

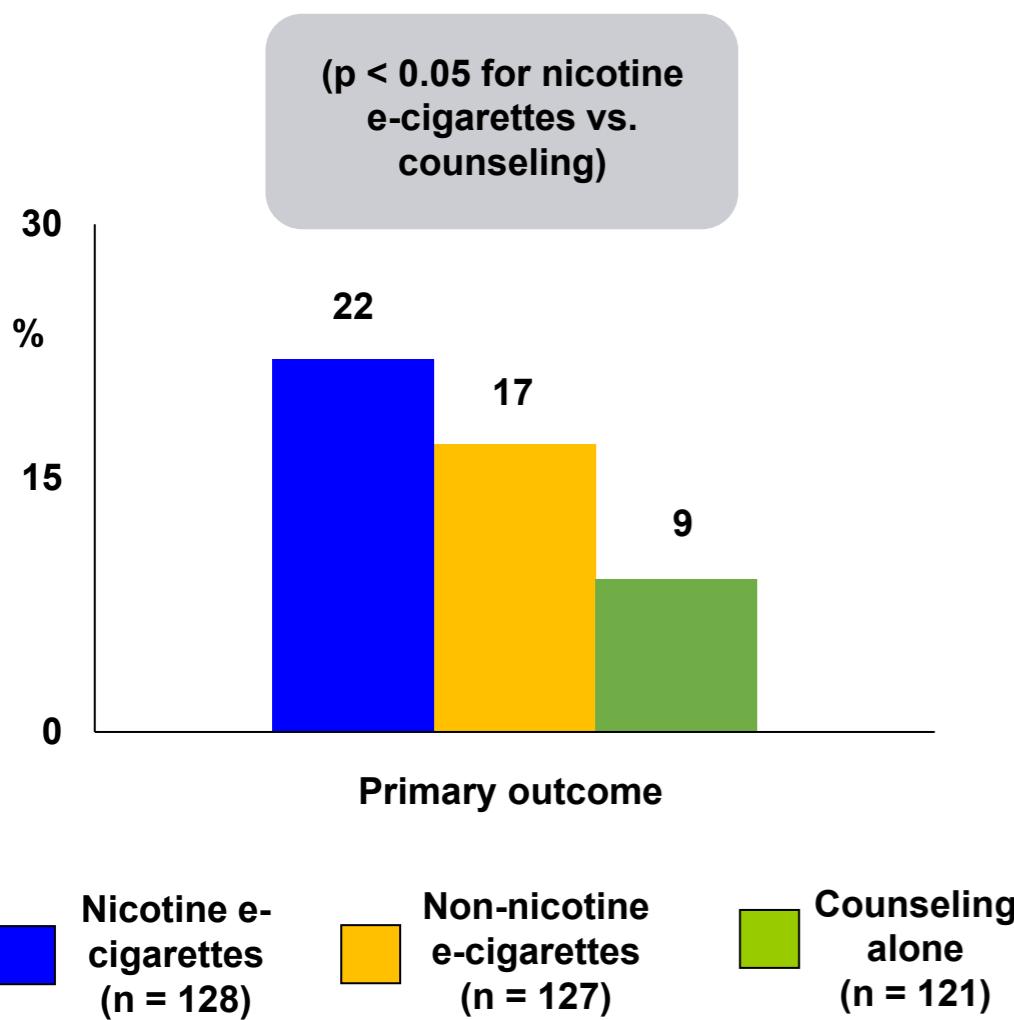
E3

#ACC20/#WCCardio



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Trial Description: Active smokers who were motivated to stop smoking were randomized to nicotine e-cigarettes plus counseling vs. non-nicotine e-cigarettes plus counseling vs. counseling alone.



RESULTS

- Primary outcome, point prevalence abstinence at 12 weeks: 22% in the nicotine e-cigarette group vs. 17% in the non-nicotine e-cigarette group vs. 9% in the counseling alone group (p < 0.05 for nicotine e-cigarette vs. counseling; p = 0.05 for non-nicotine e-cigarette vs. counseling)

CONCLUSIONS

- Among active smokers, nicotine e-cigarettes plus counseling were superior to counseling alone at smoking cessation
- Non-nicotine e-cigarettes plus counseling had a more modest effect on smoking cessation compared with counseling alone

Presented by Dr. Mark J. Eisenberg at ACC.20/WCC