



Care of the Athletic Heart

JUNE 21 – 23, 2018
Grand Summit Lodge
Park City, Utah

COURSE DIRECTOR
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AMERICAN
COLLEGE of
CARDIOLOGY

Thursday, June 21

12:45 p.m. **Registration**

Session I: Essential Cardiac Care for Your Athletes: The Knowledge and Skills You Need for Every Day Practice

Moderators: Drs. Martinez and Kim

1:15 p.m. **Welcome, Introduction to Conferences i/o**
Drs. Martinez

1:25 p.m. **Keynote Address: Can Sports Save Society?**
Dr. Parsons

2:00 p.m. **The Current State of Mandatory Athlete Screening and Other Advocacy Issues**
Dr. Kovacs

2:30 p.m. **ECG Interpretation:
What Findings Need Further Assessment?**
Dr. La Gerche

2:50 p.m. **Refreshment Break**

3:00 p.m. **Putting Your Interpretation Skills to the Test!**
The ECGs of the Professional, Recreational and Occupational Athlete
Moderator – Dr. Baggish
Panel – Drs. Emery, La Gerche, Lampert and Levine

5:05 p.m. **Now That You've Ordered It: Five Ways to Increase Billing**
Ms. Biga

5:45 p.m. **Coffee Break**

6:10 p.m. **BREAKOUT sessions – Participants Choose One**
A. CPET Testing and Interpretation in the Work-up of the Athlete's Heart: Show me the numbers....
Drs. Baggish, Emery and Levine

B. Athletic Imaging 101: Essential Interpretation for the Sports Practitioner

Care of the Athletic Heart: Contemporary Concepts, Cases and Controversies

Drs. Kim, Martinez and Molossi

7:30 p.m. **Adjournment**

Friday, June 22

7:45 a.m. **Registration
Continental Breakfast**

**Session II: Advanced Cardiac Imaging – Looking Better Is the Key!
Moderators: Drs. Martinez and Molossi**

8:30 a.m. **Welcome back - Housekeeping**
Dr. Martinez

8:40 a.m. **The Strength of Multi-Modality Cardiac Imaging in Differentiating Athletic Adaptation
from Cardiovascular Disease**
Dr. Baggish

9:10 a.m. **Alternative Imaging: Looking Deep into the Genome
Five Reasons Not to Order Genetic Testing in Your Athlete**
Dr. Ackerman

9:40 a.m. **Mitral Valve, Aortic Valve, and the Aorta**

Mitral Valve Prolapse – *Dr. Kim*

Bicuspid Aortic Valve and Aortopathies – *Dr. Phelan*

10:40 a.m. **Refreshment Break**

10:55 a.m. **How Do I Assess The Right Ventricle and Counsel My Patient With...**

Arrhythmogenic Right Ventricular Cardiomyopathy
Dr. La Gerche

**Congenital heart disease
Repaired Tetralogy of Fallot/ Ebstein's Anomaly**
Dr. Molossi

11:55 a.m. **Occult Myocardial Fibrosis and the 'Pheidippides' Cardiomyopathy
Fact or Fallacy?**
Dr. La Gerche

12:20 p.m. **Lunch**

Session III: Care of the Middle-aged Athlete – A Deeper Dive

Care of the Athletic Heart: Contemporary Concepts, Cases and Controversies

Moderator: Dr. Kim

- 12:50 p.m.** **Myths, Legends and Truth:
What Should I Know About Nutrition, Steroids and Pre-exercise Preparation for My
Competitive Recreational Athletes?**
Speaker: *Dr. Chiampas*
- 1:20 p.m.** **Hyperlipidemia, Hypertension and the Middle-aged Athlete:
Are the Goals and Treatments the Same for Athletes?**
Speaker: *Dr. Thompson*
- 1:50 p.m.** **The Middle-aged Athlete with Coronary Artery Disease
Diagnostic Evaluation, Management, and Return to Exercise**
Dr. Thompson
- 2:20 p.m.** **Expanding Your Role: How to Engage the Tactical Athlete**
Dr. Levine
- 2:45 p.m.** **Adjournment**
**Afternoon on Your Own (Optional activities: shopping on Main Street/Park City,
hiking)**

Session IV: Discussions and Desserts

Moderators: Drs. Martinez and Kim

- 7:00 p.m.** **Cases and Conversations– “Here’s What I Do” (6 cases)**
- 9:00 p.m.** **Adjournment**

Saturday, June 23

- 6:00 a.m.** **Yoga (optional activity)**
- 7:00 a.m.** **Continental Breakfast**

Session V: Arrhythmias and Athletes: Let’s Make the Decision Together

Moderators: Drs. Lampert and Chung

- 7:45 a.m.** **Welcome back - Housekeeping**
State of the Section: Updates and Action Items
Dr. Martinez
- 8:00 a.m.** **Don’t Eliminate Exercise! Tell Them What They CAN Do**
- 1) Athletes with LQTS: Who Says I Can’t Play Anyway?
Dr. Ackerman
- 2) Inherited Genetic Cardiomyopathies – Let’s Get Off the Couch!

Care of the Athletic Heart: Contemporary Concepts, Cases and Controversies

Dr. Etheridge

3) ICD - Is It Right for Absolutely Everyone?

Dr. Lampert

9:15 a.m. **Shared Decision Making: Best Approaches and Documentation**
Speakers including Patient Interview with Danny Berger
Drs. Ackerman, Etheridge and Lampert

10:05 a.m. **The Best Laid Plans: Emergency Action Plans for Cardiac Arrest**
Dr. Chiampas

10:30 a.m. **Refreshment Break**

Session VI: Atrial Fibrillation in the Aging Endurance Athlete

Moderator: Dr. Lampert

10:45 a.m. **Why Does Every Older Endurance Athlete Seemingly have Atrial Fibrillation?**
Epidemiology, Risks, Mechanisms, and Management Strategies
Dr. Chung

11:15 a.m. **Let's Debate! To Ablate or Not to Ablate...**
Management of Atrial Fibrillation and Athletes

12:00 p.m. **Course Adjournment**