Global Lipid Management Training: Post-Assessment

Thank you for completing this brief survey. Your responses are confidential and reported in aggregate.

Items with an asterisk (*) must be completed before proceeding to the next page.

Trainer Workshop Information

Please select the trainer for the workshop you attended.*

- ❍ Adriana Bertolami
- ❍ Adriano Meneghini
- ❍ Aloísio Marchi da Rocha
- ❍ Amanda Fonseca Bacchin
- ❍ Antônio Carlos Palandri Chagas
- ❍ Antonio Claudio do Amaral Baruzzi
- ❍ Augusto Armando de Lucca Jr.
- ❍ Bernardo Abreu
- ❍ Carla Janice Baister Lantieri
- ❍ Carlos Costa Magalhães
- ❍ Dalton Bertolim Précoma
- ❍ Daniel Branco de Araújo
- ❍ Flávio Tocci Moreira
- ❍ Francisco Antonio Helfenstein Fonseca
- ❍ João Fernando M Ferreira
- ❍ José Marcos de Gois
- ❍ Luiz Antonio de Almeida Campos
- ❍ Márcio Hiroshi Miname
- ❍ Miguel Antonio Moretti
- ❍ Oscar Pereira Dutra
- ❍ Paulo Eduardo Ballve Behr
- ❍ Paulo José Bertini
- ❍ Pedro Pimentel Filho
- ❍ Renato Jorge Alves
- ❍ Ricardo Pavanello
- ❍ Salete Nacif
- ❍ Viviane Zorzanelli Rocha Giraldez
- ❍ Bruno Caramelli
- ❍ Emilton Lima Junior
- ❍ Harry Correa
- ❍ Henrique Tria Bianco
- ❍ Jose Carlos Nicolau
- ❍ Jose Ernesto
- ❍ Maria Helane Gurgel
- ❍ Mauricio Alves Barreto
- ❍ Otavio Mangili
- ❍ Patricia Abaurre Moulim Machado
- ❍ Pedro Silvio Farsky
- ❍ Sergio Kaiser

- ❍ Tania Leme da Rocha Martinez
- ❍ Marcelo Assad
- ❍ Ricardo Rodrigues
- ❍ Other _____

Please select the date of the workshop you attended.*

_____

Participant Information

1. Profession*
- ❍ CNS
- ❍ MD/DO
- ❍ NP
- ❍ PA
- ❍ Pharmacist
- ❍ PhD
- ❍ RN
- ❍ Tech
- ❍ Other _____

2. Specialty*
- ❍ Adult Cardiology
- ❍ Pediatric Cardiology
- ❍ CV Surgery
- ❍ Family/General Practice
- ❍ Internal Medicine
- ❍ Pharmacology
- ❍ Radiology
- ❍ Other _____

3. Current Practice Setting* (Select all that apply.)
- ❑ Public Hospital
- ❑ Private Hospital
- ❑ Primary Care Private Practice
- ❑ Community Health Center
- ❑ Medical School/University
- ❑ Other _____

4. Years of Experience in Cardiology*
- ❍ 0 to 5 years
- ❍ 6 to 10 years
- ❍ 11 to 20 years
- ❍ 21 to 30 years
- ❍ 31+ years

5. On average, how many patients requiring lipid management do you provide care to in a week?*

(If not applicable, enter 0 in the text box.)

Patients _____

6. Please rate your ability to <u>do</u> the following at each time point below:*

BEFORE the Course

	Very Poor	Poor	Fair	Good	Very Good
Demonstrate proficiency in lipid risk assessment, evaluation and management including high-risk patients	❍	❍	❍	❍	❍

AFTER the Course

	Very Poor	Poor	Fair	Good	Very Good
Demonstrate proficiency in lipid risk assessment, evaluation and management including high-risk patients	❍	❍	❍	❍	❍

7. Indicate your level of agreement with the following statements about the course.*

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	N/A
I found the topics relevant to my practice/program.	❍	❍	❍	❍	❍	❍
The instructor presented concepts and techniques clearly.	❍	❍	❍	❍	❍	❍
Appropriate time was allocated for active learning and practice.	❍	❍	❍	❍	❍	❍
The instructor provided relevant guidance and feedback.	❍	❍	❍	❍	❍	❍
The instructor provided a positive, interactive learning environment.	❍	❍	❍	❍	❍	❍
Learning from this course will enhance my professional effectiveness.	❍	❍	❍	❍	❍	❍
Overall, I am satisfied with this course.	❍	❍	❍	❍	❍	❍

8. Please provide constructive feedback about the *course instructor*.

_____

_____

_____

9. Select the practice improvement you plan to implement as a result of attending this course.*

❍ I will improve my ability to identify residual risk of hyperdyslipidemia

❍ I will improve my ability to differentiate those patients that would benefit from PCSK9 inhibitor therapy

❍ Other _____

10. What barriers might impact your progress toward continued practice improvements?* (Select all that apply)

❑ Budget constraints
❑ Competing priorities/time constraints
❑ Lack of leadership support
❑ Lack of staff to assist (personnel constraints)
❑ Low personal priority
❑ Need for additional education/training
❑ Organizational/structural challenges
❑ Patient non-compliance
❑ No barriers expected
❑ Other _____
❑ N/A

11. What educational strategies or resources would help you achieve the intended improvements in your practice?*

_____
_____
_____

12. Please provide any general feedback about the lipid management course.

_____
_____
_____

Decision-Making Questions

The following questions are designed to help you and the faculty gauge your current understanding of key concepts related to the clinical content. Responses are confidential and reported in aggregate.

