



# Effect of the PCSK9 Inhibitor Evolocumab on Cardiovascular Outcomes

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Late-Breaking Clinical Trial  
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**An Academic Research Organization of  
Brigham and Women's Hospital and Harvard Medical School**



# Background

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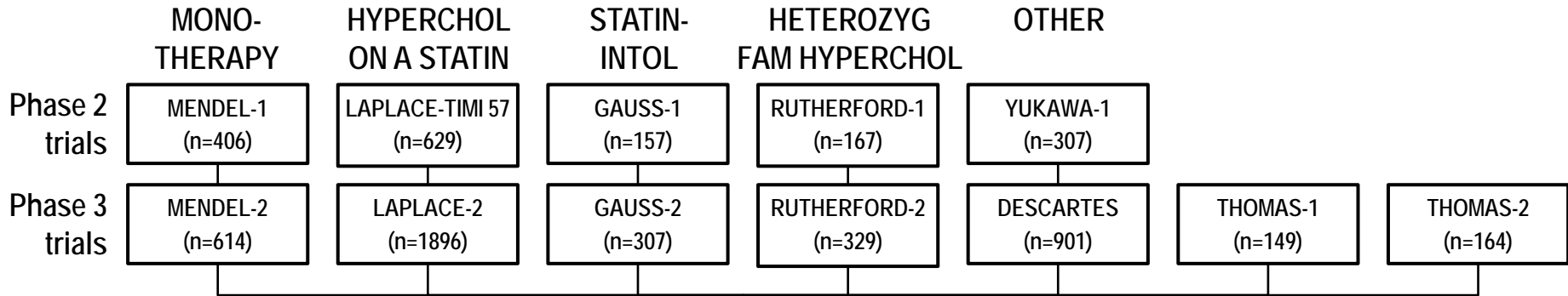
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- **Reduction in LDL cholesterol has proven highly effective in reducing cardiovascular events**
  - Randomized controlled trials (primarily w/ statins but also other drugs)
  - Mendelian randomization studies with SNPs in many different genes
- **Proprotein convertase subtilisin/kexin type 9 (PCSK9)**
  - Chaperones LDL receptor (LDL-R) to destruction → ↑ circulating LDL-C
  - Loss-of-fxn genetic variants → ↑ LDL-R activity → ↓ LDL-C & ↓ risk of MI
- **Evolocumab (AMG 145)**
  - Fully human monoclonal antibody against PCSK9
  - ↓ LDL-C by ~60% and was safe & well-tolerated in Ph 2 & 3 studies
  - Effect on cardiovascular outcomes remains undefined





# OSLER Program



**4465 patients (74%) elected to enroll into OSLER extension study program**  
 1324 from Ph2 trials into OSLER-1  
 3141 from Ph3 trials into OSLER-2

*Eligible if medically stable and on study drug*

Randomized 2:1

*Irrespective of treatment assignment in parent study*

**Evolocumab plus standard of care (n=2976)**

**Standard of care alone (n=1489)**

**Median follow-up of 11.1 months (IQR 11.0-12.8)**  
**7% discontinued evolocumab early**  
**96% completed follow-up**





# Methods

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- **Evolocumab**

- Open-label; subcutaneous injections
- Dosed either 140 mg q 2 wk or 420 mg q month (similar ↓ LDL-C)

- **Endpoints**

- Adverse events (primary) & tolerability
- LDL-cholesterol (secondary) & other lipid parameters
- Cardiovascular (CV) clinical outcomes (prespecified, exploratory): adjudicated by TIMI Study Group CEC, ***blinded to treatment***
  - Death
  - Coronary: myocardial infarction (MI), unstable angina (UA) requiring hospitalization, revascularization
  - Cerebrovascular: stroke or transient ischemic attack (TIA)
  - Heart failure (HF) requiring hospitalization





