

Ticagrelor Monotherapy Beyond **One Month Versus Conventional** Therapy On Adjudicated Ischemic **And Bleeding Endpoints Following Drug Eluting Sent** Implantation. Primary Results of the GLOBAL LEADERS **Adjudication Sub-StudY** (GLASSY)

#### M. Valgimigli, MD, PhD

Swiss Cardiovascular Center Bern, Inselspital, Bern, Switzerland on behalf of GLASSY Investigators

### **Declaration of Interest**

Dr. Valgimigli reports grants and personal fees from Abbott, personal fees from Chiesi, personal fees from Bayer, personal fees from Daiichi Sankyo, personal fees from Amgen, grants and personal fees from Terumo, personal fees from Alvimedica, grants from Medicure, grants and personal fees from Astrazeneca, personal fees from Biosensors, personal fees from Idorsia, outside the submitted work.

# **Background**



- Dual antiplatelet therapy (DAPT) mitigates the risks of cardiac and, to lesser extent, cerebrovascular ischemic events.
- However, prolonged DAPT carries a heightened major bleeding risk.
- P2Y<sub>12</sub> inhibitor monotherapy might limit bleeding risk and retain the ischemic benefits of prolonged DAPT and provide long-term greater ischemic protection than aspirin alone.
- In GLOBAL LEADERS ticagrelor with 1-mo aspirin did not reduce the composite of death or Q-MI as compared to 1-year DAPT followed by aspirin\*.

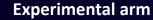
# **Background** ii



- By design, all clinical endpoints in the GLOBAL LEADERS study were investigator reported (IR) without central adjudication.
  - "The FDA considers the adjudication process to be a critically important component of good clinical study practice"\*
- The current study was designed to prospectively implement an independent central adjudication process of both reported events and potential unreported event triggers to further assess the impact of this novel experimental treatment in a large stratified sample of patients included in the GLOBAL LEADERS trial.

# **GLOBAL LEADERS design**







**ASA** 75-100 mg/d

Ticagrelor 90 mg bid

#### Control arm



Ticagrelor 90 mg bid

**ASA 75-100 mg/d** 

**ASA 75-100 mg/d** 

#### **Stable CAD**

Clopidogrel 75 mg/d

0 30 d 90 d 120 d

1 year

1.5 years

2 years

"All-comers"
PCI population
N = 15,991

1:1 Randomisation, open-label design, 130 centers worldwide

Any type of lesions: Left main, SVG, CTO bifurcation, ISR, etc.

Unrestricted use of DES (number, length)

Randomization was also stratified by site

## GLASSY - OBJECTIVES



To assess the comparative effectiveness of the experimental treatment strategy as compared to conventional 12-month DAPT followed by aspirin on the:

- Primary efficacy EP of CEC-adjudicated all-cause death, non-fatal MI, non-fatal stroke or urgent TVR
   (non-inferiority and if met superiority)
- Primary safety EP of CEC-adjudicated BARC 3 or 5 bleeding (superiority)

### GLASSY - STATISTICAL CONSIDERATIONS



Under the assumptions that the co-primary *Efficacy* and *Safety EPs* would occur, respectively at 11% and 5% in the control group, <u>7,186</u> patients would yield:

> 85% power to detect non-inferiority for the co-primary efficacy EP with a NI margin at 1.22 on a relative scale (≈ 2.4% ARD), 1-sided type I error of 2.5%.

80% power to assess the superiority for the co-primary efficacy EP, assuming 20% RRR with two-sided alpha of 2.5%.

> 80% power to detect a 33% RRR in the experimental arm for the co-primary safety endpoint (BARC 3 or 5 bleeding) with two-sided alpha error at 2.5%.

### GLASSY - PARTICIPATING SITES AND FUNDS



The study was sponsored by the European Institute of Clinical Research (ECRI), a nonprofit organization, and received grant support from the department of cardiology at Bern university hospital, Bern, Switzerland and from the Swiss National Science Foundation (SNSF) Project number: IZSEZO 180403.

#### Germany

Bad Nauheim, PI: C. Hamm

Essen, PI: C. Naber

#### **United Kingdom**

Blackburn, PI: S. Gard

#### **The Netherlands**

Rotterdam, PI: D. Diletti

Amsterdam, PI: T. Slagboom

#### Belgium

Hasselt, PI: E. Benit

Bonheiden, PI: L. Janssens

Chaleroi, PI: A. Aminian

Genk, PI: M. Vrolix

#### **Switzerland**

Bern, PI: S. Windecker



#### **Poland**

Chrzabow, PI: A. Zurakowski

Krakov, PI: K. Zmudka

Dabrowa Gornicza, PI: P. Buszan

PAKS Kozle, PI: J. Prokopczuk

#### **Austria**

Vienna, PI: K. Huber

#### Italy

Pavia, PI: M. Ferrario

Ferrara, PI: C. Tumscitz

Terni, PI: M. Dominici

Arezzo, PI: L. Bolognese

#### Bulgaria

Sofia, PI: I. Petrov

### GLASSY - STUDY DESIGN



**GLASSY 7,585** 

Global Leaders Trial 15,991

#### **CRF** based screening

Investigator reported events

Event triggers based on prespecified logics

Source documents collection/translation

**CEC** process

Formal adjudication of IR and triggered EPs

#### **CHAIR:**

E. Mc FADDEN

Co-chair:

