

CARDIO-OBSTETRIC ESSENTIALS:

TEAM-BASED MANAGEMENT OF
CARDIOVASCULAR DISEASE AND PREGNANCY

VIRTUAL **NOVEMBER 18, 2022**

OUTFRONT
ON EDUCATION

Please note: Not all treatment alternatives discussed in the program may be permissible under applicable state law. Please seek guidance on legal questions from your counsel.

FRIDAY, NOVEMBER 18

Welcome and Opening Session

10 a.m.	Welcome and Introductions <i>Natalie Bello, MD, MPH, FACC</i> <i>Kathryn Lindley, MD, FACC</i>
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Session I: Pregnancy Management Begins with Contraception

10:15 a.m.	Webinar Highlights <i>Kathryn Lindley, MD, FACC</i>
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10:30 a.m.	Safety and Effectiveness of Contraception for Patients with Cardiovascular Disease <i>Antoinette Nguyen, MD, MPH</i>
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Session II: Peripartum Cardiomyopathy

10:45 a.m.	Getting up to Speed on Peripartum Cardiomyopathy <i>Melinda Davis, MD, FACC</i>
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Session III: Ischemic Heart Disease

11:05 a.m.	Evaluation of Pregnant Inpatients with Chest Pain: Is It Acute Coronary Syndrome? <i>Nathaniel Rosso Smilowitz, MD, MS, FACC</i>
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11:15 a.m.	Management of Acute Coronary Syndromes <i>Michele Doughty Voeltz, MD, FACC</i>
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11:25 a.m.	Panel Discussion and Q&A Moderator: <i>Natalie Bello, MD, MPH, FACC</i> Panel: <i>Kathryn Lindley, MD, FACC</i> <i>Nathaniel Rosso Smilowitz, MD, MS, FACC</i> <i>Michele Doughty Voeltz, MD, FACC</i> <i>Malissa J. Wood, MD, FACC</i>
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11:40 a.m.	Break
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Session IV: Maternal Rights Are Human Rights	
12:10 p.m.	Understanding HERstory of Disparities in Maternal Health <i>Charles E. Johnson; Founder, 4Kira4Moms</i>
Session V: I Can See Clearly Now	
12:40 p.m.	Transthoracic Echo: Who, When, and Why? <i>Omar K. Khalique, MD, FACC</i>
12:50 p.m.	Imaging Pearls: Top 5 in 10 Minutes <i>Malissa J. Wood, MD, FACC</i>
Session VI: Valvular Heart Disease: Focus on Mitral and Aortic Stenosis	
1 p.m.	Medical Management of Valve Stenosis Throughout Pregnancy <i>Melinda Davis, MD, FACC</i>
1:10 p.m.	Percutaneous Management of Left Sided Valve Stenosis During Pregnancy <i>Marc Sintek, MD</i>
1:25 p.m.	Considerations for Delivery with Severe Stenotic Valve Disease <i>Kathryn Lindley, MD, FACC</i>
Session VII: Staying Therapeutic: Management of Mechanical Heart Valves During Pregnancy	
1:35 p.m.	2020 Valve Guideline Recommendations for Mechanical Valves During Pregnancy <i>Eric V. Krieger, MD, FACC</i>
1:45 p.m.	Anesthesia Management of the Anticoagulated Patient <i>Paloma Toledo, MD, MPH</i>
1:55 p.m.	Post Pregnancy Care with Mechanical Heart Valves <i>Maryam Tarsa, MD, MAS</i>
Session VIII: Concurrent Break Out Sessions <i>Choose Your Own Adventure: Adult Congenital Heart Disease (ACHD) or the Aorta</i>	
2:05 p.m.	Break Out 1: Evaluation and Management of ACHD Risk Assessment of Patients with ACHD: Estimating Your Patient's Pregnancy Risk <i>Candice K. Silversides, MD, FACC</i>
	Break Out 2: Aortopathy and Pregnancy Risk Assessment and Management of Aortopathies: Size Matters <i>Nupoor Narula, MD, MSc</i>

