

5 in 50- The Top 2018 Trials To Impact Your Practice-Prevention

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- Member, Steering Committee, Patient and Provider Assessment of Lipid Management (PALM) Registry at the Duke Clinical Research Institute (DCRI) [No financial remuneration].
- Associate Editor for Innovation, ACC.org

ODYSSEY OUTCOMES

The ODYSSEY OUTCOMES Trial: Topline Results

Alirocumab in Patients After Acute Coronary Syndrome

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On behalf of the ODYSSEY OUTCOMES Investigators and Committees

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ClinicalTrials.gov: NCT01663402



LBCT ACC 2018- Presented by Ph. Gabriel Steg

Main Inclusion Criteria

- **Age** ≥ 40 years
- **ACS**
 - 1 to 12 months prior to randomization
 - Acute myocardial infarction (MI) or unstable angina
- **High-intensity statin therapy***
 - Atorvastatin 40 to 80 mg daily **or**
 - Rosuvastatin 20 to 40 mg daily **or**
 - Maximum tolerated dose of one of these agents for ≥ 2 weeks
- **Inadequate control of lipids**
 - LDL-C ≥ 70 mg/dL (1.8 mmol/L) **or**
 - Non-HDL-C ≥ 100 mg/dL (2.6 mmol/L) **or**
 - Apolipoprotein B ≥ 80 mg/dL

*Patients not on statins were authorized to participate if tolerability issues were present and documented
Schwartz GG, et al. Am Heart J 2014;168:682-689.e1.

Primary Efficacy Outcome

Time of first occurrence of:

- **Coronary heart disease (CHD) death, or**
- **Non-fatal MI, or**
- **Fatal or non-fatal ischemic stroke, or**
- **Unstable angina requiring hospitalization***

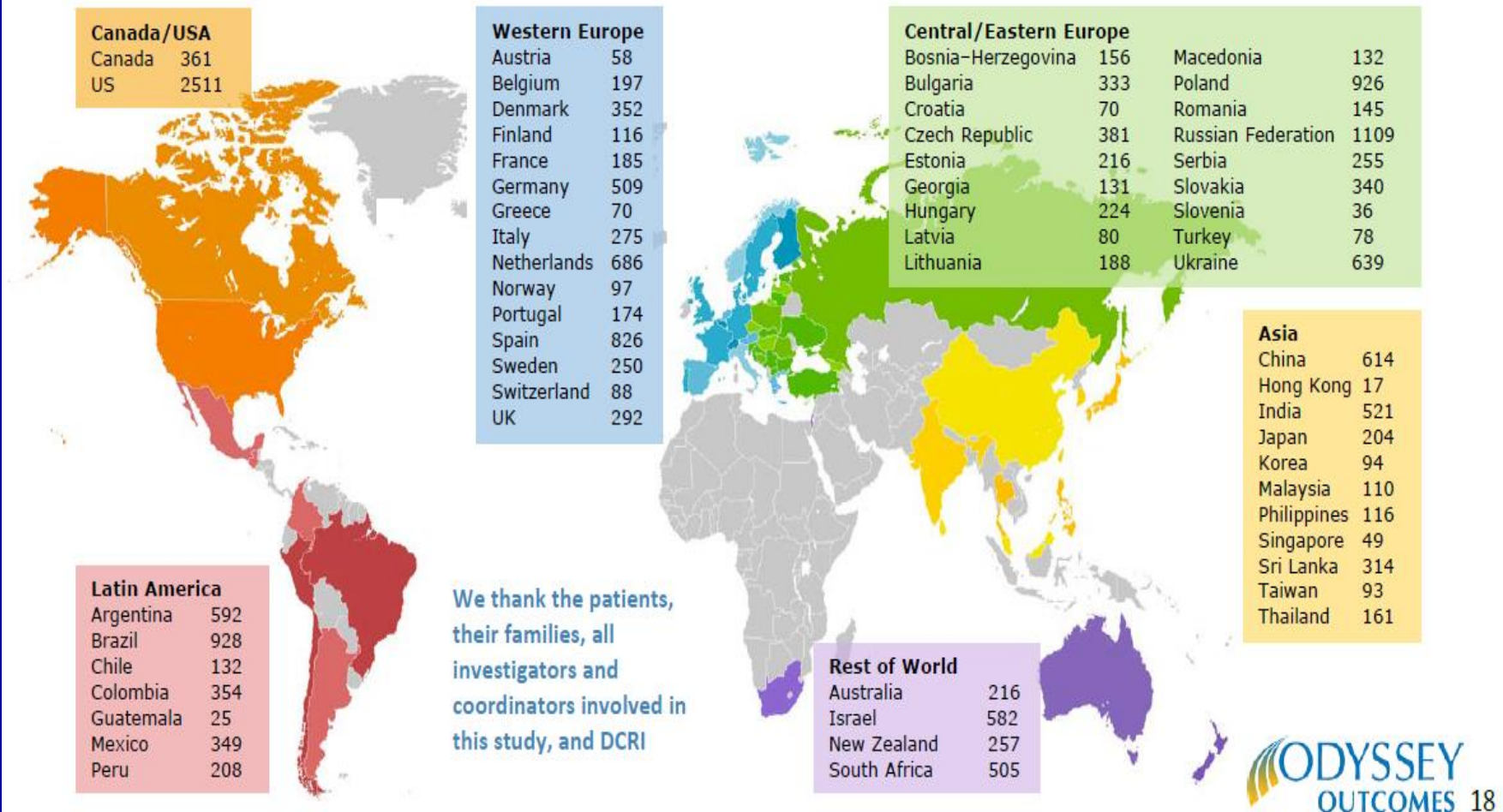
All outcomes adjudicated by the Clinical Events Committee, under the auspices of the Duke Clinical Research Institute (DCRI). Members were unaware of treatment assignment and lipid levels

