



ACC Middle East Conference 2016



جمعية القلب السعودية
Saudi Heart Association

ACC MIDDLE EAST CONFERENCE 2016

Don't miss a **comprehensive review of evidence-based practices and exposure to state-of-the-art updates, innovative techniques and translational research on the diagnosis and management of cardiovascular disease.**

Cardiologists around the world look to the ACC for advancing cardiovascular science and knowledge. Reaching physicians where they live and work is essential to elevating patient care and improving heart health. Join the great minds of the cardiovascular profession for a spectacular educational experience delivered with the unique perspective of clinical practice within a region. The ACC Middle East Conference 2016 brings together cardiovascular professionals for two-and-a-half-days of interactive education that is both locally relevant and highly practical.

JEDDAH SAUDI ARABIA OCTOBER 28 – 30, 2016

Join the great minds of cardiology for a remarkable educational experience delivered with the **UNIQUE** perspective of clinical practice within your region. The **ACC Middle East Conference 2016** brings cardiovascular professionals together for interactive education that is both locally **RELEVANT** and highly **PRACTICAL**.

For more information and to register today, visit
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UNIQUE EDUCATIONAL EXPERIENCE
IN YOUR REGION



By attending,
you will experience:

- **Local** — Educational topics tailored to the needs of the Middle East region such as acute coronary syndrome, heart failure, valvular disease and prevention
- **Relevant** — Opportunities to assess your knowledge across cardiology (Great for fellows-in-training!)
- **Practical** — Hands-on practice and skill building in auscultation, ECG and echo interpretation and clinical decision making using virtual simulated patients
- **Unique** — The first ever version of the ACC International Leadership Development Workshop delivered in the region
- Solutions for everyday problems targeting practical approaches to guideline-driven care
- PLUS the benefit of becoming an ACC International Associate member or, if already an ACC member, access to one of ACC’s premier educational products.

This is ACC education delivered like you have never seen before, planned by regional experts and facilitated by prominent international faculty, including keynote presentations by David R. Holmes, Jr., MD, MACC, Robert O. Bonow, MD, MACC, and William Zoghbi, MD, MACC.

INNOVATIVE LEARNING

The conference will emphasize interactive educational sessions and hands-on clinical decision-making skills to best meet the real-world needs of cardiologists across the region. This innovative approach will break new ground in the way that clinicians interactively participate in a conference and quickly make the ACC regional conference the most exclusive and sought after professional development opportunity in the Middle East.

- Educational topics include acute coronary syndrome, heart failure, valvular disease and prevention
- Hands-on practice and skill building in auscultation, ECG interpretation and clinical decision making using virtual simulated patients

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AGENDA

FRIDAY, OCTOBER 28			
2:00 p.m. – 6:00 p.m.		PRE-CONFERENCE WORKSHOP I: ACC's In-Training Exam	
		PRE-CONFERENCE WORKSHOP II: Leadership Workshop	
SATURDAY, OCTOBER 29			
8:30 a.m. – 10:00 a.m.		Special	
		PLENARY 1: WELCOME AND INTRODUCTION TO CONFERENCE <i>Drs. Kim Williams, William Zoghbi and Hani Najm</i> Global & Regional Burden of CVD – ACC's Effort in the Paradigm Shift from Recognition and Management to Prevention 1. Global Efforts in Achieving “25 x 25” – <i>Dr. William Zoghbi</i> 2. Middle East Perspectives on Burden of CVD – <i>Dr. Hani Najm</i> <i>Panel discussion: Drs. Georges Saade and Raghib Ali</i>	
10:00 a.m. – 10:30 a.m.		Break Posters/Exhibitors (30 mins)	
10:30 a.m. – 11:15 a.m.		Acute Coronary Syndromes	Heart Failure
		STEMI Care Updates and Controversies <i>Moderators: Dr. Mohamed Sobhy</i> <i>Panel: Drs. Sameh Salama and Sobhi Dada</i> <i>Case: Dr. Mohamed Sobhy – STEMI/THROM/Multi Vessel</i> 1. Non-culprit artery PCI; indications and timing – <i>Dr. Jacqueline Tamis-Holland</i> 2. Thrombus aspiration; when might it be helpful? – <i>Dr. Mohamed Sobhy</i>	Strategies for Acute Heart Failure: Emerging Trends and Therapies <i>Drs. Randall Starling and Feras Bader</i> <i>Panel: Drs. Hadi Skouri and Waleed Alhabeeb</i> <i>Case: Dr. Ali Almasood</i> Presentation 1: What's new in the management of acute heart failure syndromes? – <i>Dr. Hadi Skouri</i> Presentation 2: Overcoming the cardiorenal syndrome – <i>Dr. Randall Starling</i>
			Special
			Learning Lab <ul style="list-style-type: none">• Heart Songs• EKG Drill and Practice• Simulation (table)• Hemodynamic Monitoring Station
11:15 a.m. – 11:20 a.m.		Transition (5 mins)	
11:20 a.m. – 12:05 p.m.		Optimizing Antithrombotic Therapy for CAD <i>Moderators: Drs. Huon Gray and Samir Alam</i> <i>Panel: Drs. Nerin Okasha and Sameh Shaheen</i> Case Present 12 months out from PCI 1. Duration of DAPT after PCI or prior MI – <i>Dr. Nerin Okasha</i> 2. DAPT for patients needing oral anticoagulation – <i>Dr. Sameh Shaheen</i>	Chronic Heart Failure: Guideline-driven Care <i>Chair: Drs. Joseph Rogers and Mihmet Yilmaz</i> <i>Panel: Drs. Ali Almasood and Hani Sabbour</i> <i>Case: Dr. Arif Almulla</i> Presentation 1: New classes of therapies in chronic heart failure – How strong is the evidence? – <i>Dr. Akshay Desai</i> Presentation 2: Mechanical circulatory support in chronic heart failure – <i>Dr. Joseph Rogers</i>
			Learning Lab <ul style="list-style-type: none">• Heart Songs• EKG Drill and Practice• Simulation (table)• Hemodynamic Monitoring Station
12:05 p.m. – 1:35 p.m.		Prayer/Lunch/Posters/Exhibitors (1 1/2 hour)	
1:35 p.m. – 2:20p.m.		PLENARY 2: DR. DAVID HOLMES – ISCHEMIC HEART DISEASE: WHAT DOES THE FUTURE HOLD	

