

Table 9

The table is intended to guide clinician-patient discussions on goals of care and advance care planning.

Advance Care Planning Discussion

Assess Readiness to Discuss Goals of Care
Assess Understanding of Prognosis
Confirm/Discuss Goals of Care <ul style="list-style-type: none">• Confirm/Elicit patient values and preferences pertaining to quality of life and life prolongation (cultural, religious).• Discuss aspects of what the patient would consider an unacceptable quality of life.• Discuss benefits/burdens of reasonable therapeutic options.
Confirm/Establish Surrogate Decision Maker <ul style="list-style-type: none">• Person best able and willing to represent patient's values and preferences and patient's best interests.
Establish/Reassess Code Status <ul style="list-style-type: none">• Based on Goals of Care Discussion.• Do Not Attempt Resuscitation (DNAR).• Full Code.• Attempt shock without other measures.
Discuss Management of Defibrillator when appropriate <ul style="list-style-type: none">• Pacing function is often left intact even if defibrillation is deactivated.
Determine need for specialist palliative care consultation