***Required all of the following:**

1. Hospital admission >23 h for MI symptoms, ↑ tempo in prior 48 hours and/or ≥20 min of chest discomfort at rest
2. New ECG findings consistent with ischemia or infarction
3. Angiographically significant obstructive coronary disease

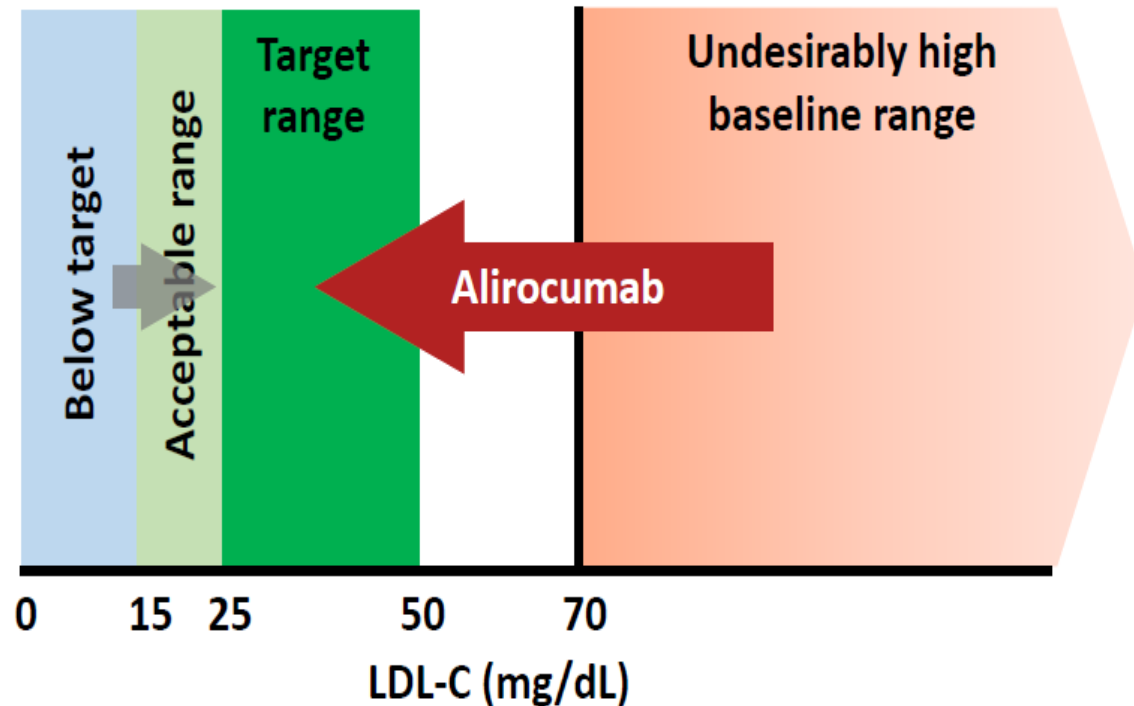
Schwartz GG, et al. Am Heart J 2014;168:682-689.e1.

