



SWEDEHEART

# **iFR vs FFR-guided coronary revascularization**

## **iFR-Swedeheart 5-year outcome**

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- on behalf of the iFR-Swedeheart investigators

# Disclosure Statement of Financial Interest

Within the past 12 months, I or my spouse/partner have had a financial interest/arrangement or affiliation with the organization(s) listed below.

## Affiliation/Financial Relationship

## Company

Grant/Research Support

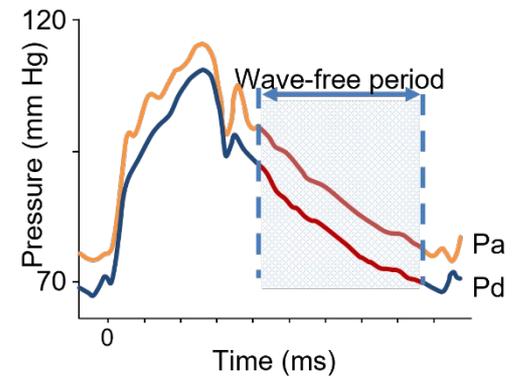
[Boston Scientific, Philips Healthcare](#)

Consulting Fees/Honoraria

[Abbott, Boston Scientific, Medtronic](#)

Faculty disclosure information can be found on the app

# Background

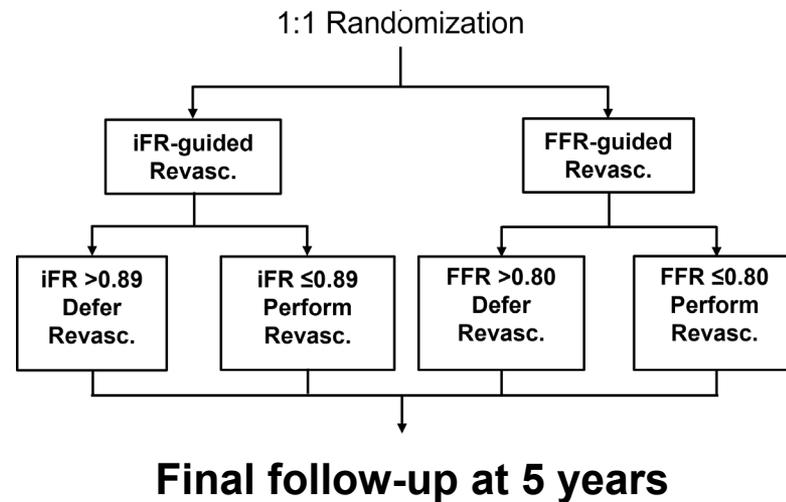


Instantaneous Wave-free ratio (iFR) is a non-hyperemic (resting) index for assessment of coronary lesion severity

Previous validation studies have demonstrated similar or improved ability to accurately detect ischemia compared with Fractional Flow Reserve (FFR)

# Study Design iFR-Swedeheart

- **Hypothesis** : iFR is non-inferior to FFR at 1 year regarding a composite of all-cause death, MI, and unplanned revascularization
- Non-inferiority margin of 1.4 (3.2%) (upper 1-sided 97.5% CI)
- 2000 patients with 85% power to test hypothesis
- Primary endpoint at 1 year
- Final follow-up at 5 years



# Study Design iFR-Swedeheart

Registry based Randomized Clinical Trial (RRCT)

Trial design utilizing national quality registers as an electronic CRF:

- baseline characteristics
- data-input
- online randomization
- follow-up

Proven pragmatic and cost-effective trial design facilitated by use of unique personal identifiers in Scandinavia allowing for 100% tracking of patients

# Major inclusion and exclusion criteria

- Patients with suspected stable angina pectoris or unstable angina pectoris/NSTEMI
  - A clinical indication for physiology-guided assessment of coronary lesions (30-80% stenosis grade)
- 
- Known terminal disease with a life expectancy <1 year
  - Unstable hemodynamics (Killip class III-IV)
  - Inability to tolerate adenosine
  - Previous CABG with patent graft to the interrogated vessel
  - Heavily calcified or tortuous vessel where inability to cross the lesion with a pressure wire was expected
  - Previous randomization in iFR-SWEDEHEART trial

