

# CARE OF THE ATHLETIC HEART

FROM ELITE TO EXERCISE ENTHUSIASTS



## AGENDA

### Thursday, June 8

#### Pre-Conference CPET: Basics to Practical Applications

*Moderator: Meagan Wasfy, MD, MPH, FACC*

*Panel: Michael Emery, MD, MS, FACC; Jeff Hsu, MD, PhD, FACC; Ankit Shah, MD, MPH, FACC*

1 p.m.	<b>Registration</b>
2 p.m.	<b>Basics of CPET Performance and Interpretation</b> <i>Meagan Wasfy, MD, MPH, FACC</i>
2:40 p.m.	<b>What is "Normal" For the Athlete CPET</b> <i>Meagan Wasfy, MD, MPH, FACC</i>
2:55 p.m.	<b>How I Use CPET to Generate an Exercise Prescription For My Athlete With Heart Disease</b> <i>Michael Emery, MD, MS, FACC</i>
3:10 p.m.	<b>How I Use CPET to Improve Performance For My Elite Athlete</b> <i>Ankit Shah, MD, MPH, FACC</i>
3:25 p.m.	<b>CPET and Long-COVID</b> <i>Jeff Hsu, MD, PhD, FACC</i>
3:40 p.m.	<b>CPET Live Demonstration &amp; Panel Discussion</b> <i>Moderator and Panel</i>
5 p.m.	<b>Registration and Social Hour</b>



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## Thursday, June 8 (Con't)

### Session I Keynote Address & ECG Interpretation in the Athlete

Moderator: Dermot Phelan, MD, PhD, FACC

Panel: Aaron Baggish, MD, FACC; Eugene Chung, MD, MSc, FACC; Jonathan Kim, MD, MSc, FACC;  
Rachel Lampert, MD, FACC

6 p.m.	<b>Welcome</b>
6:10 p.m.	<b>Keynote Address: Can the Heart Get a Sports Injury?</b> <i>Paul D. Thompson, MD, FACC</i>
6:40 p.m.	<b>ECG Interpretation in the Athlete: A Brief Review and Update Since the International Criteria</b> <i>Eugene Chung, MD, MSc, FACC</i>
7 p.m.	<b>ECG Interpretation: Put Your Interpretation Skills to the Test!</b> <i>Moderator and Panel</i>
8:30 p.m.	<b>Wrap Up</b>

## Friday, June 9

6:30 a.m.	<b>Morning Activity (Optional)</b>
7 a.m.	<b>Registration Continental Breakfast</b>

### Session II Preparticipation Screening: The Debate Continues

Moderator: Jeff Hsu, MD, FACC

Panel: Michael Emery, MD, MS, FACC; Jeff Hsu, MD, PhD, FACC; Ankit Shah, MD, MPH, FACC

7:50 a.m.	<b>Welcome</b>
8 a.m.	<b>Debate: Are We Really Still Having This Debate? ECG vs. No ECG For Preparticipation Screening of Young Competitive Athletes</b> <i>Michael Papadakis, MBBS, MD, MRCP*, Benjamin Levine, MD, FACC</i>
8:40 a.m.	<b>Forget About the ECG: Strategies For Optimizing the High School Preparticipation Physical - What Not to Miss on the Physical and What to Do With Positive Screening Questions</b> <i>Peter Dean, MD, FACC</i>



## Friday, June 9 (Con't)

9:10 a.m.	<b>Debate: I'm 50 and I've Decided to Run a Marathon - Should I Undergo Preparticipation Screening For Coronary Disease?</b> <i>Jonathan Kim, MD, MSc, FACC; Aaron Baggish, MD, FACC</i>
9:40 a.m.	<b>Break</b>

### Session III The Symptomatic Young Athlete

*Moderator: Katie Stewart, CNP, MS*

*Panel: Alfred Danielian, MD, FACC; Peter Dean, MD, FACC; Michael Emery, MD, MS, FACC; David Engel, MD, FACC*

10 a.m.	<b>Let's Broaden the Differential: Dysfunctional Breathing in the Athlete (EILO, EIB, DBP)</b> <i>Michael Emery, MD, MS, FACC</i>
10:20 a.m.	<b>Case Block: The Symptomatic Young Athlete</b> <i>Case Presenters: Alfred Danielian, MD, FACC; David Engel, MD, FACC; Mustafa Husaini, MD, FACC</i>
11:20 a.m.	<b>Evaluation of the Collapsed Athlete</b> <i>Benjamin Levine, MD, FACC</i>
11:40 a.m.	<b>Lunch</b>

### Session IV Sports Cardiology in the Community

*Moderator: Eli Friedman, MD, FACC*

*Panel: Lindsay Davis; Elizabeth Dineen, DO, FACC; Omar Carter\*; Benjamin Levine, MD, FACC; Matthew Martinez, MD, FACC*