ODYSSEY OUTCOMES: 18,924 patients randomized at 1315 sites in 57 countries, Nov 2, 2012 – Nov 11, 2017



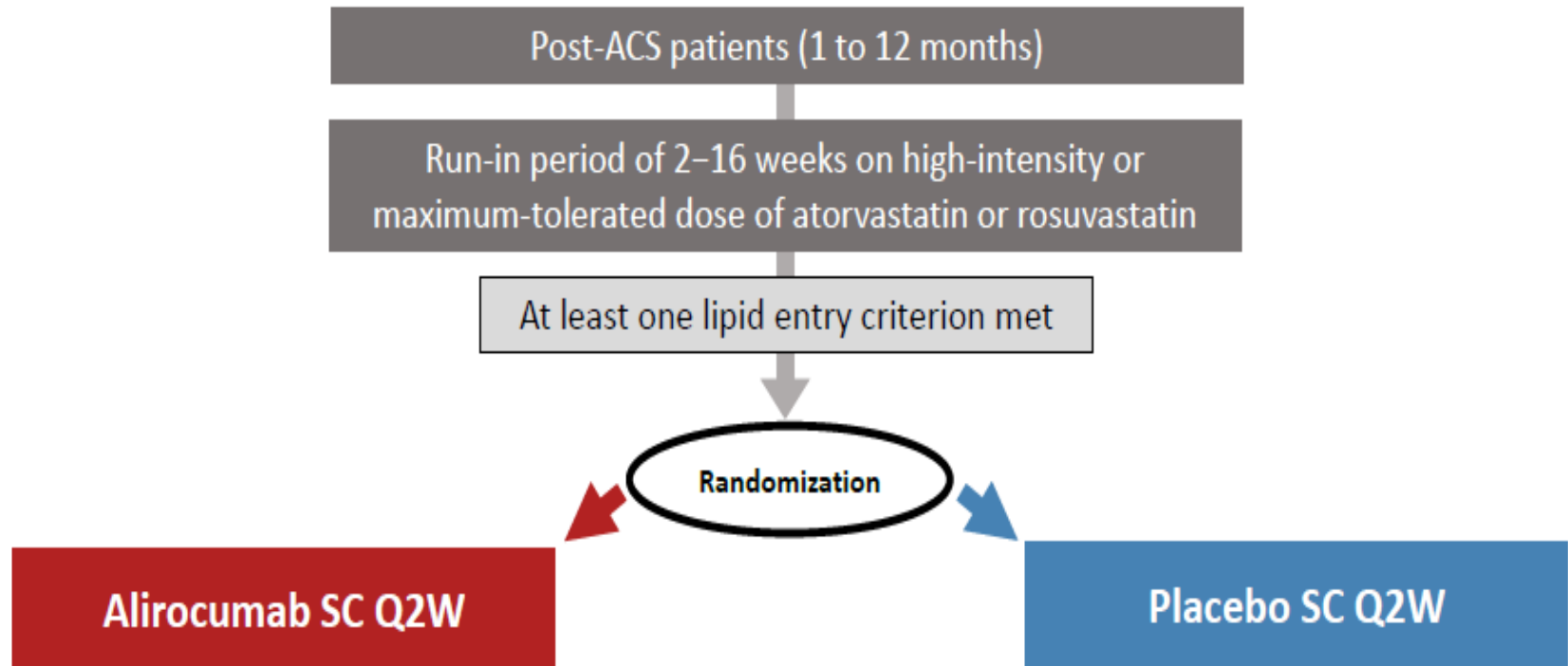
A Target Range for LDL-C

We attempted to maximize the number of patients in the target range and minimize the number below target by blindly titrating alirocumab (75 or 150 mg SC Q2W) or blindly switching to placebo.