	Acute Coronary Syndromes	Heart Failure	Special
	Management of the high risk SIHD Patient <i>Moderators: Drs. Hani Najim and Ziyad Ghazzal</i> <i>Panel: Drs. Hani Najm, Huon Gray and Mohammed Balghith</i>	The Complexities of Heart Failure Cares: Atrial Fibrillation and CAD <i>Co-Chairs: Drs. Akshay Desai and Mahmoud Hassanein</i> <i>Panels: Drs. Arif Almulla and Ammar Chaudhery</i> <i>Case: Dr. Hani Sabbour</i>	Learning Lab <ul style="list-style-type: none">• Heart Songs• EKG Drill and Practice• Simulation (table)• Hemodynamic Monitoring Station
2:20 p.m. – 3:05 p.m.	1. PCI vs CABG for multi-vessel disease – <i>Dr. Huon Gray</i> 2. Ischemic cardiomyopathy: Indications for revascularization – <i>Dr. Mohammed Balghith</i> 3. Ischemic MR: Indications for surgery – <i>Dr. Hani Najim</i>	Presentation 1: Atrial fibrillation with chronic heart failure; what is the final word? – <i>Dr. Waleed Alhabeeb</i> Presentation 2: Chronic heart failure with significant CAD; When should we revascularize? – <i>Dr. Magdy Abdelhamid</i>	
3:05 p.m. – 3:10 p.m.	Transition (5 mins)		
3:10 p.m. – 3:55 p.m.	Stable Ischemic Heart Disease: Trials and Controversies <i>Moderators: Drs. Ghassan Kiwan and David Holmes</i> PROMISE Speaker 1: Coronary CT is the preferred modality in stable ischemic HD – <i>Dr. Muoaz Almallah</i> Stress testing is the preferred modality – <i>Dr. Kim Williams</i> Fractional Flow Reserve (FFR) should be done in all intermediate lesions – <i>Dr. Samir Alam</i> Fractional Flow Reserve (FFR) should not be done in all intermediate lesions – <i>Dr. Jacqueline Tamis-Holland</i>	Understanding HFpEF <i>Co-Chair: Drs. Randall Starling and Hadi Skouri</i> <i>Panel: Drs. Cihangir Kaymaz and Magdi Abdelhamid</i> <i>Case: Dr. Mahmoud Hassanein</i> Presentation 1: Update on the management of HFpEF. – <i>Dr. Akshay Desai</i> Presentation 2: Update on the management of pulmonary hypertension – <i>Dr. Cihangir Kaymaz</i>	Learning Lab <ul style="list-style-type: none">• Heart Songs• EKG Drill and Practice• Simulation (table)• Hemodynamic Monitoring Station
3:55 p.m. – 4:55 p.m.	Prayer/Break/Expo/Poster Hall (1 hour)		
4:55 p.m. – 5:40 p.m.	ACS Management in Low-Resource Settings (Roundtable-Moderator has prepared questions that are posed to 3 faculty from different ME countries) <i>Moderators: Drs. Mohamed Sobhy and Ziyad Ghazzal</i> 1. High yield strategies to improve outcomes in MI survivors – <i>Dr. Huon Gray</i> 2. Addressing environmental risk factors for CAD; air pollution, second-hand smoke – <i>Dr. Georges Saade</i> 3. Improving medication adherence – <i>Dr. Sobhi Dada</i>	Quality in Heart Failure <i>Co-Chairs: Drs. Joseph Rogers and Waleed Alhabeeb</i> <i>Panel: Drs. Feras Bader and Mihmet Yilmaz</i> <i>Case: Dr. Ammar Chaudhery</i> Presentation 1: The value of multidisciplinary programs – <i>Dr. Mihmet Yilmaz</i> Presentation 2: Winning the battle against HF re-admissions and the regional reflections – <i>Dr. Feras Bader</i>	Learning Lab <ul style="list-style-type: none">• Heart Songs• EKG Drill and Practice• Simulation (table)• Hemodynamic Monitoring Station
5:40 p.m. – 5:45 p.m.	Transition (5 minutes)		
5:45 p.m. – 6:15 p.m.	Case Challenges in ACS-Test Your Learning <i>Moderator: Dr. Abid Amin Khan</i> (Rapid Fire Cases (6)-post-test) 5 min per case <i>Dr. Sameh Shaheen</i> <i>Dr. Nerin Okasha</i> <i>Dr. Sameh Salama</i> <i>Dr. Sobhi Dada</i>	Case Challenges in HF-Test Your Learning (Rapid Fire Cases (6)-post-test) 5 min per <i>Case 1: Dr. Hadi Skouri</i> <i>Case 2: Dr. Waleed Alhabeeb</i> <i>Case 3: Dr. Randall Starling</i> <i>Case 4: Dr. Feras Bader</i> <i>Case 5: Dr. Mihmet Yilmaz</i> <i>Case 6: Dr. Joseph Rogers</i>	Learning Lab Closes