12:30 p.m.	<b>Where There is No Debate: The Emergency Action Plan</b> <i>Eli Friedman, MD, FACC</i>
12:45 p.m.	<b>Strategies For Engaging the Community in CPR and AED Training</b> <i>Omar Carter*</i>
1 p.m.	<b>Opportunities For Advocacy in Sports Cardiology</b> <i>Lindsay Davis</i>
1:15 p.m.	<b>Discussion: Sports Cardiology in the Community</b> <i>Moderator and Panel</i>
1:30 p.m.	<b>Break</b>



## Friday, June 9 (Con't)

### Session V

#### Shared Decision Making in Sports Cardiology: A Deep Dive

Moderator: Rachel Lampert, MD, FACC

Panel: Aaron Baggish MD; FACC, Peter Dean, MD, FACC; Neal Dickert Jr, MD, PhD, FACC\*; Ben Hammond, MD

1:45 p.m.	<b>Legal and Ethical Considerations of Shared Decision Making For Sporting Participation in an Athlete With Cardiac Disease</b> <i>Neal Dickert Jr, MD, PhD, FACC*</i>
2 p.m.	<b>The Athlete's Perspective</b> <i>Lindsay Davis</i>
2:10 p.m.	<b>Shared Decision Making: How I Do It</b> <i>Rachel Lampert, MD, FACC</i>
2:35 p.m.	<b>Approach to Shared Decision Making in the Pediatric Population</b> <i>Peter Dean, MD, FACC</i>
2:50 p.m.	<b>Discussion: Shared Decision Making in Sports Cardiology</b> <i>Moderator and Panel</i>
3:15 p.m.	<b>Break</b>

### Session VI

#### Imaging the Athletes Heart

Moderator: Matthew Martinez, MD, FACC

Panel: Guido Claessen, MD, PhD\*; Dermot Phelan MD, PhD, FACC; Meagan Wasfy, MD, MPH, FACC

3:30 p.m.	<b>Common Mistakes in Imaging the Athletes Heart: What to Avoid!</b> <i>Dermot Phelan, MD, PhD, FACC</i>
4 p.m.	<b>The Great Imaging Quiz: Quick Fire Cases</b> <i>Moderator and Panel</i>
5 p.m.	<b>Wrap Up</b>



## Saturday, June 10

6 a.m.	<b>Morning Activity (Optional)</b>
7 a.m.	<b>Continental Breakfast</b>
7:30 a.m.	<b>Welcome</b> <b>State of the Section: Updates and Action Items</b> Jonathan Kim, MD, MSc, FACC

### Session VII The Master Athlete With Cardiovascular Disease

*Moderator: Ankit Shah, MD, MPH, FACC*

*Panel: Jonathan Kim, MD, MSc, FACC; Sheela Krishnan, MD, FACC; Dermot Phelan, MD, PhD, FACC; Paul Thompson, MD, FACC*

7:40 a.m.	<b>Considerations For Managing ASCVD Risk Factors in Master Athletes</b> <i>Jonathan Kim, MD, MSc, FACC</i>
8 a.m.	<b>Case Block: The Master Athlete With Cardiovascular Disease</b> <i>Case Presenters: Robyn Bryde, MD; Merije Chukumerije, MD, FACC; Sheela Krishnan, MD, FACC</i>

### Session VIII Arrhythmias in the Athlete

*Moderator: Eugene Chung, MD, MSc, FACC*

*Panel: Antonio Fernandez, MD, FACC; Andre La Gerche, MBBS, PhD\*; Rachel Lampert, MD, FACC; Tamanna Singh, MD, FACC*

9 a.m.	<b>Arrhythmogenic Cardiomyopathy - A Changing Landscape</b> <i>Andre La Gerche, MBBS, PhD*</i>
9:30 a.m.	<b>Case Block: Arrhythmias in the Athlete</b> <i>Aubrey Grant, MD, FACC; Ben Hammond, MD; Katie Stewart, CNP, MS</i>
10:30 a.m.	<b>Break</b>



## Saturday, June 10 (Con't)

### Session IX

### Exercise at the Extremes: Considerations For the Vacationing and Vocational Athlete

Moderator: *Elizabeth Dineen, DO, FACC*

Panel; *Aaron Baggish, MD, FACC; Ben Levine, MD, FACC; Michael Papadakis, MBBS, MD, MRCP\*;  
Ankit Shah, MD, MPH, FACC*

10:45 a.m.	<p><b>From the Ocean to the Mountain Top - Environmental Considerations For the Athlete With Heart Disease</b> <i>Elizabeth Dineen, DO, FACC</i></p>
11:15 a.m.	<p><b>Case Block: Exercise at the Extremes</b> <i>Antonio Fernandez, MD, FACC; Bradley Lander, MD; Nathaniel Moulson, MD</i></p>
12:15 p.m.	<p><b>Final Thoughts and Wrap Up</b></p>
12:30 p.m.	<p><b>Course Adjournment</b></p>

\* *Virtual Presenter*