



ACC Latin America Conference 2017



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GLOBAL EXPERTS, LOCAL LEARNING



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Conference 2017



ACC.17[®]
66th Annual Scientific Session & Expo

Levosimendan In Patients With Left Ventricular Systolic Dysfunction Undergoing Cardiac Surgery With Cardiopulmonary Bypass

PRIMARY RESULTS OF THE LEVO-CTS TRIAL

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Rajendra H. Mehta, Jeffrey D. Leimberger, Stephen Fremes, John Lubner, Wolfgang Toller, Matthias Heringlake, Jerrold H. Levy, Robert A. Harrington, Kevin J. Anstrom

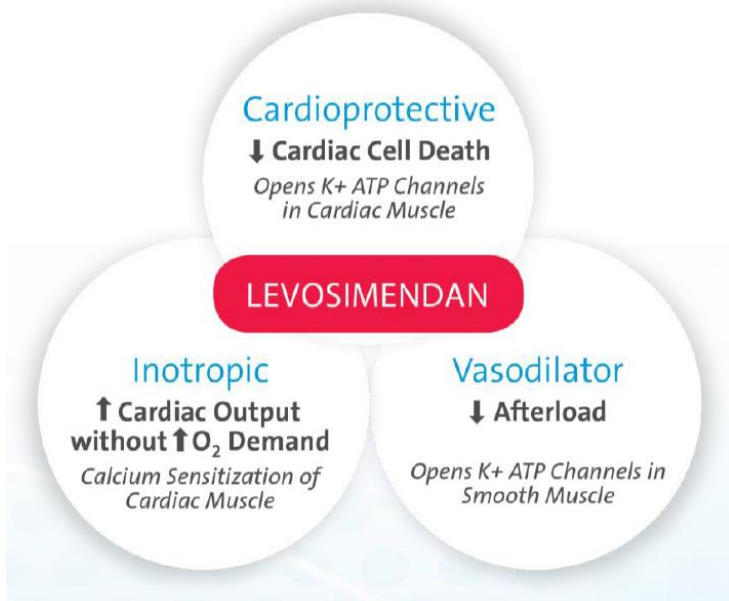
on behalf of the LEVO-CTS Investigators



Background



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**Levosimendan is not
approved by FDA**

Hemodynamic effects and mortality rates of levosimendan vs dobutamine

Levosimenda n	Dobutamin e	HR (95% CI)	p value
28%	15%	1.9 (1.1-3.3)	0.022
26%	38%	0.57 (0.34- 0.95)	0.029

