

Care of the Athletic Heart

From Elite to
Exercise Enthusiasts

Virtual

JUNE 24 – 26, 2021

Course Director

Jonathan H. Kim
MD, MSc, FACC

Course Co-Director:

Dermot Phelan
BAO, MB BCH, PhD, FACC

THURSDAY, JUNE 24

Faculty Q&A Lead Moderators: *Nathaniel Moulson, MD; David Peritz, MD, FACC; and Jason Tso, MD*

Session I: Coronavirus Disease-2019

On Demand Pre-Con*	COVID-19 and the Athletic Heart: Imaging Pearls and Pitfalls <i>Andre La Gerche, MD</i>
5:30 p.m.	Introduction <i>Jonathan Kim, MD, MSc, FACC</i>
5:40 p.m.	Keynote Session: Coronavirus-2019: Current Perspectives from the Lockdown to the Present <i>Moderator: Jonathan Kim, MD, MSc, FACC</i> <i>Panelists: Aaron Baggish, MD, FACC; Jonathan Drezner, MD; Celine Gounder, MD, ScM; and David Weiss</i>
6:40 p.m.	COVID-19 and the Athletic Heart: Case Discussions (Live Q&A) <i>Moderator: Matt Martinez, MD, FACC</i> <i>Panelists: Dermot Phelan, BAO, MB BCH, PhD, FACC; Andre La Gerche, MD; Ankit Shah, MD, MPH, FACC; and Meagan Wasfy, MD, FACC</i> <i>Case Presenters: David Engel, MD, FACC; Antonio B. Fernandez, MD, FACC; and Allison Zielinski, MD, FACC</i>
7:50 p.m.	Break

Session II: Interpretation of the Athletic ECG

8:00 p.m.	ECG Interpretation in Athletes: Back to the Basics! <i>Rachel Lampert, MD, FACC</i>
8:15 p.m.	Putting Your Interpretation Skills to the Test! Interpretation and Evaluation of ECGs from Professional, Recreational and Occupational Athletes (Live Q&A) <i>Moderator: Rachel Lampert, MD, FACC</i> <i>Panelists: Eugene H. Chung, MD, FACC; Michael S. Emery, MD, MS, FACC; Kimberly Harmon, MD; Michail Papadakis, MBBS, MD(Res); and Paul Thompson, MD, FACC</i>
9:40 p.m.	Adjourn

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FRIDAY, JUNE 25

Faculty Q&A Lead Moderators: *Jeff Hsu, MD, PhD, FACC; Gurukripa N. Kowlgi, MBBS; and Prashant Rao, MBBS*

7:55 a.m.	Welcome Back <i>Jonathan Kim, MD, MSc, FACC</i>
Session III: Cardiopulmonary Exercise Testing: A Primer for the Sports Cardiologist	
On Demand Pre-Con*	The Basics: Physiologic Basics of Exercise and Exercise Testing <i>Kathy E. Sietsema, MD</i>
On Demand Pre-Con*	CPET in Athletes: Outside the Bounds of Normal <i>Meagan Wasfy, MD, FACC</i>
8:00 a.m.	Systematic Approach for CPET Interpretation <i>Kathy E. Sietsema, MD</i>
8:20 a.m.	Utilization of CPET in Sports Cardiology: Case Discussions (Live Q&A) <i>Moderator: Meagan Wasfy, MD, FACC</i> <i>Panelists: Aaron Baggish, MD, FACC; Michael S. Emery, MD, MS, FACC; Benjamin Levine, MD, FACC; and Kathy E. Sietsema, MD</i> <i>Case Presenters: James Sawalla Guseh II, MD; Nathaniel Moulson, MD; and Kayle Shapero, MD, PhD</i>
9:30 a.m.	Break
Session IV: Masters Athletes and Cardiovascular Disease	
On Demand Pre-Con*	Cardiac Rehabilitation and Secondary Prevention: The Road Back to the Starting Line <i>William Kraus, MD, FACC</i>
On Demand Pre-Con*	The Exercise Dose Response Curve: Can There Really Be Too Much of a Good Thing? <i>Benjamin Levine, MD, FACC</i>
9:40 a.m.	Risk Stratifying the Master Athlete: An Expert's Approach <i>Aaron Baggish, MD, FACC</i>
10:00 a.m.	The Symptomatic Master Athlete: Case Discussions (Live Q&A) <i>Moderator: Dermot Phelan, BAO, MB BCH, PhD, FACC</i> <i>Panelists: Alfred Danielian, MD, FACC; Jonathan Kim, MD, MSc, FACC; William Kraus, MD, FACC; Tamanna K. Singh, MD, FACC; and Paul Thompson, MD, FACC</i> <i>Case Presenters: JT Anderson, MD; Eli Friedman, MD, FACC; and Sheela Krishnan, MD, FACC</i>

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FRIDAY, JUNE 25 (CONT.)