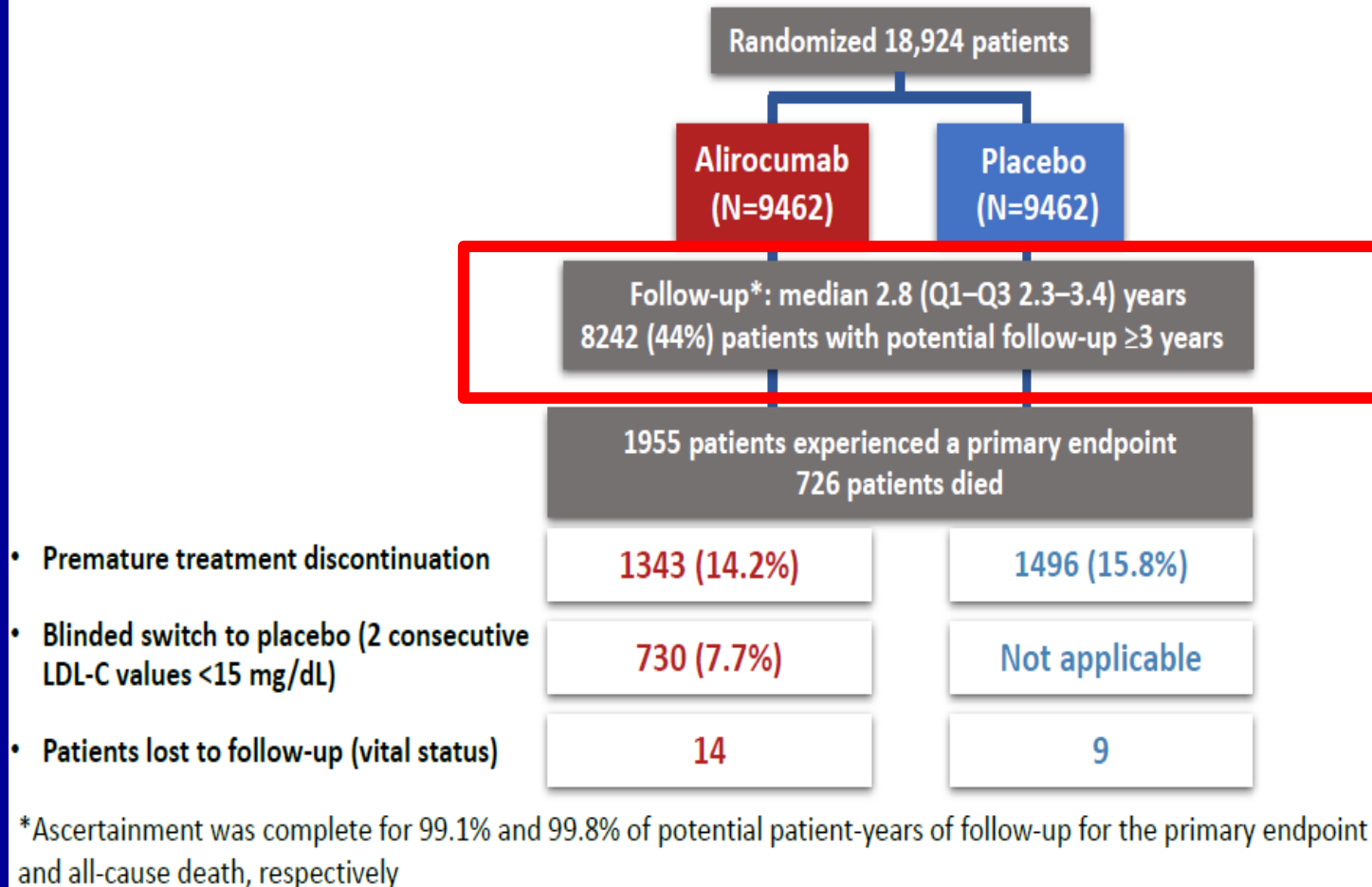
Schwartz GG, et al. Am Heart J 2014;168:682-689.e1.

Treatment Assignment



Patient and investigators remained blinded to treatment and lipid levels for the entire duration of the study

