



Breakout Group: Myocarditis/Cardiomyopathy and COVID-19

Session Lead: Larry Allen, MD, FACC

Key Clinical Topics:

- ❖ Acute myocarditis
- ❖ Cardiomyopathies

Discussion Points:

- ❖ Spectrum of acute myocarditis during COVID, period of vulnerability, possible / probable / definite
- ❖ Frequency of hemodynamically significant and fulminant myocarditis
- ❖ Contribution of stress CM / takotsubo and other non-cytopathic COVID effects to acute myocardial dysfunction
- ❖ Reversibility versus long-term myocardial effects (e.g., LGE without edema)
- ❖ Role of biomarkers, MRI/imaging, and biopsy – acutely and in follow up
- ❖ Acute and long-term treatments
- ❖ Post-vaccination myocarditis
- ❖ Products from this roundtable that would be helpful to patients and clinicians

Participants:

Enrico Ammirati, MD, PhD

Attending Physician
Niguarda Hospital, Milano, Italy

Anuradha Lala-Trindade, MD, FACC

Assistant Professor of Medicine, Cardiology
Assistant Professor, Population Health Science
and Policy
Icahn School of Medicine at Mount Sinai

Alexander Lyon, MA, BM, BCh, PhD

Consultant Cardiologist
Royal Brompton Hospital
Senior Lecturer
Imperial College London

Thomas M. Maddox, MD, MSc, FACC

Executive Director of the Healthcare Innovation Lab
BJC HealthCare and Washington University
School of Medicine
Professor of Medicine
Washington University School of Medicine

Elmir Omerovic, MD, PhD

Professor of Cardiology
Sahlgrenska University Hospital
University of Gothenburg, Sweden

Valentina O. Püntmann, MD, PhD

Associate Professor
Deputy Head, Goethe CVI Fellowship Programme
Consultant Physician, Cardiologist and
Clinical Pharmacologist
University Hospital Frankfurt, Germany

Saurabh Rajpal, MBBS, MD, FACC

The Ohio State University

Mike Salerno, MD

Associate Professor
UVA Health

Jay W. Schneider, MD, PhD

Discovery Engine/Todd and Karen Wanek
Family Program
for Hypoplastic Left Heart Syndrome
Mayo Clinic

Ravi Shah, MD

Assistant Professor of Medicine
Massachusetts General Hospital

Jitka Starekova, MD

Visiting Assistant Professor
University of Wisconsin-Madison