

CABG vs PCI – 2017

Multivessel Coronary Disease

Better CABGs vs Better PCI Devices

ACC New York, Dec 8, 2017











No Disclosures

CABG vs PCI – 2017

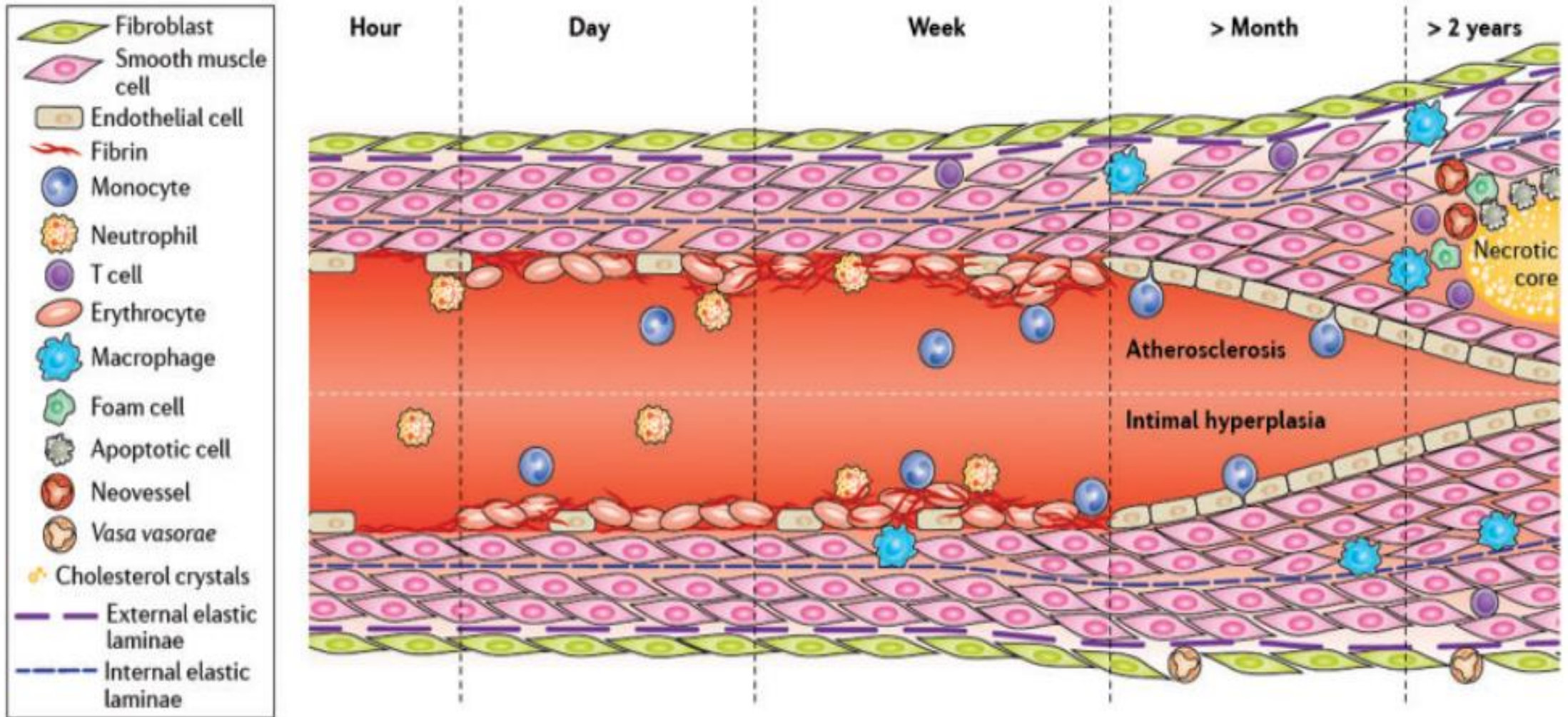
Stable Multivessel Coronary Disease

- 1. Are These The two Critical Questions ?***
 - 2. Two Questions are Ignored or Forgotten !***
 - 3. Review of the Present Four Observations***
 - 4. Readdressing the Four Questions***
 - 5. Mortality Reality & Managements Trends.***
-

1). Selected Drug-eluting Stents And Scaffolds Going too Far ?

	Durable polymer-coated stent		Biodegradable polymer-coated stent					Polymer-free drug-eluting stent		Bioresorbable drug-eluting stent
Manufacturer	Abbott/Boston	Medtronic	Biotronic	Terumo	Translumina	Boston	Biosensors	B. Braun	Biosensors	Abbott
Name	Xience/Promus	Resolute	Orsiro	Ultimaster	Yukon Choice PC	Synergy	BioMatrix	Coroflex ISAR	BioFreedom	ABSORB
Material and drug	CoCr/PtCr-EES	CoNi-ZES	CoCr-SES	CoCr-sES	316L-SES	PtCr-EES	316L-BES	316L-SES/probucol	316L-BES	PLLA-EES
Shape										
Strut thickness	81 μm	91 μm	60 μm	80 μm	87 μm	74 μm	120 μm	65 μm	112 μm	150 μm
Coating	Circumferential		Abluminal					Circumferential		

2). VG Failure – Question to Address?



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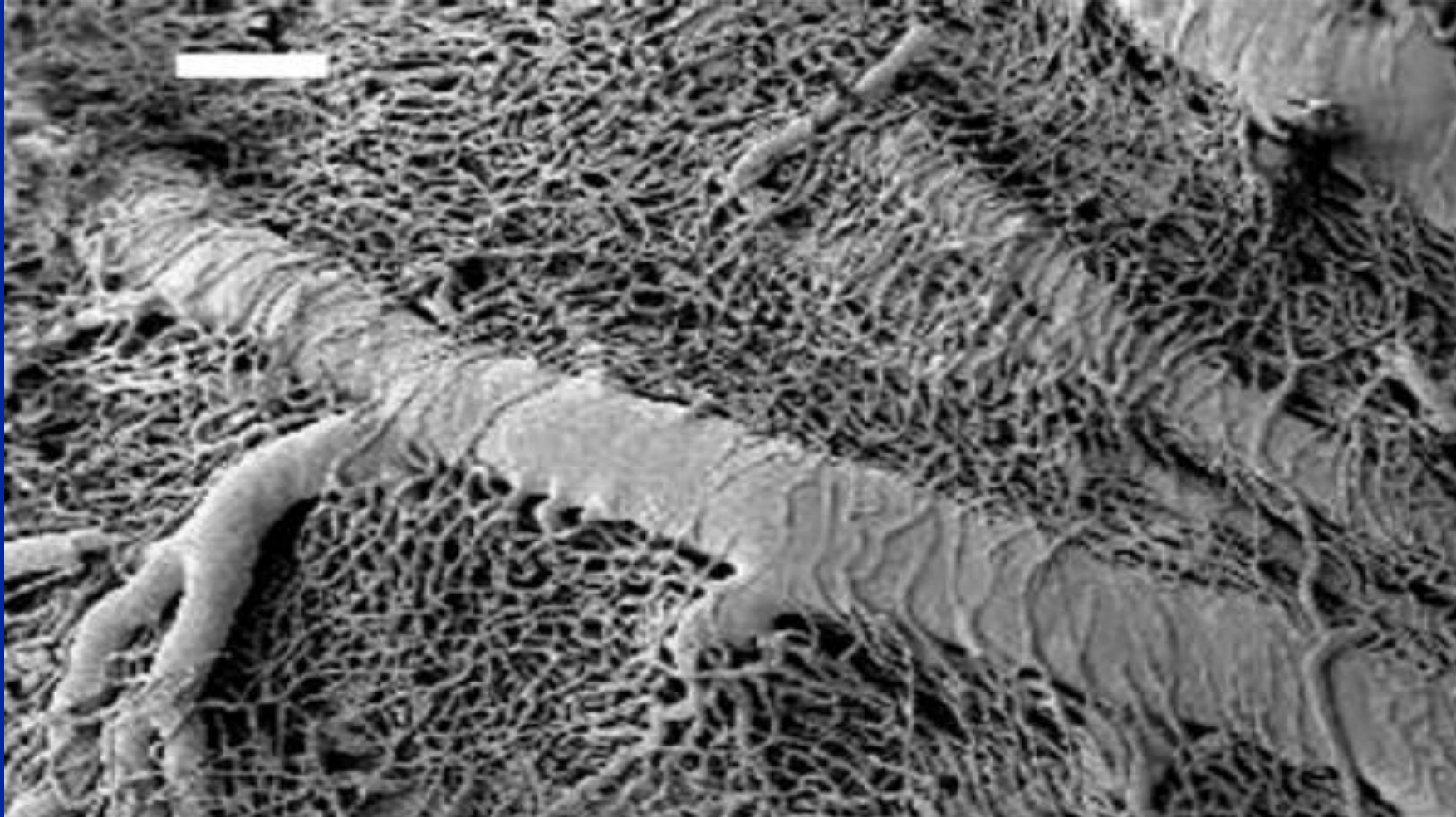
3). ADHERENCE FOR RISK FACTOR CONTROL?

Risk Factors - Proportion of Participants at Goal % – 1 year

Trials	LDL	SBP	DBP	Hb A1C	Meet Goals	Base FU
BARI-2D	75	56	70	52	14	20
COURAGE	51	55	55	59	12	19
FREEDOM	55	63	53	55	12	20

Freedom, Bari-2D, Courage Investigators, JACC 2013;61:1607
PURE (S Yusuf et al.) Lancet 2011; Aug 28 - Poor Countries, 7% !!!
NHANES, AHA, NHLBI-JNC-7, NHLBI-NCEP – Significant < Adherence
P Muntner, V Fuster et al., AHJ 2011; 161: 719 – 49 seconds !!!!

