AGENDA

Wednesday, October 14

OPTIONAL PHARMACOLOGY WORKSHOP
3:00 P.M. – 9:30 P.M.

Welcome and Introductions

Top 10 Dietary Supplements You Need to Know

Polypharmacy in Cardiovascular Disease – How to Impact Compliance

Top 10 Drugs/Drug Interactions

Smoking Cessation – Pharmacotherapy Versus E-Cigarettes: Which is Better? - Pharmacology Program I

The Beta Adrenergic Receptor Post MI: To Block or Not to Block – That Is the Question!...Pharmacology Program II

Dietary and Vitamin Supplements – Enough Already!...Pharmacology Program III

Thursday, October 15

SESSION 1:
THE ART OF CARDIOVASCULAR HISTORY AND PHYSICAL

6:30 a.m.  Registration and Breakfast

7:00 a.m.  Welcome, Introductions, Use of iPads and Action Plan

7:30 a.m.  Essentials of Patient Interviewing and Health History

8:00 a.m.  General Exam – The Clues of Look, Listen and Feel

8:30 a.m.  Chest X-ray Interpretation – A View of the Inside

9:00 a.m.  Echocardiography – Indications and Interpretation

10:00 a.m.  Wellness Break
SESSION 2:  
DIAGNOSTIC STRATEGIES AND INTERPRETATION – UNDERSTANDING THE WHO, WHAT, WHERE, AND WHEN

10:15 a.m.  Stress Testing – What to Order (Exercise Treadmill Test or Stress Echo)? What Do the Results Mean for Prognosis?

10:45 a.m.  Nuclear Imaging – Indications and Interpretation

11:15 a.m.  Prognostic Imaging – CT and MRI

11:45 a.m. – Breakout Sessions (Participants rotate through each practicum)

12:50 p.m.  Session 1 – ECG Interpretation (choose 1)

  Intermediate

  Advanced

Session 2 – Heart Songs

Session 3 – ACC Point of Care Tools

12:50 p.m.  Lunch

SESSION 3:  
RISK FACTORS OF CARDIOVASCULAR HEALTH

1:45 p.m.  Understanding the 2013 Prevention Guidelines – Essentials of Cardiovascular Risk Assessment

2:15 p.m.  Metabolic Syndrome

2:45 p.m.  CV Care of the Diabetic

3:15 p.m.  Thyroid Disease in Cardiovascular Patients

3:45 p.m.  Wellness Break

4:00 p.m.  Breakout Sessions (Participants rotate through each practicum)

5:10 p.m.  Session 1 – ECG Interpretation (choose 1)

  Intermediate

  Advanced
Session 2 – Heart Songs

Session 3 – ACC Point of Care Tools

5:20 p.m.  Assessing Peripheral Arterial Disease (PAD)

SESSION 4:
TIME MANAGEMENT

5:50 p.m.  Time Management – Tips for Day 1

6:05 p.m.  Day One Adjournment and Fitbit Raffle
Foundations for Practice Excellence:
Core Curriculum for the Cardiovascular Clinician

Friday, October 16

6:15 a.m. – 7:00 a.m.  For Your Health: A Little Bit of Fit Walk
Take a guided walking tour through Georgetown along the C&O Canal. Start and end at Heart House.

7:45 a.m.  Registration and Breakfast

8:15 a.m.  Welcome Back

SESSION 5:

8:30 a.m.  Emerging Management of Acute Coronary Syndrome
9:00 a.m.  Stable Ischemic Heart Disease – Practice Change Implications
9:30 a.m.  Perioperative Management of Cardiovascular Patients
10:00 a.m.  Wellness Break
10:15 a.m. - 11:25 a.m.  Breakout Sessions (Participants will rotate through each practicum)

Session 1 – ECG Interpretation (choose 1)
  Intermediate
  Advanced
  Session 2 – Heart Songs
  Session 3 – ACC Point of Care Tools

11:35 a.m.  Resistant Hypertension – Management Strategies
12:05 p.m.  Nuts and Bolts of Cardiovascular Pharmacology
12:35 p.m.  Lunch

SESSION 6:

1:30 p.m.  Acute Decompensated Heart Failure – Management and Readmission Prevention Strategies
2:00 p.m.  Managing the CV Devices - Pacer/AICD/BiV ICD/Loop Recorder/LVAD – What I need to Know
2:30 p.m.  Complex Heart Failure – Inpatient and Outpatient Management

6/30/15
Foundations for Practice Excellence: Core Curriculum for the Cardiovascular Clinician

3:00 p.m. Wellness Break
3:15 p.m. What’s Going on in the World of Atrial Fibrillation?
3:45 p.m. Anticoagulation: To INR or Not to INR
4:15 p.m. 2014 AHA/ACC Guidelines for the Management of Patients with Valvular Heart Disease

SESSION 7: TIME MANAGEMENT
5:00 p.m. Time Management – Tips for Day 2
Organize Your Time
5:30 p.m. Day Two Adjournment

Saturday, October 17

SPECIAL COMPLIMENTARY OPTIONAL SESSION

6:30 a.m. – PCSK9
7:30 a.m. Just the Facts — An Objective Overview of PCSK9 Inhibitors

During this session, faculty will discuss the emerging PCSK9 inhibitors, compare and contrast these novel therapies and provide insight on their future impact to clinical practice.

Agenda:
- PCSK9 Pathology
- Comparing and Contrasting the PCSK9 Inhibitors
- Personalization: The Potential Impact of PCSK9 Inhibitors to Your Practice

7:30 a.m. Registration and Breakfast
8:00 a.m. Welcome Back

SESSION 8: SHARED-DECISION MAKING

8:15 a.m. ACC. 15 1605-31 - Why Does Shared Decision Making Matter and How do I Handle in 12-Minute Visits?
8:30 a.m. Breakout to Practicums (Rotation Every Hour)
Foundations for Practice Excellence:
Core Curriculum for the Cardiovascular Clinician

Practicum 1: 8:40 a.m. – 9:40 a.m.
Practicum 2: 9:50 a.m. – 10:50 a.m.
Wellness Break: 10:50 a.m. – 11:05 a.m.
Practicum 3: 11:05 a.m. – 12:05 p.m.

Heart Failure

Valve

Atrial Fibrillation

12:05 p.m. Wrap up and Action Plans

12:25 p.m. Course Adjournment