Patient Disposition

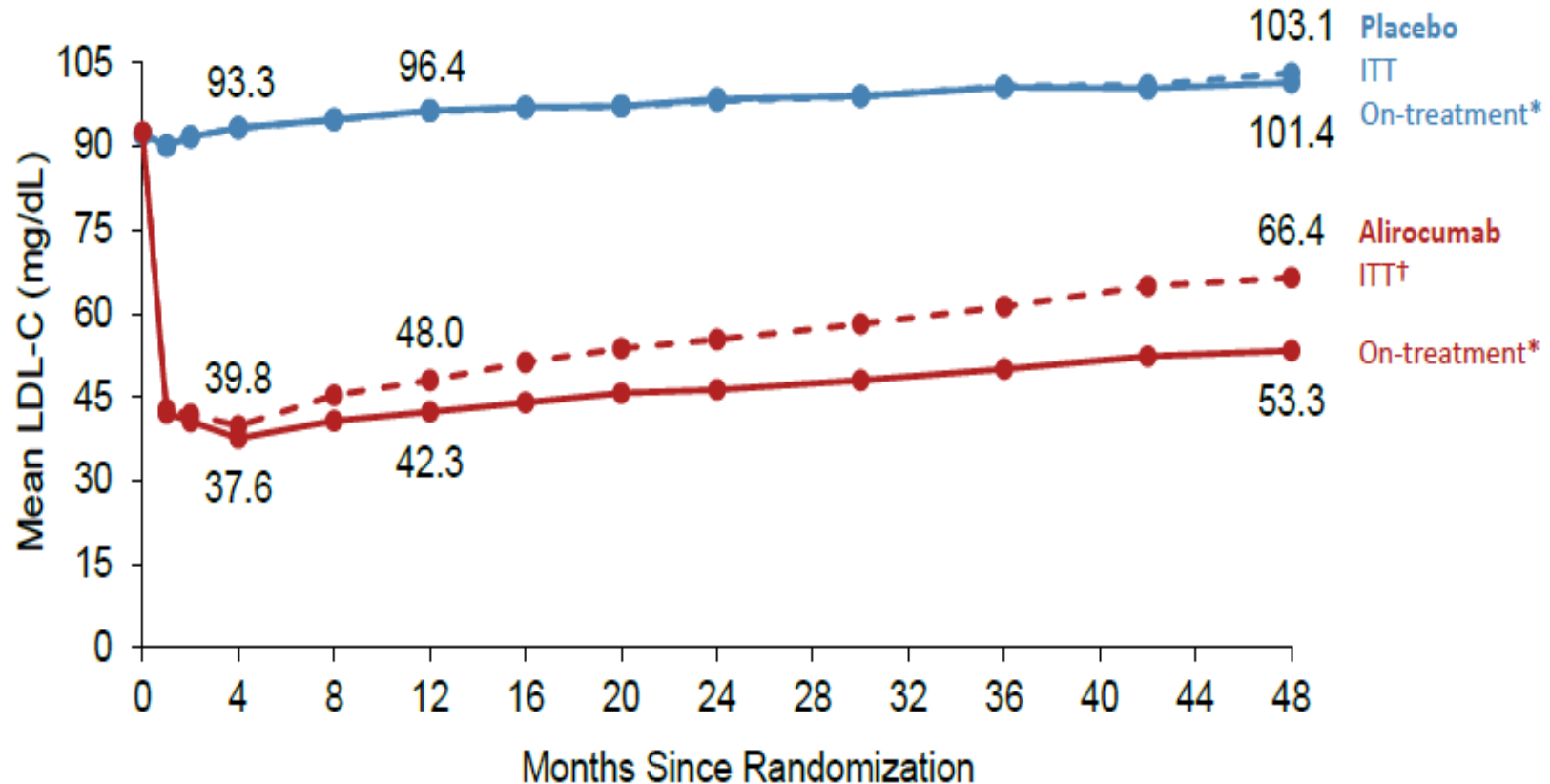


Baseline Lipid-Lowering Therapy

Therapy, n (%)	Alirocumab (N=9462)	Placebo (N=9462)
High-dose atorvastatin/rosuvastatin	8380 (88.6)	8431 (89.1)
Low-/moderate-dose atorvastatin/rosuvastatin	830 (8.8)	777 (8.2)
Other statin	19 (0.2)	27 (0.3)
Ezetimibe, with or without statin	269 (2.8)	285 (3.0)
No lipid-lowering therapy*	87 (0.9)	91 (1.0)

*Patients not on statins were authorized to participate if tolerability issues were present and documented