Follath F et al. Lancet 2002, julio 20

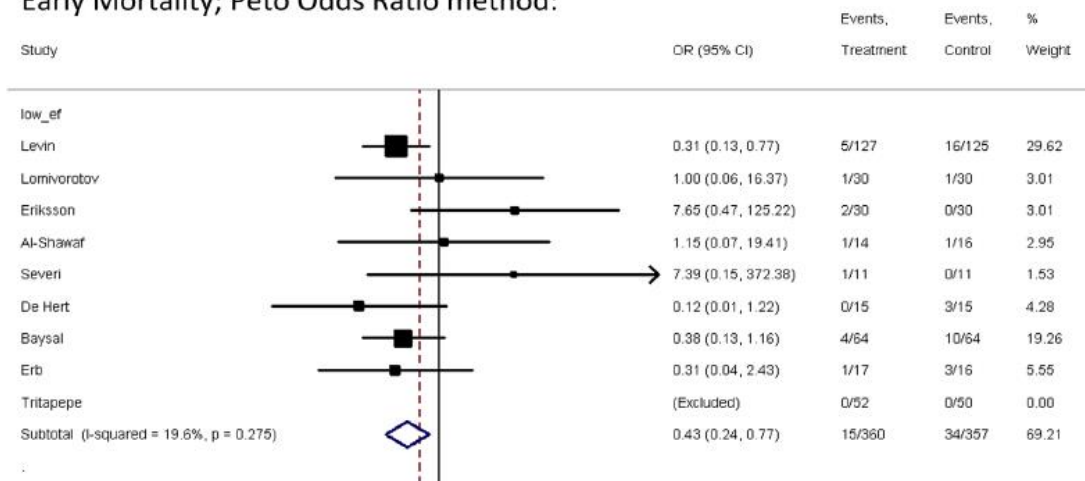
Background



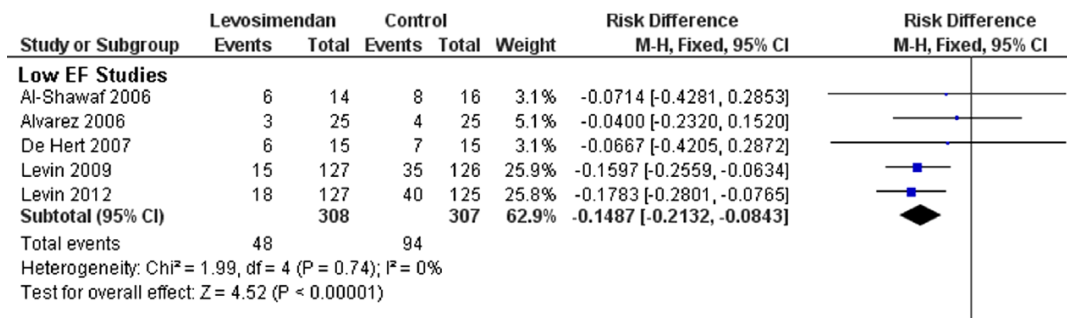
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Early Mortality

Early Mortality; Peto Odds Ratio method:



Harrison RW et al . J Cardiothorac Vasc Anesth 2013; 14



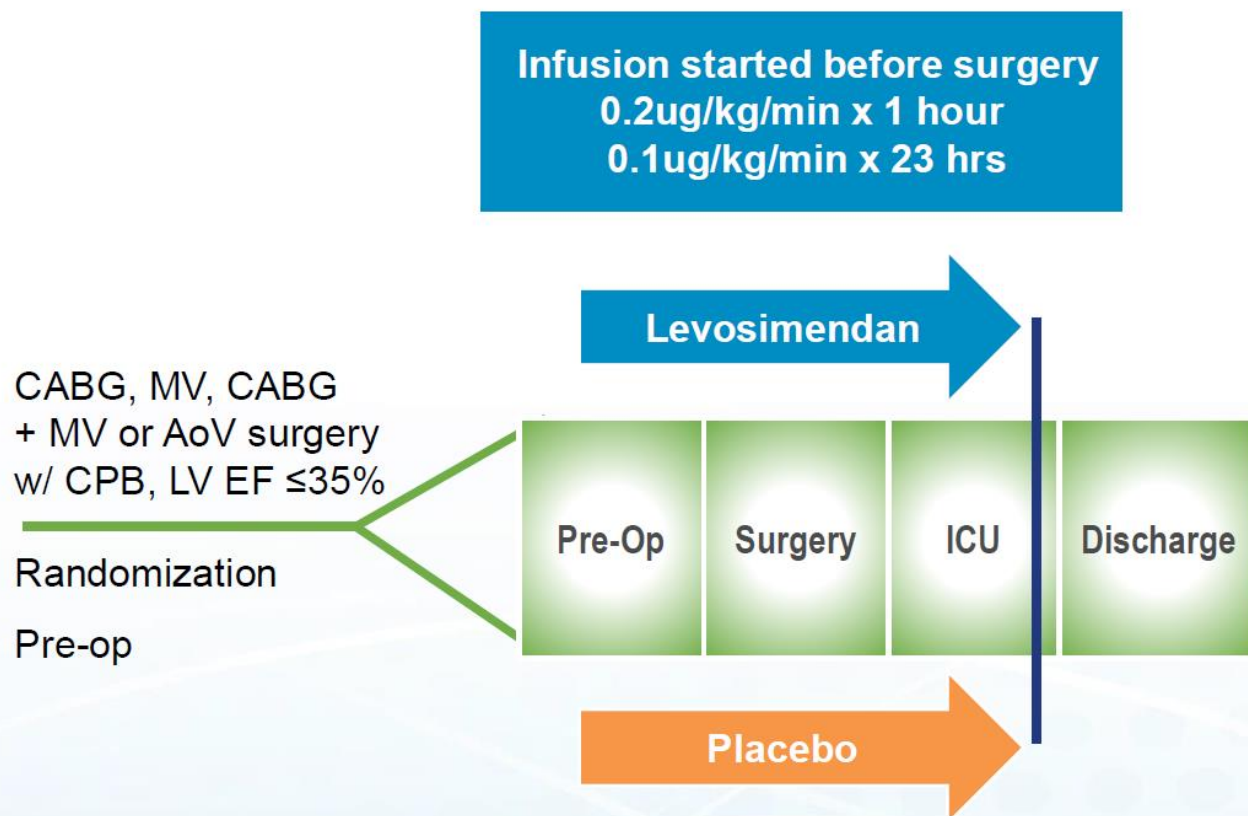
Ju Yong Lim et al . J Card Surg 2015; 30

Design



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Multicenter, Prospective, Randomized, Double blind, Placebo controlled



Co-primary outcomes*

- **Quad:** death ($\leq 30d$), dialysis ($\leq 30d$), MI ($\leq 5d$), mechanical assist ($\leq 5d$)
- **Dual:** death ($\leq 30d$), mechanical assist ($\leq 5d$)

