



Breakout Group: Resumption of Exercise and Sports After COVID-19

Session Lead: Eugene Chung, MD, FACC

Key Clinical Topics:

- ❖ What have we learned since the October 2020 updated algorithm ([Kim J et al, JAMA Cardiology](#))
- ❖ What is the role of CMR in RTP screening?

Discussion Points:

- ❖ Pediatric recommendations (12-16yo)
- ❖ Recreational and adult athlete specific recommendations (>35yo)
- ❖ Impact of non-myocarditis effects (e.g., arrhythmia, dyspnea, fatigue, dysautonomia)
- ❖ Impact of long hauler signs and symptoms on RTP
- ❖ Other screening modalities (e.g., wearables)

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