



MEXICO CITY

JUNE 22 - 24, 2017

GLOBAL EXPERTS, LOCAL LEARNING



Case Study

Presenters:

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Hospital Universitario UANL Mty, Mex.



Patient

• Gender: Male

• Age: 39

Occupation: Production Supervisor

• Religion : Catholic

Civil Status: Married



History of the current illness

- He presents with dyspnea and orthopnea over past seven days.
- Denies chest pain. Has had palpitations on and off for the past two weeks. No fever or cough. He has been taking all of his medications



Background

- Allergies: No known drug allergies (NKDA).
- Tobacco history: Smoked 2 packs a month; quit when he was diagnosed with pre-diabetes.
- Alcohol history: Drinks 2 beer a week.
- Family history: Mother "tachyarrhythmia" carrier of a bicameral pacemaker; father deceased (age 70, colon cancer); 1 brother SVT



Past medical history:

- Appendicectomy 20 years ago
- •LBBB dx 7 years ago in a medical check-up no other abnormalities
- Pre-syncope single episode 6 years ago
- •Fasting glucose intolerance (prediabetes) and hyperlipidemia managed according to guidelines dx 5 years ago
- •Atrial flutter dx 5 years ago treated with elective cardioversion (atrial thrombi discarded by TEE), converted to sinus rhythm.
- •Last reported electrocardiogram (January 2017) 1st degree AV block and LBBB.



Medications:

- Aspirin 100mg qd
- Ezetimibe/Simvastatine 10/20mg qd
- Metformin XR 500mg qd



Physical exam

Vitals

BP = 134/82 mm Hg
HR= 88 bpm at rest
irregularly irregular
 pattern
BR= 13 bmp

SatO₂: 95% RA

T°: 37.6°C

Height: 1.7 m

Weight: 80 kg

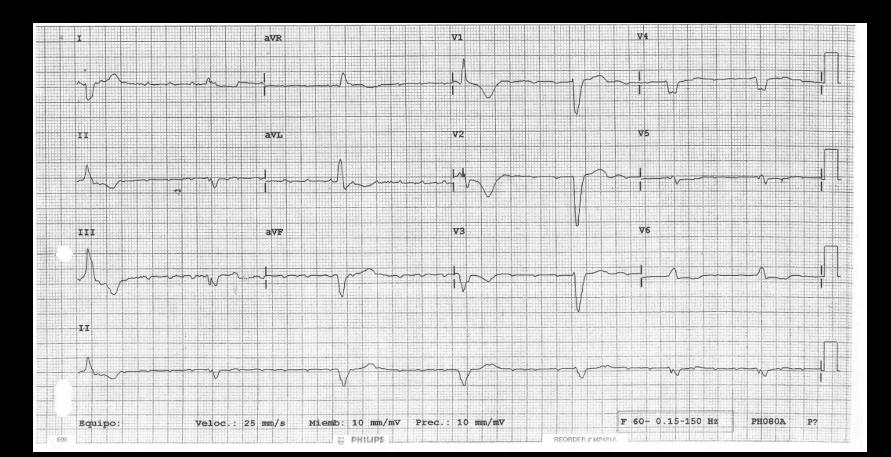
BMI: 27.68 Kg/m²

The remainder of his examination is completely normal with no clinical evidence of right- or left-sided congestive heart failure.



