Outcomes of Percutaneous RevascularizaTIon for Management of SUrgically Ineligible Patients with Multivessel or Left Main Coronary Artery Disease: Primary Results from the OPTIMUM Registry

David E. Kandzari, Adam C. Salisbury, and J. Aaron Grantham on behalf of the OPTIMUM Investigators





Disclosure

Within the past 12 months, I or my spouse/partner have had a financial interest/arrangement or affiliation with the organization(s) listed below

Affiliation/Financial Relationship	Company
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Ownership/Founder	None
Intellectual Property Rights	None
Other Financial Benefit	None



Perspective

Surgical Ineligibility and Complex Left Main/Multivessel Coronary Disease

- Increasing prevalence: 1 in 5 patients with left main and/or multivessel disease may be deemed surgically ineligible¹
 - Increasing sensitivity to public reporting of outcomes and physician metrics
 - Historical sense of PCI as default therapy
 - Advancing 'CHIP' momentum and expanding interventional therapeutic toolbox
- Many factors that influence decision for operative ineligibility not captured in risk models
- Societal guidelines offer limited, if any, decision making in complex coronary disease when surgery is not an option
- Surgical turndown patients are systematically excluded from clinical trials; no data regarding health status outcomes following PCI procedures in these patients
- When selected for PCI, no consensus regarding goals of interventional revascularization (e.g, complete revascularization versus 'targeted' PCI)

OPTIMUM Study Design

Outcomes of Percutaneous Revascularization for Management of Surgically Ineligible Patients with Multivessel or Left Main Disease

750 surgically ineligible patients by Heart Team
enrolled at 22 US centers

PCI, N=726

Medical Therapy, N=24

1° Objective: 30-day/in-hospital mortality in PCI cohort compared with predicted STS surgical risk

Key 2° Objectives

- 30-day/in-hospital mortality in PCI cohort compared with (1) EuroSCORE II and (2) Surgeon's predicted risk
- SAQ, KCCQ at 6 and 12 months
- 12 month SAQ PCI complete vs incomplete revascularization

Additional Endpoints:

- Reasons for determination of CABG ineligibility
- Completeness of revascularization and predictors
- Predictors of survival and health status
- 30-day, 6 month and 1 year clinical, health status and economic outcomes
- Survival through 5 years

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Key Enrollment Criteria and Trial Conduct

Inclusion Criteria

- Age ≥ 18 years
- Unprotected left main stenosis of ≥50%, 3 vessel disease (stenoses ≥70%) or 2 vessel coronary disease (≥70%) with one lesion involving the proximal left anterior descending artery
- Patients with prior bypass surgery: ≥2 epicardial coronary distributions subtended by a severe native coronary stenosis with either no bypass graft supplying the vessel, a severely diseased (≥70% angiographic stenosis) bypass graft supplying the affected vessel
- Heart Team determination for coronary bypass surgery ineligibility

Exclusion Criteria

- Presentation with STEMI, ventricular arrhythmia or hemodynamic instability
- Expected survival of <1 year or any condition that would preclude ability for 1-year follow-up

Clinical events site reported with source document verification and adjudication of 30-day events Patient-reported health status outcomes at 6 months and 1 year

Independent Angiographic Core Laboratory: Cardiovascular Research Foundation, NY, NY Independent Clinical Events Adjudication: Mid America Heart Institute, Kansas City, MO

OPTIMUM Baseline Clinical Characteristics

	N= 726
Age, years	70.0 ± 10.9
Female	31.5%
Diabetes mellitus	56.6%
Prior MI	48.2%
Prior PCI	32.8%
Prior CABG	16.4%
Current smoking	18.2%
History of stroke	13.8%
Chronic kidney disease	37.2%
Atrial fibrillation	23.1%
Class III/IV heart failure	23.4%
LVEF, %	42.6 ± 16.3
Clinical presentation	
No angina	26.8%
Stable angina	35.5%
Unstable angina/ACS	37.7%