# Baseline Characteristics

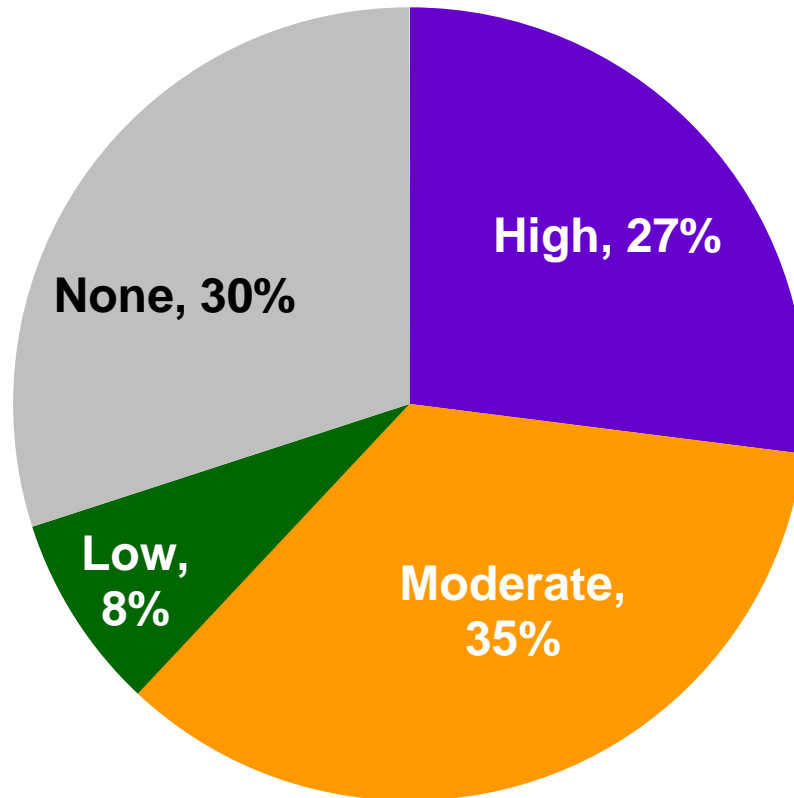


Characteristic	Value
<b>Age, years, mean (SD)</b>	<b>58 (11)</b>
<b>Male sex (%)</b>	<b>51</b>
<b>Cardiovascular risk factor (%)</b>	<b>80</b>
Hypertension	52
Diabetes mellitus	13
Metabolic syndrome	34
Current cigarette use	15
Family hx of premature CAD	24
Known familial hyperchol.	10
<b>Known vascular disease (%)</b>	<b>25</b>
Coronary	20
Cerebrovascular or Peripheral	9