Session V: What You Need to Know About Genetic Testing and Congenital Heart Disease

On Demand Pre-Con*	The Non-ACHD Approach to Congenital Heart Disease: No Zebras Allowed! <i>Matt Martinez, MD, FACC</i>
On Demand Pre-Con*	Sudden Cardiac Death in Young Athletes: Has the Landscape Changed? <i>Christopher Semsarian, MBBS, PhD, MPH</i>
11:00 a.m.	Avoiding the Rabbit Hole: The Dos and Don'ts of Genetic Testing Your Athlete <i>Christopher Semsarian, MBBS, PhD, MPH</i>
11:20 a.m.	Cardiovascular Disease in Young Competitive Athletes: Case Discussions (Live Q&A) <i>Moderator: Jonathan Kim, MD, MSc, FACC</i> <i>Panelists: Elizabeth Hill Dineen, DO, FACC; Matt Martinez, MD, FACC; Silvana Molossi, MD, FACC; and Dermot Phelan, BAO, MB BCH, PhD, FACC</i> <i>Case Presenters: Neel Chokshi, MD; Peter Dean, MD, FACC; and John Symanski, MD, FACC</i>
12:30 p.m.	Adjourn

SATURDAY, JUNE 26

Faculty Q&A Lead Moderators: *James Sawalla Guseh II, MD; Sheela Krishnan, MD, FACC; and Bradley Lander, MD*

9:00 a.m.	Welcome Back and State of the Section: Updates and Action Items <i>Jonathan Kim, MD, MSc, FACC; and Eugene H. Chung, MD, FACC</i>
Session VI: Research Update and Arrhythmias	
On Demand Pre-Con*	The Year in Sports Cardiology Research: Impact on Clinical Practice <i>Jeff Hsu, MD, PhD, FACC</i>
9:15 a.m.	The Elephant in the Room: Dizziness in the Young Athlete and Autonomic Dysfunction <i>Benjamin Levine, MD, FACC</i>
9:45 a.m.	Arrhythmias in Athletes: Case Discussions (Live Q&A) <i>Moderator: Katie Morganti Stewart, CNP, MS</i> <i>Panelists: Thomas Jared Bunch, MD, FACC; Eugene H. Chung, MD, FACC; Rachel Lampert, MD, FACC; and Mark Link, MD, FACC</i> <i>Case Presenters: David Peritz, MD, FACC; Jack C. Salerno, MD, FACC; and Jason Tso, MD</i>
10:50 a.m.	Break

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SATURDAY, JUNE 26 (CONT.)

Session VII: No One Right Answer: Debates in Shared-Decision Making

11:00 a.m.	Debate: Asymptomatic Mild HCM Football Player: Okay to Play? <i>Case Presenter: Prashant Rao, MBBS</i> <i>Pro – Sharlene M. Day, MD</i> <i>Con – Martin S. Maron, MD</i>
11:55 a.m.	Debate: Atrial Fibrillation in the Master Endurance Athlete: Burning Questions <i>Moderator & Case Presenter: Katie Morganti Stewart, CNP, MS</i> <i>Pro – Eugene H. Chung, MD, FACC</i> <i>Con – Aaron Baggish, MD, FACC</i>
12:35 p.m.	Debate: Asymptomatic Wolf-Parkinson-White Pattern: When to Ablate <i>Moderator: Jonathan Kim, MD, MSc, FACC</i> <i>Case Presenter: Gurukripa N. Kowlgi, MBBS</i> <i>Pro – Mark Link, MD, FACC</i> <i>Con – Michail Papadakis, MBBS, MD(Res)</i>
1:15 p.m.	Final Thoughts <i>Jonathan Kim, MD, MSc, FACC</i>
1:25 p.m.	Course Adjournment