

CARDIO-OBSTETRICS ESSENTIALS TEAM-BASED MANAGEMENT OF

CARDIOVASCULAR DISEASE AND PREGNANCY

AGENDA

FRIDAY, NOV. 1		
2 - 3 p.m.	Registration	
A Primer on Cardio-Obstetrics Services and Building an Interdisciplinary Care Team		
3 - 3:10 p.m.	Welcome Natalie Bello, MD, MPH, FACC	
3:10 - 4:10 p.m.	Building a Cardio-Obstetrics Service Line/Program Shantelle Bartra, APRN, AACC; Natalie Bello, MD, MPH, FACC, Sabha Bhatti, MD, FACC, Malamo Countouris, MD; Juan M. González Vélez, MD, PhD; Emily Schwabe, PharmD, BCPS, Sanjum Sethi, MD, MPH; Candice Silversides, MD, FACC Moderator: Deirdre J. Mattina, MD, FACC	
4:10 - 4:30 p.m.	Challenges and Solutions to Starting a Cardio-Obstetrics Service Line/ Program Parham Eshtehardi, MD, FACC; Juan M. González Vélez, MD, PhD; Dan G. Halpern, MD, FACC; Deirdre J. Mattina, MD, FACC; Andrea Russo, MD, FACC; Mary Norine Walsh, MD, MACC Moderator: Natalie Bello, MD, MPH, FACC	
4:30 - 4:45 p.m.	Panel Q&A	
4:45 - 5 p.m.	Break	
5 - 5:20 p.m.	Contraception For the Cardiologist Kathryn Lindley, MD, FACC	
5:20 - 5:40 p.m.	Case Presentation 1: Shortness of Breath After Delivery Shantelle Bartra, APRN, AACC; Dan G. Halpern MD, FACC; Natalie Bello, MD, MPH, FACC	
5:40 - 6 p.m.	Case Presentation 2: Shortness of Breath in the Second Trimester Deirdre J. Mattina, MD, FACC; Sabha Bhatti, MD, FACC	
6 - 6:25 p.m.	EMR: Documenting a Care Plan Juan M. González Vélez, MD, MS, PhD	
6:25 - 6:30 p.m.	Wrap-Up	
6:30 - 7:30 p.m.	Reception (in-person attendees only)	



Have Your Questions Answered by the Experts! Scan the QR Code or visit *acc.cnf.io* and submit your question to the faculty!



SATURDAY, NOV. 2		
7 - 8 a.m.	Registration and Breakfast	
Congestive Heart Failure		
8 - 8:10 a.m.	Welcome Deirdre J. Mattina, MD, FACC	
8:10 - 8:30 a.m.	Peripartum Cardiomyopathy: If You Hear Hoofbeats Natalie Bello, MD, MPH, FACC	
8:30 - 8:50 a.m.	Cardio-Obstetric-myopathies – Zebras Exist Too! Sabha Bhatti, MD, FACC	
8:50 - 9 a.m.	Panel Q&A	
Ischemic Heart Disease		
9 - 9:20 a.m.	I'm Torn – Could This Be pSCAD? Parham Eshtehardi., MD, FACC	
9:20 - 9:40 a.m.	I'm Blocked: Acute Coronary Syndrome in Pregnancy Sanjum Sethi, MD, MPH	
9:40 - 9:50 a.m.	Panel Q&A	
9:50 - 10 a.m.	Break	
10 - 11 a.m.	Keynote Address: Addressing Disparities in Maternal Health Through a Diversified Workforce Samuel Cook, MD; Quinn Capers IV MD, FACC; Mary Norine Walsh, MD, MACC	
Pharmacotherapy		
11 - 11:20 a.m.	Egg-specting a Bundle of Joy – Cholesterol Management in Pregnancy Emily Schwabe, PharmD, BCPS	
11:20 - 11:40 a.m.	High Stakes – High Pressure: Pulmonary Hypertension in Pregnancy Mary Norine Walsh, MD, MACC	
11:40 a.m 12:10 p.m.	Navigating the Maze of Truths and Misconceptions of Medication Safety in Pregnancy Emily Schwabe, PharmD, BCPS	
12:10 - 12:20 p.m.	Panel Q&A	
12:20 - 1:20 p.m.	Lunch	