# Statin Use & Intensity



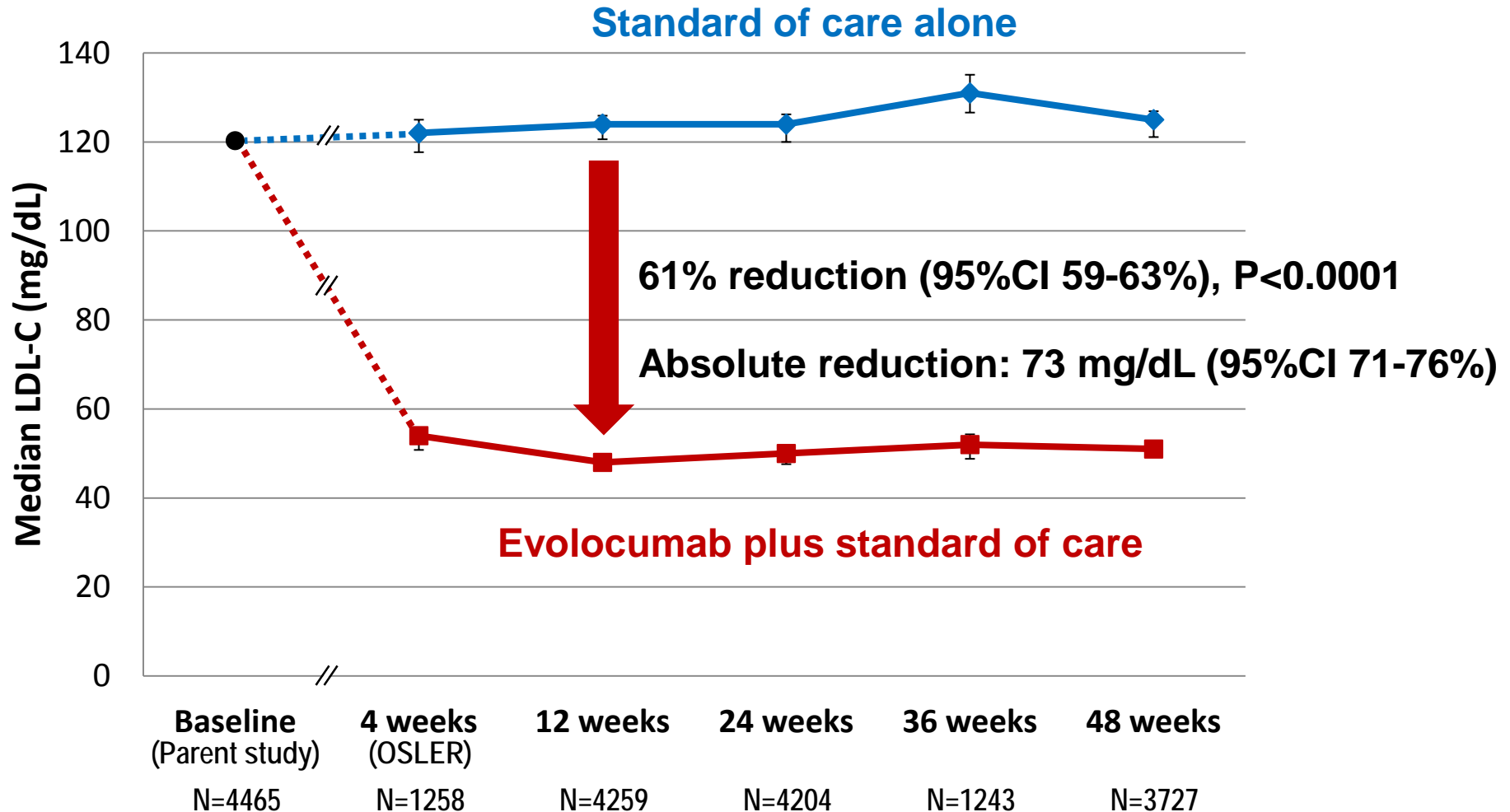
Pooled data at the start of OSLER; no differences between treatment arms

High: ↓ LDL-C by ~≥50% (eg, atorvastatin ≥40 mg/d or equivalent)  
Moderate: ↓ LDL-C by ~30-50% (eg, simvastatin 20-40 mg/d or equivalent)  
Low: ↓ LDL-C by ~<30% (eg, pravastatin ≤20 mg/d or equivalent)