S. LEONARDI

MEMBER:

R. PICCOLO

PROJECT LEADER:

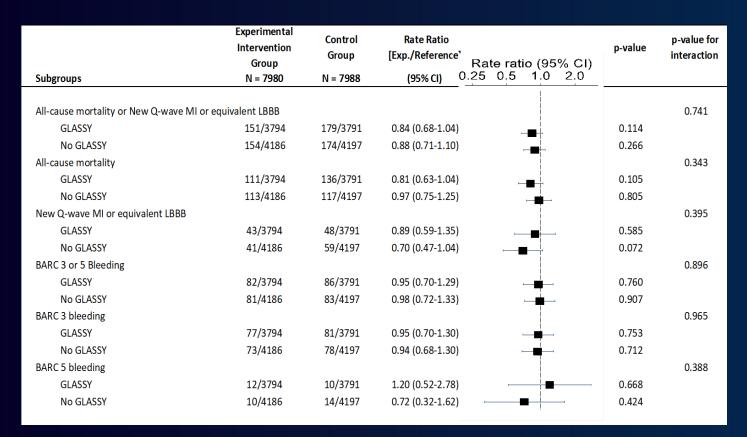
A. FRANZONE

### GLASSY - PARTICIPANTS VS NON PARTICIPANTS

|  | Glassy      | Not Glassy  |          |
|--|-------------|-------------|----------|
| Clinical characteristics               | (20 sites)  | (110 sites) | P-value* |
|  | N=7,585     | N= 8,383    |          |
| Age                                    | 64.9±10     | 64.2±10     | 0.41     |
| Female sex                             | 1799 (23.7) | 1915 (22.8) | 0.33     |
| Hypertension                           | 5492 (73)   | 6223 (74)   | 0.70     |
| Diabetes mellitus                      | 1822 (24)   | 2216 (26)   | 0.47     |
| Renal failure (eGFR < 60 ml/min)       | 1005 (13)   | 1166 (14)   | 0.83     |
| Peripheral Vascular disease            | 553 (7)     | 452 (5)     | 0.03     |
| Current smoker                         | 2186 (29)   | 1983 (24)   | 0.007    |
| Previous MI                            | 1762 (23)   | 1948 (23)   | 0.91     |
| Previous PCI                           | 2522 (33)   | 2699 (32)   | 0.53     |
| Previous CABG                          | 443 (6)     | 500 (6)     | 0.62     |
| Stable CAD                             | 3745 (49)   | 4736 (56)   | 0.048    |
| Multivessel treatment                  | 1098 (14)   | 1248 (15)   | 0.65     |
| Previous major bleeding                | 48 (0.6)    | 50 (0.6)    | 0.78     |
| Statin at dis.                         | 6954 (92)   | 7747 (93)   | 0.78     |
| Heart failure with ACEi or ARB at dis. | 469 (84)    | 465 (83)    | 0.51     |
| Heart failure with betablocker at dis. | 130 (83)    | 181 (82)    | 0.88     |

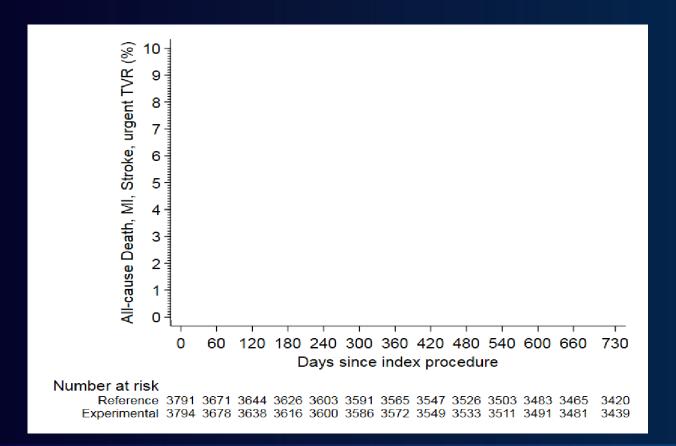
<sup>\*:</sup> Mixed-models p-values, accounting for a random effect of hospital identifier