4). Coronary Microvascular Remodeling, Collateralization



AR Pries et. al. Eur Heart J. 2015;36:3134

Working Group On Coronary Pathophysiology And Microcirculation

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1a). COMPLEX, STABLE CORONARY DISEASE

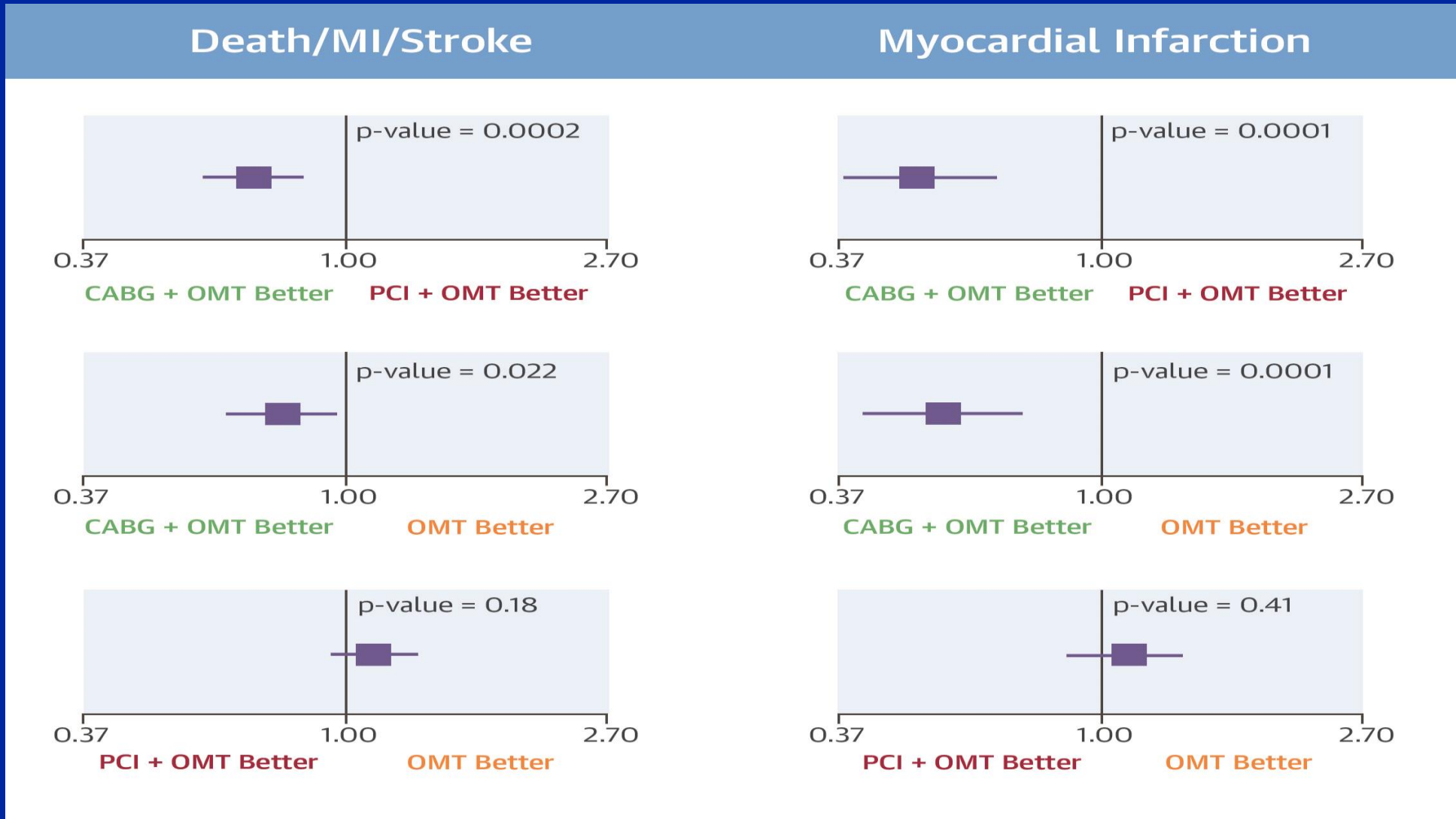
TRIAL	MVD DM INTERV. MT. EP.-R					Data
SYNTAX	+	-	++	-	++	CABG > PCI SYNTAX Score
FAME	-	-	+	-	+	PCI "ISCHEMIA" Score
BARI	-	+	+	+	+	CABG / PCI = MT X.OV.ER 42%
COURAGE	-	-	+	+	+	PCI = MT - X.OVER "ISCHEMIA">10%-Events
FREEDOM	+	+	++	(+)	+	CABG > PCI No Freedom of Choice?

 **Conditions**

 **Methods-Interests**

 **Conclusions**

CABG vs Stents **For Diabetic MVD FU 5 yrs.**



1b). COMPLEX, STABLE CORONARY DISEASE

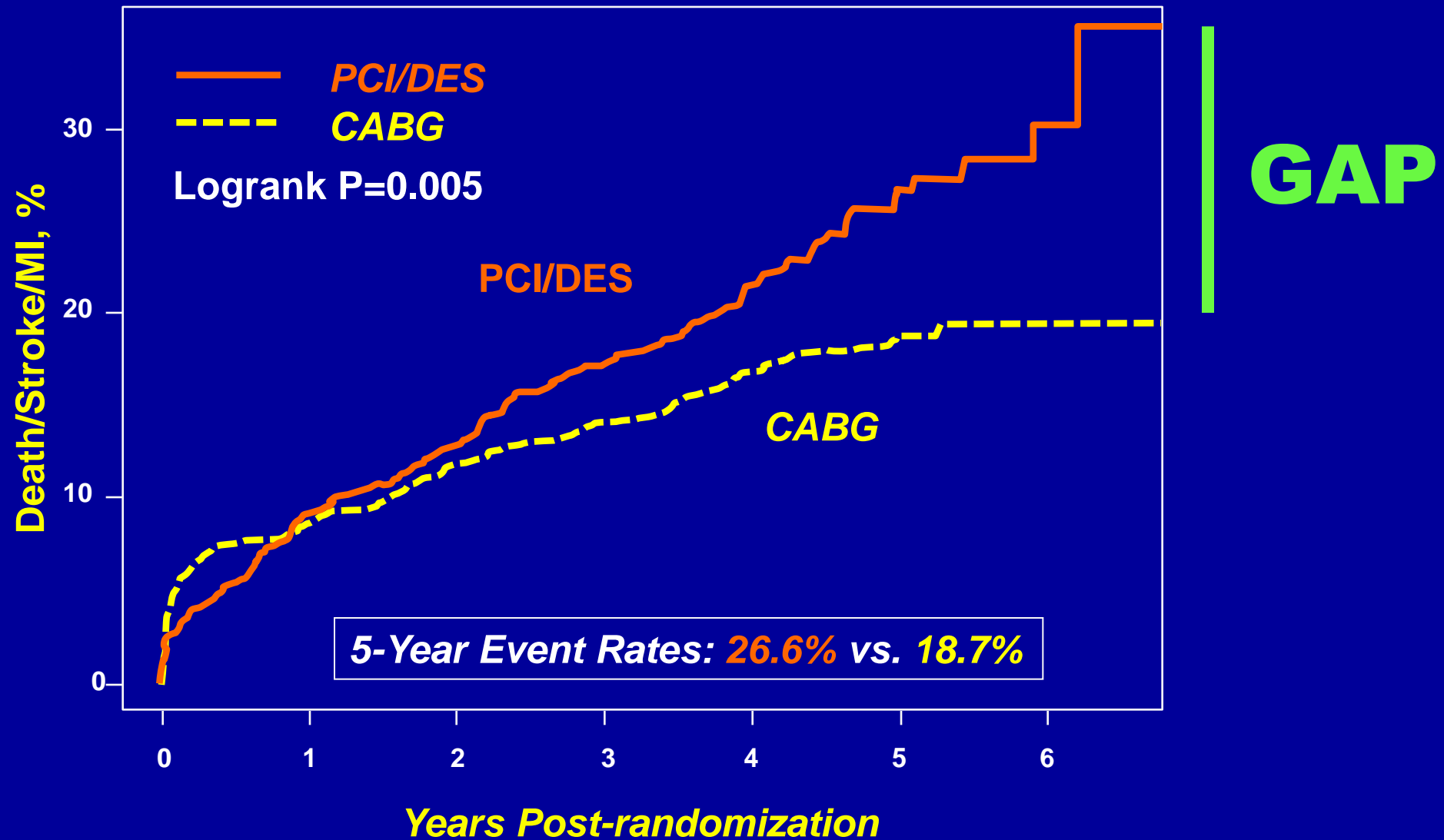
<i>TRIAL</i>	<i>MVD DM INTERV. MT. EP.-R</i>					<i>Data</i>
<i>SYNTAX</i>	+	-	++	-	++	<i>CABG > PCI</i> <i>SYNTAX Score</i>
<i>FAME</i>	-	-	+	-	+	<i>PCI</i> <i>"ISCHEMIA" Score</i>
<i>BARI</i>	-	+	+	+	+	<i>CABG / PCI = MT</i> <i>X.OVER 42%</i>
<i>COURAGE</i>	-	-	+	+	+	<i>PCI = MT</i> <i>"ISCHEMIA">10%-Events</i>
<i>FREEDOM</i>	+	+	++	(+)	+	<i>CABG > PCI</i> <i>No Freedom of Choice?</i>

 ***Conditions***

 ***Methods-Interests***

 ***Conclusions***

FREEDOM TRIAL – MI / MORTALITY / STROKE



New Engl. J. Med . 2012; 367: 2375 – All Subgroups (Syntax etc)
(Circ Cardiovasc Interv. 2014;7:518 – Newer Generation DES, Still Gap)

FREEDOM TRIAL – MORTALITY 8 YRS !

2017 !

2). COMPLEX, STABLE CORONARY DISEASE

TRIAL	MVD DM INTERV. MT. EP.-R					Data
SYNTAX	+	-	++	-	++	CABG > PCI SYNTAX Score
FAME	-	-	+	-	+	PCI "ISCHEMIA" Score
BARI	-	+	+	+	+	CABG / PCI = MT X.OVER 42%
COURAGE	-	-	+	+	+	PCI = MT - X-OVER "ISCHEMIA">10%-Events
FREEDOM	+	+	++	(+)	+	CABG > PCI No Freedom of Choice?