Your overall results will be provided to you on the next page.

1. Which ONE of the following statements regarding the mechanism of action of PCSK9 inihibitors is CORRECT?

❍ A) Reduced hepatic production of LDL-C by inhibition of ATP citrate lyase

❍ B) Increased LDL receptor (LDLR) surface density via increase in LDLR recycling and reduced LDLR degradation

❍ C) PCSK9 inhibitor binding to circulating LDL particle to prevent binding to LDLR

❍ D) Binds to LDLR to prevent uptake of circulating LDL particles

2. Which ONE of the following patient groups has randomized control trial (RCT) evidence of cardiovascular outcomes benefits with PSCK9 inhibitors added to maximally tolerated statin therapy?

- ❍ A) Acute coronary syndrome and history of heart failure with reduced ejection fraction
- ❍ B) Diabetes with Stage 3b chronic kidney disease
- ❍ C) Acute coronary syndrome and clinical ASCVD with high-risk features
- ❍ D) Clinical ASCVD and history of heart failure with preserved ejection fraction

3. Which ONE of the following statements regarding the efficacy of LDL-C lowering with PCSK9 inhibitors is CORRECT?

- ❍ A) LDL-C lowering efficacy is similar across patient groups, dietary patterns, and baseline lipid lowering therapy.
- ❍ B) LDL-C lowering efficacy is greatest in high-risk patients with diabetes
- ❍ C) LDL-C lowering efficacy is reduced in patients with elevated Lp(a)
- ❍ D) LDL-C lowering efficacy is enhanced in patients with homozygous familial hypercholesterolemia

4. Which ONE of the following is CORRECT regarding the safety of PCSK9 inhibitors?

- ❍ A) Patients with prediabetes have increased risk of new onset diabetes.
- ❍ B) There is a modest increase in risk of elevated hepatic transaminases which used in combination with high intensity statin therapy.
- ❍ C) There is no increase in symptoms of cognitive dysfunction in RCTs of PCSK9 inhbitors.
- ❍ D) Patients with history of statin intolerance have increased risk of recurrent myalgias with PSCK9 inhibitors.

5. A 68-year-old man with history of PCI of mid-LAD due to angina in 2012 presents with NSTEMI. At cardiac catheterization he is found to have 90% obstruction of proximal RCA and 50% stenosis of OM1. He had discontinued tobacco use following his previous PCI, but recently resumed 1/2 pack of cigarettes daily. He has well-controlled diabetes with most recent A1c of 6.6%. He has ankle brachial index of 0.8 but is not limited by claudication.

His current medications include aspirin 81 mg daily, clopidogrel 75 mg daily, metoprolol succinate 50 mg daily, lisinopril 5 mg daily, metformin 750 mg twice daily, and atorvastatin 40 g daily.

His most recent lipid panel on atorvastatin 40 mg shows total cholesterol 151 mg/dl (mmol/L), HDL-C 38 mg/dL (mmol/L), LDL-C 108 mg/dL (mmol/L), and triglycerides 125 mg/dL (mmol/L). The patient has achieved 38% lowering of LDL-C from baseline.

According to the ACC Expert Consensus Decision Pathway on the Role of Non-statin Therapies, which ONE of the following modifications to therapy is indicated?

- ❍ A) No change in therapy is indicated as patient has achieved anticipated %LDL-C reduction with high-intensity statin therapy and LDL-C goal.
- ❍ B) Reduce atorvastatin to 20 mg daily and add PCSK9 inhibitor.
- ❍ C) Reduce atorvastatin to 20 mg daily and add ezetimibe.
- ❍ D) Continue current dose of statin and add either ezetimibe or PCSK9 inhibitor.

6. Which ONE of the following statements is CORRECT regarding very low levels of LDL-C achieved with PCSK9 inhibitors added to maximally tolerated statin therapy?

- ❍ A) Achieved LDL-C <20 mg/dL (0.5 mmol/L) is associated with increased risk of new onset diabetes.
- ❍ B) RCTs have demonstrated NO increase in adverse effects of very low levels of LDL-C in ~3 year follow-up with PCSK9 inhibitor therapy added to maximally tolerated statin therapy.

❍ C) When achieved LDL-C <30 mg/dL (mmol/L) the intensity of statin therapy should be reduced to maintain LDL-C >50 mg/dL.

❍ D) When achieved LDL-C <30 mg/dL (mmol/L), ezetimibe should be discontinued and statin intensity should be reduced.

CERTIFICATE

Please type your name and credentials as you would like them to appear on the certificate.

Name:

_____

Please enter the email address where you would like to receive this certificate.
Please note that your email address will not be used for any other purpose and your information will not be shared.

Email:

_____

Thank you for your participation.