# LDL Cholesterol

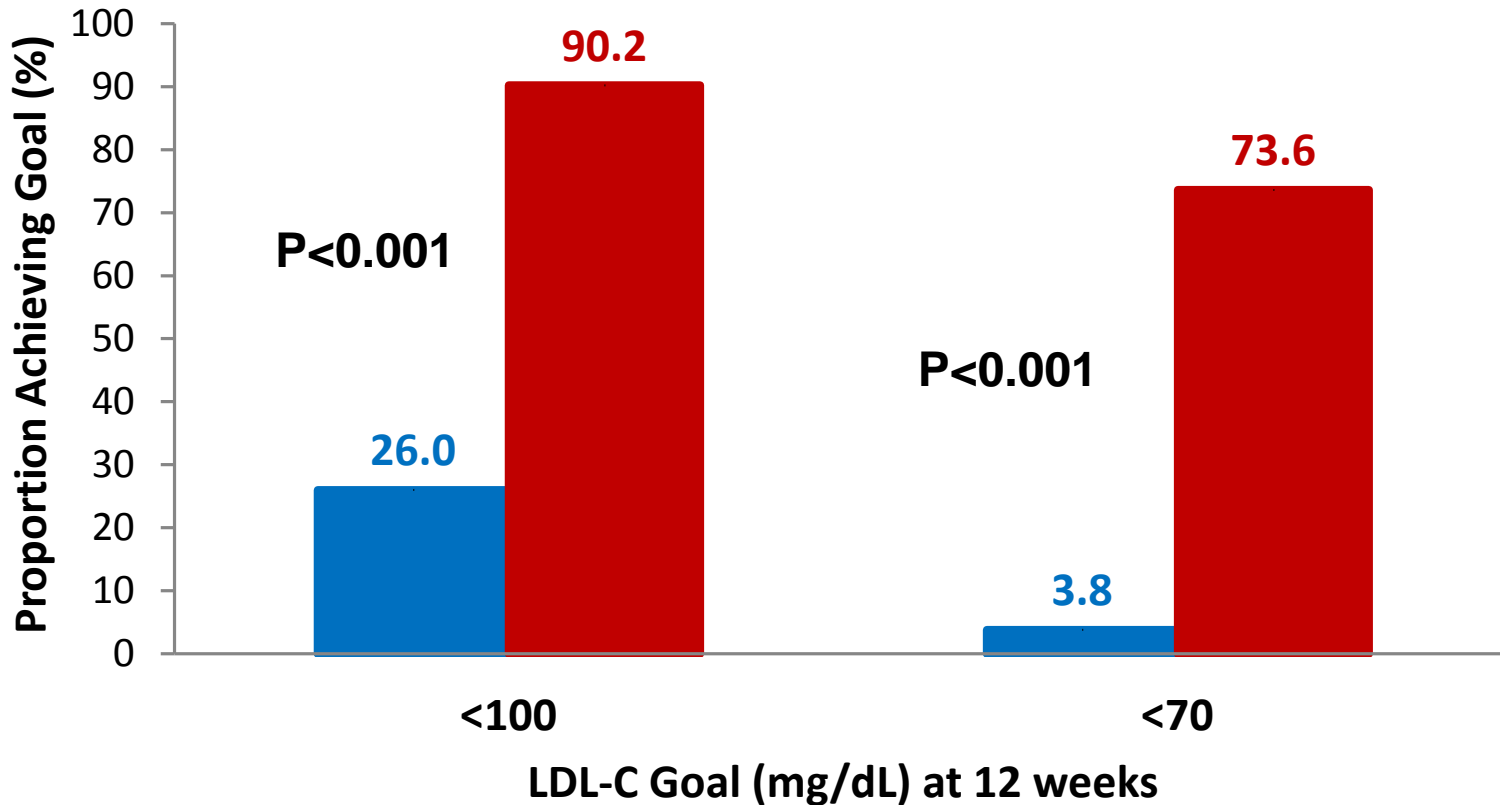




# LDL Cholesterol Goals



- Standard of care alone
- Evolocumab plus standard of care



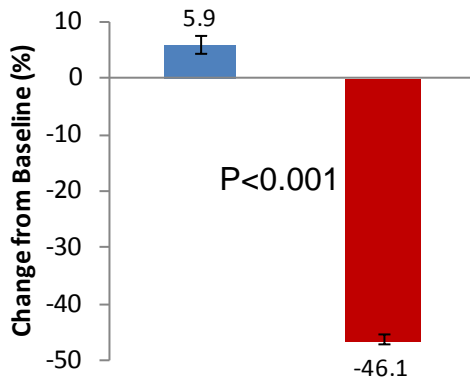




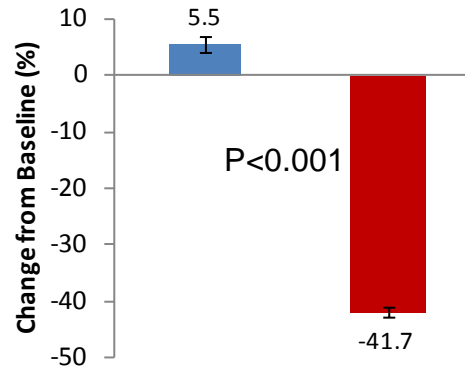