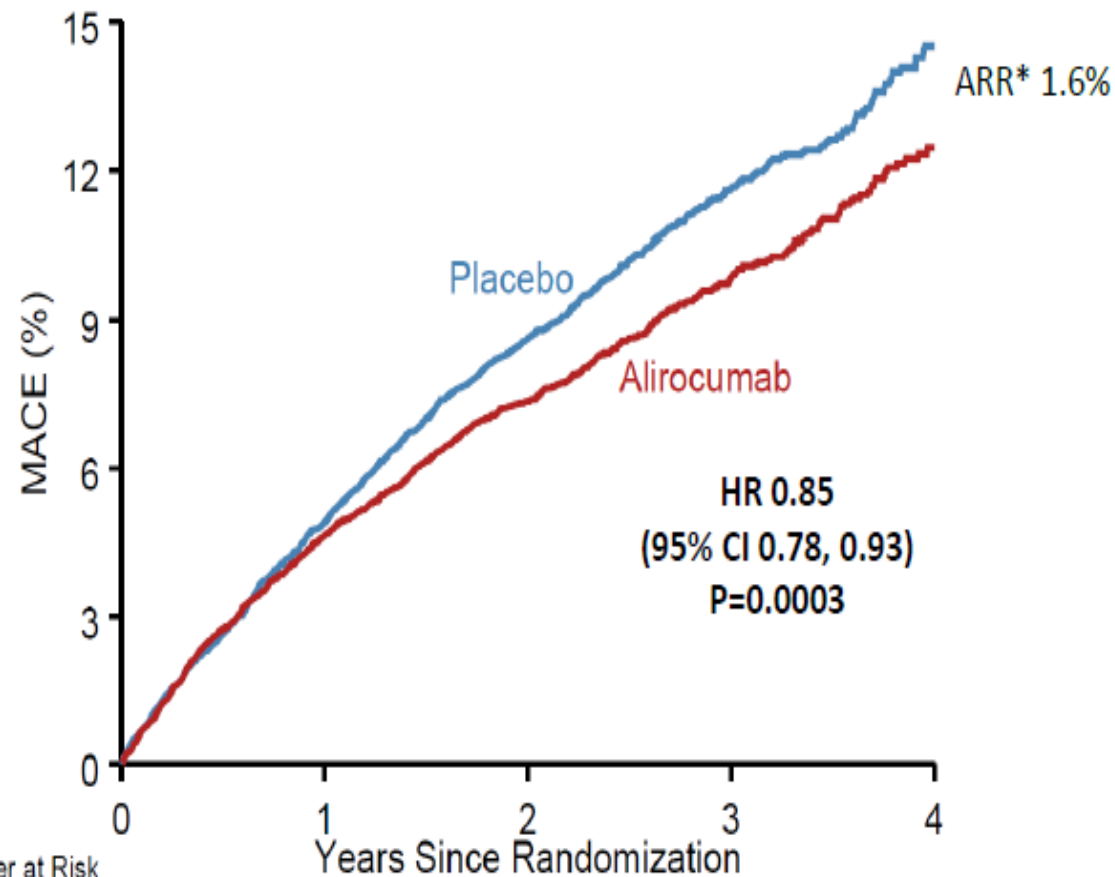
LDL-C: ITT and On-Treatment Analyses



*Excludes LDL-C values after premature treatment discontinuation or blinded switch to placebo

†All LDL-C values, including those after premature treatment discontinuation, blinded down titration, or blinded switch to placebo

Primary Efficacy Endpoint: MACE



Number at Risk

Placebo	9462	8805	8201	3471	629
Alirocumab	9462	8846	8345	3574	653

*Based on cumulative incidence

Primary Efficacy and Components

Endpoint, n (%)	Alirocumab (N=9462)	Placebo (N=9462)	HR (95% CI)	Log-rank P-value
MACE	903 (9.5)	1052 (11.1)	0.85 (0.78, 0.93)	0.0003
CHD death	205 (2.2)	222 (2.3)	0.92 (0.76, 1.11)	0.38
Non-fatal MI	626 (6.6)	722 (7.6)	0.86 (0.77, 0.96)	0.006
Ischemic stroke	111 (1.2)	152 (1.6)	0.73 (0.57, 0.93)	0.01
Unstable angina	37 (0.4)	60 (0.6)	0.61 (0.41, 0.92)	0.02

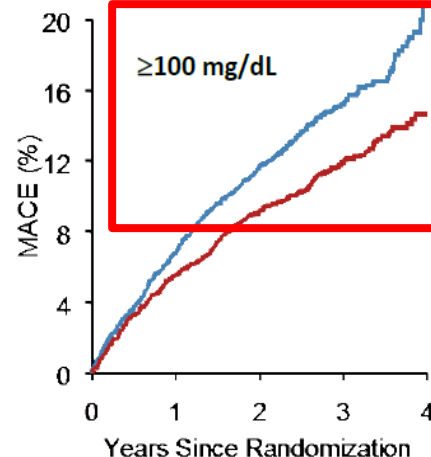
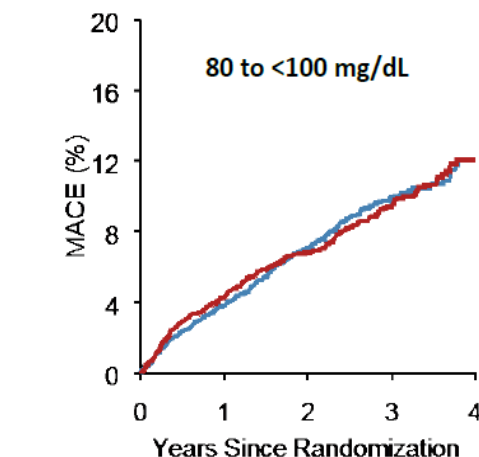
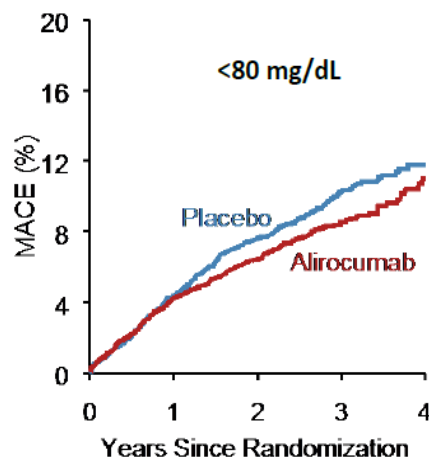
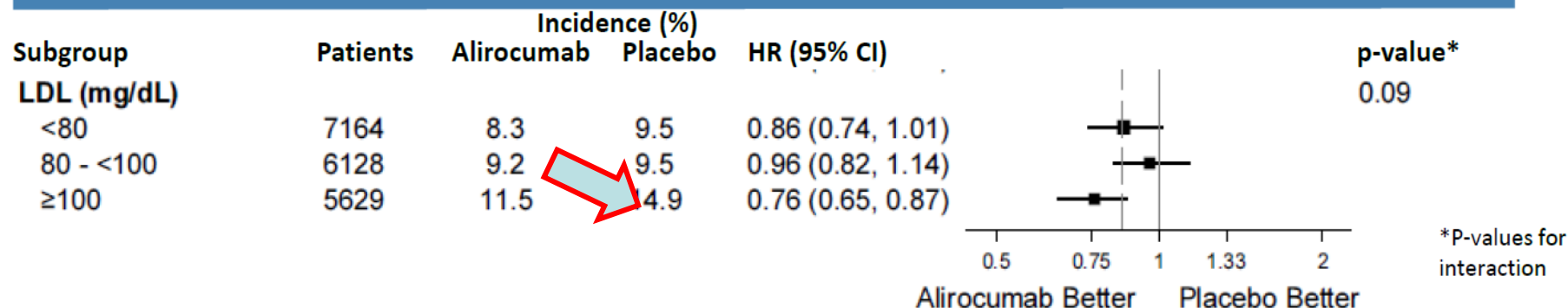
Main Secondary Efficacy Endpoints: Hierarchical Testing