# 15 Participating sites in Scandinavia



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Lund/Malmö  
Helsingborg  
Halmstad  
Kalmar  
Göteborg  
Linköping  
Örebro  
St Göran  
Uppsala  
Västerås  
Karlstad  
Sundsvall  
Aarhus (Denmark)  
Reykjavik (Iceland)



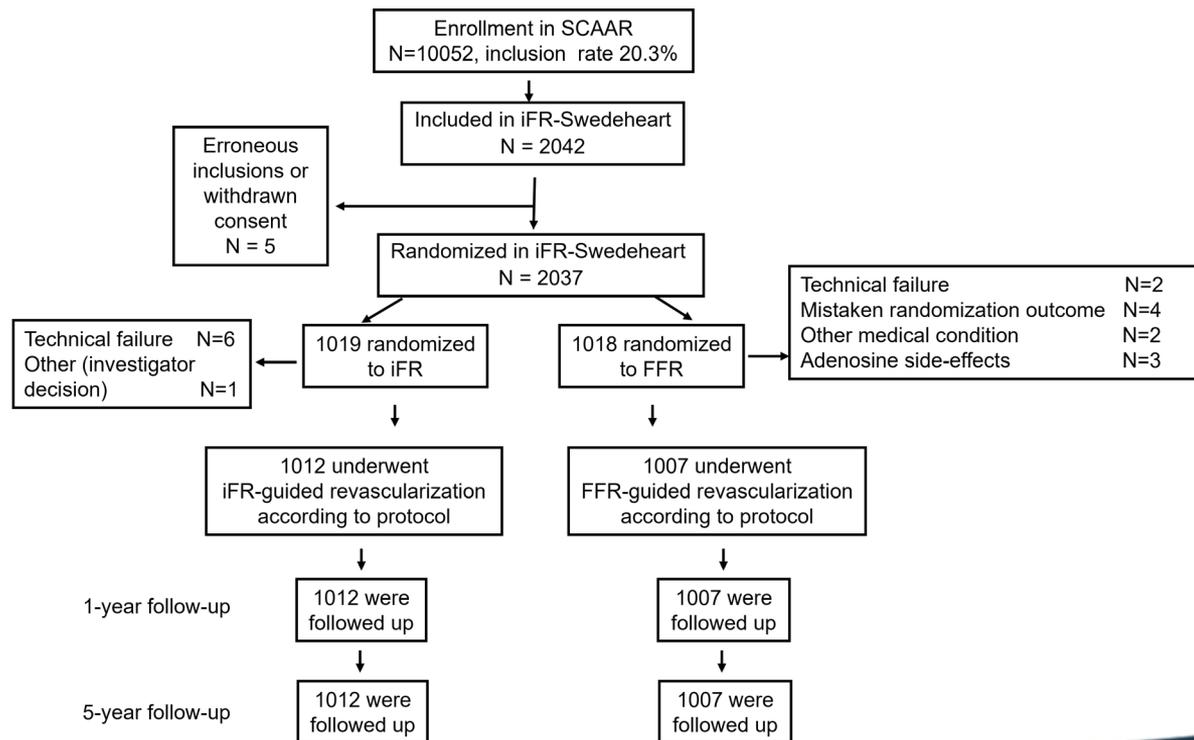
Steering committee

Matthias Götberg (PI)  
Evald H. Christiansen  
David Erlinge  
Elmir Omerovic  
Stefan K. James  
Ole Fröbert (chairman)



# Enrollment

- 2037 patients enrolled between May 2014- Oct 2015
- No patients were lost to follow-up



# Baseline clinical characteristics



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	iFR (N=1019)	FFR (N = 1018)
Age - yr. (mean ( $\pm$ SD))	67.6 (9.6)	67.4 (9.2)
Male sex - no. (%)	756 (74.2)	766 (75.3)
<i>Indication for angiography - no. (%)</i>		
Stable angina	632 (62.0)	632 (62.0)
Unstable angina	211 (20.7)	208 (20.4)
NSTEMI	176 (17.3)	178 (17.5)
Diabetes mellitus - no. (%)	232 (22.8)	213 (20.9)
Hypertension - no. (%)	730 (71.6)	710 (69.7)
Hyperlipidemia - no. (%)	733 (71.9)	704 (69.1)
Current smoker	159 (15.6)	167 (16.3)
Previous myocardial infarction - no. (%)	337 (33.1)	335 (32.9)
Previous PCI - no. (%)	429 (42.1)	425 (41.7)
Previous coronary artery by-pass grafting - no. (%)	49 (4.8)	43 (4.2)