6:15 p.m. – 6:20 p.m.	Transition (5 minutes)		
6:20 p.m. – 7:20 p.m.	Networking Reception with Exhibitors and Faculty		
SUNDAY, OCTOBER 30			
	Valvular		
8:30 a.m. – 9:15 a.m. 9:15 a.m. – 9:30 a.m.	Plenary 3: Dr. Robert Bonow – Valvular Heart Disease Update 2016: Remaining Challenges and Future Prospects in Therapy <i>Panel Discussion</i>		
9:30 a.m. – 9:35 a.m.	Transition (5 minutes)		
	Valvular	Prevention	Special
9:35 a.m. – 10:20 a.m.	Practical Issues in AS Management (Didactic session followed by panel discussion) <i>Moderators: Drs. Robert Bonow and Mohammed Balghith</i> Low gradient aortic stenosis – When to replace the valve – <i>Dr. William Zoghbi</i> Should we refer asymptomatic severe as patient to valve replacement	Hypertension Update: Lessons from the Guidelines - (Didactic session followed by panel discussion) <i>Moderators: Drs. Oktay Ergene and Pamela Morris</i> <i>Panelist: Dr. Ghazi Ahmad H. Radaideh</i> 1. Evidence of thresholds for hypertension treatment – <i>Dr. Oktay Ergene</i> 2. Establish therapeutic goals – <i>Dr. Ghazi Ahmad H. Radaideh</i> 3. Implement system-based processes to achieve timely blood pressure control – <i>Dr. Pamela Morris</i>	Learning Lab <ul style="list-style-type: none">• Heart Songs• EKG Drill and Practice• Simulation (table)• Hemodynamic Monitoring Station
10:20 a.m. – 10:50 a.m.	Break/Expo/Poster Hall (30 minutes)		
10:50 a.m. – 11:35 a.m.	Principles in Imaging for Valvular Heart Disease Guideline (Case Study - Didactic – Q&A) <i>Moderator: Dr. Alessandro Salustri</i> 1. Indicators of early cardiac decline 1. Framework for gauging valve disease severity – <i>Dr. Alper Ozkan</i> 2. Quantifying valvular regurgitation – <i>Dr. Niko Tzemos</i>	Understanding the risks: A Deep dive into the cholesterol guidelines (Didactic session followed by panel discussion) <i>Chairs: Drs. Hani Sabbour and Pamela Morris</i> <i>Panel: Drs. Oktay Ergene and Ghazi Ahmad H. Radaideh</i> 1. Recommendations and controversies in lipid management, including LDL targets – <i>Dr. Pamela Morris</i> 2. Effective use of newer agents, combination therapy, and statin intolerance – <i>Dr. Hani Sabbour</i>	Learning Lab <ul style="list-style-type: none">• Heart Songs• EKG Drill and Practice• Simulation (table)• Hemodynamic Monitoring Station
11:35 a.m.-11:40 a.m.	Transition (5 mins)		

