

Mitral Valve Regurgitation: 2014 Best Practice

# **The Interventionalist's View – “Soon, I will Remodel Your Valve”**

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*47th Annual New York Cardiovascular Symposium*

*December 12-14<sup>th</sup> , 2014*

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## *Disclosure Information*

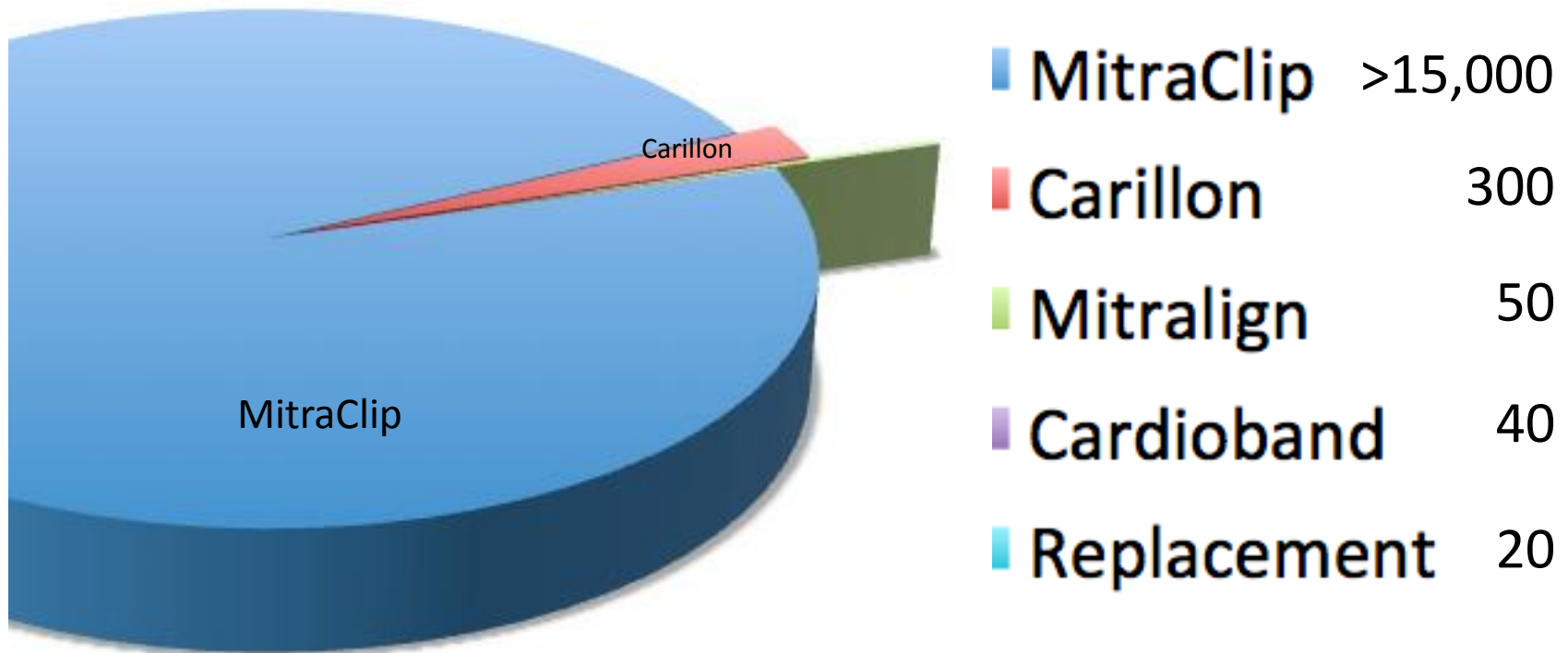
The following relationships exist:

*Grant support: Abbott, BSC, Edwards, WL Gore*

*Consultant: Abbott, BSC, Coherex, Edwards, JenaValve,  
Diiachi Sankyo-Lilly, WL Gore*

*Off label use of products and investigational devices  
will be discussed in this presentation*

# Treated Patients

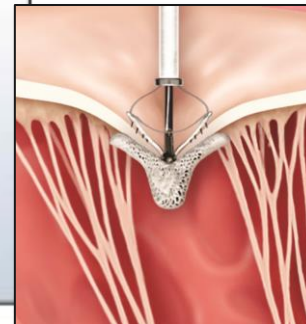


Clip Delivery System (CDS)

Stabilizer

Steerable Guide

MitraClip



# Improved Functional Status and Quality of Life in Prohibitive Surgical Risk Patients With Degenerative Mitral Regurgitation After Transcatheter Mitral Valve Repair

D. Scott Lim, MD,\* Matthew R. Reynolds, MD, MSc,†‡ Ted Feldman, MD,§ Saibal Kar, MD,||

Howard

Paul G

**METHODS** A prohibitive-risk DMR cohort was identified by a multidisciplinary heart team that retrospectively evaluated high-risk DMR patients enrolled in the EVEREST (Endovascular Valve Edge-to-Edge Repair Study) II studies.

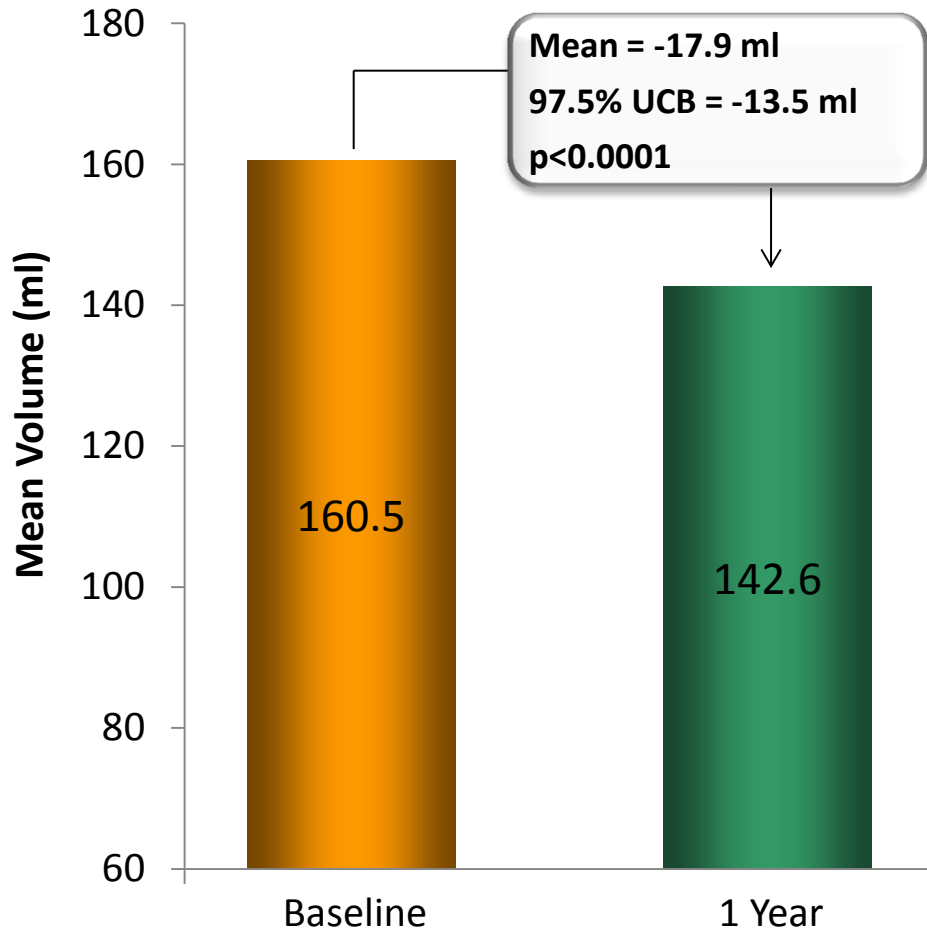
**RESULTS** A total of 141 high-risk DMR patients were consecutively enrolled; 127 of these patients were retrospectively identified as meeting the definition of *prohibitive risk* and had 1-year follow-up (median: 1.47 years) available. Patients were elderly (mean age: 82.4 years), severely symptomatic (87% New York Heart Association class III/IV), and at prohibitive surgical risk (STS score:  $13.2 \pm 7.3\%$ ). TMVR (MitraClip) was successfully performed in 95.3%; hospital stay was  $2.9 \pm 3.1$  days. Major adverse events at 30 days included death in 6.3%, myocardial infarction in 0.8%, and stroke in 2.4%. Through 1 year, there were a total of 30 deaths (23.6%), with no survival difference between patients discharged with MR  $\leq 1+$  or MR  $2+$ . At 1 year, the majority of surviving patients (82.9%) remained MR  $\leq 2+$  at 1 year, and 86.9% were in New York Heart Association functional class I or II. Left ventricular