# Other Lipid Parameters



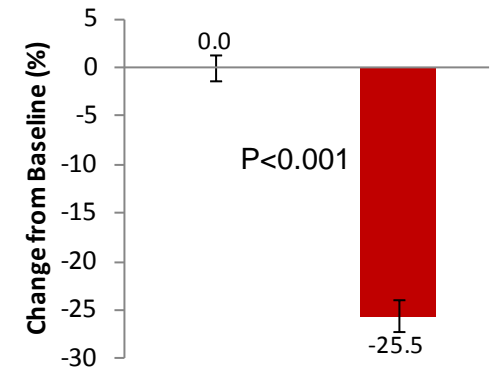
### 52% ↓ in Non-HDL-C



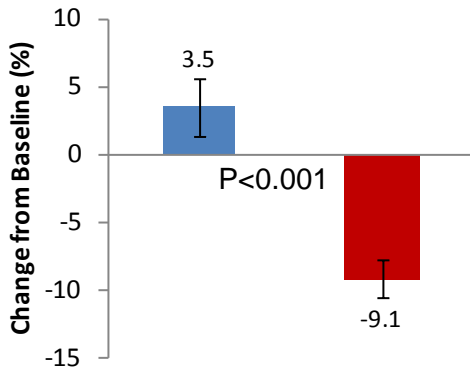
### 47% ↓ in ApoB



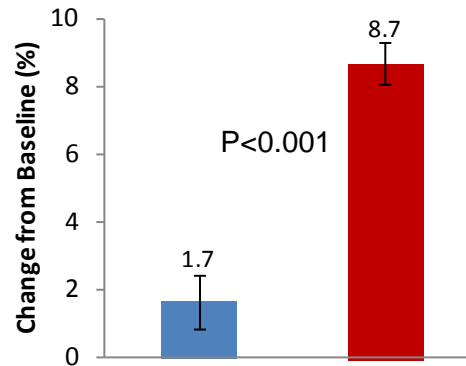
### 26% ↓ in Lp(a)