# Procedural characteristics

	iFR (N=1012)	FFR (N = 1007)	P Value
Radial artery approach - no. (%)	841 (83.1)	811 (80.5)	0.13
Contrast use, ml (median (IQR))	110 (80-155)	115 (80-160)	0.10
Procedure time, min (IQR)	50.8 (13.8-87.8)	53.1 (18.1-88.1)	0.09
Fluoroscopy time, min (median (IQR))	10.5 (6.3-16.8)	10.2 (6.5-16.0)	0.57
Total no. of lesions evaluated	1568	1436	
Mean no. of lesions evaluated (SD)	1.55 (0.86)	1.43 (0.70)	0.002
Functionally significant lesions - no. (%)	457 (29.2)	528 (36.8)	<0.0001
Mean no. of functionally significant lesions per patient (SD)	0.45 (0.71)	0.52 (0.68)	0.05
Mean iFR value (SD)	0.91 (0.10)		-
Mean FFR value (SD)		0.82 (0.10)	-

More lesions evaluated in iFR-group but fewer significant lesions

# Procedural characteristics (ii)

	iFR (N=1012)	FFR (N = 1007)	P Value
<b><i>Treated vessel - no. (%)</i></b>			<b>0.68</b>
Left Main	14 (1.5)	16 (1.6)	
LAD	434 (47.4)	469 (47.9)	
LCx	176 (19.3)	179 (18.3)	
RCA	164 (17.9)	196 (20.0)	
Missing data	127 (13.9)	120 (12.2)	
<b>Mean no. of stents per patient undergoing PCI mean (SD)</b>	<b>1.58 (1.08)</b>	<b>1.73 (1.19)</b>	<b>0.048</b>
Drug eluting stent - no. (%)	696 (99.7)	770 (97.8)	0.50
PCI as primary revascularization strategy - no. (%)	443 (43.8)	456 (45.3)	0.50
CABG as primary revascularization strategy - no. (%)	93 (9.2)	113 (11.2)	0.13
Total revascularization rates - no (%)	536 (53.0)	569 (56.5)	0.11

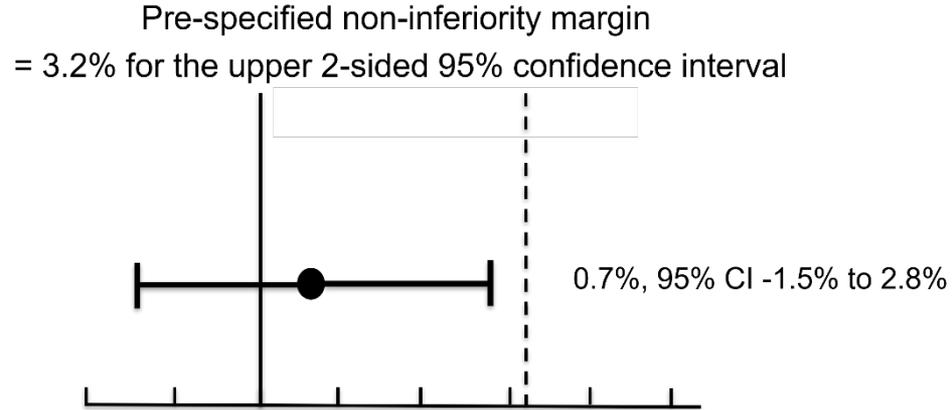
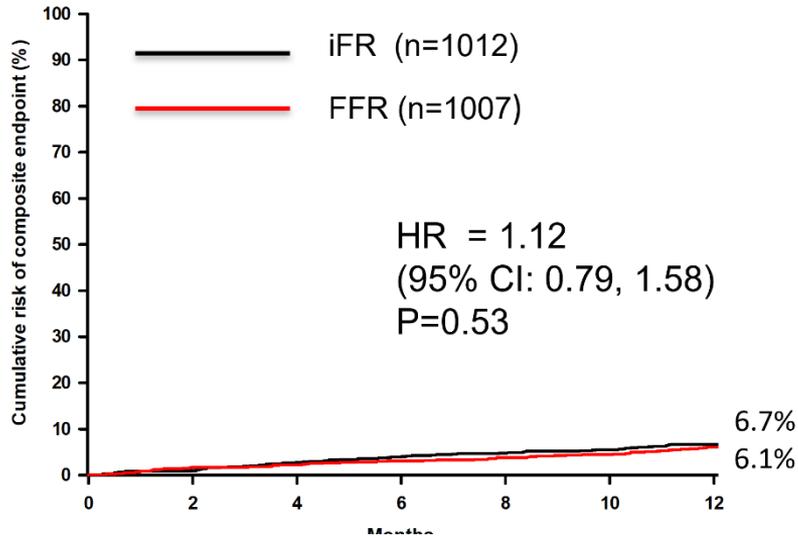
More stents deployed in FFR-group

