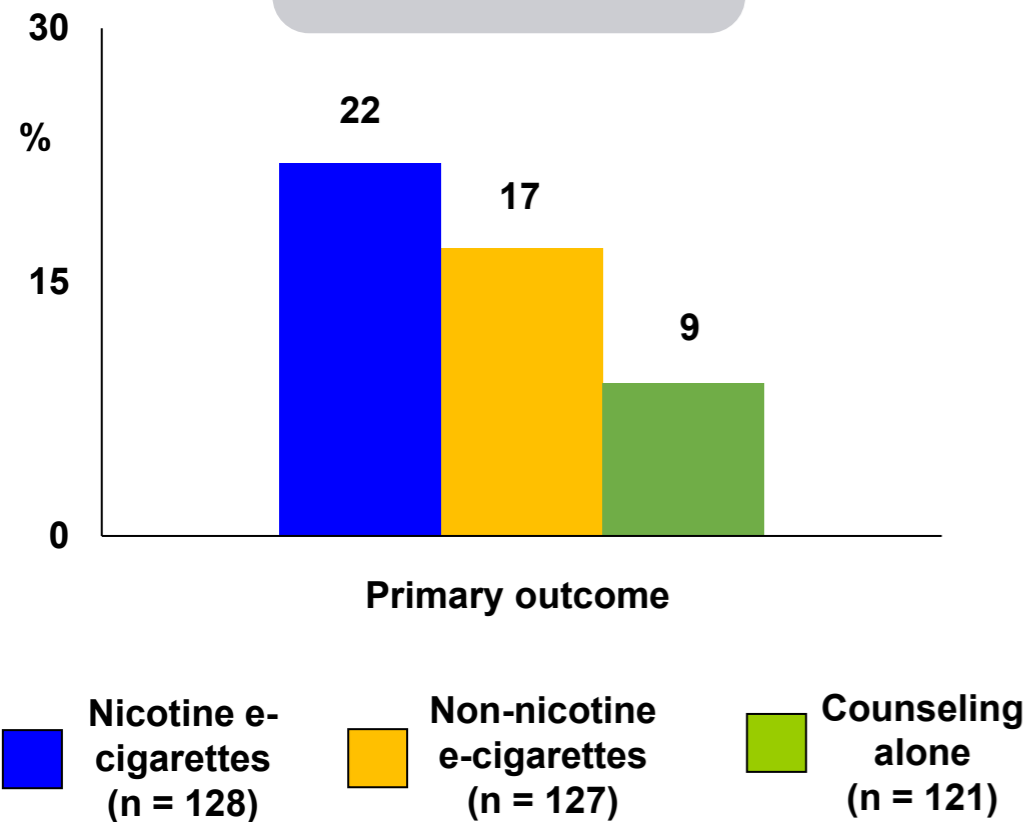




Trial Description: Active smokers who were motivated to stop smoking were randomized to nicotine e-cigarettes plus counseling vs. non-nicotine e-cigarettes plus counseling vs. counseling alone.

($p < 0.05$ for nicotine e-cigarettes vs. counseling)



RESULTS

- Primary outcome, point prevalence abstinence at 12 weeks: 22% in the nicotine e-cigarette group vs. 17% in the non-nicotine e-cigarette group vs. 9% in the counseling alone group ($p < 0.05$ for nicotine e-cigarette vs. counseling; $p = 0.05$ for non-nicotine e-cigarette vs. counseling)

CONCLUSIONS

- Among active smokers, nicotine e-cigarettes plus counseling were superior to counseling alone at smoking cessation
- Non-nicotine e-cigarettes plus counseling had a more modest effect on smoking cessation compared with counseling alone

Presented by Dr. Mark J. Eisenberg at ACC.20/WCC