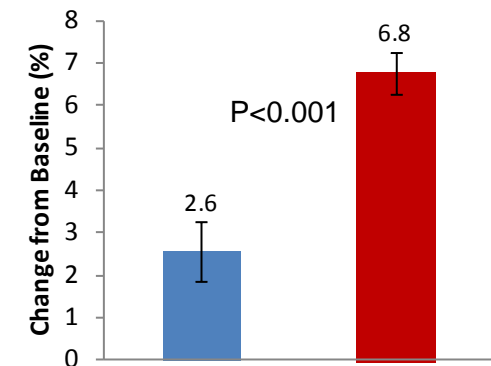
### 13% ↓ in Triglycerides



### 7% ↑ in HDL-C



### 4% ↑ in ApoA1



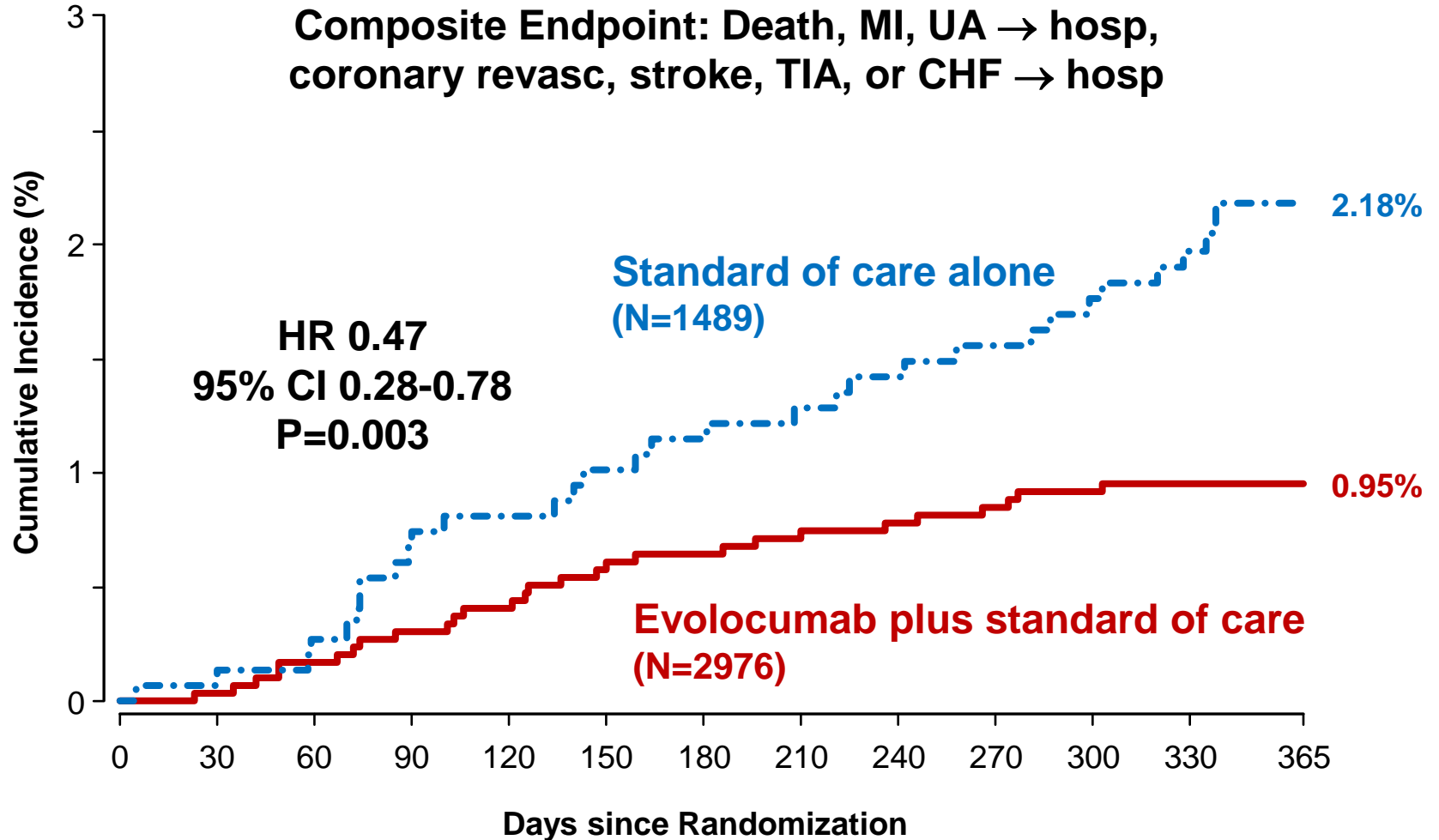
Week 12 data; values are means except for TG and Lp(a) which are medians

- Standard of care alone
- Evolocumab plus standard of care





# Cardiovascular Outcomes





# Types of CV Outcomes



Endpoint	Evolocumab + stnd of care (N=2976)		Standard of care alone (N=1489)		HR (95% CI)
	n	%	n	%	
All CV Events	29	0.95	31	2.18	0.47 (0.28-0.78)
Death	4	0.14	6	0.41	0.33 (0.09-1.18)
Coronary Events (MI, hosp for UA, or revasc)	22	0.75	18	1.30	0.61 (0.33-1.14)
Cerebrovasc Events (Stroke or TIA)	4	0.14	7	0.47	0.29 (0.08-0.98)
Heart failure hospitalization	1	0.03	1	0.07	0.52 (0.03-8.30)