# Primary Composite Endpoint at 12 months

all-cause death, MI, unplanned revascularization



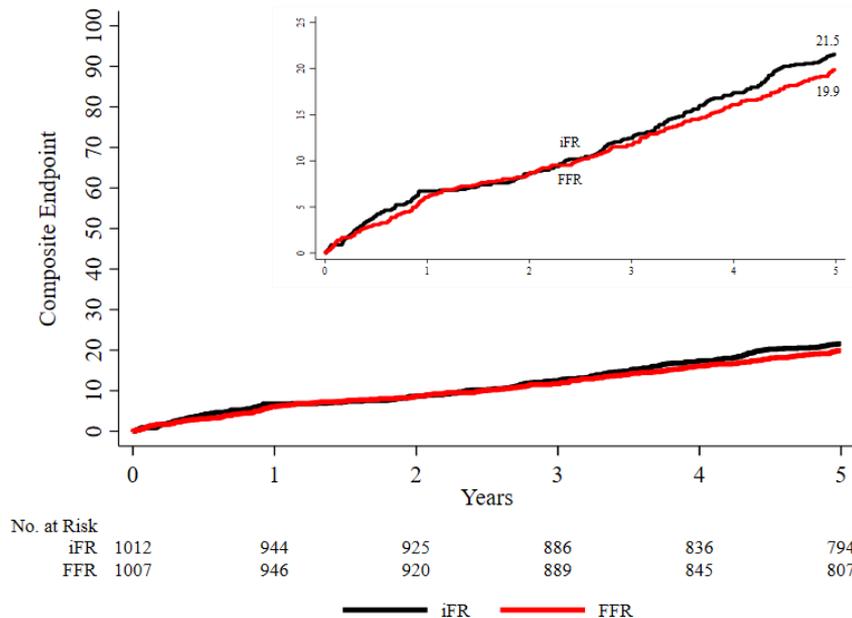
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iFR was non-inferior to FFR regarding primary composite endpoint at 12 months