TMVR in prohibitive surgical risk patients is associated with safety and good clinical outcomes, including decreases in rehospitalization, functional improvements, and favorable ventricular remodeling, at 1 year.

**CONCLUSIONS** TMVR in prohibitive surgical risk patients is associated with safety and good clinical outcomes, including decreases in rehospitalization, functional improvements, and favorable ventricular remodeling, at 1 year. (Real World Expanded Multi-center Study of the MitraClip System [REALISM]; NCT01931956)

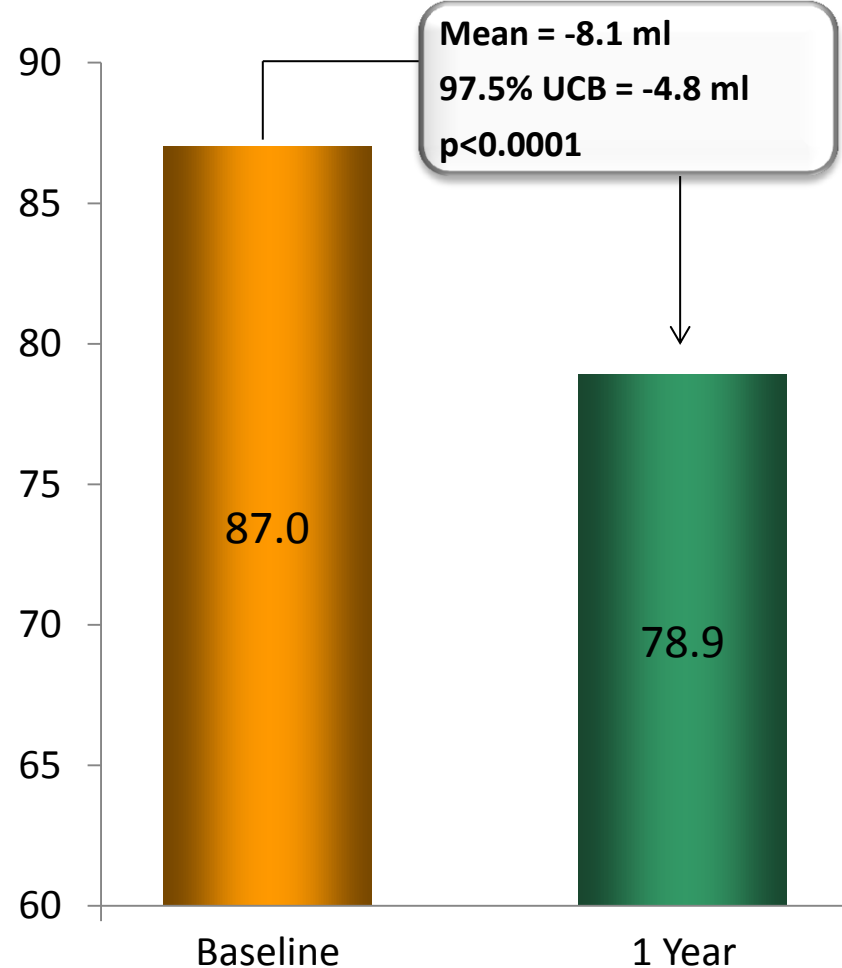
# Left Ventricular Volumes

## Left Ventricular End Diastolic Volume



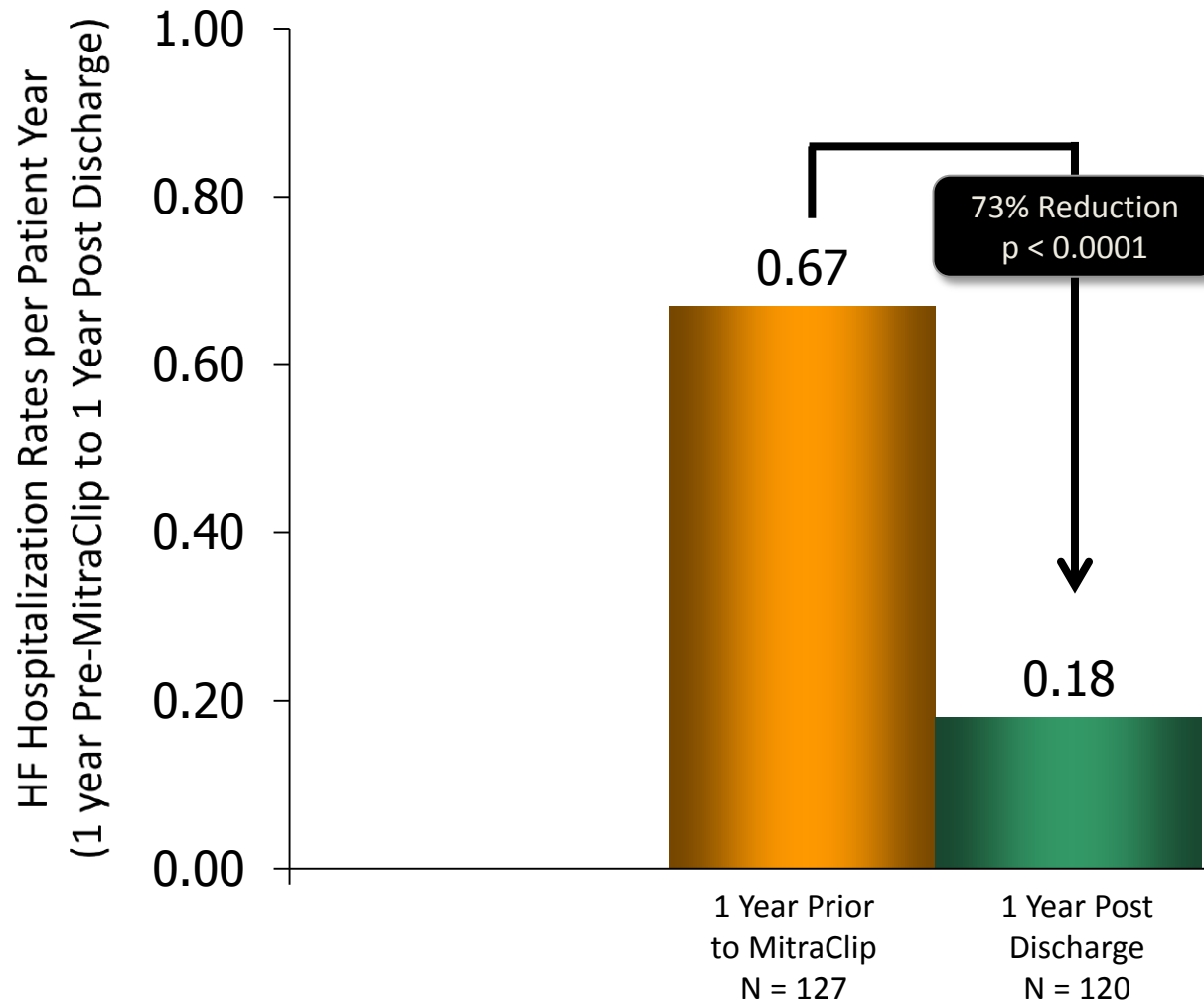
Paired data (N=203)