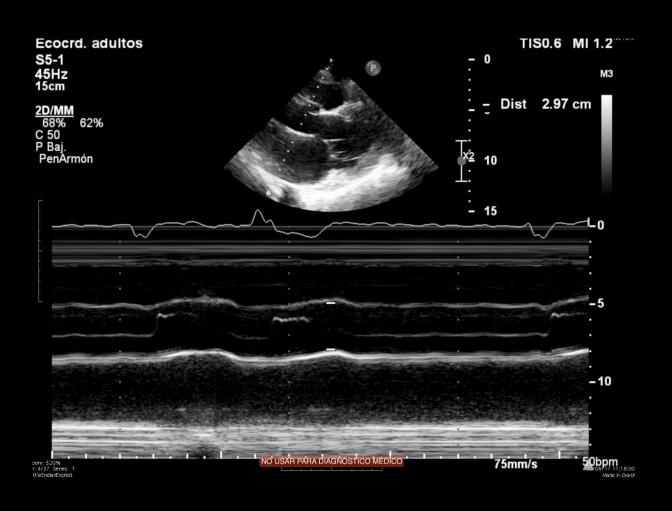
Lab's

- Chem: Glu 102/Creat 0.9/BUN 18.
- Electrolytes normal.
- Urinalysis normal.
- CBC normal.
- LFT's normal, INR 1.1
- **TFT** TSH 3.2 FT4 1.53

