Clinical Trajectories and Their Implications for Therapy

Figure 4
Use figures 4 (this page) 7, 8, and 9 (next page) to assess a patient’s daily clinical trajectory. These trajectories translate into different management strategies throughout the hospitalization and post-discharge.

Trajectory Assessment and Next Steps

- **Improving towards target**
- **Continue toward decongestion**
- **If on track to reach decongestion, consider optimization of GDMT**

**Trajectory check**

- **Initial improvement, then stalled**

- **Not improved/worsening**

**GDMT= guideline-directed medical therapy**