

## AGENDA

Wednesday, October 4

### PHARMACOLOGY WORKSHOP

MPR

**5:30 p.m.** Registration and Light Refreshments

**6:00 p.m.** Welcome and Introductions  
*Dr. Handberg*

**6:15 p.m.** Diabetes Medication Basics for the Cardiovascular Practitioner  
*Dr. Handberg*

**6:55 p.m.** Anticoagulation and Dual Antiplatelet Therapy  
*Dr. Parra*

**7:35 p.m.** Understanding Medication Adherence: What Works?  
*Dr. Cooper-DeHoff*

**8:15 p.m.** Challenging Cases from the Practice:  
Polypharmacy, Drug/Drug Interactions  
*Moderator: Dr. Cooper-DeHoff*  
*Panel: Drs. Handberg and Parra*

**9:00 p.m.** Adjournment

Thursday, October 5

### SESSION 1:

#### THE ART OF CARDIOVASCULAR HISTORY AND PHYSICAL

**6:30 a.m. –** **For Your Health: A Little Bit of Fit Walk (Weather Permitting)**  
Take a guided walking tour. Start and end at the Hyatt Place lobby (Designated Course Hotel).

**7:30 a.m.** Registration and Breakfast

**8:00 a.m.** Welcome and Introductions  
*Dr. Handberg*  
*Dr. Alpert*

**8:15 a.m.** **10 Course Take-aways That Will Change Your Practice Next Week**  
*Dr. Handberg*

**8:30 a.m.** Patient Interviewing and Health History: Tips and Tricks  
*Ms. Linderbaum*

**9:00 a.m.** **Practical General Exam: Cardiovascular Conditions**  
*Ms. Linderbaum*  
*Dr. Martinez*

**10:00 a.m.** **Echocardiography: Need-to-Know and Nice-to-Know**  
*Dr. Martinez*

**10:45 a.m.** **Themed Wellness Break**

**SESSION 2:**  
**DIAGNOSTIC STRATEGIES AND INTERPRETATION**

**11:00 a.m.** **Stress Testing: What to Order and What to Do with the Results **ARS****  
*Dr. Freeman*

**11:30 a.m.** **Advanced Imaging: CT and MRI — Who, Why and When**  
*Dr. Martinez*

**12:00 p.m. – 1:10 p.m.** **Hands-on Breakout Sessions**

**Session 1: ECG Interpretation (choose 1)**

**ECG Overview** **112-114**  
*Dr. Alpert*

**ECG Case Conundrums** **KEA**  
*Dr. Miles*

**Session 2: Heart Songs** **Concourse Room**  
*Ms. Linderbaum*  
*Dr. Martinez*

**Session 3: ACC Point of Care Tools** **MPR**  
*Dr. Freeman*

**1:15 p.m.** **Lunch** **MPR**

**1:50 p.m.** **Chest X-ray Interpretation**  
*Dr. Alpert*

**SESSION 3:**  
**RISK REDUCTION AND CARE OF COMMON COMORBIDITIES** **MPR**

**2:15 p.m.** **Dietary Supplement: What's Hot and What's Not**  
*Dr. Cooper-DeHoff*

**2:45 p.m.** **Management of the Cardiovascular Patient with Diabetes**  
*Dr. Chipkin*

**3:15 p.m.** **Hypertension: Getting Patients to Goal!**  
*Dr. Handberg*

**3:45 p.m.** **Themed Wellness Break**  
 High boy tables with signs:
 

- Utilization of Pharmacists in Practice – Dr. Parra
- Practice Pearls for the APP - Dr. Handberg, Ms. Linderbaum
- Supplements??? – Dr. Cooper-DeHoff