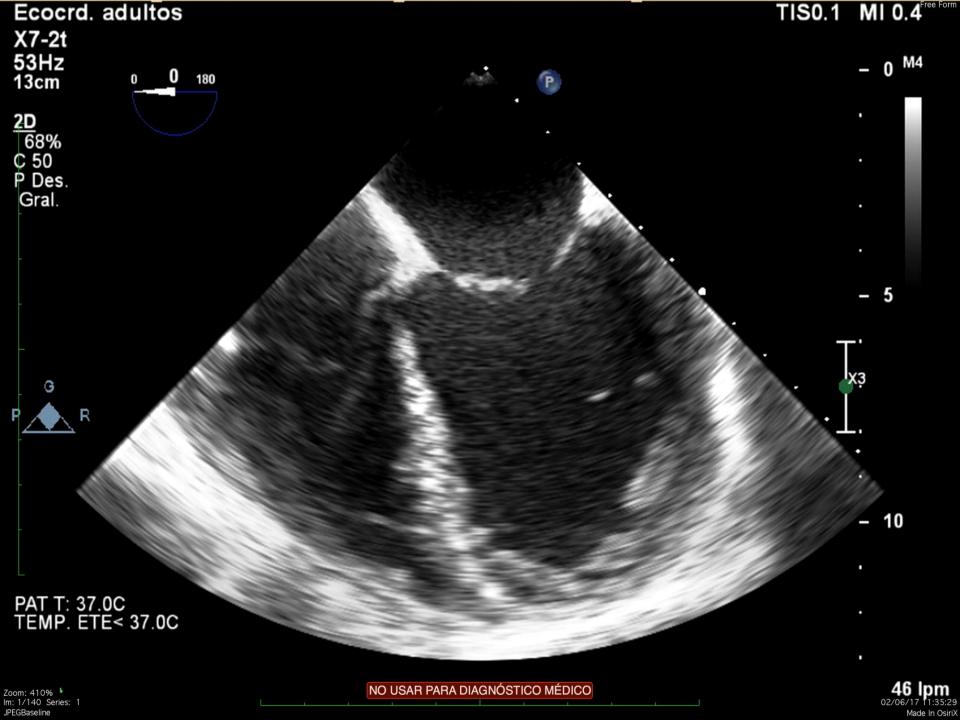


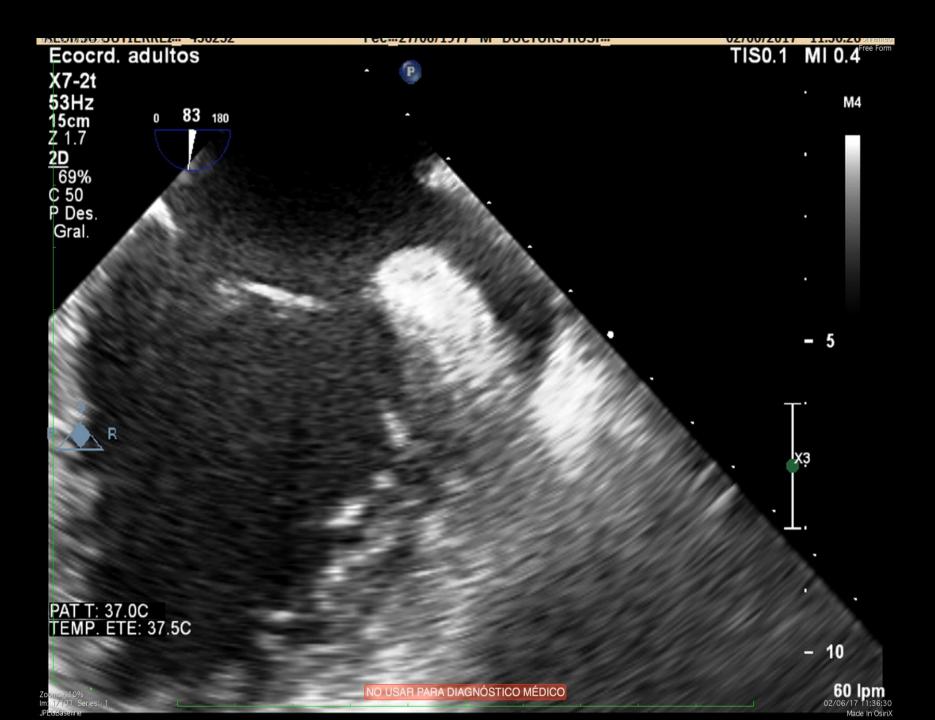


Echocardiogram

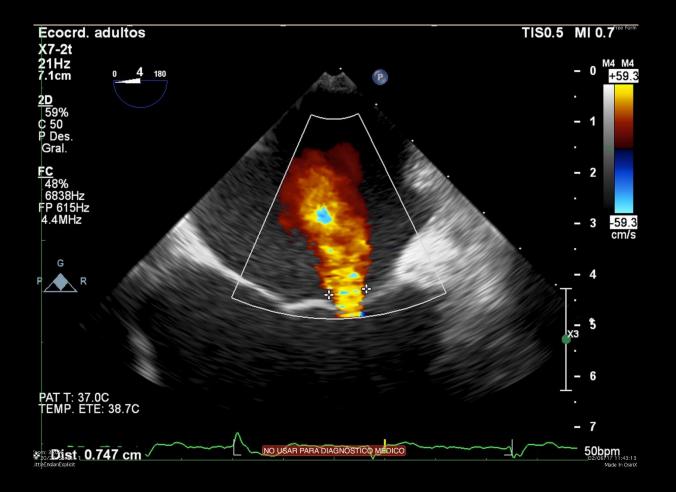












Ecocrd. adultos

X7-2t

7Hz 8.1cm

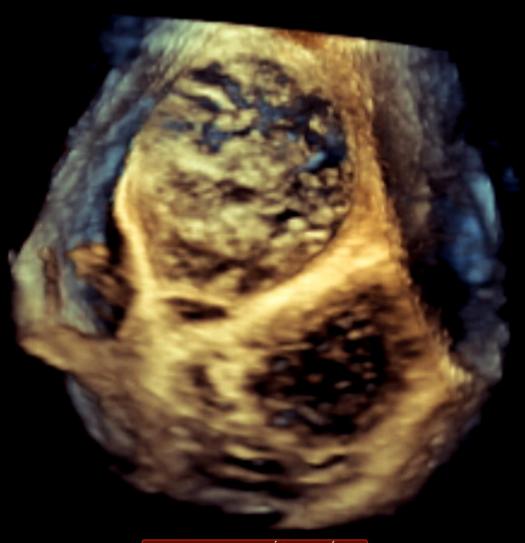
0 180 Live 3D 2D / 3D % 47 / 44 C 50 / 30 Gral.