# Composite Endpoint at 5 years

## all-cause death, MI, unplanned revascularization

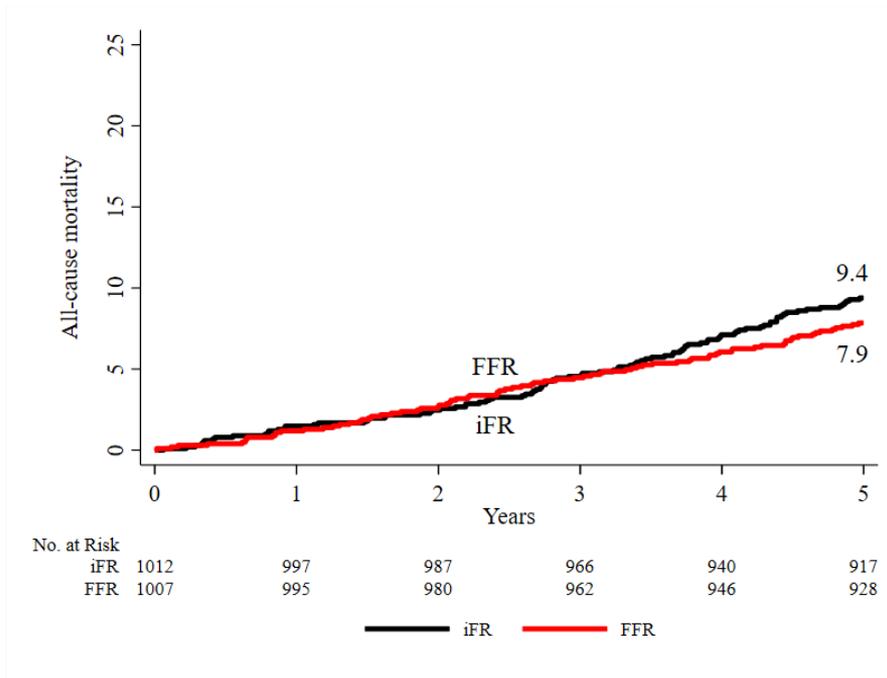


iFR 21.5%  
FFR 19.9%

HR 1.09; 95% CI: 0.90, 1.33

iFR no difference in composite outcome  
compared with FFR at 5 years

# All-cause mortality at 5 years

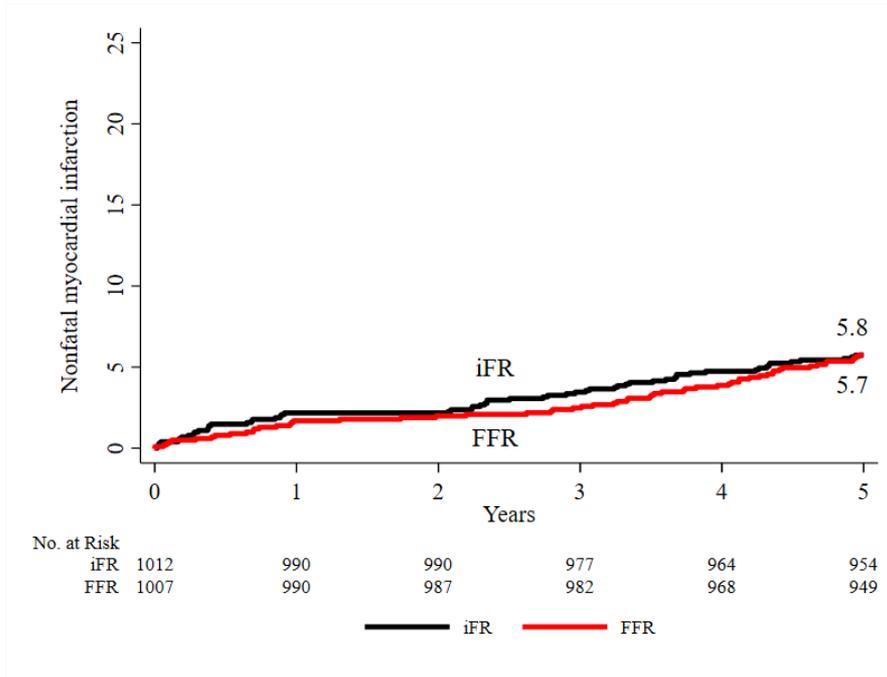


iFR 9.4%  
FFR 7.9%

HR 1.20; 95% CI: 0.89, 1.62

iFR no difference in all-cause mortality  
compared with FFR

# Myocardial infarction at 5 years

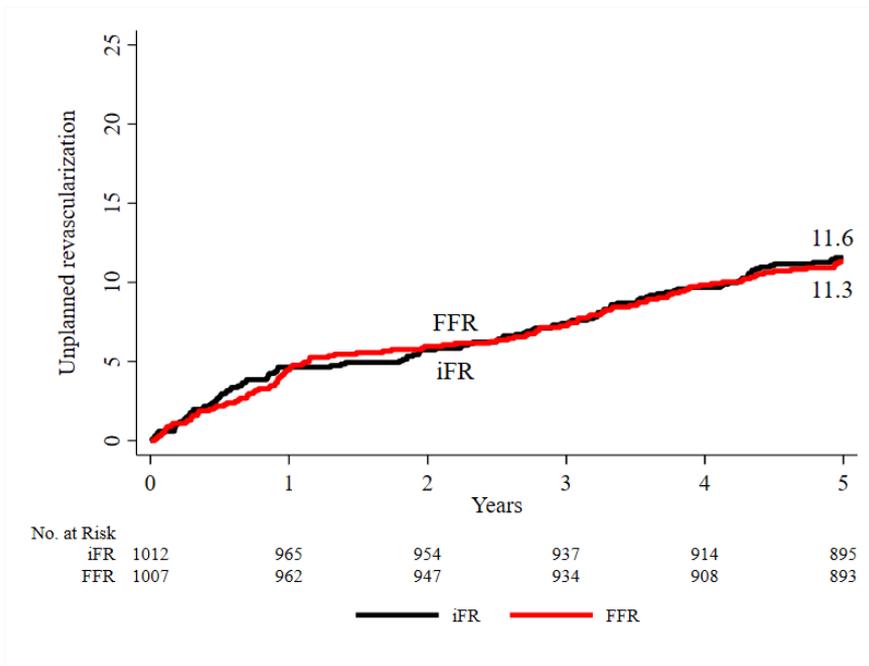


iFR 5.8%  
FFR 5.7%

HR 1.00; 95% CI: 0.70, 1.44

iFR no difference in non-fatal myocardial infarction  
compared with FFR

# Unplanned revascularization at 5 years



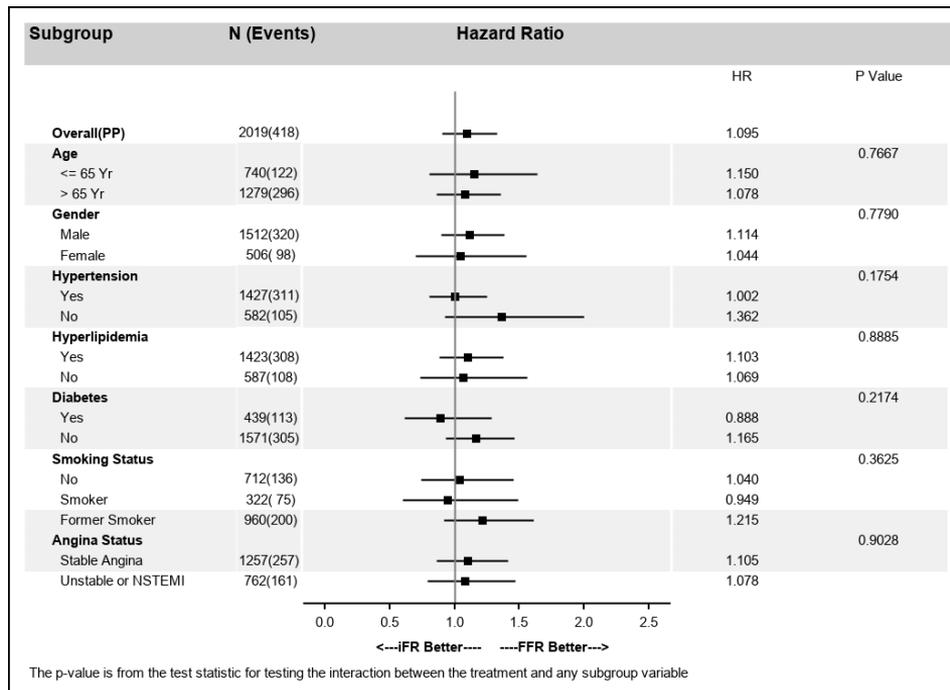
iFR 11.6%  
FFR 11.3%

HR 1.02; 95% CI: 0.79, 1.32

iFR no difference in unplanned revascularization  
compared with FFR

# Composite endpoint at 5-years

## Subgroup analysis



No difference in outcome in any of the pre-specified subgroups

# Summary iFR-Swedeheart

In patients with stable angina or acute coronary syndrome  
iFR provides no difference in outcome at 5-years compared with FFR

- The composite endpoint (all-cause death, MI, unplanned revasc)
- All-cause death
- Non-fatal myocardial infarction
- Unplanned revascularization
- Composite endpoint in pre-specified subgroups

# Conclusions



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The 5-year follow-up of iFR-SWEDHEART showed no difference in outcome, confirming the long-term safety and efficacy of revascularization guided by iFR compared with FFR