## Left Ventricular End Systolic Volume



Paired data (N=202)

# Hospitalizations For Heart Failure



# MitraClip Clip Delivery System

*Approved October 24, 2013*

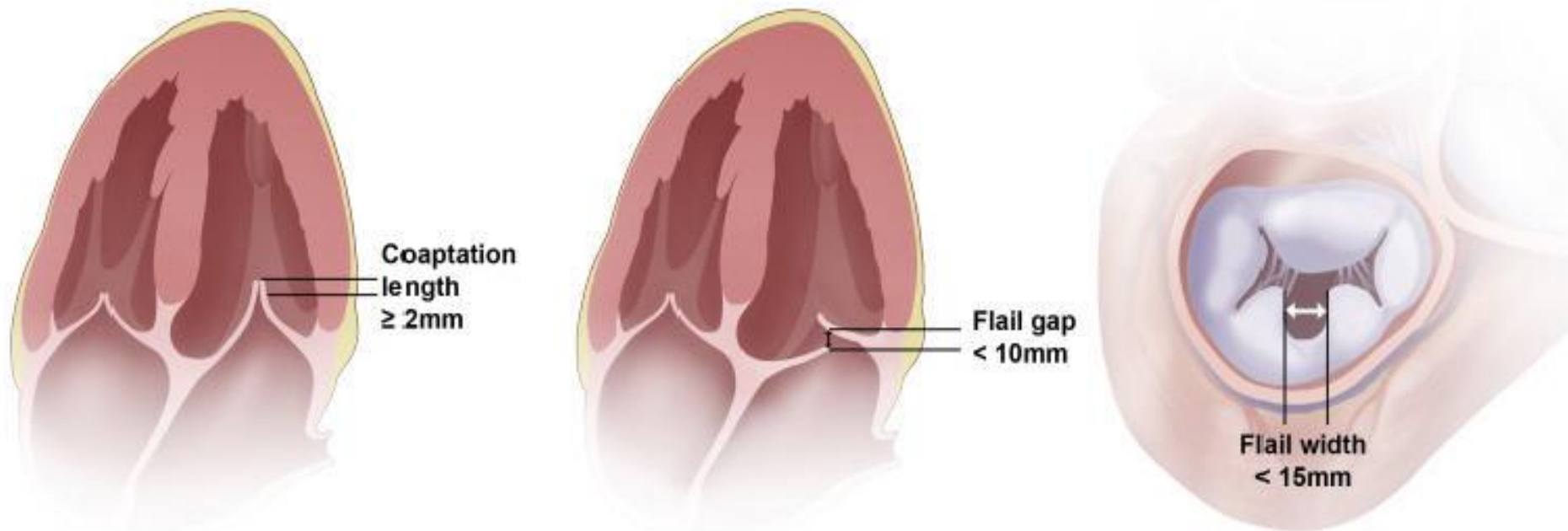
## Indication for Use:

The MitraClip Clip Delivery System is indicated for the percutaneous reduction of significant **symptomatic** mitral regurgitation ( $MR \geq 3+$ ) due to primary abnormality of the mitral apparatus [**degenerative MR**] in patients who have been determined to be at **prohibitive risk for mitral valve surgery by a heart team**, which includes a cardiac surgeon experienced in mitral valve surgery and a cardiologist experienced in mitral valve disease, and in whom existing comorbidities would not preclude the **expected benefit** from reduction of the mitral regurgitation.



# Anatomic Eligibility

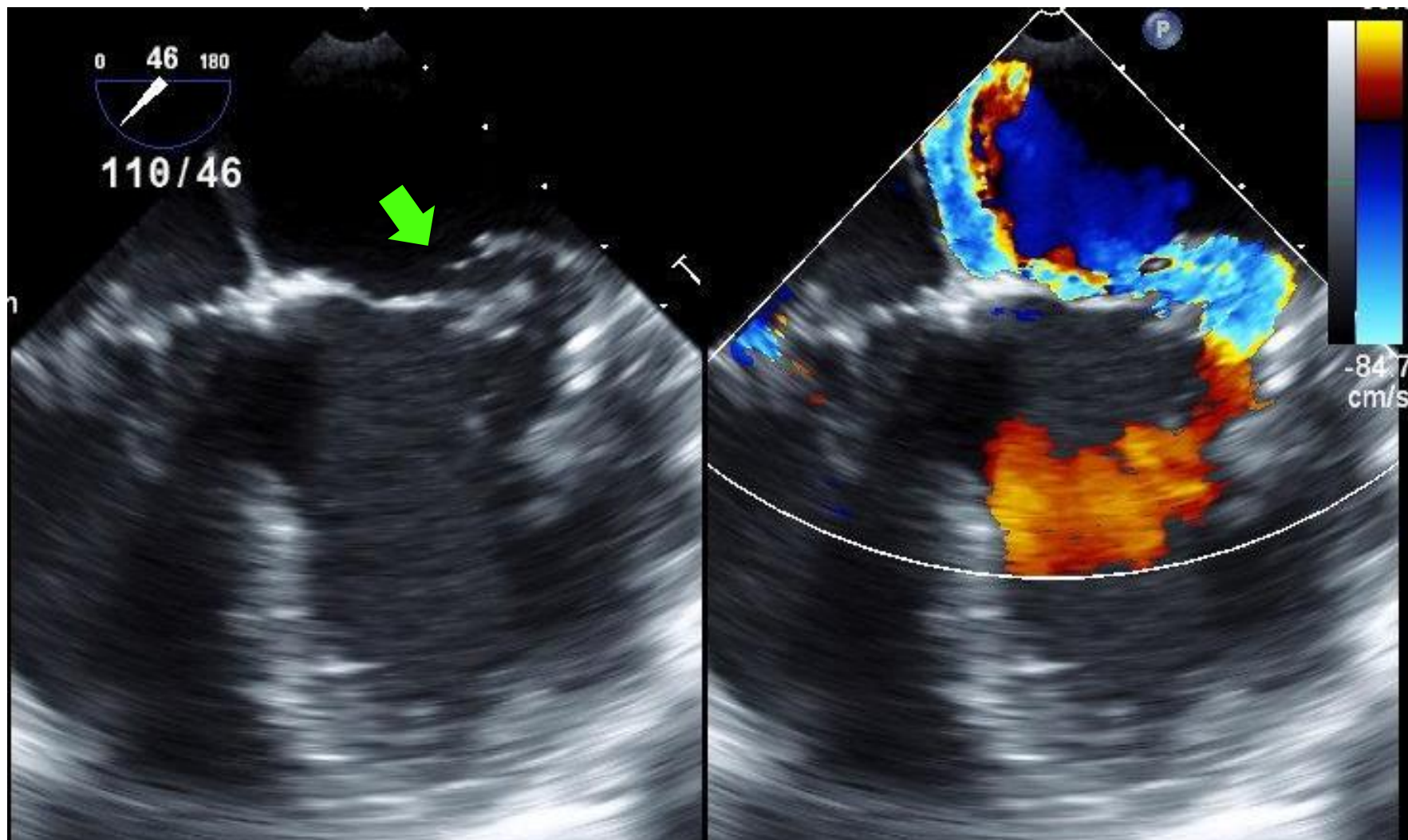
## *Leaflet mal-coaptation resulting in MR*



