



Care of the Athletic Heart

JUNE 21 - 23, 2018

Grand Summit Lodge
Park City, Utah



COURSE DIRECTOR

Matthew Martinez, MD, FACC

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AMERICAN
COLLEGE
OF
CARDIOLOGY

Thursday, June 21

12:45 p.m. Registration

Session I: Essential Cardiac Care for Your Athletes: The Knowledge and Skills You Need for Every Day Practice

Moderators: Drs. Martinez and Kim

1:15 p.m. Welcome, Introduction to Conferences i/o
Drs. Martinez

1:25 p.m. Keynote Address: Can Sports Save Society?
Dr. Parsons

2:00 p.m. The Current State of Mandatory Athlete Screening and Other Advocacy Issues
Dr. Kovacs

2:30 p.m. ECG Interpretation:
What Findings Need Further Assessment?
Dr. La Gerche

2:50 p.m. Refreshment Break

3:00 p.m. Putting Your Interpretation Skills to the Test!
The ECGs of the Professional, Recreational and Occupational Athlete
Moderator – Dr. Baggish
Panel – Drs. Emery, La Gerche, Lampert and Levine

5:05 p.m. Now That You've Ordered It: Five Ways to Increase Billing
Ms. Biga

5:45 p.m. Coffee Break

6:10 p.m. BREAKOUT sessions – Participants Choose One
A. CPET Testing and Interpretation in the Work-up of the Athlete's Heart: Show me the numbers....
Drs. Baggish, Emery and Levine

B. Athletic Imaging 101: Essential Interpretation for the Sports Practitioner

Care of the Athletic Heart: Contemporary Concepts, Cases and Controversies

Drs. Kim, Martinez and Molossi

7:30 p.m. Adjournment

Friday, June 22

**7:45 a.m. Registration
Continental Breakfast**

Session II: Advanced Cardiac Imaging – Looking Better Is the Key!

Moderators: Drs. Martinez and Molossi

**8:30 a.m. Welcome back - Housekeeping
*Dr. Martinez***

**8:40 a.m. The Strength of Multi-Modality Cardiac Imaging in Differentiating Athletic Adaptation
from Cardiovascular Disease
*Dr. Baggish***

**9:10 a.m. Alternative Imaging: Looking Deep into the Genome
Five Reasons Not to Order Genetic Testing in Your Athlete
*Dr. Ackerman***

9:40 a.m. Mitral Valve, Aortic Valve, and the Aorta

Mitral Valve Prolapse – *Dr. Kim*

Bicuspid Aortic Valve and Aortopathies – *Dr. Phelan*

10:40 a.m. Refreshment Break

10:55 a.m. How Do I Assess The Right Ventricle and Counsel My Patient With...

**Arrhythmogenic Right Ventricular Cardiomyopathy
*Dr. La Gerche***

**Congenital heart disease
Repaired Tetralogy of Fallot/ Ebstein's Anomaly
*Dr. Molossi***

**11:55 a.m. Occult Myocardial Fibrosis and the 'Pheidippides' Cardiomyopathy
Fact or Fallacy?
*Dr. La Gerche***

12:20 p.m. Lunch

Session III: Care of the Middle-aged Athlete – A Deeper Dive

Care of the Athletic Heart: Contemporary Concepts, Cases and Controversies

Moderator: Dr. Kim

12:50 p.m. **Myths, Legends and Truth:
What Should I Know About Nutrition, Steroids and Pre-exercise Preparation for My Competitive Recreational Athletes?**
Speaker: *Dr. Chiampas*

1:20 p.m. **Hyperlipidemia, Hypertension and the Middle-aged Athlete:
Are the Goals and Treatments the Same for Athletes?**
Speaker: *Dr. Thompson*

1:50 p.m. **The Middle-aged Athlete with Coronary Artery Disease
Diagnostic Evaluation, Management, and Return to Exercise**
Dr. Thompson

2:20 p.m. **Expanding Your Role: How to Engage the Tactical Athlete**
Dr. Levine

2:45 p.m. **Adjournment**
Afternoon on Your Own (Optional activities: shopping on Main Street/Park City, hiking)

Session IV: Discussions and Desserts

Moderators: Drs. Martinez and Kim

7:00 p.m. **Cases and Conversations– “Here’s What I Do” (6 cases)**

9:00 p.m. **Adjournment**

Saturday, June 23

6:00 a.m. **Yoga (optional activity)**

7:00 a.m. **Continental Breakfast**

Session V: Arrhythmias and Athletes: Let’s Make the Decision Together
Moderators: Drs. Lampert and Chung

7:45 a.m. **Welcome back - Housekeeping**
State of the Section: Updates and Action Items
Dr. Martinez

8:00 a.m. **Don’t Eliminate Exercise! Tell Them What They CAN Do**

- 1) Athletes with LQTS: Who Says I Can’t Play Anyway?
Dr. Ackerman
- 2) Inherited Genetic Cardiomyopathies – Let’s Get Off the Couch!

Care of the Athletic Heart: Contemporary Concepts, Cases and Controversies

Dr. Etheridge

3) ICD - Is It Right for Absolutely Everyone?

Dr. Lampert

9:15 a.m. Shared Decision Making: Best Approaches and Documentation

Speakers including Patient Interview with Danny Berger

Drs. Ackerman, Etheridge and Lampert

10:05 a.m. The Best Laid Plans: Emergency Action Plans for Cardiac Arrest

Dr. Chiampas

10:30 a.m. Refreshment Break

Session VI: Atrial Fibrillation in the Aging Endurance Athlete

Moderator: Dr. Lampert

10:45 a.m. Why Does Every Older Endurance Athlete Seemingly have Atrial Fibrillation?

Epidemiology, Risks, Mechanisms, and Management Strategies

Dr. Chung

11:15 a.m. Let's Debate! To Ablate or Not to Ablate...

Management of Atrial Fibrillation and Athletes

12:00 p.m. Course Adjournment