Secondary outcomes

- Low cardiac output syndrome
- Use of secondary inotropes beyond 24 hr
- ICU length of stay

Safety outcomes

- Hypotension
- Atrial fibrillation
- 90-day vital status

**Analysis of co-primary outcomes adjusted for covariates of age, sex, LV EF, and type of surgery.*

Other therapies standard of care

Baseline Characteristics

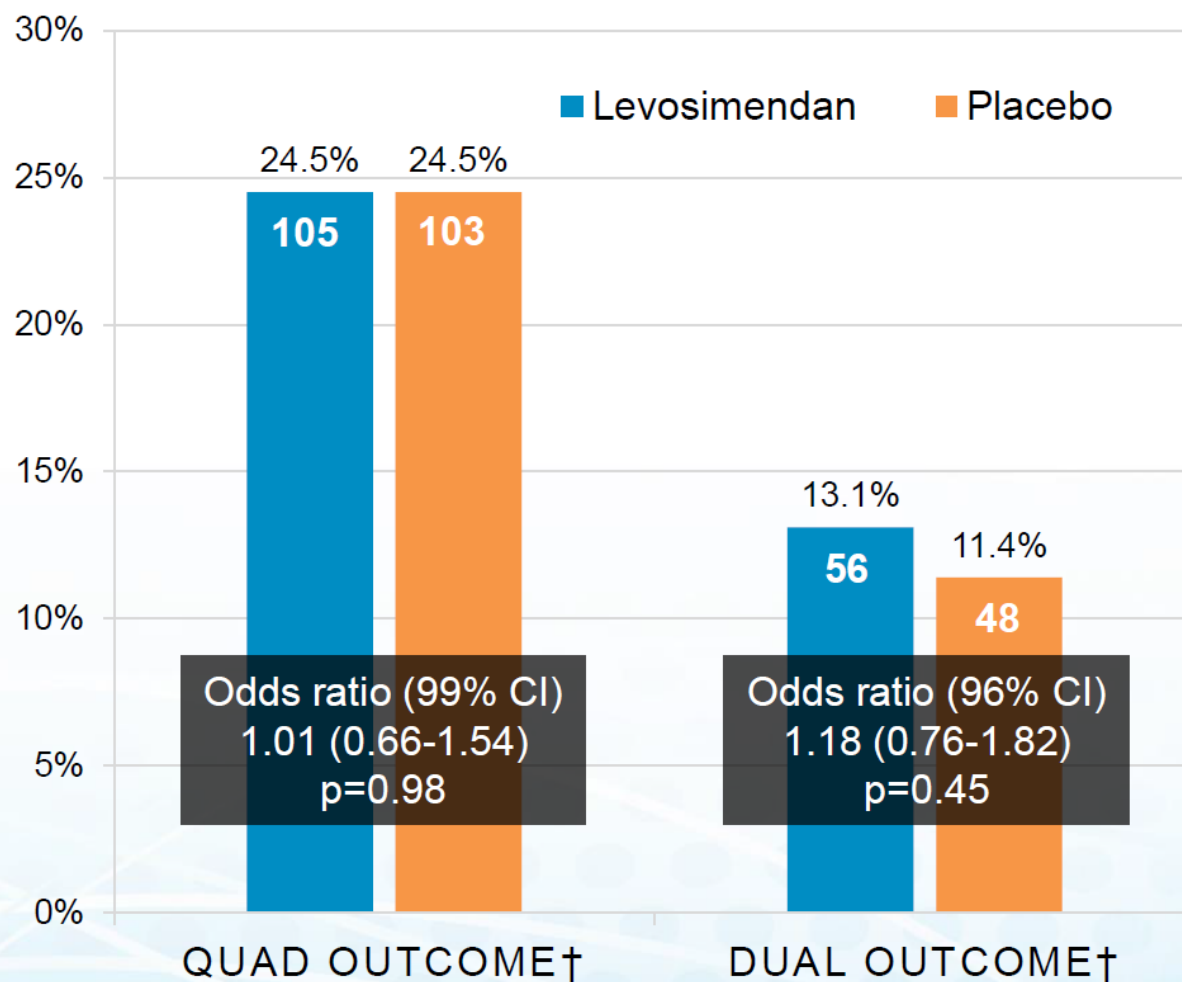
	Levosimendan n=428	Placebo n=421
Age, median (25th, 75th), years	65 (59, 73)	65 (58, 72)
Female sex	18.9%	21.1%
White race	91.0%	89.5%
LV EF, median (25th, 75th), %	26 (24, 32)	27 (22, 31)
Surgery type		
CABG	66.1%	66.5%
CABG + Aortic valve	8.4%	8.1%
CABG + Mitral valve	11.7%	11.4%
CABG + Mitral + Aortic valve	2.3%	2.4%
Mitral valve	8.4%	7.4%
Mitral + aortic valve	2.3%	3.3%
Aortic valve	0.7%	0.7%