Conditions



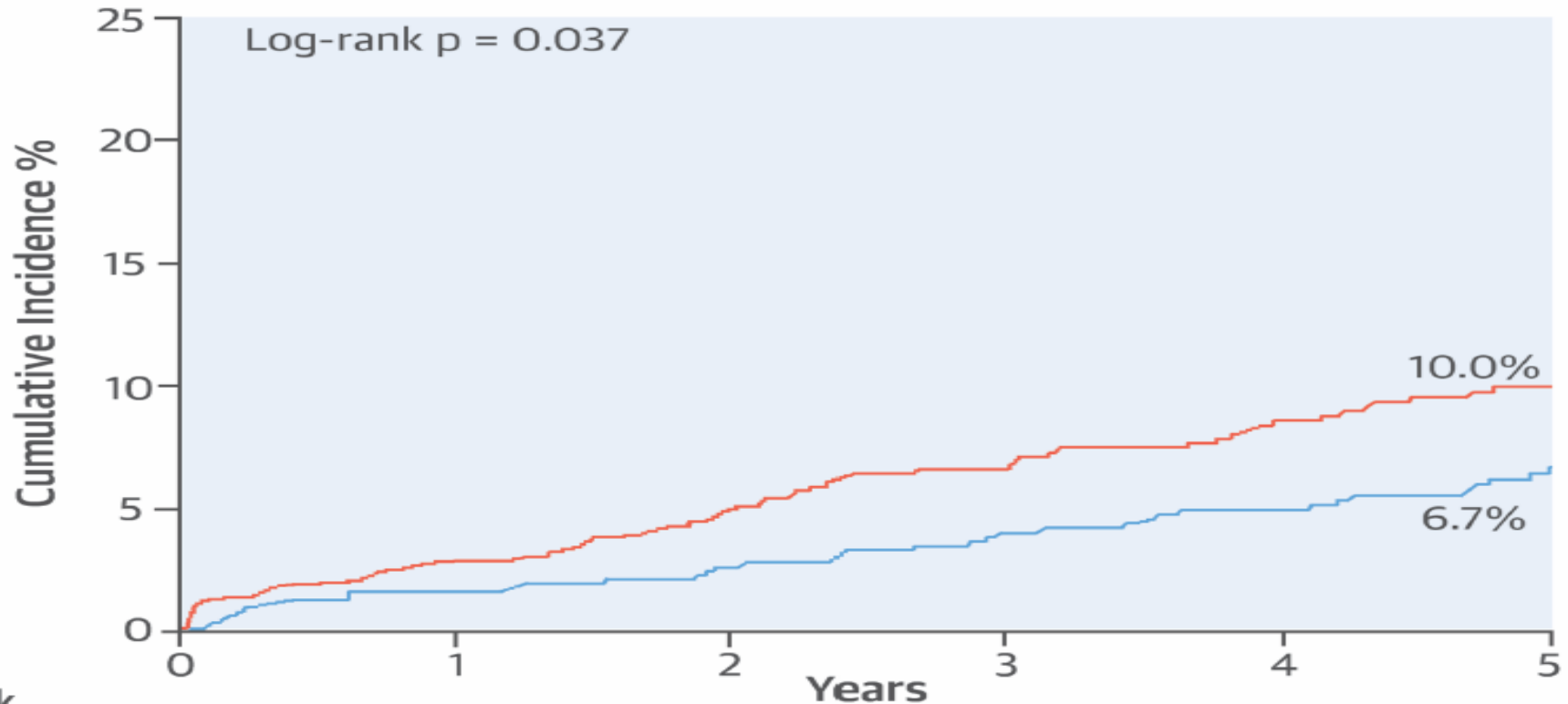
Methods-Interests



Conclusions

Mortality – **SYNTAX / BEST** For Non-diabetic MVD FU 5 yrs.

A. Death



Patients at Risk

CABG	638	608	578	540	485	316
PCI	637	616	581	540	487	314

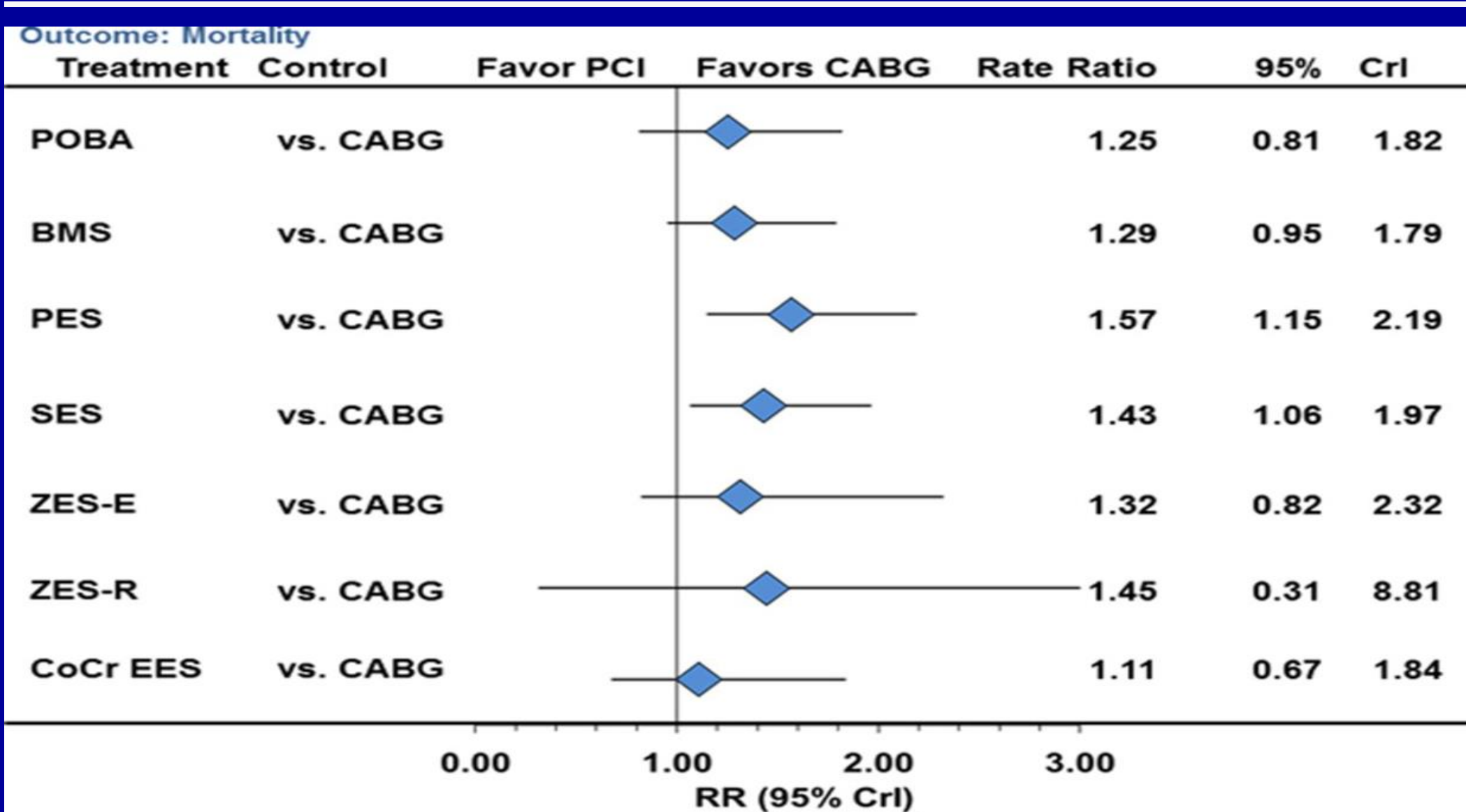
— CABG

— PCI

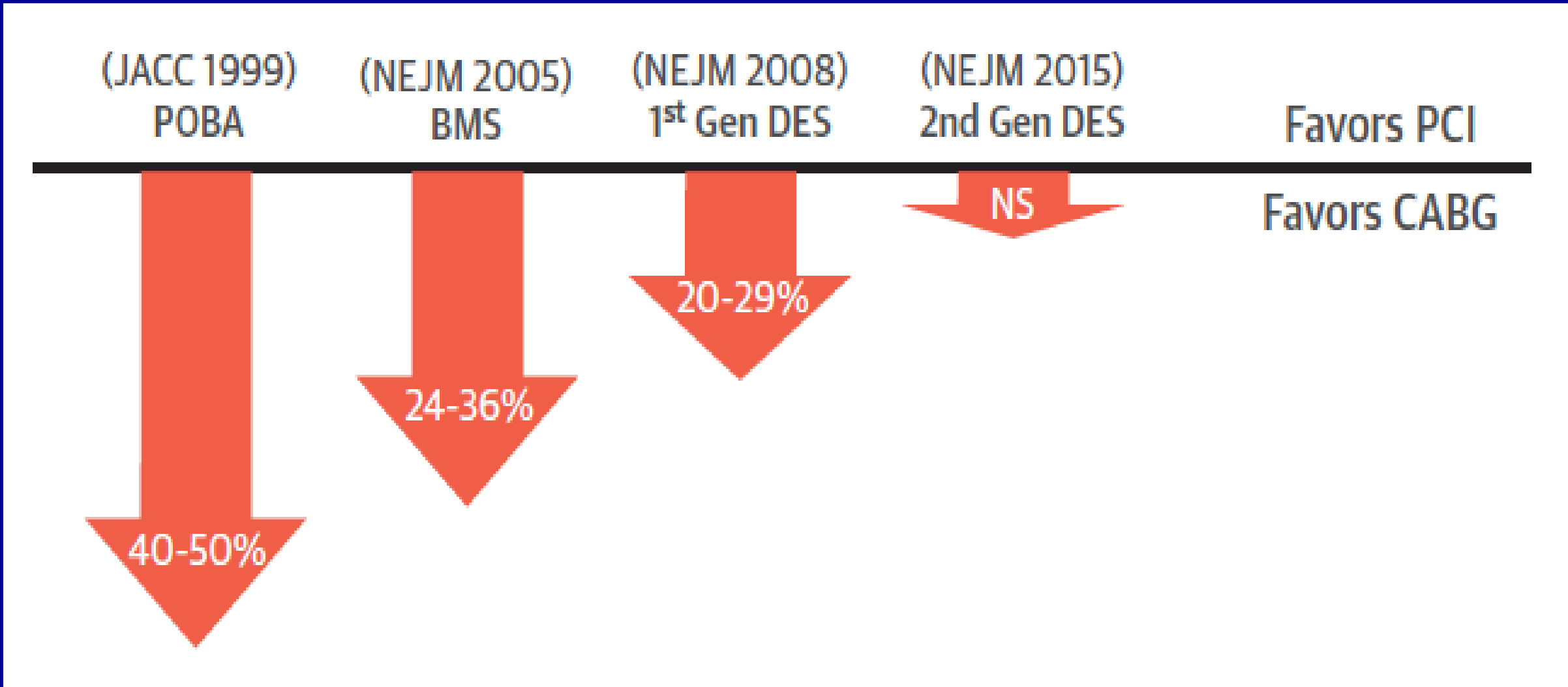
CABG in the era of modern PCI - 3)

How to optimize coronary artery bypass grafting (CABG) to remain the gold-standard for multivessel disease?