Latidos 3D 1

TIS0.1 MI 0.3

Μ4

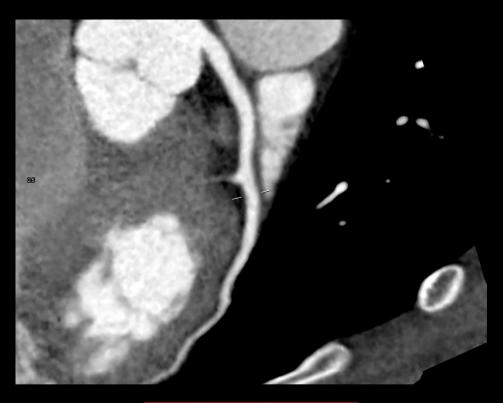




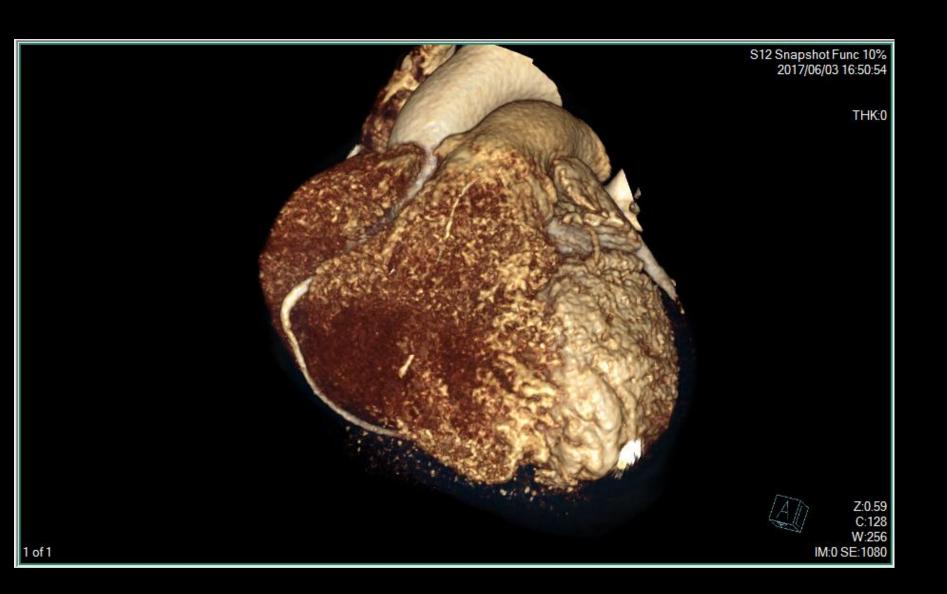
PAT T: 37.0C TEMP. ETE: 40.1C







NO USAR PARA DIAGNÓSTICO MÉDICO





Management

Meds

- Spirinolactone 25 mg qd
- Rivaroxaban 20 mg bid
- Amiodarone 200 mg bid
- Ramipril 2.5 mg qd

Management

Procedure:

- Cardiac resynchronization therapy with implantable defibrillator
- VIVA XT CRT-D
- Parameters:

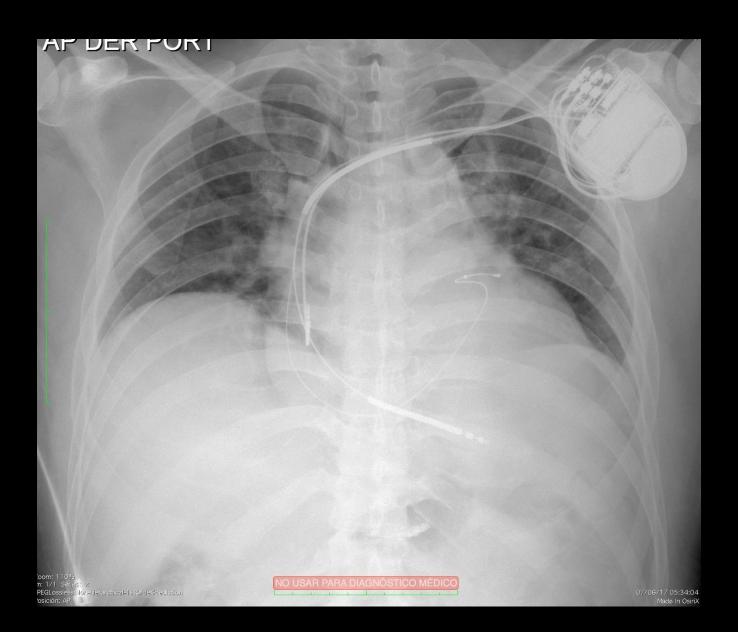
 With a defibrillation basal algorithm and echocardiographic resynchronization guidance.

O USAR PARA DIAGNÓSTICO MÉDIC













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