Co-Primary Outcomes

Quad Outcome = death, dialysis, MI
or mechanical assist device use

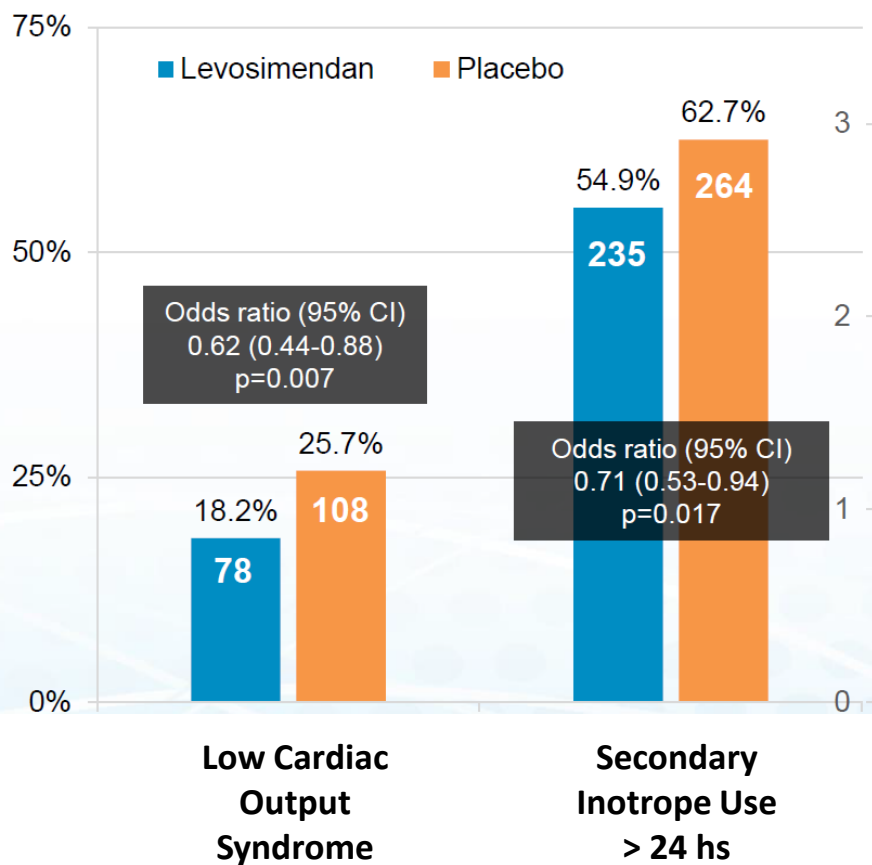
Dual Outcome = death or
mechanical assist device use



†Adjusted for covariates: type of surgery, LVEF, age, sex



Secondary Outcomes



30-Day Safety Outcomes

	Levosimendan n=428	Placebo n=421	p-value
Hypotension	155 (36.2%)	138 (32.8%)	0.29
Atrial fibrillation	163 (38.1%)	139 (33.0%)	0.12
VT / VF	46 (10.7%)	41 (9.7%)	0.63
Stroke	15 (3.5%)	10 (2.4%)	0.33
Rehospitalization	54 (12.6%)	48 (11.4%)	0.55

Conclusions



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▪ Levosimendan,

given **Prophylactically prior to cardiac surgery**
to patients with **reduced left ventricular function**

Had no effect on the co-primary outcomes of:

- Death, Dialysis, MI or mechanical assist device use
- Death or mechanical assist device use

As an inotrope was **effective and safe** to increase
cardiac output



THE NEW ENGLAND JOURNAL OF MEDICINE

ORIGINAL ARTICLE

Levosimendan in Patients with Left Ventricular Dysfunction Undergoing Cardiac Surgery

R.H. Mehta, J.D. Leimberger, S. van Diepen, J. Meza, A. Wang, R. Jankowich, R.W. Harrison, D. Hay, S. Fremes, A. Duncan, E.G. Soltesz, J. Lubner, S. Park, M. Argenziano, E. Murphy, R. Marcel, D. Kalavrouziotis, D. Nagpal, J. Bozinovski, W. Toller, M. Heringlake, S.G. Goodman, J.H. Levy, R.A. Harrington, K.J. Anstrom, and J.H. Alexander, for the LEVO-CTS Investigators*

Mehta RH et al. N Engl J Med 2017; 376