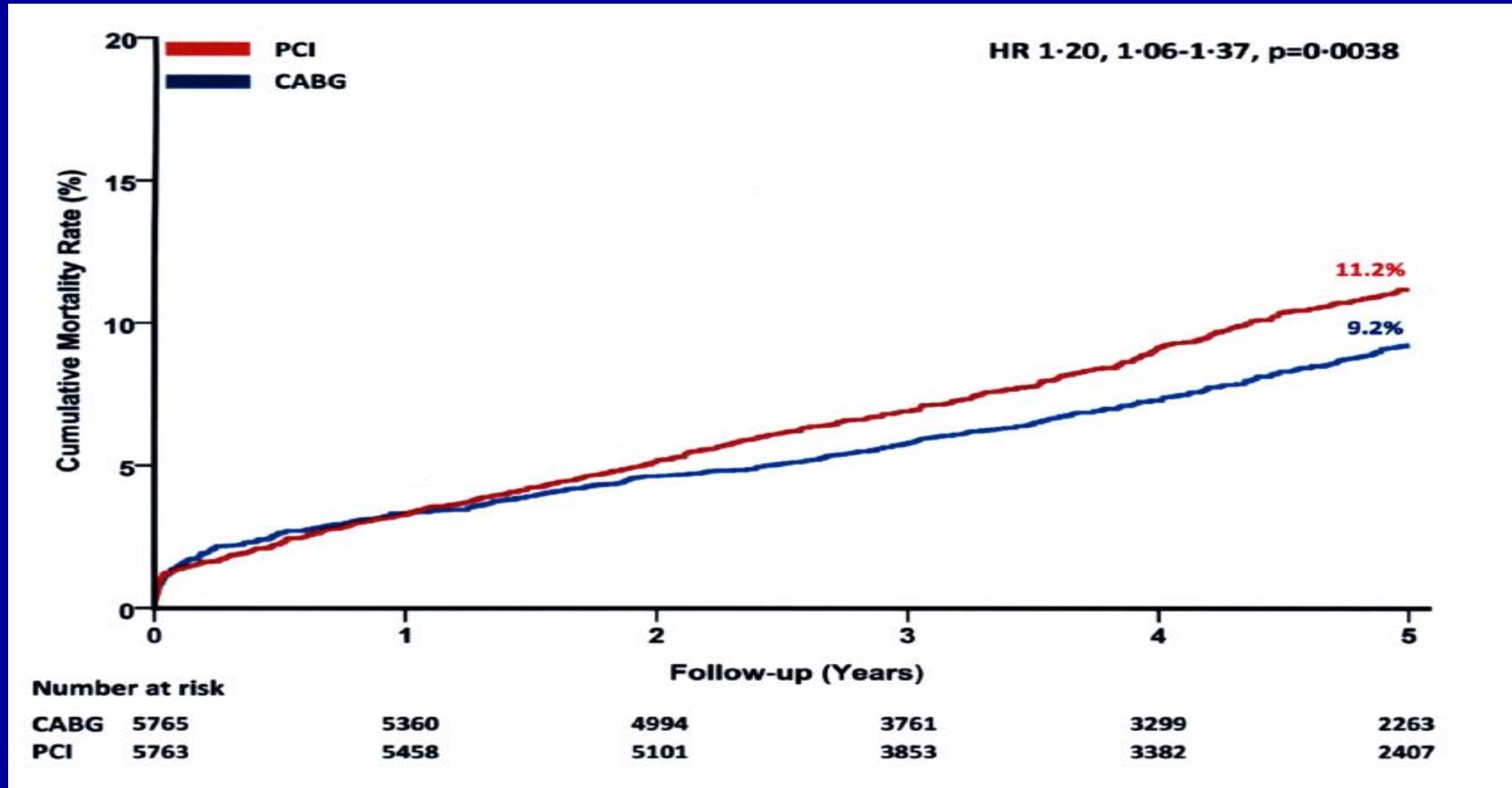
3a). Mixed Treatment For All-cause Mortality



3b). Diminishing Mortality Gap Between PCI and CABG For Multivessel Disease From the NY State Registries

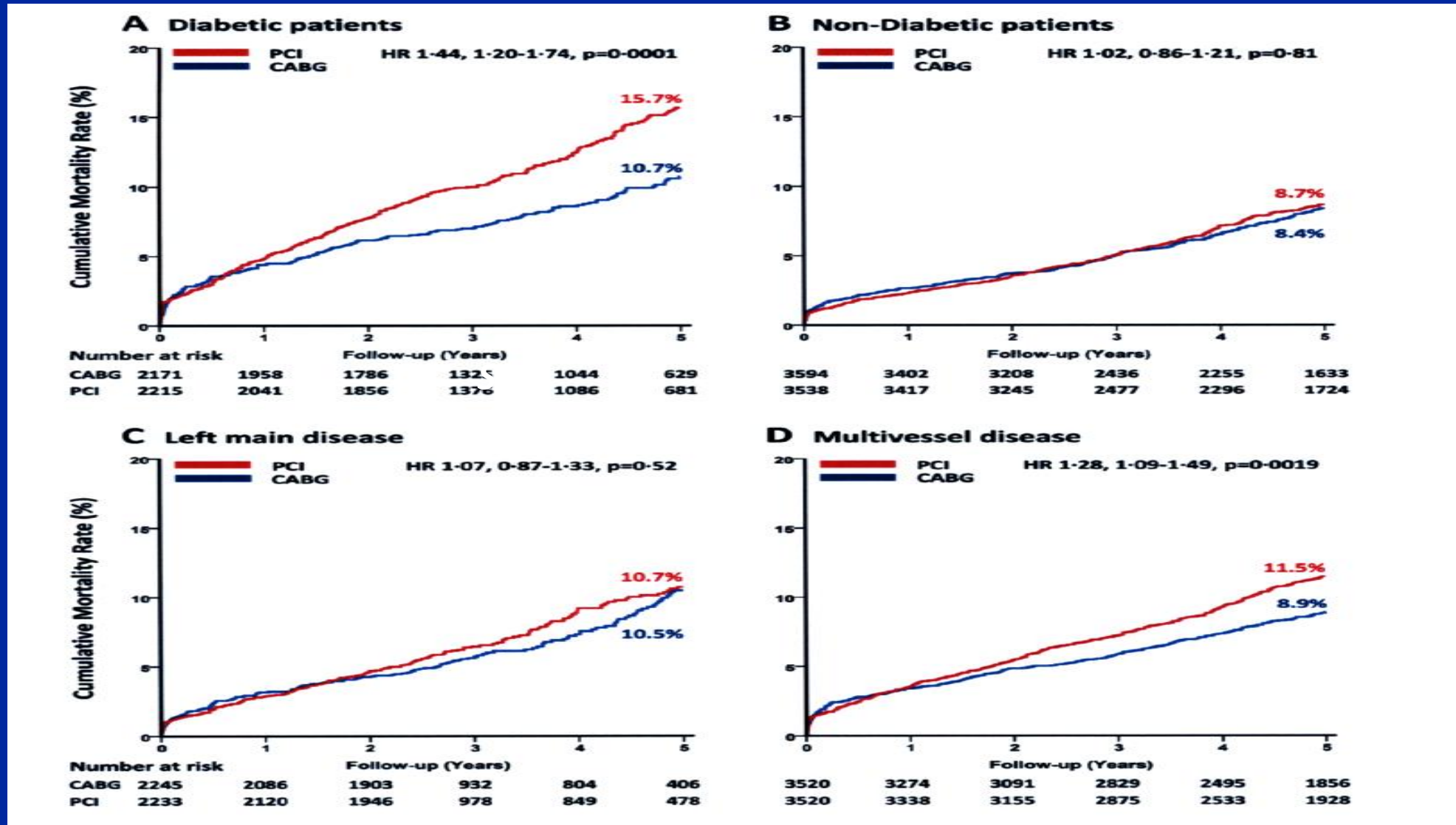


4a). Mortality After CABG Vs PCI During 5y FU With and Without DM and With LM or MVD



SJ Head et. al. 2017 (Subm) 11 Trials, 11,518 Pts, Individ. Data

4b). Mortality After CABG Vs PCI During 5y FU With and Without DM and With LM or MVD