11:40 a.m.-12:25 p.m.	TAVR Update (Didactic session followed by panel discussion) <i>Moderator: Dr. Alper Ozkan</i> 1. What we have learned from the U.S. TAVR Registry? – <i>Dr. John Rumsfeld</i> 2. TAVR in intermediate risk patients where we stand – <i>Dr. Mohamed Abdel-Wahab</i> 3. What are the options for CAD in pt – <i>Dr. Abdullah Shehab</i>	Congenital Heart Disease: Update 1. Burden of Adults with Congenital Heart Disease in the World; A Tsunami Is Approaching – <i>Dr. Mohammed Omar Galal</i> 2. Adults with TOF, is the culprit PV or RV? - <i>Dr. Michael Gatzoulis</i> 3. Indications for PV implantation, cath lab or surgery. – <i>Dr. Michael Gatzoulis</i> 4. Management of arrhythmias in adult after TOF repair – <i>Dr. Majid Al Fayyadh</i>	Learning Lab • Heart Songs • EKG Drill and Practice • Simulation (table) • Hemodynamic Monitoring Station
12:25 p.m. – 1:55 p.m.	Prayer/Lunch Expo/Poster Hall (1 1/2 Hour)		
	Valvular	Arrhythmia	Special
1:55 p.m. – 2:40 p.m.	Contemporary Evaluation & Management of MR (Didactic and Q&A) <i>Moderator: Dr. Abdullah Shehab</i> 1. Classification and mechanisms, assessment and pitfalls in imaging and MR quantification – <i>Dr. Dr. Alessandro Salustri</i> 2. Recognizing treatment indications – Primary vs. Secondary MR, tailoring MR treatment to the patient and setting – <i>Dr. Robert Bonow</i>	Atrial Fibrillation: Managing the Risk and the Disorder (Didactic and Q&A) <i>Drs. Bulent Görennek and John Fisher</i> 1. Prevention, Detection and Management Modifiable risk factors – <i>Dr. Bulent Görennek</i> 2. Treatment of AF: Ablation or pharmacotherapy; which one and when – <i>Dr. Ahmad Hersi</i>	Learning Lab • Heart Songs • EKG Drill and Practice • Simulation (table) • Hemodynamic Monitoring Station
2:40p.m. – 2:45 p.m.	Transition (5 mins)		
2:45 p.m. – 3:30 p.m.	Transcatheter Treatment Options for MR (Didactic session followed by panel discussion) Drs. William Zhogbi and Oktay Ergene 1. Mitral Clip experience to-date, lessons learned- <i>Dr. Mehmet Bilge</i> 2. Emerging options for transcatheter mitral valve treatment – <i>Dr. Mohammed Balghith</i>	Stroke Prevention Case Study – Didactic – Q&A – Drs. Bulent Görennek and John Fisher 1. Detecting risk of stroke in AF – <i>Dr. John Fisher</i> 2. Anticoagulation (NOACs vs warfarin) and other methods for stroke prevention – <i>Dr. Bulent Görennek</i>	Learning Lab • Heart Songs • EKG Drill and Practice • Simulation (table) • Hemodynamic Monitoring Station
3:30 p.m. – 4:30 p.m.	Prayer/Break/Expo/Poster Hall (1 Hour)		
4:30 p.m. – 5:15 p.m.	Diabetes – What's Our Role? (Didactic session followed by panel discussion) <i>Moderator: Dr. Saud AlSifri</i> 1. New therapies – <i>Dr. Hani Sabbour</i> 2. ACC's registry – <i>Dr. Saud AlSifri</i>	Contemporary Management of Anticoagulant Therapies – Therapeutic selection, periprocedural management, reversal agents (Didactic and Q&A) <i>Dr. John Fisher</i>	Learning Lab Closes
5:15 p.m. – 5:30 p.m.	Closing		

Use the skills and knowledge you get at
the **ACC Middle East Conference** to elevate
patient care and improve heart health.

You won't want to miss this great educational opportunity!

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