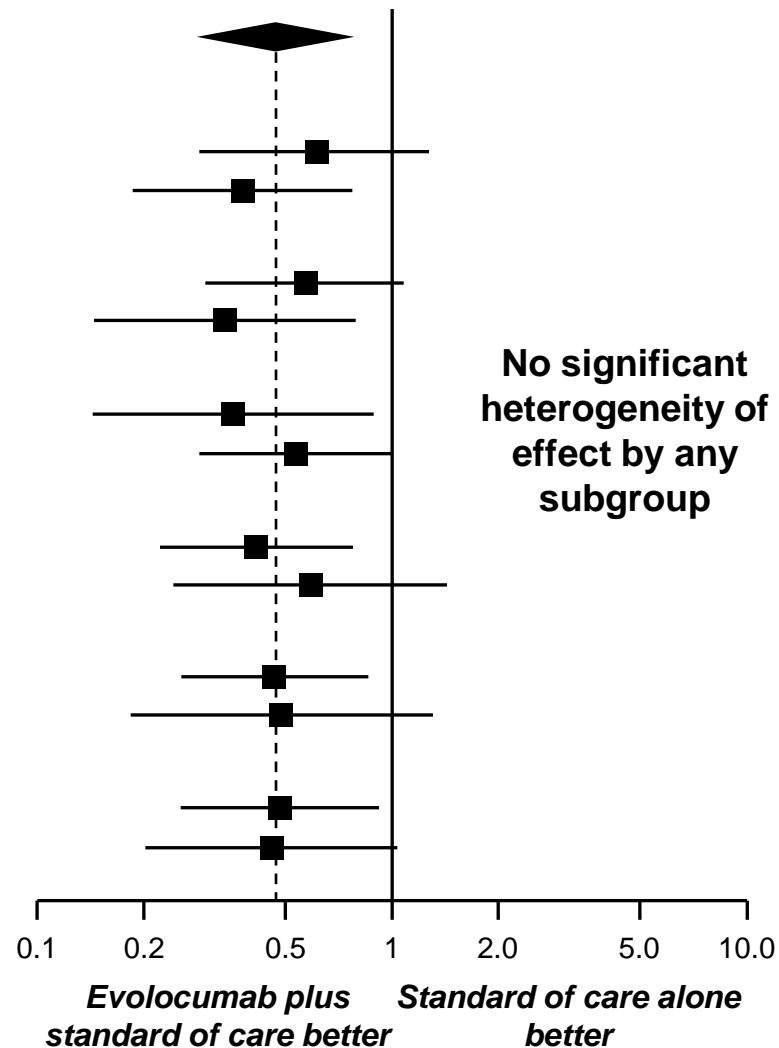




# CV Events in Subgroups



Baseline Subgroup	Number	Evolocumab	Std of care alone	Hazard Ratio (95% CI)
Overall	4465	0.95%	2.18%	
<b>Age</b>				
<65 yr	3103	0.73%	1.29%	
≥65 yr	1362	1.47%	4.10%	
<b>Sex</b>				
Male	2255	1.28%	2.37%	
Female	2210	0.61%	1.96%	
<b>LDL cholesterol</b>				
<120 mg/dL	2202	0.55%	1.53%	
≥120 mg/dL	2263	1.35%	2.75%	
<b>Statin use</b>				
Yes	3128	0.83%	2.21%	
No	1337	1.24%	2.11%	
<b>NCEP class</b>				
High or mod. high	2025	1.51%	3.51%	
Mod. or lower	2440	0.49%	1.04%	
<b>Known vascular disease</b>				
Yes	1125	2.31%	5.01%	
No	3340	0.50%	1.19%	



NCEP = National Cholesterol Education Program

% are KM event rates at 1 year





# Safety



	<b>Evolocumab + stdn of care (N=2976)</b>	<b>Standard of care alone (N=1489)</b>
<b>Adverse events (%)</b>		
Any	<b>69.2</b>	<b>64.8</b>
Serious	<b>7.5</b>	<b>7.5</b>
Leading to discontinuation of evolocumab	<b>2.4</b>	<b>n/a</b>
Injection-site reactions	<b>4.3</b>	<b>n/a</b>
Muscle-related	<b>6.4</b>	<b>6.0</b>
Neurocognitive	<b>0.9</b>	<b>0.3</b>
<b>Laboratory results (%)</b>		
ALT or AST >3×ULN	<b>1.0</b>	<b>1.2</b>
Creatine kinase >5×ULN	<b>0.6</b>	<b>1.2</b>





