

CARDIO-OBSTETRICS ESSENTIALS

TEAM-BASED MANAGEMENT OF CARDIOVASCULAR DISEASE AND PREGNANCY

DEC. 15, 2023
VIRTUAL



Opening

10 – 10:15 a.m. **Welcome and Introductions**
Kathryn Lindley, MD, FACC

Session I: Cardiomyopathy

10:15 – 10:30 a.m. **Pre-conception Risk Stratification and Clinical Approach to Preexisting Cardiomyopathy During Pregnancy**
Mary N. Walsh, MD

10:30 – 10:45 a.m. **Evaluation of Dyspnea in Pregnancy and the Early Postpartum Period**
Ersilia DeFilippis, MD

10:45 – 11 a.m. **Pharmacotherapy of Heart Failure in Pregnancy and Lactation**
Snehal Bhatt, PharmD

11 – 11:15 a.m. **Panel Discussion: Heart Failure in the Pregnant Patient**
Moderator: Mary N. Walsh, MD
Panel: Snehal Bhatt, PharmD; Ersilia DeFilippis, MD; Lynn Yee, MD, MPH, MFM

Session II: Ischemic Heart Disease

11:15 – 11:30 a.m. **Evaluation of Pregnant Patients With Chest Pain in the Outpatient Setting**
Nathaniel Rosso Smilowitz, MD, MS, FACC

11:30 – 11:45 a.m. **Management of Pregnant Patients With Established Coronary Artery Disease**
Ki Park, MD

11:45 a.m. – 12 p.m. **Panel Discussion: Ischemic Heart Disease in the Pregnant Patient**
Moderator: Ki Park, MD
Panel: Nathaniel Rosso Smilowitz, MD, MS, FACC; Jourdan Triebwasser, MD, MA, MFM

12 – 12:30 p.m. **Break**

Session III: Patient Voice

12:30 – 1 p.m. **Patient Experience: Heart Failure in Pregnancy**
Jessica Grib

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Session IV: Diagnostic Imaging in Pregnancy

- 1 – 1:15 p.m.** **Radiation and Contrast Safety During Pregnancy and Lactation**
Thomas McLaren, MD
- 1:15 – 1:30 p.m.** **Imaging the Aorta in the Pregnant Patient**
Natalie Bello, MD, MPH, FACC
- 1:30 – 1:45 p.m.** **Panel Discussion: Cardiovascular Imaging During Pregnancy and Lactation**
Moderator: Lee B. Padove, MD, FACC
Panel: Natalie Bello, MD, MPH, FACC; Thomas McLaren, MD; Jourdan Triebwasser, MD, MA, MFM

Session V: Valvular Heart Disease

- 1:45 – 2 p.m.** **Risk Stratification and Management of Pulmonic Valve Disease in Pregnant Patients**
Sarah Goldstein, MD
- 2 – 2:15 p.m.** **Endocarditis in Pregnancy: A Team-based Approach**
Sami El-Dalati, MD
- 2:15 – 2:45 p.m.** **Debate: What is the Optimal Valve Replacement Option For the Reproductive Aged Patient?**
Maral Ouzounian, MD, PhD; Parham Eshtehardi, MD, FACC; John Saxon, MD
- 2:45 – 3 p.m.** **Break**

Session VI: Arrhythmias

- 3 – 3:15 p.m.** **Evaluation of Palpitations in Pregnancy**
Colleen Harrington, MD
- 3:15 – 3:30 p.m.** **Management of Atrial Fibrillation in Pregnancy and Lactation**
Andrea Russo, MD, FACC
- 3:30 – 3:45 p.m.** **Antiarrhythmic Pharmacotherapy For the Pregnant and Lactating Patient**
Emily Cooke, PharmD

Session VII: Addressing Disparities in Cardio-Obstetrics

- 3:45 – 4 p.m.** **Racial Disparities in the Cardio-obstetric Population**
Deirdre Mattina, MD, FACC

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4 – 4:15 p.m. **Geographic Disparities in the Cardio-obstetric Population**
Rachel Rodel, MD

4:15 – 4:30 p.m. **Advocacy and Health Policy to Reduce Health Disparities in the Cardio-obstetric Population**
William Grobman, MD, MBA

4:30 – 4:45 p.m. **Break**

Session VIII: Don't Forget About the Baby

4:45 – 4:55 p.m. **Estimating Fetal Risk For Cardiac Disease**
Caroline Lee, MD

4:55 – 5:05 p.m. **Fetal Complications in Cardiac Pregnancies**
Bethany Stetson, MD

5:05 – 5:15 p.m. **Panel Discussion: Caring For Two During Pregnancy**
Moderator: Kimberly Bollinger, CRNP
Panel: Doreen DeFaria-Yeh, MD, FACC; Caroline Lee, MD; Emily Morris, MD;
Lynn Yee, MD, MPH, MFM

Session IX: Case-based Presentations

5:15 – 5:30 p.m. **Aorta Case**
Presenter: Aakriti Gupta, MD
Panel: Doreen DeFaria-Yeh, MD, FACC; John Saxon, MD; Parham Eshtehardi, MD, FACC;
Jourdan Triebwasser, MD, MA, MFM

5:30 – 5:45 p.m. **Atrial Fibrillation Case**
Presenter: Lindsay Panah, MD
Panel: Colleen Harrington, MD; Andrea Russo, MD, FACC; Lynn Yee, MD, MPH, MFM

Closing

5:45 – 5:50 p.m. **Closing**
Kathryn Lindley, MD, FACC