**4:00 p.m. – Hands-on Breakout Sessions**

**5:10 p.m.**

**Session 1: ECG Interpretation (choose 1)**

**ECG Overview** **112-114**  
*Dr. Alpert*

**ECG Case Conundrums** **KEA**  
*Dr. Miles*

**Session 2: Heart Songs** **Concourse Level**  
*Ms. Linderbaum*  
*Dr. Martinez*

**Session 3: ACC Point of Care Tools** **MPR**  
*Dr. Freeman*

**5:20 p.m.** **Managing Thyroid Disease in Cardiovascular Patients** **MPR**  
*Dr. Chipkin*

**5:50 p.m.** **Check Your Learning: 10 Course Take-aways**  
*Dr. Alpert*

**6:05 p.m.** **Adjournment**

**8:00 p.m.** **A Little Bit of Fit Evening Walk** (Meet in Hyatt Place Lobby)

**Friday, October 6**

**6:30 a.m. –** **For Your Health: A Little Bit of Fit Walk** (Weather Permitting)  
**7:30 a.m.**

**7:45 a.m.** **Breakfast**

**8:15 a.m.** **Welcome Back**

**SESSION 4:**  
**CORONARY ARTERY DISEASE: ACUTE AND CHRONIC MANAGEMENT** MPR

<b>8:30 a.m.</b>	<b>Stable Ischemic Heart Disease: Practice Change Implications</b> <i>Ms. Linderbaum</i>	
<b>9:00 a.m.</b>	<b>Acute Coronary Syndrome: Review and Update</b> <i>Dr. Anderson</i>	
<b>9:30 a.m.</b>	<b>Lipid Essentials: The ACC/AHA Prevention Guidelines</b> <b>Cardiovascular Risk Assessment</b> <i>Dr. Freeman</i>	
<b>10:00 a.m.</b>	<b>Themed Wellness Break</b> High boy tables with signs: <ul style="list-style-type: none"><li>• STEMI Team Questions – Dr. Anderson</li><li>• Practice Pearls for the APP - Dr. Handberg, Ms. Linderbaum</li></ul>	<b>MPR</b> Foyer w/highboys
<b>10:15 a.m. –</b>	<b>Hands-on Breakout Sessions</b>	
<b>11:25 a.m.</b>	<b>Session 1: ECG Interpretation</b> ( <i>choose 1</i> )	
	<b>ECG Overview</b> <i>Dr. Alpert</i>	<b>112-114</b>
	<b>ECG Case Conundrums</b> <i>Dr. Miles</i>	<b>KEA</b>
	<b>Session 2: Heart Songs</b> <i>Ms. Linderbaum</i>	<b>Concourse Level</b>
	<b>Session 3: ACC Point of Care Tools</b> <i>Dr. Freeman</i>	<b>MPR</b>
<b>11:35 a.m.</b>	<b>Cases of Perioperative Management and Care Coordination</b> <i>Dr. Anderson</i>	
<b>12:05 p.m.</b>	<b>Shared Decision Making in Antithrombotic Therapy</b> <i>Dr. Parra</i>	
<b>12:35 p.m.</b>	<b>Lunch</b>	<b>MPR</b>
	<b>1:05 p.m.</b> <b>Presentation: Coronary Angiography Primer</b> <i>Dr. Anderson</i>	

**SESSION 5:**  
**COMPLEX CARDIOLOGY: HEART FAILURE, VALVE DISEASE AND**  
**ARRHYTHMIAS** MPR

**1:30 p.m.** **Atrial Fibrillation: Management Strategies**  
*Dr. Miles*

**2:00 p.m.** **Lifestyle Management in Cardiovascular Patients: Weight Loss, Exercise, Smoking Cessation**  
*Dr. Freeman*

**2:30 p.m.** **Valve Guidelines Update 2017**  
*Dr. Martinez*

**3:00 p.m.** **Themed Wellness Break**

**3:15 p.m.** **Acute Decompensated Heart Failure Preventing Bounce-backs**  
*Dr. Bowers*

**3:45 p.m.** **Syncope Guidelines 2017**  
*Dr. Miles*

**4:15 p.m.** **Question and Answer Roundup**

**4:45 p.m.** **Adjournment**

Saturday, October 7

**6:30 a.m. - 7:30 a.m.** **For Your Health: A Little Bit of Fit Walk (Weather Permitting)**

**7:00 a.m.** **Breakfast**

**SPECIAL COMPLIMENTARY OPTIONAL SESSION MPR**

**7:30 a.m. - 8:00 a.m.** **Hot Topics from the Hill**  
*Dr. Hart*

**7:30 a.m.** **Breakfast**

**8:00 a.m.** **Welcome Back and Overview of Final Session**  
*Dr. Handberg*

**SESSION 6:  
Hands-on Practicums**

**8:15 a.m.** **Complex Heart Failure: Inpatient and Outpatient Management**  
*Dr. Bowers*

**8:45 a.m.** **Break To Practicums (Rotation Every Hour)**  
*(Each practicum is cased-based and includes discussion on shared-decision making)*

**8:50 a.m. – 9:50 a.m.: Practicum 1**  
**9:55 a.m. – 10:55 a.m.: Practicum 2**  
**10:55 a.m. – 11:10 a.m.: Themed Wellness Break**  
**11:10 a.m. – 12:10 p.m.: Practicum 3**

**Heart Failure** **KEA**  
*Dr. Alpert*  
*Dr. Bowers*

**Valve** **112-114**  
*Dr. Anderson*  
*Ms. Simone*

**Acute Coronary Syndrome** **MPR**  
*Dr. Freeman*  
*Dr. Handberg*

**12:15 p.m.** **Wrap Up and Action Plans: 10 Points to Remember**  
*Dr. Handberg*

**12:30 p.m.** **Course Adjournment**