

Figure 12

Use this checklist as a guide for communication with continuing care providers about pertinent patient information and potential issues.

Hospital Course

- Reason for admission
- Sentinel symptoms
- Congestion status
 - Admission, discharge, and target weight
 - Admission and discharge kidney function
 - Diuretic dosing
 - Rescue dosing
- Unexpected events

Planned Therapies and Monitoring

- Plan for initiation, titration, and optimization of GDMT
 - ACE/ARB
 - Beta blockers
 - Aldosterone antagonists
 - ARNI
 - Ivabradine
 - Hydralazine/isosorbide
- Plan to monitor electrolytes and kidney function
- Follow-up for pending or planned diagnostic tests
- Plan for EP consult if sudden death risk or potential candidate for device therapy
- Recommendations for when to assess response to therapy
- Pneumovax and influenza vaccination

Follow-up Related to Comorbidities

- Kidney function
- Diabetes
- Sleep-disordered breathing
- Depression
- Anemia
- Other

Psychosocial Issues Relevant to Ongoing Adherence

Contingency Plan

- Diagnostic uncertainty
- What could go wrong and expected action plan

Advance Care Planning or Goals of Care Discussions

