

CARE OF THE ATHLETIC HEART

FROM ELITE TO EXERCISE ENTHUSIASTS

June 6 - 8, 2024 | Washington, DC



AGENDA

THURSDAY, JUNE 6

Optional Pre-Conference: CPET in Sports Cardiology

Moderator: Jeffrey Hsu, MD, PhD, FACC

Panel: Bradley Petek, MD, FACC; Ankit Shah, MD, MPH, FACC; Tamanna Singh, MD, FACC; Meagan Wasfy, MD, MPH, FACC

1 - 1:05 p.m.	Pre-Conference Introduction Jeffrey Hsu, MD, PhD, FACC
1:05 - 1:20 p.m.	Exercise Physiology Basics Jeffrey Hsu, MD, PhD, FACC
1:20 - 2 p.m.	Comprehensive CPET Interpretation Meagan Wasfy, MD, MPH, FACC
2 - 2:20 p.m.	Tips and Tricks For Interpreting the Athlete CPET Ankit Shah, MD, MPH, FACC
2:20 - 3:20 p.m.	CPET Live Demonstration Moderator and Panel
3:20 - 3:30 p.m.	Break
3:30 - 5 p.m.	CPET Cases Case Presenter: Bradley Petek, MD, FACC
5 - 5:45 p.m.	Registration and Social Hour

Keynote and ECG Interpretation in the Athlete

Moderator: Dermot Phelan, MD, PhD, FACC

Panel: Eli Friedman, MD, FACC; Rachel Lampert, MD, FACC; Michael Papadakis, MBBS, MD, MRCP; Meagan Wasfy, MD, MPH, FACC

6 - 6:05 p.m.	Welcome Meagan Wasfy, MD, MPH, FACC
6:05 - 6:35 p.m.	Keynote Sports Cardiology: The Dawn of a Great Era! Michael Papadakis, MBBS, MD, MRCP
6:35 - 7 p.m.	The Athlete ECG: Beyond Red, Yellow and Green Rachel Lampert, MD, FACC
7 - 8:30 p.m.	ECG Interpretations: Test Your Skills! Moderator and Panel

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FRIDAY, JUNE 7

6 - 7 a.m.

Social Run/Walk

7 - 8 a.m.

Registration and Breakfast

Cardiovascular Care of the Masters Athlete

Moderator: Matthew Martinez, MD, FACC

Panel: Guido Claessen, MD, PhD; Jeffrey Hsu, MD, PhD, FACC; Jonathan Kim, MD, MSc, FACC; Michael Papadakis, MBBS, MD, MRCP

8 - 8:05 a.m.

Welcome

Meagan Wasfy, MD, MPH, FACC

8:05 - 8:25 a.m.

"Hearts of Stone": Updates on Atherosclerosis in Masters Athletes

Guido Claessen, MD, PhD
Case Presenter: Arjun Kanwal, MD

8:25 - 8:40 a.m.

How I Do It: Management of ASCVD Risk in the Masters Athlete

Jeffrey Hsu, MD, PhD, FACC

8:40 - 8:50 a.m.

Discussion: ASCVD in Masters Athletes

Moderator and Panel

8:50 - 9:25 a.m.

Debate: But Doc, I Feel Fine: Coronary Revascularization Without Symptoms

Pro - Jonathan Kim, MD, MSc, FACC
Con - Michael Papadakis, MBBS, MD, MRCP
Case Presenter: Jeomi Okwara, MD

9:25 - 9:40 a.m.

Break

Deep Dive Into Prevention of Sudden Cardiac Death in Athletes

Moderator: Eli Friedman, MD, FACC

Panel: Eugene Chung, MD, MSc, FACC; Eileen Handberg, PhD, ARNP, FACC; Jonathan Kim, MD, MSc, FACC; Sheela Krishnan, MD, FACC; Michael Papadakis, MBBS, MD, MRCP

9:40 - 9:50 a.m.

Understanding Social Determinants of Athlete Health

Sheela Krishnan, MD, FACC

9:50 - 10:10 a.m.

Sudden Cardiac Arrest and Death in Athletes: Progress and Perspectives

Jonathan Kim, MD, MSc, FACC

10:10 - 10:30 a.m.

How to Engage Your Community: Practical Aspects of Screening and Emergency Action Planning

Eli Friedman, MD, FACC

10:30 - 10:50 a.m.