Non-rheumatic/endocarditic valve morphology; LVIDs  $\leq 55\text{mm}$ ; MVA  $\geq 4\text{cm}^2$

# DMR Case Example

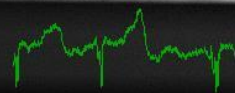
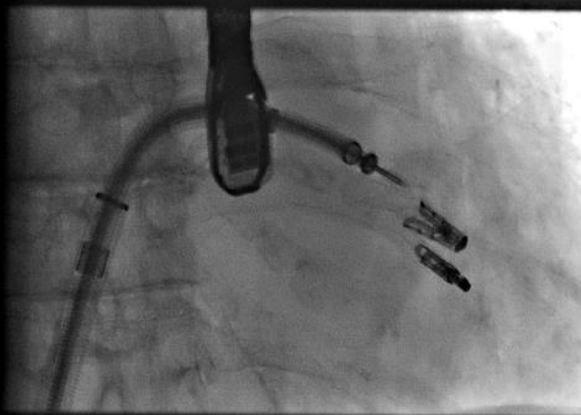
- 87M
- Multiple hospitalizations for CHF
- EF 70-75%
- NYHA Class III
- PASP 50mmHg
- STS
  - Repair 7.5%
  - Replace 11%



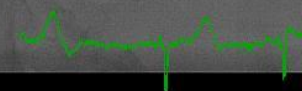
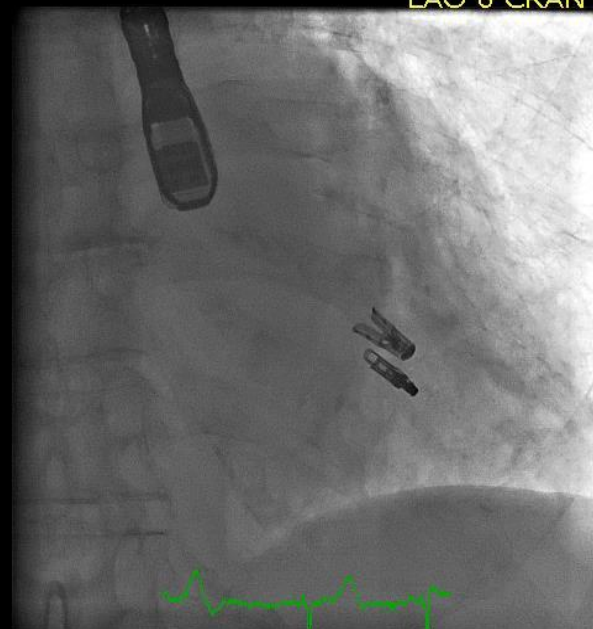
LAO 6 CRAN 1