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SATURDAY, NOV. 2 (CONTINUED)		
Valvular Heart Disease		
1:20 - 1:50 p.m.	Pregnancy With Severe Valve Disease in Low-resource Populations – More Than Fish Mouths and Hockey Sticks! Sabha Bhatti, MD, FACC	
1:50 - 2:20 p.m.	Secrets Leaked – Everything You Need to Know About Regurgitant Lesions in Pregnancy Parham Eshtehardi, MD, FACC	
2:20 - 2:50 p.m.	Update on Transcatheter Interventions in Pregnancy and Left-sided Valve Degeneration in Young Women Candice Silversides, MD, FACC	
2:50 - 3:05 p.m.	Panel Q&A	
3:05 - 3:20 p.m.	Break	
Adult Congenital Heart Disease		
3:20 - 3:35 p.m.	The ABCs of ACHD Risk Stratification Candice Silversides, MD, FACC	
3:35 - 3:55 p.m.	It Takes a Village: A Multidisciplinary Approach to High-Risk WHO III and IV ACHD Pregnancies Shantelle Bartra, ARPN, AACC; Juan M. González Vélez, MD, PhD; Dan G. Halpern, MD, FACC	
3:55 - 4:25 p.m.	No Tear No Tears – Preventing Aortic Catastrophe in Pregnancy Dan G. Halpern, MD, FACC	
4:25 - 4:40 p.m.	Radiation Safety Sanjum Sethi, MD, MPH	
4:40 - 4:55 p.m.	Case Presentation: Mama's Got the Blues Shantelle Bartra, ARPN, AACC; Juan M. González Vélez, MD, PhD; Dan G. Halpern, MD, FACC; Sanjum Sethi, MD, MPH; Bhavya Varma, MD	
4:55 - 5:10 p.m.	Panel Q&A	
5:10 - 5:15 p.m.	Wrap-Up	



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SUNDAY, NOV. 3		
7 - 8 a.m.	Breakfast	
Arrhythmia		
8 - 8:05 a.m.	Welcome	
8:05 - 8:25 a.m.	All That Flutters is Not Fib! Workup of Palpitations in Pregnancy Deirdre J. Mattina, MD, FACC	
8:25 - 8:45 a.m.	Don't Lie to Your Cardiologist, They Can Always Spot A Fib Andrea Russo, MD, FACC	
8:45 - 9:05 a.m.	Debate: A Fib in Pregnancy – To Anticoagulate or Not? That is the Question Dan G. Halpern, MD, FACC; Emily Schwabe, PharmD, BCPS	
9:05 - 9:25 a.m.	First Take Your Own Pulse: SVT in Pregnancy Andrea Russo, MD, FACC	
9:25 - 9:45 a.m.	Panel Q&A	
9:45 - 9:55 a.m.	Break	
9:55 - 10:15 a.m.	Be Still My Heart – Ventricular Arrhythmias in Pregnancy Andrea Russo, MD, FACC	
10:15 - 10:35 a.m.	Debate: Ablation of Ventricular Arrhythmias During Pregnancy Parham Eshtehardi, MD, FACC; Andrea Russo, MD, FACC	
Prevention of Hyper	tensive Disorders of Pregnancy	
10:35 - 10:55 a.m.	No Pressure! Everything You Need to Know About Hypertension and Pregnancy Natalie Bello, MD, MPH, FACC	
10:55 - 11:15 a.m.	Pre-Eclampsia in Pregnancy and Beyond – Implications For CV Health of Mom and Baby Malamo Countouris, MD	
11:15 - 11:35 a.m.	How to Implement a Postpartum Hypertension Clinic Malamo Countouris, MD	
11:35 - 11:50 a.m.	Panel Q & A	
11:50 a.m Noon	Course Wrap-Up	
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