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Session IX: Concurrent Break Out Sessions <i>The Adventure Continues</i>	
2:20 p.m.	Break Out 1: Evaluation and Management of ACHD Management of WHO Class I-II Lesions During Pregnancy: Imaging, Complications, and When to Refer <i>Natasha K. Wolfe, MD</i>
	Break Out 2: Aortopathy and Pregnancy Management of Acute Aortic Syndromes <i>George J. Arnaoutakis, MD</i>
2:35 p.m.	Break
Session X: Cardiovascular Medications in Pregnancy: What's Different and What's the Same?	
2:50 p.m.	Use of Cardiac Medications in the Obstetric Patient <i>Emily Cooke, BCPS, PharmD</i>
3:05 p.m.	Panel Discussion and Q&A Moderator: <i>Kathryn Lindley, MD, FACC</i> Panel: <i>Katherine Arendt, MD</i> <i>Emily Cooke, BCPS, PharmD</i> <i>Rachel Sinkey, MD</i>
Session XI: Under Pressure	
3:15 p.m.	Management of the Spectrum of Hypertension Disorders Throughout Pregnancy <i>Natalie Bello, MD, MPH, FACC</i>
3:30 p.m.	Panel Discussion: An Opportunity to Implement Remote Blood Pressure Monitoring Moderator: <i>Deirdre Mattina, MD, FACC</i> Panel: <i>Natalie Bello, MD, MPH, FACC</i> <i>Sadiya Khan, MD, MSc, FACC</i> <i>Margo B. Minissian, PhD, ACNP, CLS, AACC</i> <i>Rachel Sinkey, MD</i>

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Session XII: What to Know About APOs	
3:40 p.m.	It's Only Just Begun: Cardiovascular Risk Beyond Birth <i>Deirdre Mattina, MD, FACC</i>
3:50 p.m.	4th Trimester Care for High-Risk Patients <i>Kathryn L. Berlacher, MD, FACC</i>
4 p.m.	Panel: Hypertensive Disorders of Pregnancy: Longitudinal Cardiovascular Care Moderator: <i>Deirdre Mattina, MD, FACC</i> Panel: <i>Natalie Bello, MD, MPH, FACC</i> <i>Kathryn L. Berlacher, MD, FACC</i> <i>Sadiya Khan, MD, MSc, FACC</i> <i>Margo B. Minissian, PhD, ACNP, CLS, AACC</i> <i>Rachel Sinkey, MD</i>
4:10 p.m.	Closing Remarks <i>Natalie Bello, MD, MPH, FACC</i> <i>Kathryn Lindley, MD, FACC</i>
4:15 p.m.	Adjourn
BONUS ON DEMAND CONTENT	
Just Can't Get Enough: Basics of Mitral/Aortic Stenosis	
10 minutes	Pre-Conception Evaluation: Risk Assessment, Testing, and Interventions <i>Lee B. Padove, MD, FACC</i>
10 minutes	Cardiovascular Hemodynamics Across Pregnancy in Patients with a Stenotic Valve <i>Katherine Arendt, MD</i>
Obstetric Medications: What a Non-OB Needs to Know	
15 minutes	Use of Obstetric Medications in the Cardiovascular Patient <i>Emily Cooke, BCPS, PharmD</i>
The Cardio-Obstetrics Team Approach to Delivery	
15 minutes	Delivery, It Takes a Village <i>Kristen S. Weber, MSN, CRNP, ACNP-BC</i>

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Back to the Basics: BLS/ACLS in Pregnancy	
10 minutes	Cardiac Arrest in Pregnancy <i>Robert Bauer, CRNP, AG-ACNP-BC</i> <i>Samantha Dearth, RN</i>
20 minutes	Simulation: CPR Demonstration: BLS/ACLS in Pregnancy <i>Robert Bauer, CRNP, AG-ACNP-BC</i> <i>Samantha Dearth, RN</i>
Pregnancy 101: Building Blocks of Pregnancy	
10 minutes	Physiologic Changes of Pregnancy <i>Mary Lee, PA-C</i>
10 minutes	Physical Exam in the Pregnant Patient: What's Normal and When to Worry <i>Kimberly Bollinger, CRNP, CCA</i>
A Team Based Approach for When the Highest Risk Cardiovascular Patient Becomes Pregnant	
15 minutes	Who: Which Cardiovascular Patients Are at Heightened Risk for Pregnancy? <i>Kathryn Lindley, MD, FACC</i>
15 minutes	What: Pregnancy Termination in the High-Risk Cardiac Patient <i>Introduction by: Deirdre Mattina, MD, FACC</i> <i>Presenter: Amy Addante, MD</i>
15 minutes	How: Postprocedural Management and Patient Optimization <i>Introduction by: Lee B. Padove, MD, FACC</i> <i>Presenter: Afshan B. Hameed, MD, FACC</i>
15 minutes	Panel Discussion <i>Moderator: Natalie Bello, MD, MPH, FACC</i> <i>Panel:</i> <i>Amy Addante, MD</i> <i>Kimberly Bollinger CRNP, CCA</i> <i>Afshan B. Hameed, MD, FACC</i> <i>Kathryn Lindley, MD, FACC</i> <i>Deirdre Mattina, MD, FACC</i> <i>Lee B. Padove, MD, FACC</i>