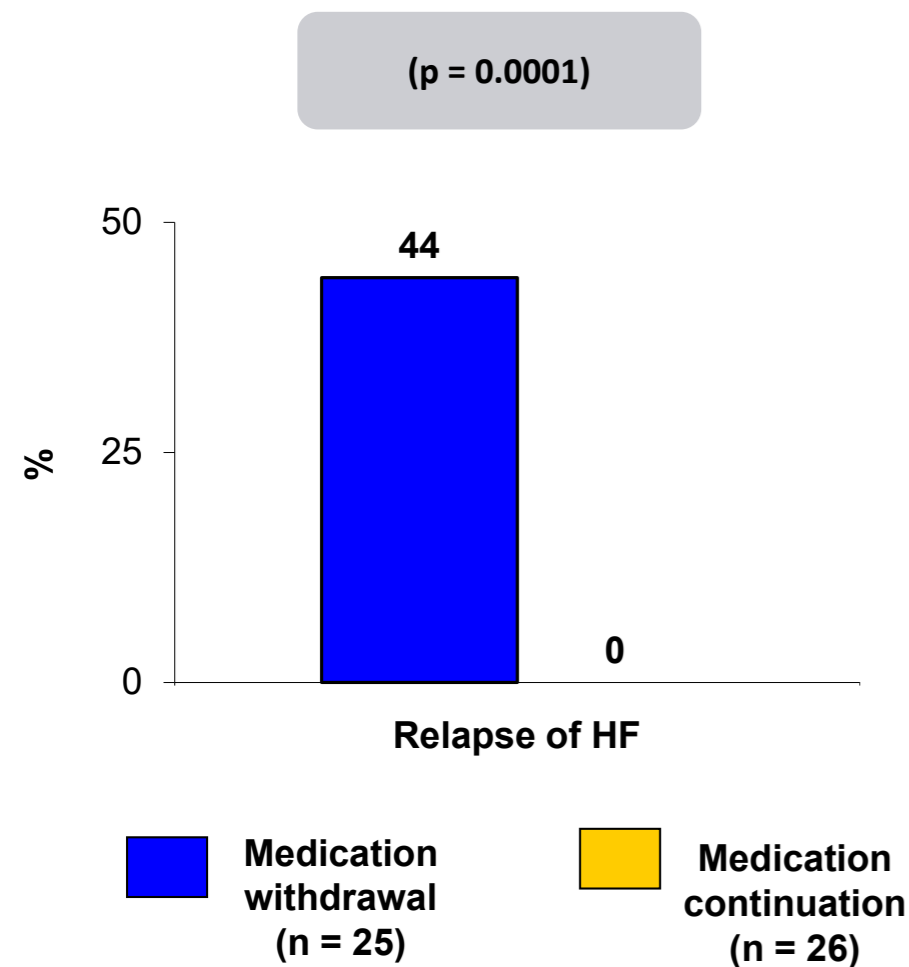


TRED-HF

#AHA18



Trial description: Patients with dilated cardiomyopathy who had recovered their LVEF were randomized in a 1:1 fashion to either HF medication withdrawal or medication continuation. Patients were followed for 6 months.



RESULTS

- Relapse of HF: drug withdrawal vs. continuation: 44% vs. 0%, $p = 0.0001$
- Death: 0% vs. 0%
- All relapsed patients were asymptomatic

CONCLUSIONS

- Withdrawal of HF medications among patients with dilated cardiomyopathy who had recovered their LV function results in relapse of HF, and should probably be avoided unless necessary and until predictors of relapse can be better outlined

Halliday BP, et al. *Lancet* 2018;Nov 11:[Epub]