Endpoint, n (%)	Alirocumab (N=9462)	Placebo (N=9462)	HR (95% CI)	Log-rank P-value
CHD event	1199 (12.7)	1349 (14.3)	0.88 (0.81, 0.95)	0.001
Major CHD event	793 (8.4)	899 (9.5)	0.88 (0.80, 0.96)	0.006
CV event	1301 (13.7)	1474 (15.6)	0.87 (0.81, 0.94)	0.0003
Death, MI, ischemic stroke	973 (10.3)	1126 (11.9)	0.86 (0.79, 0.93)	0.0003
CHD death	205 (2.2)	222 (2.3)	0.92 (0.76, 1.11)	0.38
CV death	240 (2.5)	271 (2.9)	0.88 (0.74, 1.05)	0.15
All-cause death	334 (3.5)	392 (4.1)	0.85 (0.73, 0.98)	0.026*

*Nominal P-value

Is There a Sweet Spot Where PCSK9i Have the Most Impact?

Primary Efficacy in Main Prespecified Subgroups



**1.6%
vs.
3.4%
ARR,
NNT
64 vs.
29**

Number at Risk

Placebo	3683	3347	3122	1290	256
Alirocumab	3681	3365	3183	1327	233

Number at Risk

Placebo	3062	2889	2708	1195	195
Alirocumab	3066	2880	2732	1194	213

Number at Risk

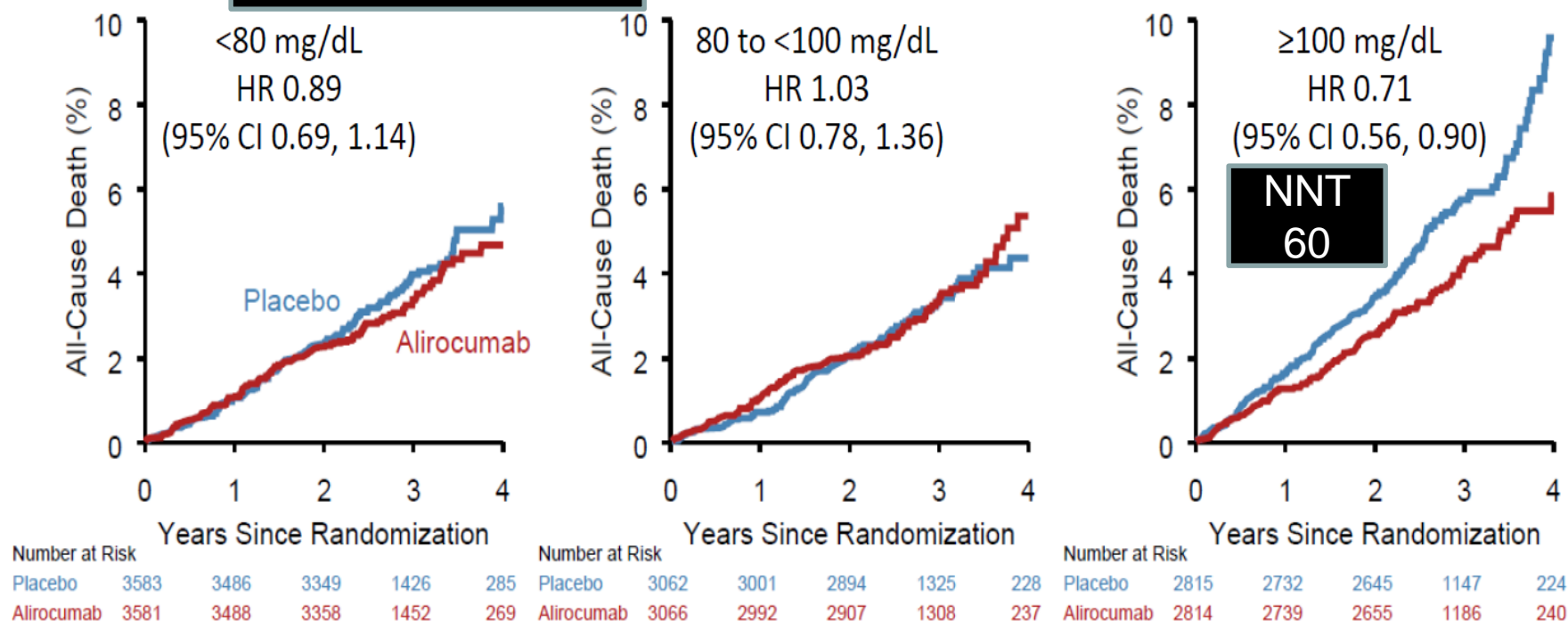
Placebo	2815	2568	2371	986	178
Alirocumab	2814	2602	2431	1053	207