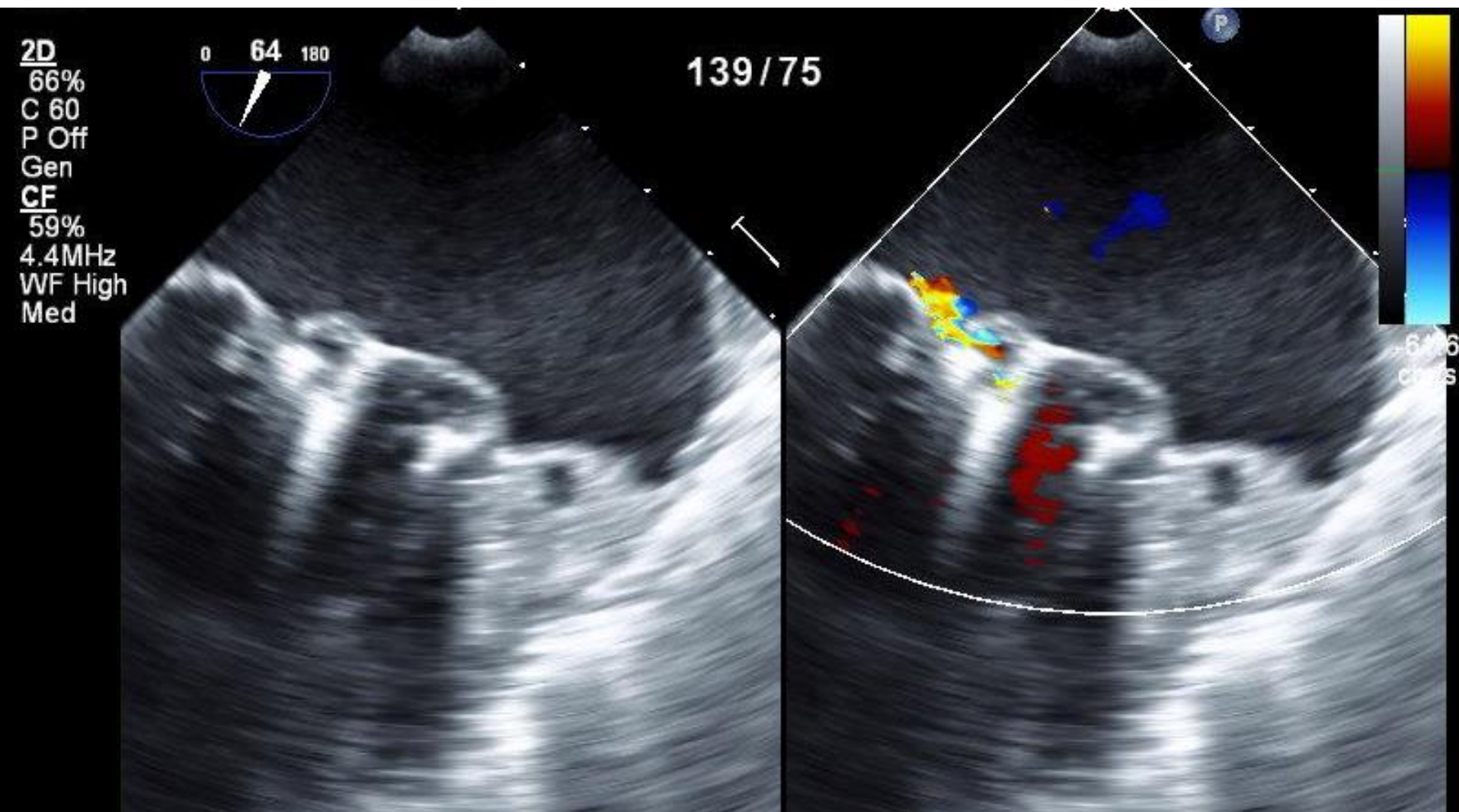
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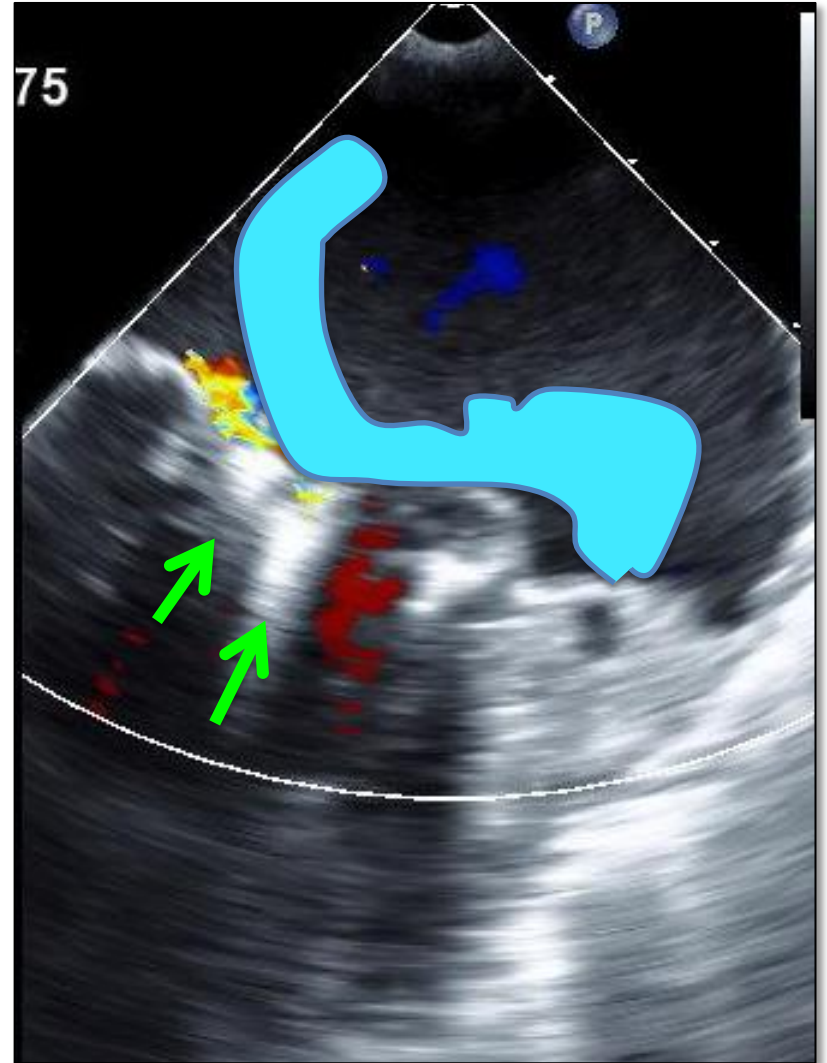
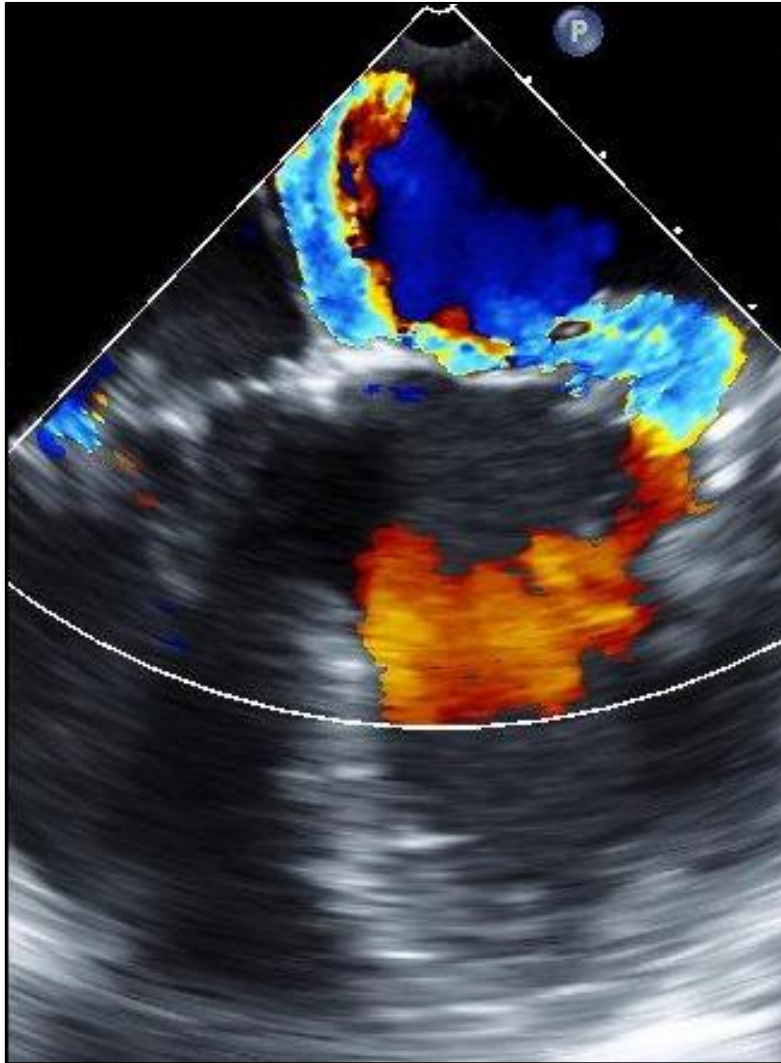
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# Pre vs Post 2 Clips



# The EVEREST II Randomized Clinical Trial: 5 Year Outcomes By MR Etiology

# The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812

APRIL 14, 2011

VOL. 364 NO. 15

## Percutaneous Repair or Surgery for Mitral Regurgitation

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### BACKGROUND

Mitral-valve repair can be accomplished with an investigational procedure that involves the percutaneous implantation of a clip that grasps and approximates the edges of the mitral leaflets at the origin of the regurgitant jet.

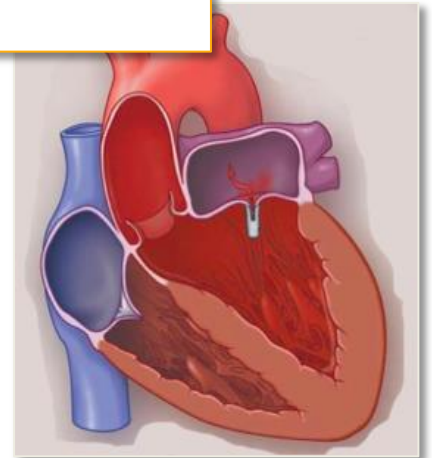
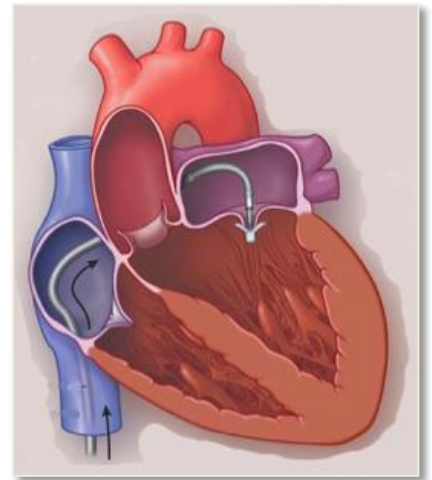
### CONCLUSIONS

Although percutaneous repair was less effective at reducing mitral regurgitation than conventional surgery, the procedure was associated with superior safety and similar improvements in clinical outcomes.

percutaneous-repair group and 75% in the surgery group ( $P=0.007$ ). The respective rates of the components of the primary end point were as follows: death, 6% in each group; surgery for mitral-valve dysfunction, 20% versus 2%; and grade 3+ or 4+ mitral regurgitation, 21% versus 20%. Major adverse events occurred in 15% of patients in the percutaneous-repair group and 48% of patients in the surgery group at 30 days ( $P<0.001$ ). At 12 months, both groups had improved left ventricular size, New York Heart Association functional class, and quality-of-life measures, as compared with baseline.