Data expressed as percent or mean \pm SD

Risk Characteristics and Reasons for Surgical Ineligibility

	N= 726
Poor distal target/conduit	18.9%
Severe LV dysfunction/non-viable myocardium	16.8%
Severe lung disease	10.1%
Frailty/immobility	9.7%
Prior sternotomy	8.7%
Advanced age	6.1%
Prior stroke/severe cerebrovascular disease	3.9%
Severe aortic calcification	3.4%
Renal impairment	3.2%
End-stage liver disease	2.2%
Morbid obesity	1.9%
Malignancy	1.5%
Systemic infection	1.4%
Other	12.4%

Data expressed as percent

Angiographic and Procedural Characteristics

Angiographic Characteristics	N= 726
Calcification, severe	82.5%
Bifurcation	80.2%
СТО	56.9%
Any lesion ≥20 mm	78.5%
Total lesion length (mm)	74.2 ± 46.4
SYNTAX Score (baseline)	32.4 ± 12.2
Low (0-22)	21.8%
Intermediate (23-32)	32.8%
High (≥33)	45.3%

Procedural Characteristics	N= 726
Stents/patient	3.2 ± 1.9
Left main PCI	38.2%
CTO PCI	20.3%
Atherectomy	32.0%
Hemodynamic support	27.0%
Intravascular imaging*	63.9%
Procedural complications (MI, CIN, perforation, emergency surgery, bleed)*	9.8%

Data expressed as percent or mean \pm SD. *Non-hierarchical

OPTIMUM Procedural Outcomes



Baseline and Post-PCI SYNTAX Scores

p <0.0001* 100 9.3 15 80 45.3 60 40 32.8 75.7 20 21.8 0 Pre Post ■ Low (≤22) Intermediate (23-32) ■ High (≥33)

*p-value represents McNemar-Bowker Test

Percent of Patients (%)

OPTIMUM Surgical Risk Prediction, 30-day/In-hospital Mortality

	N= 726
STS Predicted Mortality	5.3 ± 5.7
EuroSCORE II Predicted Mortality	5.7 ± 5.4
Surgeon's Predicted Mortality	10.4 ± 12.3

OPTIMUM Surgical Risk Prediction, 30-day/In-hospital Mortality

	N= 726
STS Predicted Mortality	5.3 ± 5.7
EuroSCORE II Predicted Mortality	5.7 ± 5.4
Surgeon's Predicted Mortality	10.4 ± 12.3
Observed 30-day/In-hospital Mortality	5.6

Data expressed as percent

OPTIMUM 30-day/In-hospital Mortality and Observed/Expected Estimates

	N= 726	STS		• 1.06 (0.75, 1.38)
Death, 30 Days	5.6%			
In-hospital	3.0%	EuroScore II		•
Post-discharge	2.6%	Suraeon predicted	_	0.59 (0.42, 0.76)
Death, 6 Months	12.3%			1
		0.25	0.5	1 2
			Mortal	ity Rate
			Observed	I/Expected

100% 30-day follow-up regarding survival status; confidence intervals calculated using bootstrap samples

OPTIMUM Patient-reported Health Status



Baseline and 6-Month Health Status

Baseline and 6-Month SAQ Angina Frequency

30 Day Mortality and 6 Month Change in Health Status According to Completeness of Revascularization





Outcomes of Percutaneous Revascularization for Management of Surgically Ineligible Patients with Multivessel or Left Main Disease

- Patients deemed prohibitive risk for CABG who undergo PCI have complex clinical profiles and high disease burden that are incompletely represented by surgical prediction models
- Following complex PCI, short-term mortality rates are similar to predicted mortality using surgical risk models, but considerably lower than the evaluating surgeon's estimates
- PCI is associated with significant, meaningful improvements in patients' symptom burden, physical function and quality of life
 - Findings underscore the potential of revascularization to improve patients' health status if it can be performed safely, even if surgery is not an option
- These findings inform decision making and outcomes for a high-risk and largely unstudied patient population relative to risk/benefit, procedural strategies and completeness of revascularization with complex PCI