**ODYSSEY
OUTCOMES**

Post Hoc Analysis: All-Cause Death by Baseline LDL-C Subgroups

ARR = 0.6% for all patients, NNT 163

ARR* 1.7% $P_{\text{interaction}}=0.12$



*Based on cumulative incidence

ODYSSEY
OUTCOMES

Safety (1)

Treatment-emergent adverse events, n (%)	Alirocumab (N=9451)	Placebo (N=9443)
Any	7165 (75.8)	7282 (77.1)
Serious	2202 (23.3)	2350 (24.9)

Laboratory value	Alirocumab	Placebo
ALT >3 × ULN, n/N (%)	212/9369 (2.3)	228/9341 (2.4)
Creatine kinase >10 × ULN, n/N (%)	46/9369 (0.5)	48/9338 (0.5)

Safety (2)

Event	Alirocumab (N=9451)	Placebo (N=9443)
Diabetes worsening or diabetic complications: <i>pts w/DM at baseline</i> , n/N (%)	506/2688 (18.8)	583/2747 (21.2)
New onset diabetes; <i>pts w/o DM at baseline</i> , n/N (%)	648/6763 (9.6)	676/6696 (10.1)
General allergic reaction, n (%)	748 (7.9)	736 (7.8)
Hepatic disorder, n (%)	500 (5.3)	534 (5.7)
Local injection site reaction, n (%)*	360 (3.8)	203 (2.1)
Neurocognitive disorder, n (%)	143 (1.5)	167 (1.8)
Cataracts, n (%)	120 (1.3)	134 (1.4)
Hemorrhagic stroke, n (%)	9 (<0.1)	16 (0.2)

ODYSSEY OUTCOMES vs. FOURIER

Trial Design	ODYSSEY OUTCOMES	FOURIER
Patient population	Post ACS	Stable ASCVD
LDL-C criteria (mg/dL)	≥70	≥70
Median Baseline LDL-C (mg/dL)	87	92
On high intensity statin	89%; 33% on statin prior to ACS	69%
PCSK9 dosing	Alirocumab 75 or 150 mg Q2W, titrated to target LDL-C (15-50 mg/dl)	Evolocumab 140 mg Q2W or 420 mg Q4W
Duration of follow-up (months)	33.6 (44% with ≥36 months)	26.4
Primary endpoint	4-point: CHD death, MI, ischemic stroke, UA requiring hospitalization	5-point: CV death, MI, stroke, hospitalization for unstable angina, coronary revascularization

ODYSSEY OUTCOMES vs. FOURIER

Efficacy	ODYSSEY OUTCOMES	FOURIER
Change in LDL-C (Absolute – mg/dL)	54	56
% change in LDL-C (on-treatment arm)	↓61%	↓59%
Relative reduction in primary endpoint	15%	15%
All-cause mortality	↓15% (P=0.026*)	↑4% (NS)

Conclusions

Compared with placebo in patients with recent ACS, alirocumab 75 or 150 mg subcutaneous Q2W targeting LDL-C levels 25–50 mg/dL, and allowing levels as low as 15 mg/dL:

1. Reduced MACE, MI, and ischemic stroke
2. Was associated with a lower rate of all-cause death
3. Was safe and well-tolerated over the duration of the trial

Clinical Perspective

- In this nearly 19,000-patient placebo-controlled trial, including many patients treated for ≥ 3 years, there was no safety signal with alirocumab other than injection site reactions
- Among patients with ACS and baseline LDL-C ≥ 100 mg/dL, alirocumab reduced MACE by 24% (ARR 3.4%) and all-cause death by 29% (ARR 1.7%) compared with placebo
 - These are the patients who may benefit most from treatment

ARR, absolute risk reduction