabilitation www.aacvpr.org ● Guidelines for Cardiac Rehabilitation and Secondary Prevention Programs. Human Kinetics, Champaign, IL, 1999.
Cigarette smoking/nicotine	<ul style="list-style-type: none"> ● Centers for Disease Control. Superb resource with smoking and health statistics, research, and patient and provider information, educational materials, Surgeon General's reports. http://www.cdc.gov/tobacco/ ● National Cancer Institute http://cis.nci.nih.gov/resources/smoking.html ● American Lung Association http://www.lungusa.org
Community interventions	<ul style="list-style-type: none"> ● Healthy People 2010. http://www.health.gov/healthypeople
Cost effectiveness	<ul style="list-style-type: none"> ● "Cost-effectiveness in Health and Medicine: Report to the U.S. Public Health Service" by the Panel on Cost-Effectiveness in Health and Medicine (1996). (HE 20.2:c 82 GOVDOC-STK) ● "Are We Ready to Use Cost-Effectiveness Analysis in Health Care Decision-Making?" (1998) <i>Medical Care</i>, 36(5): MS 10-MS 17.
Diabetes	<ul style="list-style-type: none"> ● Preliminary data from the Diabetes Prevention Program Clinical Trial. http://www.niddk.nih.gov/welcome/release/8_8_01.htm ● The National Diabetes Education Program http://ndep.nih.gov/ ● http://ndep.nih.gov/materials/pubs/making-a-difference/making-a-difference.pdf
Diet	<ul style="list-style-type: none"> ● Consumer site recommended by nutritionists http://www.cyberdiet.com/reg/index.html ● American Dietetic Association http://www.eatright.org/index.html ● American Heart Association www.americanheart.org ● Tufts University Center on Nutrition Communication http://www.navigator.tufts.edu ● Five a Day for Better Health Program from the National Cancer Institute http://www.5aday.gov ● U.S. Department of Agriculture, Center for Nutrition Policy and Promotion http://www.usda.gov/cnpp/ ● Organization: Food and Nutrition Information Center http://www.nal.usda.gov/fnic
Epidemiology	<ul style="list-style-type: none"> ● Cardiovascular epidemiology statistics http://www.nhlbi.nih.gov/resources/docs/00chtbk.pdf ● National Center for Health Statistics is a CDC operated site that has multiple reports outlining. http://www.cdc.gov/nchs/SSBR/023para.htm
Ethnicity, race, socioeconomic factors	<ul style="list-style-type: none"> ● NHLBI sponsored research program to overcome barriers to treatment adherence in minorities and people living in poverty. http://grants.nih.gov/grants/guide/rfa-files/RFA-HL-01-005.html ● This report describes the minority-specific and -related research, training, education, and outreach programs and activities supported by the National Heart, Lung, and Blood Institute (NHLBI). http://www.nhlbi.nih.gov/resources/docs/minority.htm ● NHLBI plan to reduce health disparities http://www.nhlbi.nih.gov/resources/docs/plandisp.htm ● http://www.nhlbi.nih.gov/resources/docs/sesintro.htm
Exercise	<ul style="list-style-type: none"> ● American Heart Association www.americanheart.org ● American College of Sports Medicine www.acsm.org ● American Heart Association http://www.justmove.org/home.cfm ● National Center for Bicycling and Walking http://www.bikefed.org ● American Heart Association Exercise Standards for Testing and Training. <i>Circulation</i> 2001;104:1694-740. ● Guidelines: American College of Sports Medicine Guidelines for Exercise Testing and Prescription. Lippincott, Williams and Wilkens, Philadelphia, 2000.