# Adverse Events by Achieved LDL-C



	Evolocumab subjects stratified by minimum achieved LDL-C				All EvoMab (n=2976)	Std of Care Alone (n=1489)
	<25 mg/dL (n=773)	25 to <40 mg/dL (n=759)	<40 mg/dL (n=1532)	≥40 mg/dL (n=1426)		
<b>Adverse Events (%)</b>						
Any	70.0	68.1	69.1	70.1	69.2	64.8
Serious	7.6	6.9	7.2	7.8	7.5	7.5
Muscle-related	4.9	7.1	6.0	6.9	6.4	6.0
Neurocognitive	0.5	1.2	0.8	1.0	0.9	0.3
<b>Lab results (%)</b>						
ALT/AST >3×ULN	0.9	0.8	0.8	1.3	1.0	1.2
CK >5×ULN	0.4	0.9	0.7	0.5	0.6	1.2





# Summary for Evolocumab



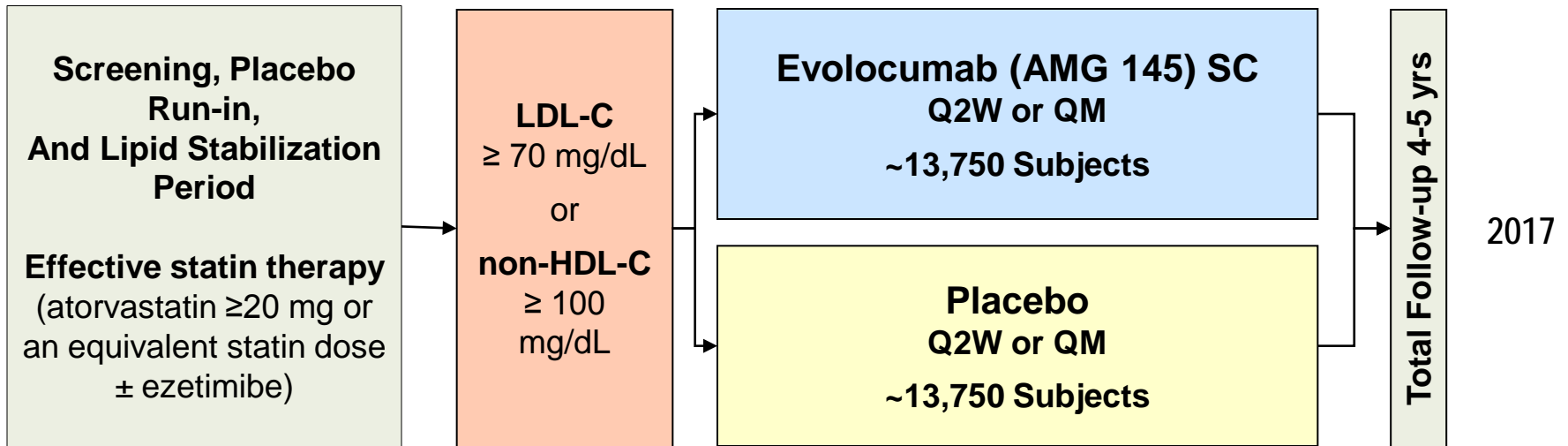
- **↓ LDL-C by 61% at 12 weeks**
  - Absolute decrease of 73 mg/dL
  - Median achieved LDL-C of 48 mg/dL
- **↓ CV outcomes by 53% over 1 year**
  - Prespecified, exploratory outcome with relatively few events
  - Event curves diverged early & continued to separate over time
  - Consistent effect on death, coronary, and cerebrovasc. events
  - Consistent effect in major subgroups
- **Appeared to be safe and well-tolerated**
  - AEs largely balanced, good tolerability in this extension study
  - No gradient in incidence of any AE by achieved LDL-C, including in those with LDL-C <25 mg/dL





# FOURIER

**27,500 patients with cardiovascular disease (prior MI, stroke or PAD)  
Age 40 to 85 years  
≥1 other high-risk feature**



**Primary Endpoint: CV death, MI, hosp for UA, stroke, coronary revasc**







# Conclusion



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**These data, in conjunction with epidemiological and genetic data, offer further support for the potential for PCSK9 inhibition as a safe and effective means to reduce major adverse cardiovascular outcomes through particularly robust LDL cholesterol lowering.**