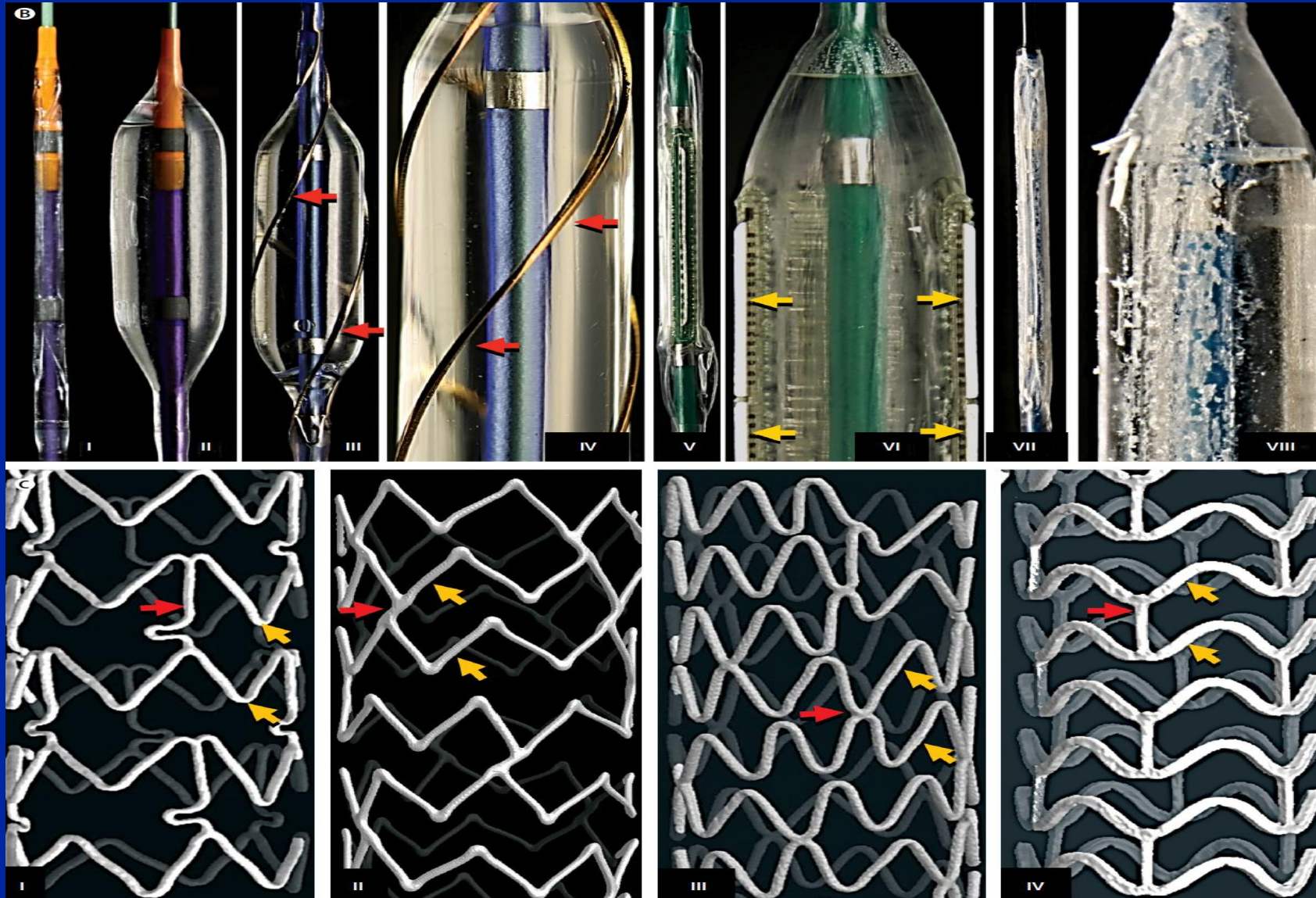


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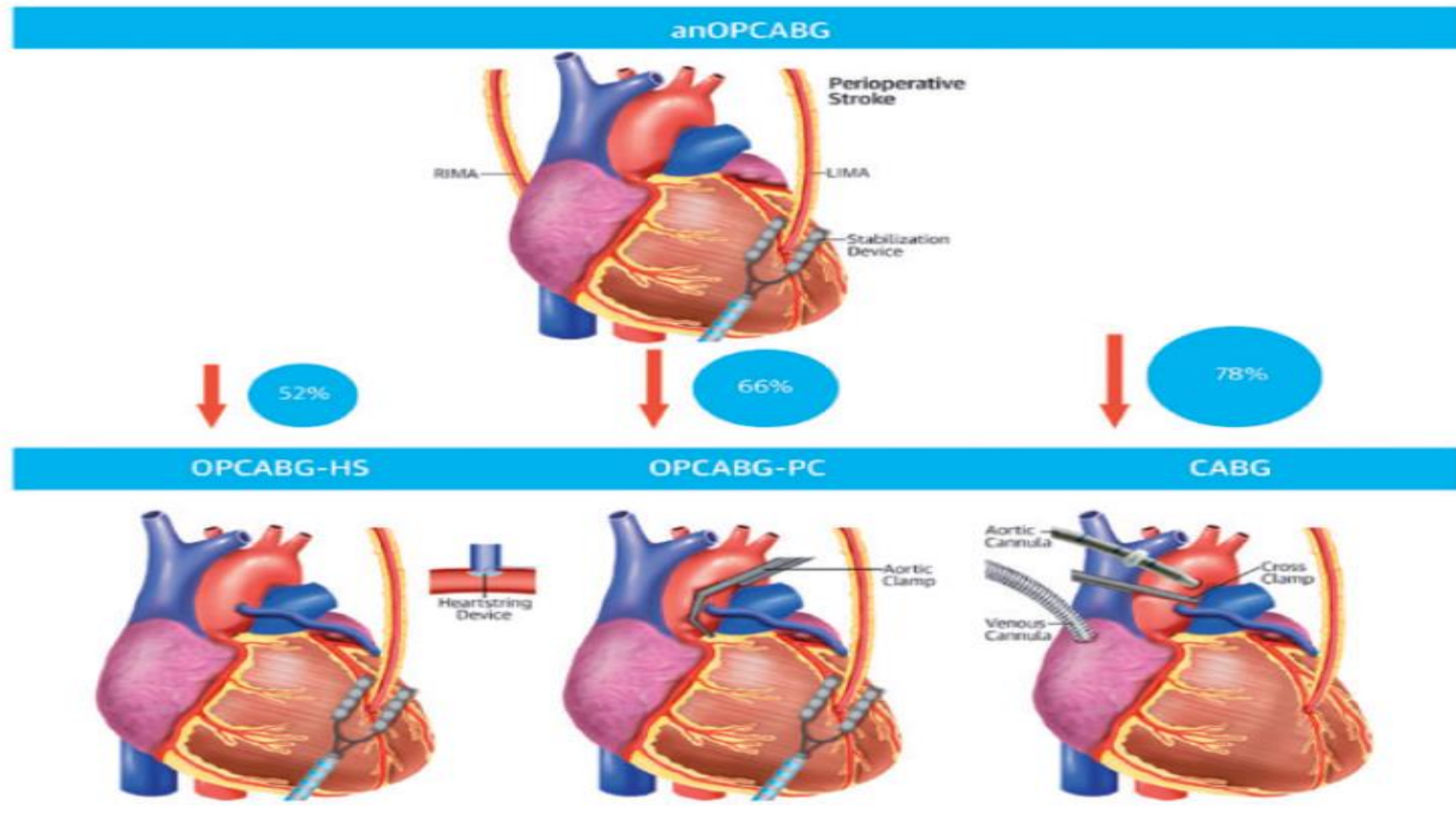
1). Evolution of Devices – Reaching Limit?



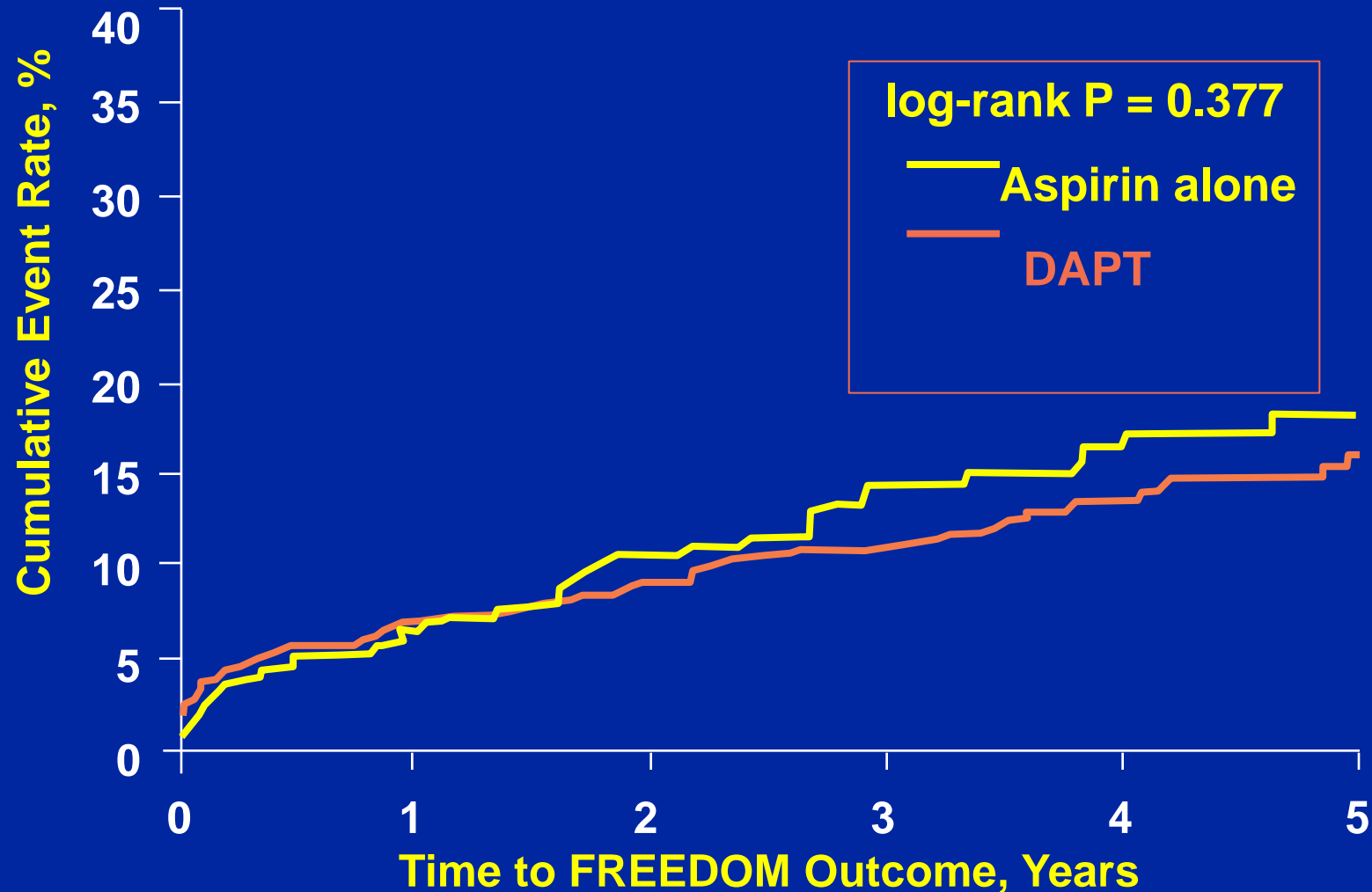
2). *Evolution of CABG – Room to Improve*

- a.** *Multiple Arterial Grafts – Why Only 6%*
 - b.** *Clampless and No-aortic-touch OPCAB*
 - c.** *Dual Antiplatelet Therapy*
 - d.** *Hybrid Coronary Revascularization*
 - e.** *CABG and FFR*
-

2b. Four Surgical Methods Of CABG With > Degrees of Aortic Manipulation



2c. DAPVs. Aspirin Alone After CABG In Diabetics With MVD: FREEDOM Trial Insights



DAPT (Yes/No) / Number of patients at risk

Yes	540	492	449	349	233	111
No	251	231	207	166	107	43

2c. Dual Ticagralor Plus Aspirin After CABG

The Primary Outcome, SVG Patency at one year on CTA

- **For ASA alone (100 mg daily, n=168) – 76%**
- **For Ticagralor Alone (90 mg BID, n=160) – 83% (p 0.09)**
- **For ASA Plus Ticagralor (n=168) -- 89% (p 0.0006)**