### CONCLUSIONS

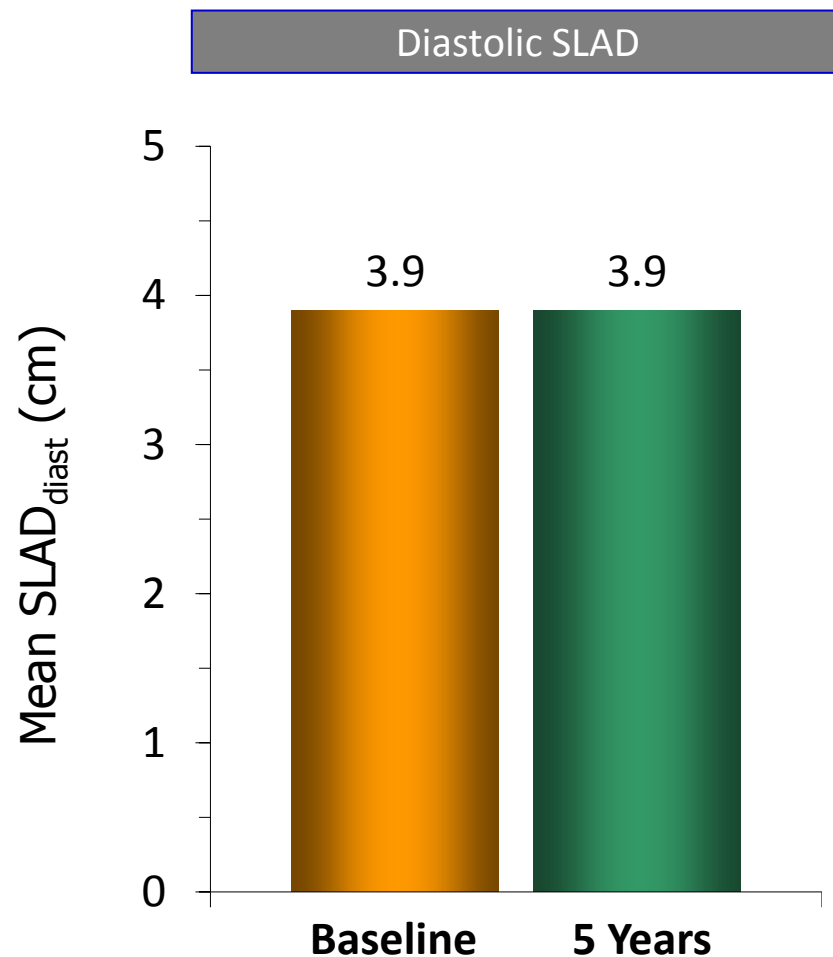
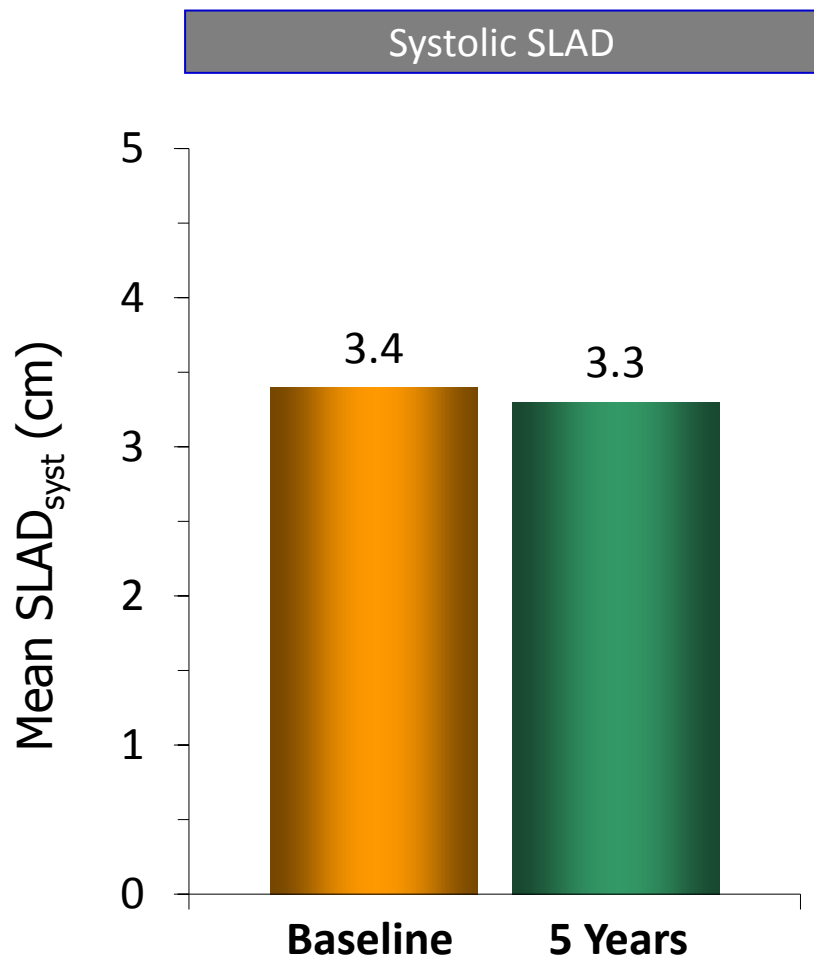
Although percutaneous repair was less effective at reducing mitral regurgitation than conventional surgery, the procedure was associated with superior safety and similar improvements in clinical outcomes. (Funded by Abbott Vascular; EVEREST II ClinicalTrials.gov number, NCT00209274.)