Genetics	<ul style="list-style-type: none"> ● National Heart, Lung, and Blood Institute (NHLBI) launched the Programs for Genomic Applications (PGAs) to advance functional genomic research related to heart, lung, blood, and sleep health and disorders. http://www.nhlbi.nih.gov/resources/pgs/index.htm
Hospital/office/practice interventions	<ul style="list-style-type: none"> ● American Heart Association Program designed to enhance acute care hospital adherence to cardiovascular risk factor modification http://www.americanheart.org/getwiththeguidelines/ ● JCAHO ORYX-Joint Commission on Accreditation of Healthcare Organizations, One Renaissance Boulevard, Oakbrook Terrace, IL 60181 USA. Phone (630) 792-5000, Fax (630) 792-5005 http://www.jcaho.org/oryx_frm.html

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Hypertension	<ul style="list-style-type: none"> ● The Sixth Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure (JNC VI) National High Blood Pressure Education Program: NIH Publication No. 98-4080. http://www.nhlbi.nih.gov/guidelines/hypertension/jncintro.htm
Lipids/lipid-lowering therapies	<ul style="list-style-type: none"> ● National Cholesterol Education Program 3 report http://www.nhlbi.nih.gov/guidelines/cholesterol/ ● Expert Panel on Detection, Evaluation and Treatment of High Blood Cholesterol in Adults. Executive Summary of the Third Report of the National Cholesterol Education Program (NCEP) Expert Panel on Detection, Evaluation, and Treatment of High Blood Cholesterol in Adults. <i>JAMA</i> 2001;285:2486-97. www.nhlbi.nih.gov
Medications	<ul style="list-style-type: none"> ● Pharmnet http://www.pharmweb.net ● 4 Drug Stores http://4drugstores.4anything.com ● U.S. Pharmacopoeia http://www.usp.org
Obesity	<ul style="list-style-type: none"> ● NHLBI clinical guidelines on the identification, evaluation, and treatment of overweight and obesity http://www.nhlbi.nih.gov/guidelines/obesity/ob_home.htm ● National Heart Lung and Blood Institute Obesity Education Initiative http://www.nhlbi.nih.gov/about/oei/index.htm ● The Practical Guide: Identification, Evaluation, and Treatment of Overweight and Obesity in Adults http://www.nhlbi.nih.gov/about/oei/index.htm or www.nhlbi.nih.gov/guidelines/obesity/practgde.htm ● Fletcher GF, Grundy SM, Hayman LL (eds.). <i>Obesity: Impact on Cardiovascular Disease</i>. Armonk, NY: Futura, 1999.
Organizations	<ul style="list-style-type: none"> ● American College of Cardiology www.acc.org ● American Heart Association www.americanheart.org ● Centers for Disease Control http://www.cdc.gov ● American Diabetes Association http://www.diabetes.org ● Food and Drug Administration http://www.fda.gov ● Healthy People 2010 http://www.health.gov/healthypeople/ ● U.S. Department of Health and Human Services http://www.healthfinder.gov ● Johns Hopkins University http://www.intelihealth.com ● Mayo Health Clinic http://www.mayohealth.org ● The National Science Foundation http://www.nsf.gov ● National Heart Lung and Blood Institute of the National Institutes of Health http://www.nhlbi.nih.gov ● Joint Commission on Accreditation of Healthcare Organizations, One Renaissance Boulevard, Oakbrook Terrace, IL 60181 USA. Phone (630) 792-5000, Fax (630) 792-5005 http://www.jcaho.org
Patient resources	<ul style="list-style-type: none"> ● American Heart Association. (800) 242-8721; www.americanheart.org; inquiries@heart.org; Spanish language available
Risk-factor modifications (not included above)	<ul style="list-style-type: none"> ● Contains joint American Heart Association/American College of Cardiology guidelines for primary, and secondary prevention, and heart failure management http://www.americanheart.org/presenter.jhtml?identifier=2158 ● Free downloadable software for evaluating cardiac risk on a PDA http://www.statcoder.com/cardiac.htm
Risk factors/risk stratification/risk scores	<ul style="list-style-type: none"> ● NHLBI's Healthy People 2010 initiative http://hin.nhlbi.nih.gov/cvd_frameset.htm ● Risk factor stratification scoring system; valuable for integrating multiple risk factors http://circ.ahajournals.org/cgi/reprint/100/13/1481.pdf
Training programs	<ul style="list-style-type: none"> ● This report describes the minority-specific and -related research, training, education, and outreach programs and activities supported by the National Heart, Lung, and Blood Institute (NHLBI) http://www.nhlbi.nih.gov/resources/docs/minority.htm ● Medical Education Curriculum Requirement www.lcme.org ● Core Competencies in Medical School: Preventive Medicine Pomrehn PR, Davis MV, Chen DW, Barker W. <i>Prevention for the 21st century: Setting the context through undergraduate medical education.</i> <i>Academ Med</i> 2000;75:S5-13. ● Medical Student Preventive Education: Core Medicine Clerkship Guide: A Cooperative Project of the Society of General Internal Medicine and Clerkship Directors in Internal Medicine. Rockville, MD: Bureau of Health Professions, HRSA, March 1995. ● Medical Residency Education Guide: Ende J, Kelley M, Sox H. The Federated Council of Internal Medicine's resource guide for residency education: an instrument for curricular change. <i>Ann Intern Med</i> 1997;127:454-7. ● CV Subspecialty Preventive Training Requirements (COCATS) www.acc.org/clinical/training/task10.html ● American Board of Internal Medicine Certification and Recertification Self-Assessment Tools http://www.abim.org/ ● American College of Cardiology Self-Assessment Tools with Preventive Content (ACC-SAP and CathSAP) www.acc.org