The Secondary Outcomes

**MACE - 5.4%,
- 2.4%,
- 1.8%**

**Major Bleeding – 0%,
-- 1.2%
-- 1.2%**

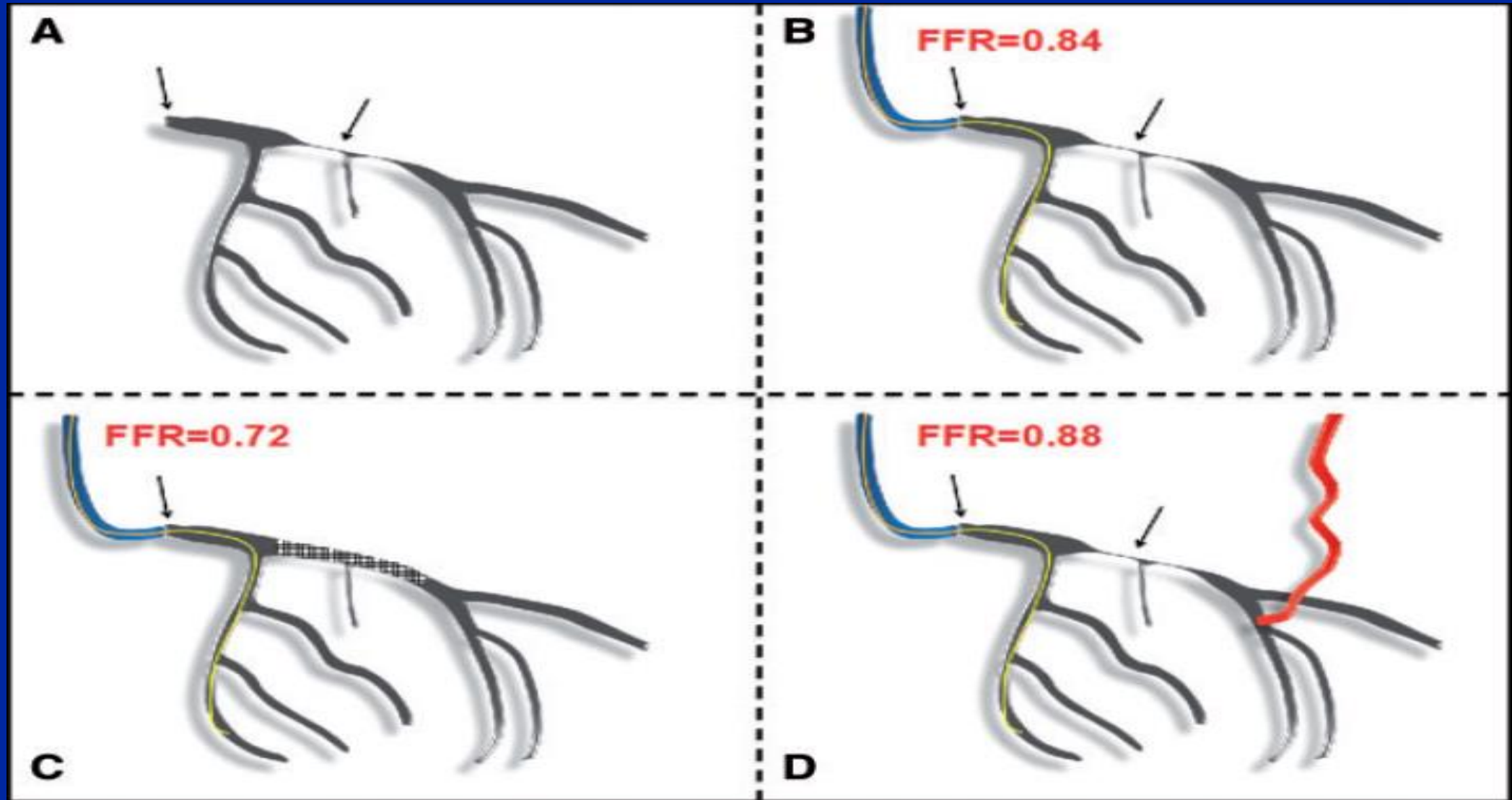
2d. Hybrid Study–Objectives & Targets

- ***In patients with multi-vessel coronary artery disease -MV-CAD- involving the Left Anterior Descending -LAD- and/or Left Main -LM- arteries.***
 - ***2354 patients will be randomized:***
 - ***HCR with Left Internal Mammary Artery – LIMA- to LAD + PCI of non-LAD vessels***
 - ***Multi-vessel PCI with DES, including LAD***
-

Hybrid Study – Primary Endpoint

The occurrence of **MACCE**, defined as all-cause mortality, myocardial infarction (MI), stroke, and repeat revascularization **over a minimum of 5 year follow-up after randomization**

2e. FFR & Sequential Stenosis of The Ostial LM And Proximal LAD



Use of the Instantaneous Wave-free Ratio or Fractional Flow Reserve in PCI

J.E. Davies, S. Sen, H.-M. Dehbi, R. Al-Lamee, R. Petraco, S.S. Nijjer, R. Bhindi, S.J. Lehman, D. Walters, J. Sapontis, L. Janssens, C.J. Vrints, A. Khashaba, M. Laine, E. Van Belle, F. Krackhardt, W. Bojara, O. Going, T. Härle, C. Indolfi, G. Niccoli, F. Ribichini, N. Tanaka, H. Yokoi, H. Takashima, Y. Kikuta, A. Erglis, H. Vinhas, P. Canas Silva, S.B. Baptista, A. Alghamdi, F. Hellig, B.-K. Koo, C.-W. Nam, E.-S. Shin, J.-H. Doh, S. Brugaletta, E. Alegria-Barrero, M. Meuwissen, J.J. Piek, N. van Royen, M. Sezer, C. Di Mario, R.T. Gerber, I.S. Malik, A.S.P. Sharp, S. Talwar, K. Tang, H. Samady, J. Altman, A.H. Seto, J. Singh, A. Jeremias, H. Matsuo, R.K. Kharbanda, M.R. Patel, P. Serruys, and J. Escaned

N Engl J Med 2017;376:1824

Instantaneous Wave-free Ratio versus Fractional Flow Reserve to Guide PCI

M. Götberg, E.H. Christiansen, I.J. Gudmundsdottir, L. Sandhall, M. Danielewicz, L. Jakobsen, S.-E. Olsson, P. Öhagen, H. Olsson, E. Omerovic, F. Calais, P. Lindroos, M. Maeng, T. Tödt, D. Venetsanos, S.K. James, A. Kåregren, M. Nilsson, J. Carlsson, D. Hauer, J. Jensen, A.-C. Karlsson, G. Panayi, D. Erlinge, and O. Fröbert, for the iFR-SWEDEHEART Investigators*

N Engl J Med 2017;376:1813

3a. Fuster- Polypill, 2ary Prevention.