### Clinical outcomes according to GLASSY inclusion



### GLASSY - CO-PRIMARY EFFICACY EP

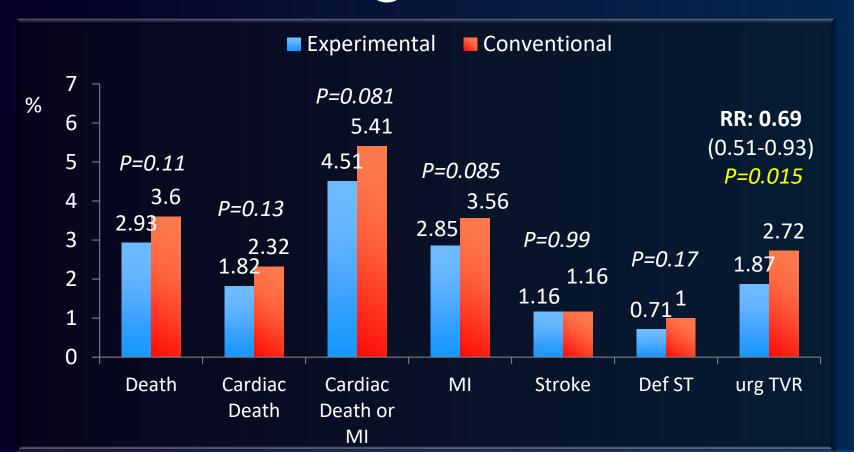




### **GLASSY**

# GLASSY

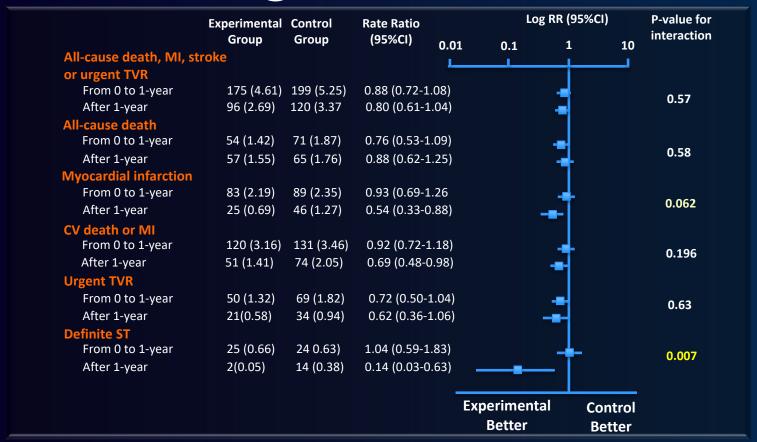
### SECONDARY EFFICACY EPS @ 2-YEARS



### **GLASSY**

### LANDMARK ANALYSIS @ I-YEAR





### **GLASSY**

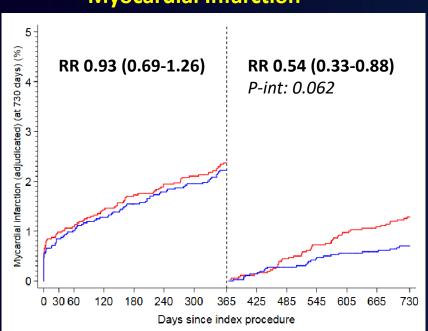
### LANDMARK ANALYSIS @ I-YEAR



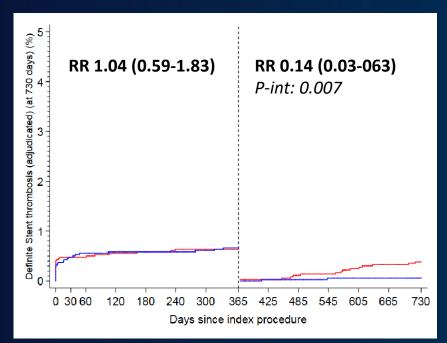
Experimental arm

Conventional arm

#### **Myocardial Infarction**

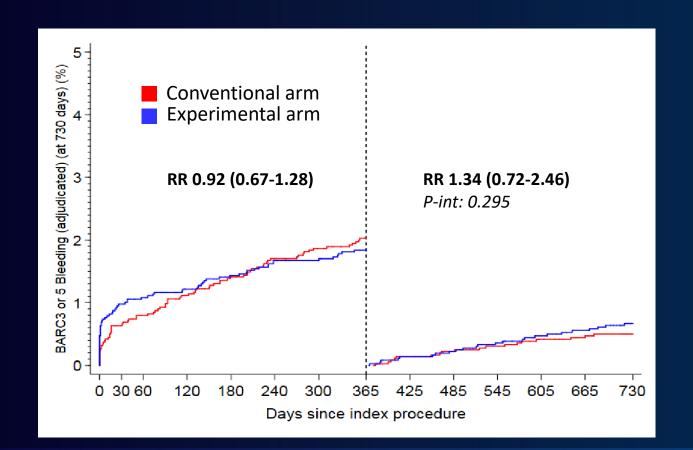


#### **Definite Stent thrombosis**



### GLASSY - CO-PRIMARY SAFETY EP





# Summary



- Ticagrelor monotherapy after 1-month DAPT was non-inferior to conventional DAPT in the prevention of all-cause death, non-fatal myocardial infarction, non-fatal stroke, or urgent target-vessel revascularization at 2 years.
- Our results provide new evidence that discontinuation of aspirin after 30 days while continuing ticagrelor alone does not expose patients to a higher ischemic risk as compared to a standard DAPT for 1 year and may reduce the rates of MI and stent thrombosis as compared to aspirin alone.
- Furthermore, the experimental treatment did not increase the risk of major bleeding.

## -year landmark: Global leaders vs GLASSY