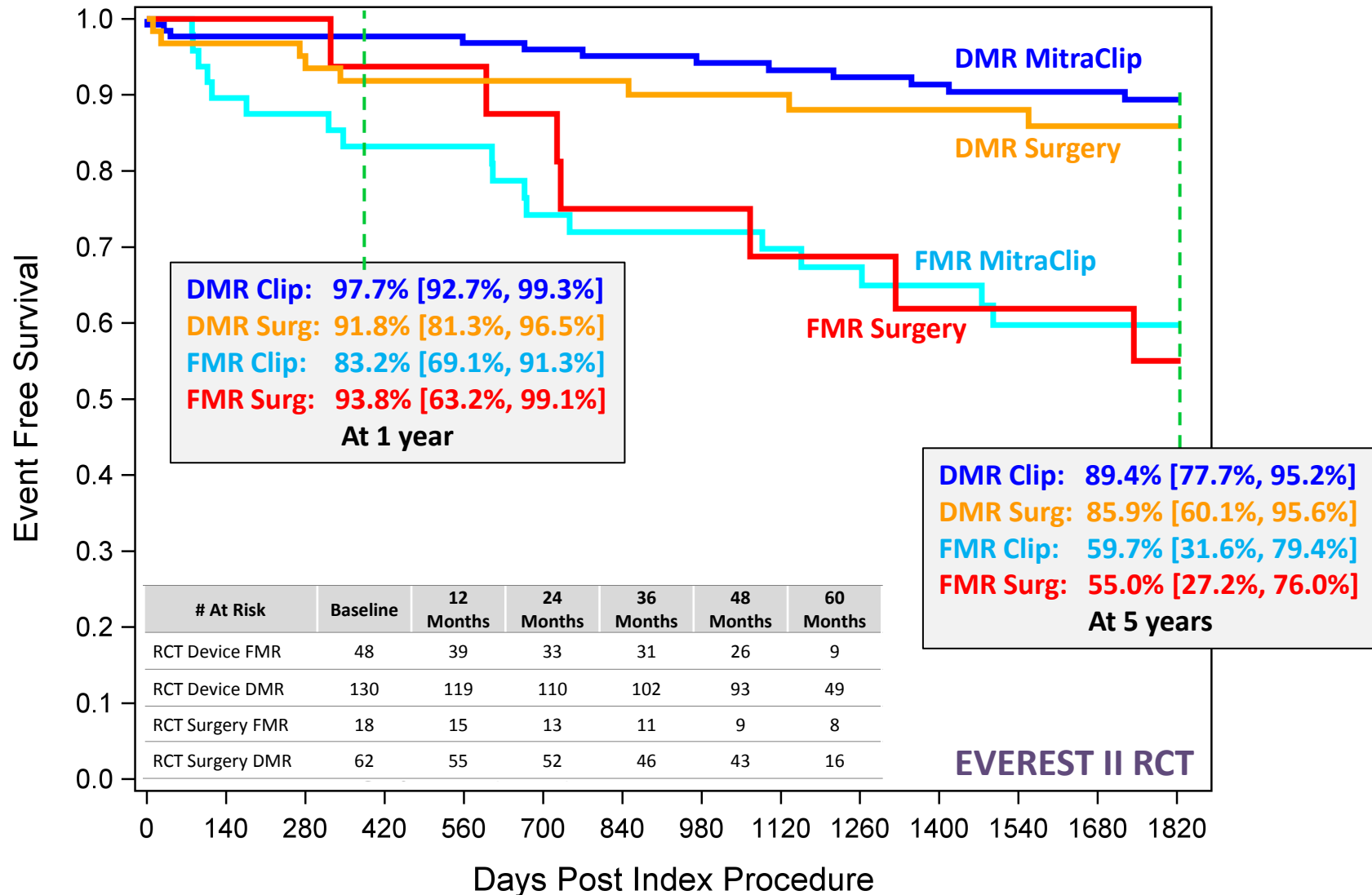


# Septal Lateral Annular Dimensions

EVEREST II RCT All Treated Patients - MitraClip Group (N=178)



# Freedom From Mortality & Reintervention



# Therapy for MR

	Degenerative	Functional
Low Surgical Risk	Surgical Mitral Repair	?
High Surgical Risk	Commercial MitraClip	COAPT

# Clinical Outcomes Assessment of the MitraClip Percutaneous Therapy for High Surgical Risk



~430 patients enrolled at up to 75 US sites

Significant FMR  $\geq 3+$  core lab; EF  $< 50\%$ ; CHF hospitalization or BNP  $> 300$

**High risk for mitral valve surgery- Local Heart Team**

Specific valve anatomic criteria

Randomize 1:1

**MitraClip**

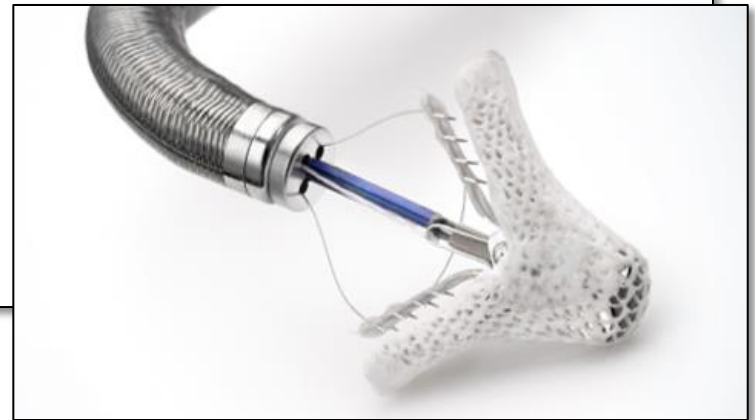
**Control group  
Standard of care**

**Safety:** Composite death, stroke, worsening renal function, LVAD implant, heart transplant at 12 months

**Effectiveness:** Recurrent heart failure hospitalizations

# MitraClip Status

- 17,095 total implants
- 411 global sites in 35 countries
- 69 commercial US sites
  - 1000 US commercial implants
- 69 active COAPT sites
  - 142 patients randomized



Abbott Vascular updated November 7<sup>th</sup> 2014

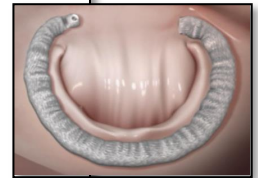
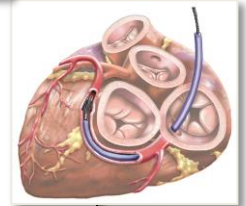
# Percutaneous Mitral Repair Devices

## Already gone

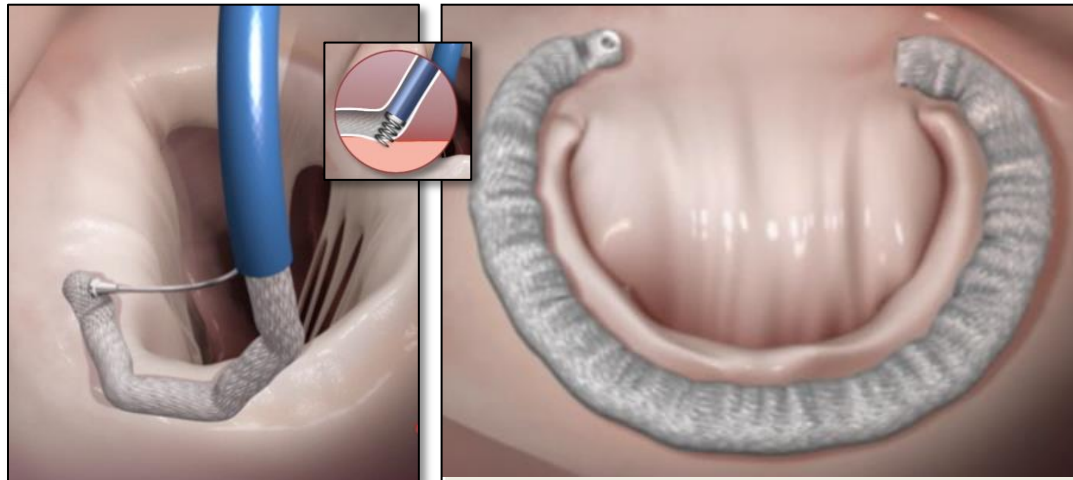
- PTMA
- Monarc
- Mobuis leaflet repair
- Recor RF annular remodeling
- Coapsys

## Still developing

- Leaflet repair
- CS annuloplasty
- Direct annuloplasty
- Cerclage
- Mitral spacer
- Midle Peak
- Chordal replacement
- Valve replacement