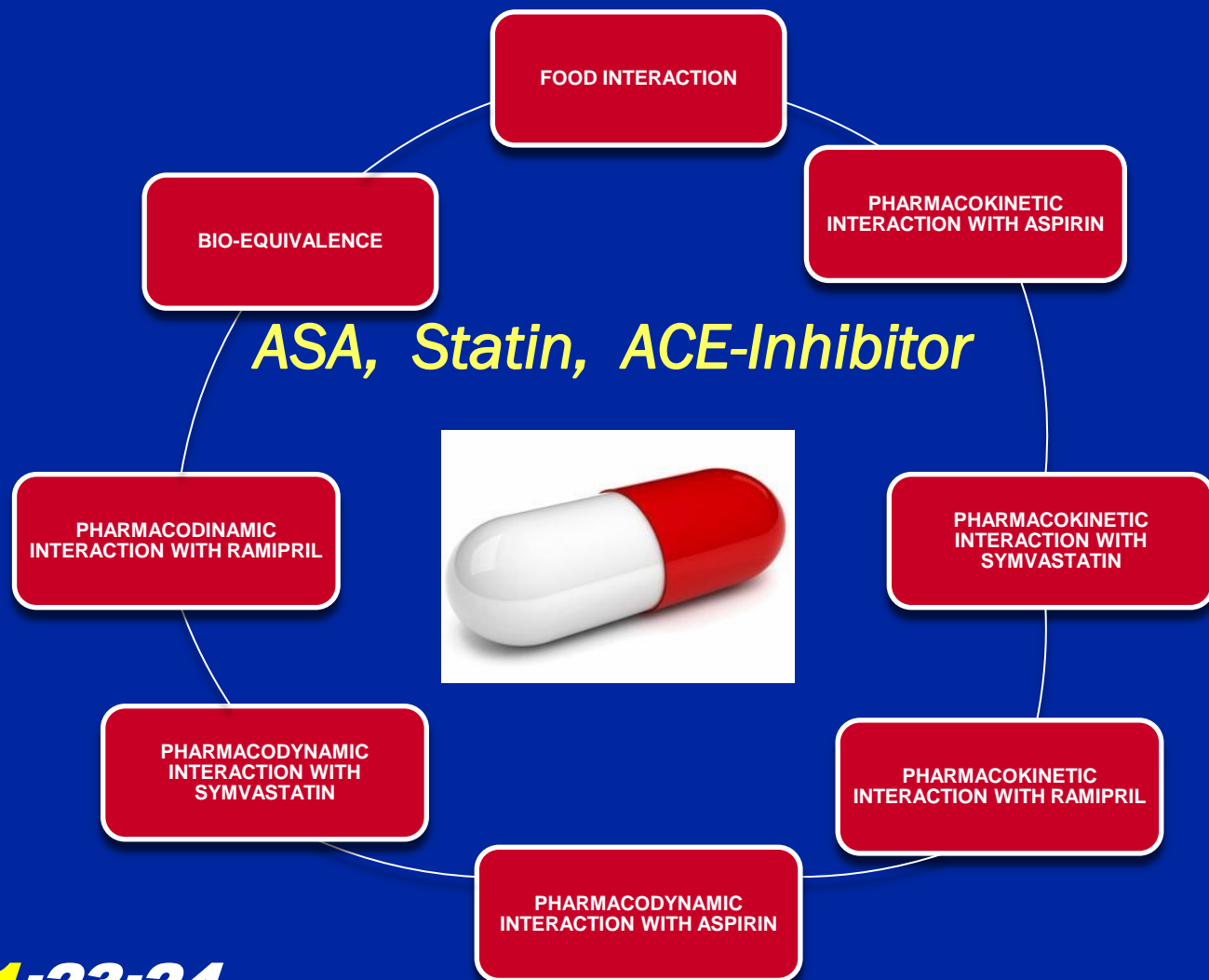
FOCUS 1 & 2

Argentina
Brazil
Paraguay
Italy
Spain

FREEDOM

AETNA-DIABETES

SECURE-EC 2015



Am. H J **2011**;162:811

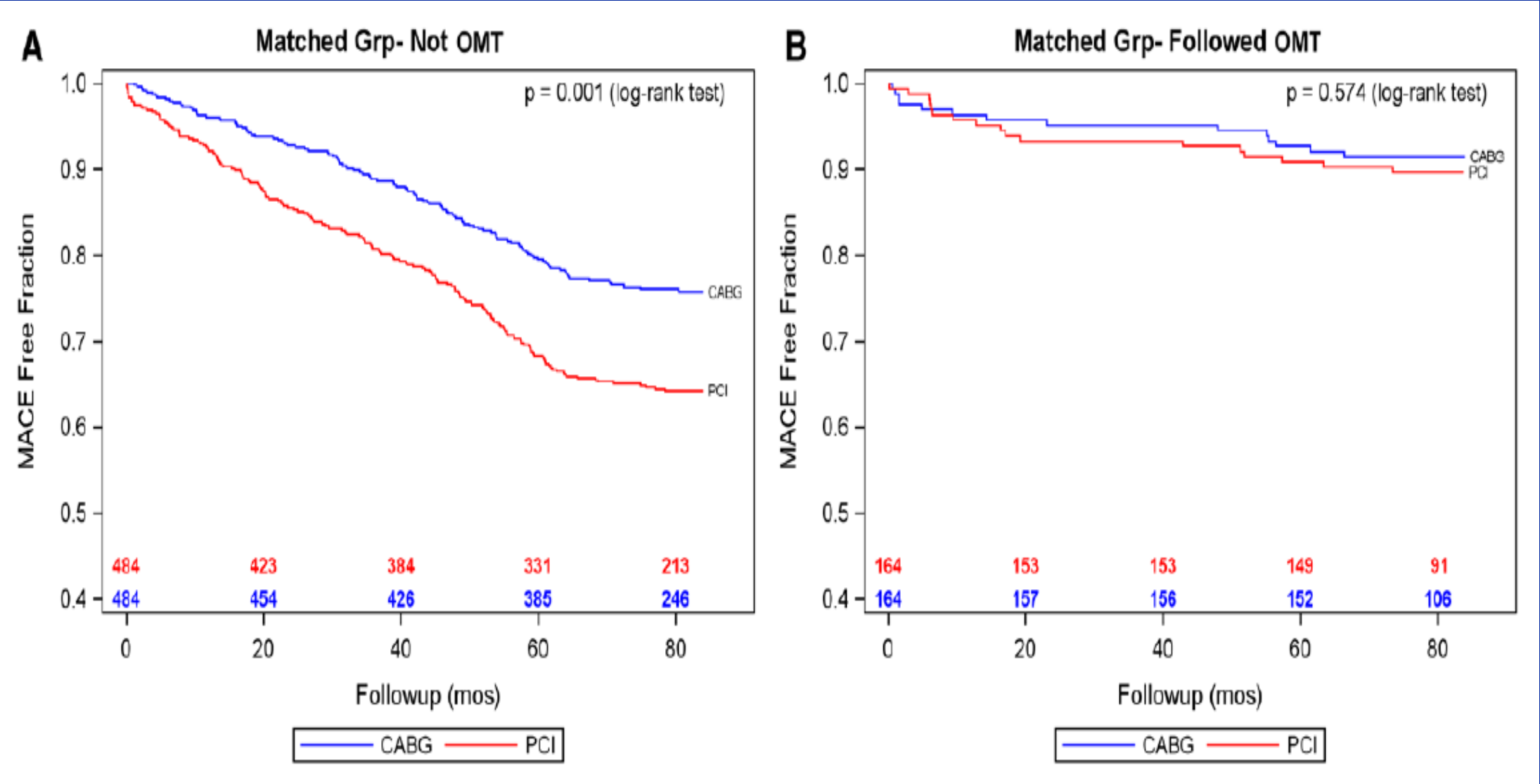
Semin.Thor.Cardiov.Surg **2011**;23:24

JACC, **2014**; 64:2071

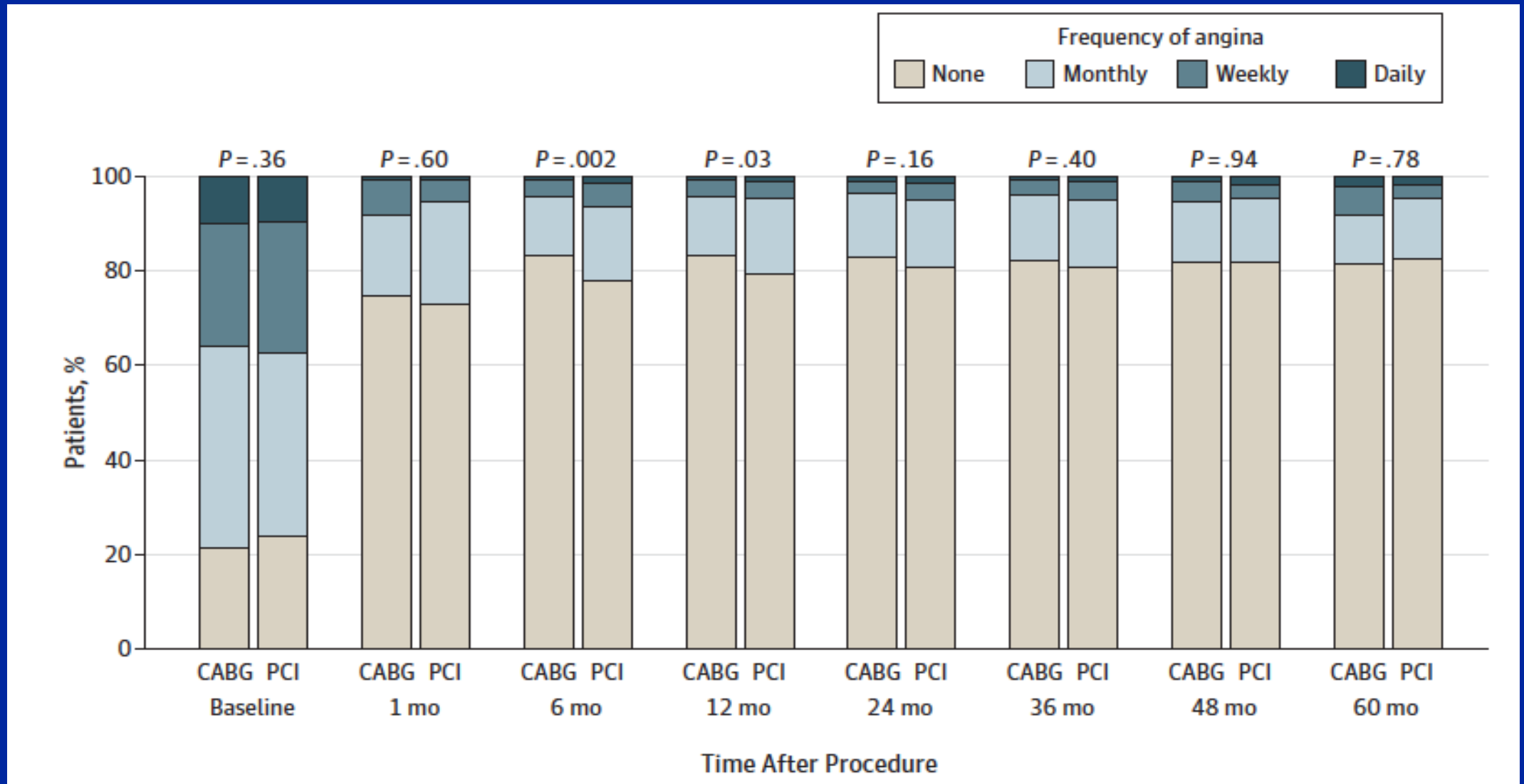
Approved in 45 Countries

HOPE-3-NEJM 2016;374:2032 – Polypill for 1ary Prevention ?

3b. Survival Free From MACE In Matched Patients And Optimal Antiplatelet And Lipid-lowering Regimen



