

Breakout Group: Post-Acute Sequelae of SARS-CoV-2 (PASC) or Long COVID

Session Lead: Erica S. Spatz, MD, FACC

Key Clinical Topics:

1. Diagnostic evaluation
2. Treatment/Recovery

Discussion Points:

- ❖ Symptoms:
 - Common CV manifestations of PASC
 - Which symptoms/symptom course should prompt cardiology referral?
- ❖ Diagnosis:
 - Dominant phenotypes or cardiac diagnoses of long Covid
 - Which diseases should we rule out; in whom?
 - Practical diagnostic evaluation
 - Which bedside tests should be a standard?
 - When to order imaging; functional testing?
- ❖ Treatment
 - Treat the disease
 - Exercise therapy (e.g., Levine protocol for POTS; diaphragmatic breathing; biofeedback)?
- ❖ Next steps
 - Deliverables/products would be most helpful for patients, clinicians
 - Priority areas for research

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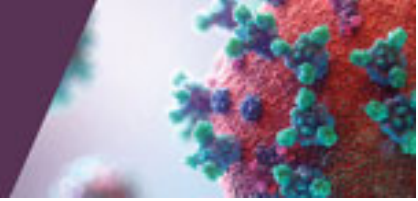
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