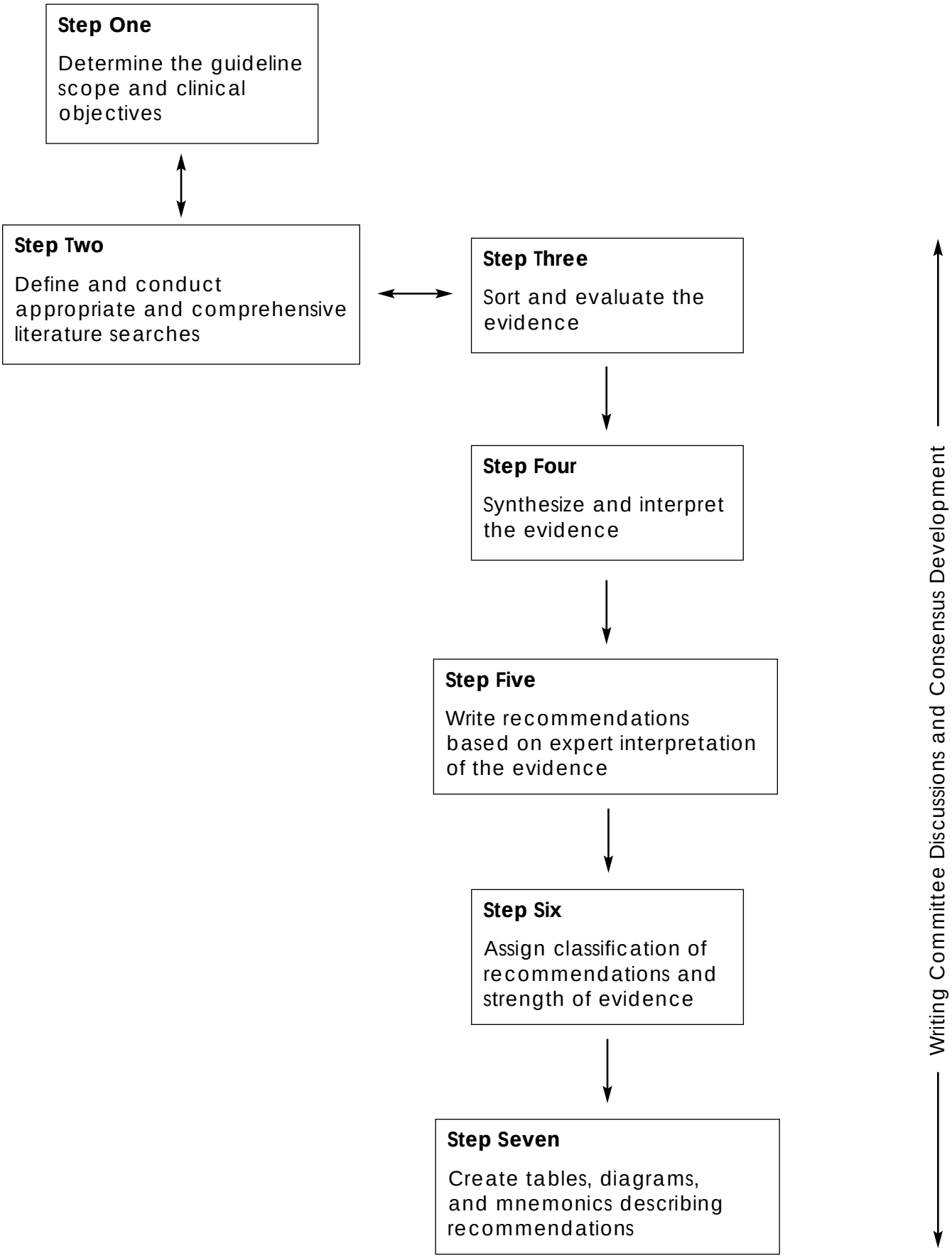Figure 1. Steps in the Development of Evidence-Based Guidelines