# TRANS FEMORAL Cardioband



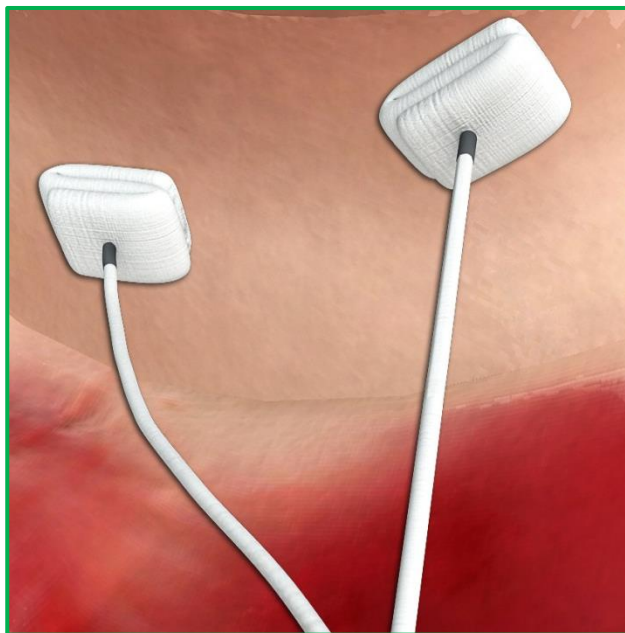
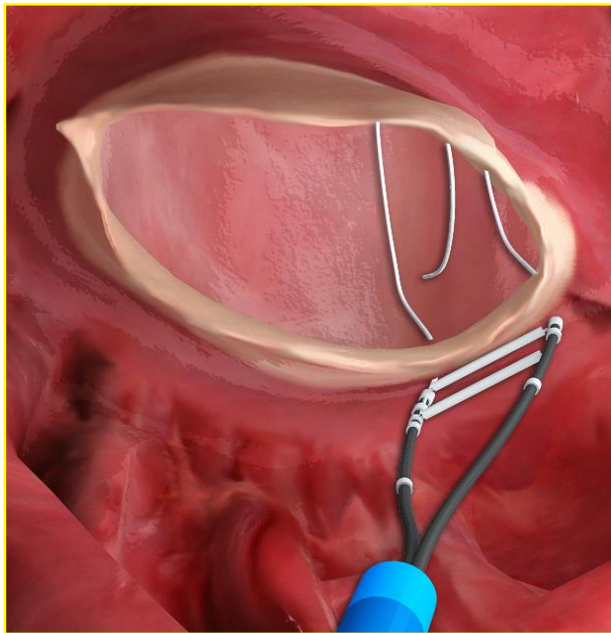
# DIRECT ANNULOPLASTY

## Mitralign Procedure Steps

Wire Delivery

Pledget Delivery

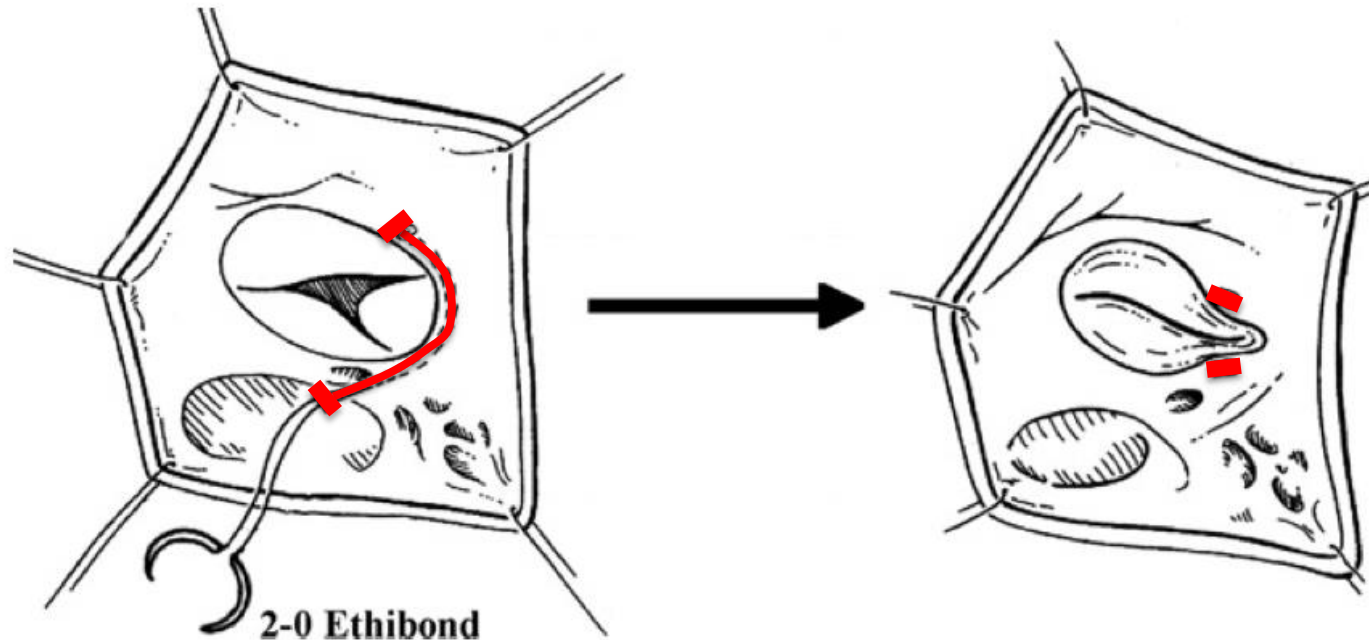
Plication & Lock





# Suture bicuspidization of the tricuspid valve vs ring annuloplasty for functional tricuspid regurgitation

*Midterm results of 237 consecutive patients*

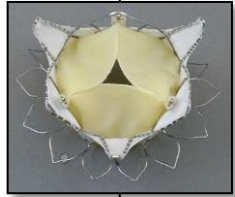


Suture bicuspidization is performed by placement of a 2-0 pledget-supported mattress suture from the antero-posterior to the postero-septal commissures along the posterior annulus.

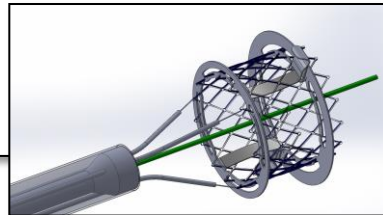
# Mitral Replacement Technologies



- CardiaAQ
- Neovasc TIARA
- Tendyne

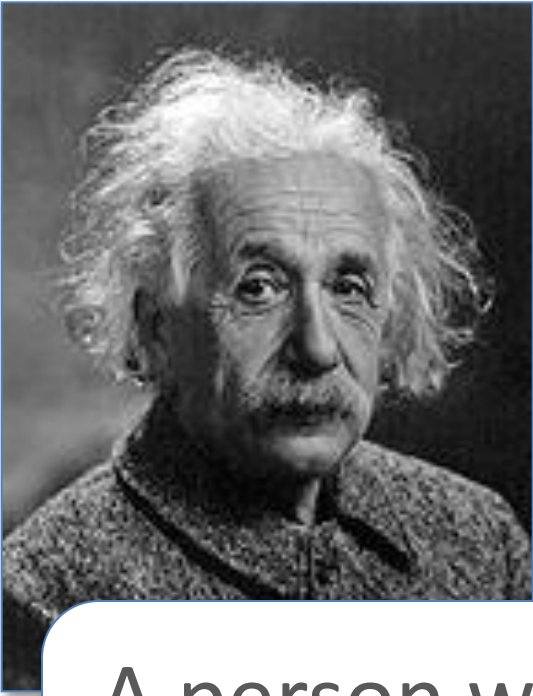


- Edwards FORTIS
- Endo valve
- M-Valve



- Valtech
- Lutter
- MitrAssist
- Caisson
- MitraSeal
- Others....





A person who never made a mistake  
never tried anything new.