Discussion: Community Engagement

Moderator and Panel

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FRIDAY, JUNE 7 (continued)

Shared Decision Making and Return to Sport Participation

Moderator: Rachel Lampert, MD, FACC

Panel: Peter Dean, MD, FACC; Nicholas Knapp; Benjamin Levine, MD, FACC; Matthew Martinez, MD, FACC; Brian Olshansky, MD, FACC

10:50 - 11:15 a.m.	Shared Decision Making: The Athlete's Perspective Nicholas Knapp
11:15 - 11:35 a.m.	Discussion: Engaging Athletes in Shared Decision Making Moderator and Panel
11:35 a.m. - 12:35 a.m.	Case Block: Difficult Return to Play Decisions Case Presenter: Robyn Bryde, MD; Alfred Danielian, MD FACC; Kathryn Larson, MD, FACC
12:35 - 1:35 p.m.	Lunch: Chat With the Experts

Imaging the Athlete's Heart

Moderator: Meagan Wasfy, MD, MPH, FACC

Panel: Lili Barouch, MD, FACC; Sabiha Gati, MBBS, MRCP, PhD; Matthew Martinez, MD, FACC; Dermot Phelan, MD, PhD, FACC

1:35 - 2:05 p.m.	Pearls and Pitfalls in Imaging the Athlete's Heart Matthew Martinez, MD, FACC
2:05 - 3:05 p.m.	Pushing the Limit: Athlete Imaging Cases Moderator and Panel
3:05 - 3:20 p.m.	Break

Cardiovascular Care of the Young Athlete

Moderator: Peter Dean, MD, FACC

Panel: Benjamin Levine, MD, FACC; Dermot Phelan, MD, PhD, FACC; Keri Shafer, MD, FACC; Tamanna Singh, MD, FACC

3:20 - 3:40 p.m.	Approach to the Athlete With Aortopathy Dermot Phelan, MD, PhD, FACC
3:40 - 4:40 p.m.	Case Block: Horses vs. Zebras in the Young Athlete Case Presenters: Prashant Rao, MBBS; Matthew Laubham, DO; Allison Zielinski, MD, FACC
4:40 - 5 p.m.	Do's and Don'ts of Genetics Evaluation in the Athlete Belinda Gray, MBBS, PhD
5 p.m.	Wrap-Up

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SATURDAY, JUNE 8

7 - 7:30 a.m.

Breakfast

7:30 - 7:45 a.m.

State of the Section

Jonathan Kim, MD, MSc, FACC

Cardiovascular Considerations For Exercise in the Extremes

Moderator: Eileen Handberg, PhD, ARNP, FACC

Panel: Elizabeth Dineen, DO, FACC; Mustafa Husaini, MD, FACC; Benjamin Levine, MD, FACC; Caroline Murphy, MD, FACC; Tamanna Singh, MD, FACC

7:45 - 8:45 a.m.

Highs and Lows: Athlete Exposure to Altitude, Diving and Extreme Temperatures

Elizabeth Dineen, DO, FACC; Benjamin Levine, MD, FACC; Caroline Murphy, MD, FACC
Case Presenters: Shannon Grappe, APRN, FNP-BC; Darren Harrison, MD; Mustafa Husaini, MD, FACC

8:45 - 9:05 a.m.

Fuel to the Fire: Diet, Supplements and Performance Enhancing Drugs

Tamanna Singh, MD, FACC

Cardiovascular Care of the Tactical Athlete

Moderator: Elizabeth Dineen, DO, FACC

Panel: James Guseh, MD; Mark Haigney, MD, FACC; Benjamin Levine, MD, FACC; Caroline Murphy, MD, FACC

9:05 - 9:30 a.m.

Occupation Not Competition: Nuances of the Cardiovascular Care of the Tactical Athlete

Mark Haigney, MD, FACC

9:30 - 10:30 a.m.

Case Block: Tactical Athletes With Cardiovascular Issues

Case Presenters: John Bickle, MD; Cicely Dye, MD, FACC; Austin Rim, MD

10:30 - 10:45 a.m.

Break

Arrhythmias in the Athlete

Moderator: Moderator: Ankit Shah, MD, MPH, FACC

Panel: Eugene Chung, MD, MSc, FACC; Alfred Danielian, MD, FACC; Cicely A. Dye, MD, FACC; Mark Haigney, MD, FACC; Rachel Lampert, MD, FACC

10:45 - 11 a.m.

Too Much of a Good Thing? Understanding Atrial Fibrillation and Exercise

Ankit Shah, MD, MPH, FACC

11 - 11:20 a.m.

Updates in Channelopathy Management in 2024

Eugene Chung, MD, MSc, FACC

11:20 a.m. - 12:20 p.m.

Case Block: Athletes With Arrhythmias

Case Presenter: Lili Barouch, MD, FACC; Douglas Darden, MD; Erika Parisi, MD

12:20 - 12:30 p.m.

Wrap-Up