4a. Angina in Diabetes - Follow-up

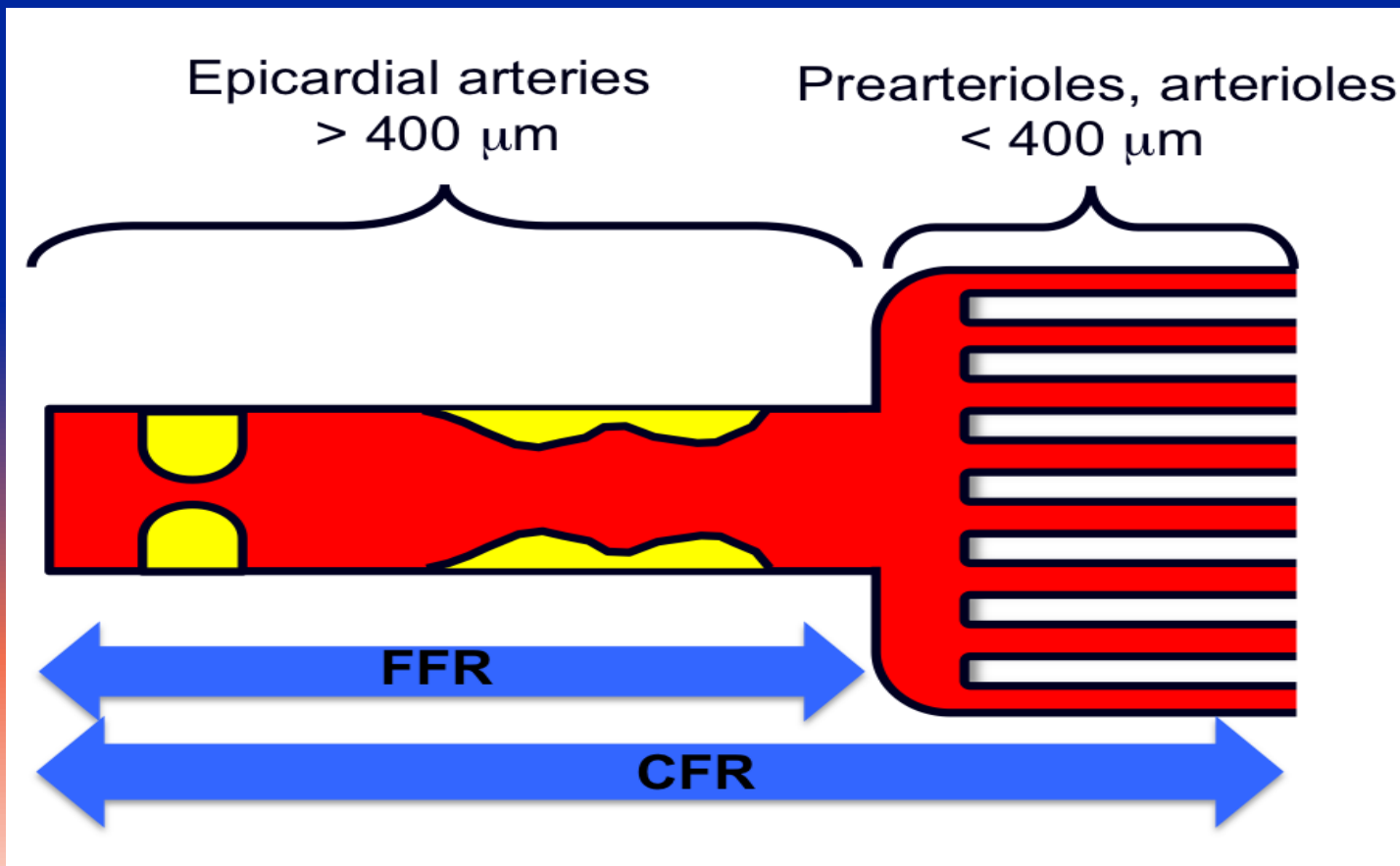


FREEDOM (MS Abdallah, V Fuster et. al.) JAMA. 2013;310(15):1581

SJ Head et. al. EHJ. 2014;35:2821 – **Usually, Angina in PCI > CABG**

4b. Coronary Flow Reserve (CFR)

→ Measures *integrated* hemodynamic effects of epicardial CAD, diffuse atherosclerosis, vessel remodeling and microvascular dysfunction on myocardial tissue perfusion



$$\text{CFR} = \frac{\text{MBF}_{\text{peak hyperemia}}}{\text{MBF}_{\text{rest}}}$$

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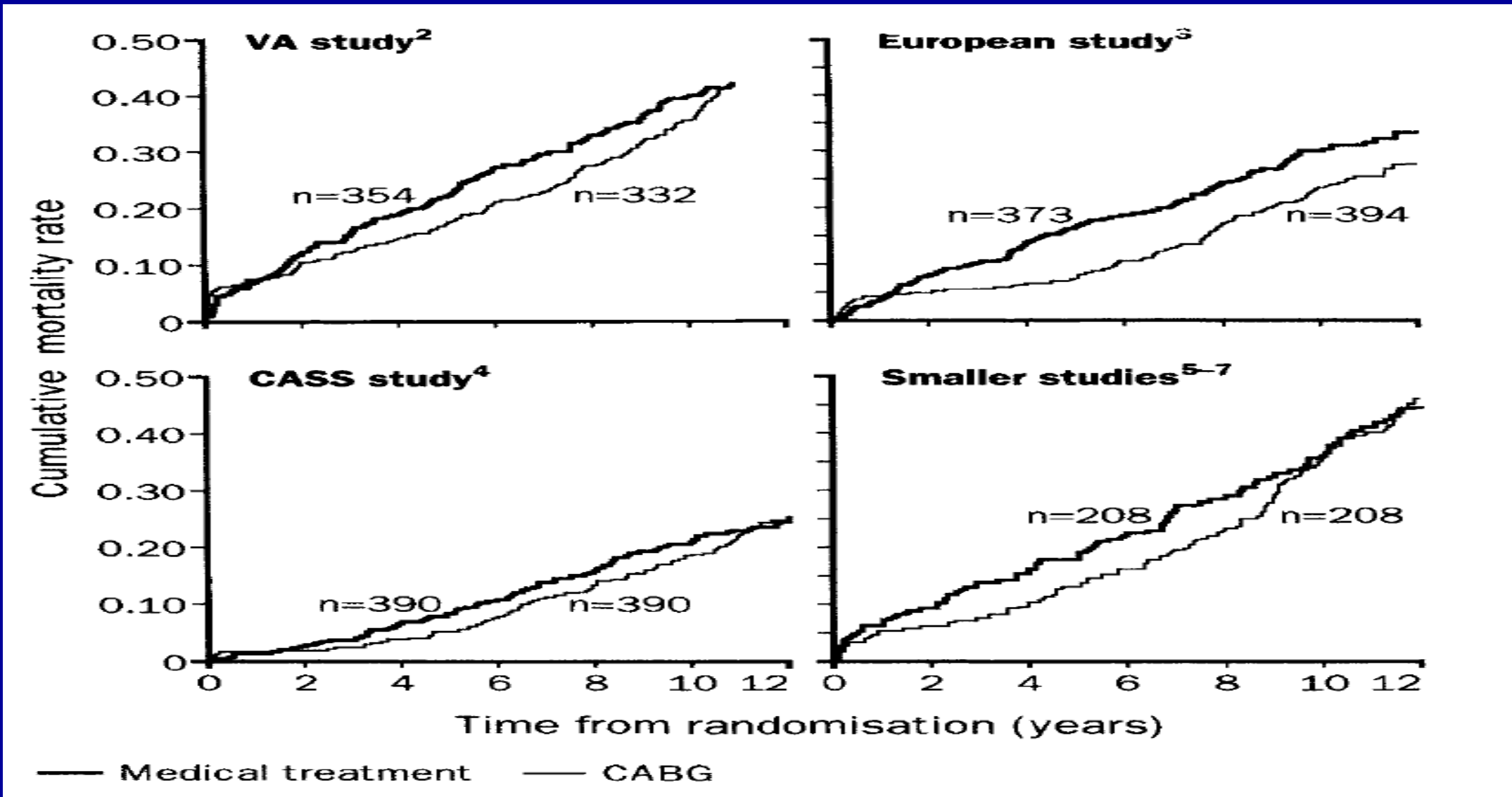
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Effect of coronary artery bypass graft surgery on survival: overview of 10-year results from randomised trials by the Coronary Artery Bypass Graft Surgery Trialists Collaboration*

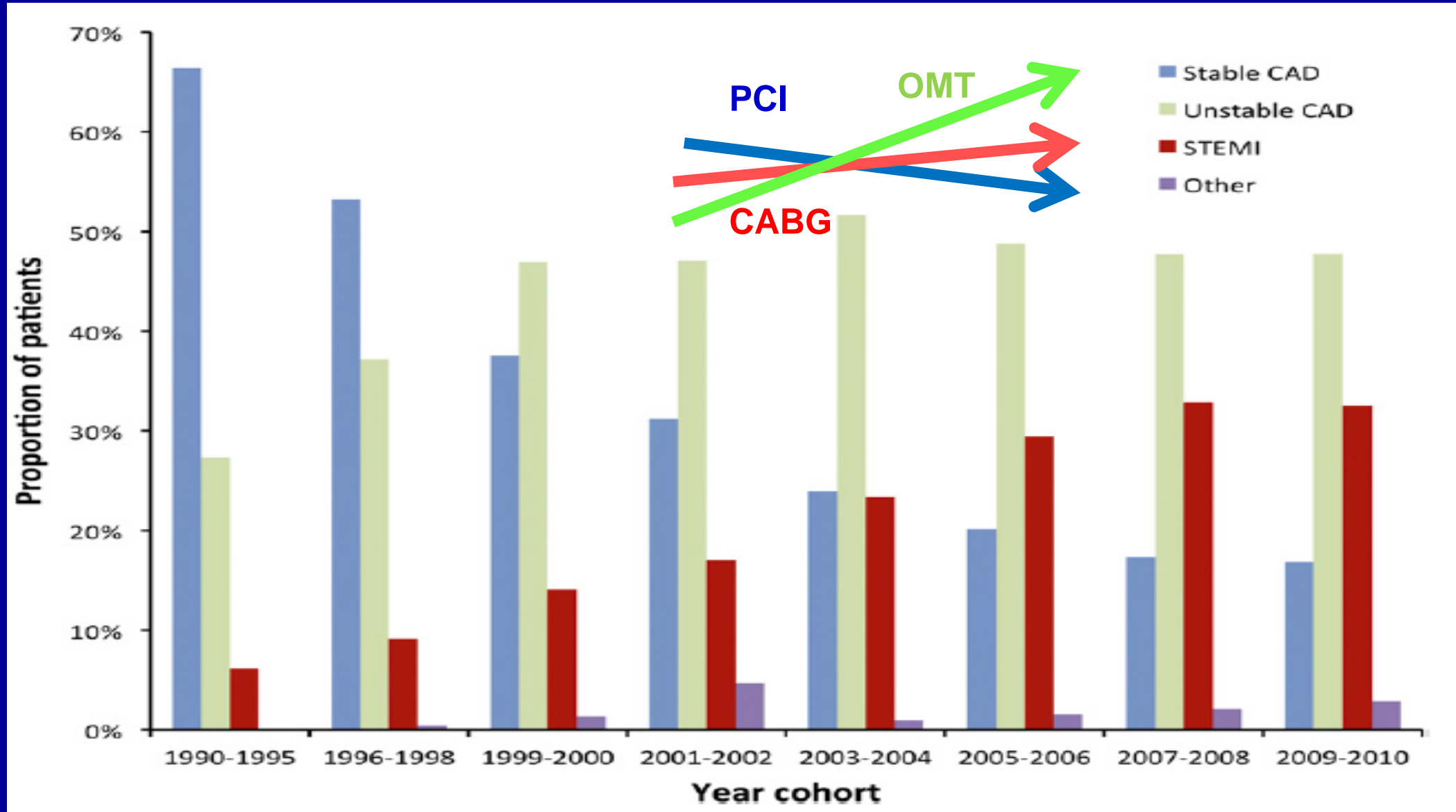
Salim Yusuf, David Zucker, Peter Peduzzi, Lloyd D Fisher, Timothy Takaro, J Ward Kennedy, Kathryn Davis, Thomas Killip, Eugene Passamani, Robin Norris, Cynthia Morris, Virendra Mathur, Ed Varnauskas, Thomas C Chalmers

Lancet. 1994; 344: 563

Survival Curves Of The Three Large Studies And The Four Small Studies Combined



Future For PCI / CABG – OMT ADHERENCE



SCAAR (ML Fokkema et.al.) JACC 2013;61:1222 - **Swedish Registry**
Diab.Trialists' Collab. – 2015 - FREEDOM, BARI 2D, COURAGE

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