# Thursday, June 6

## Optional Pre-Conference: CPET in Sports Cardiology

**Moderator:** Jeffrey Hsu, MD, PhD, FACC  
**Panel:** Bradley Petek, MD, FACC; Ankit Shah, MD, MPH, FACC; Tamanna Singh, MD, FACC; FACC; Meagan Wasfy, MD, MPH, FACC

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<tr>
<th>Time</th>
<th>Session</th>
<th>Presenter(s)</th>
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<tr>
<td>1 - 1:05 p.m.</td>
<td>Pre-Conference Introduction</td>
<td>Jeffrey Hsu, MD, PhD, FACC</td>
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<tr>
<td>1:05 - 1:20 p.m</td>
<td>Exercise Physiology Basics</td>
<td>Jeffrey Hsu, MD, PhD, FACC</td>
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<td>1:20 - 2 p.m.</td>
<td>Comprehensive CPET Interpretation</td>
<td>Meagan Wasfy, MD, MPH, FACC</td>
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<td>2 - 2:20 p.m.</td>
<td>Tips and Tricks For Interpreting the Athlete CPET</td>
<td>Ankit Shah, MD, MPH, FACC</td>
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<td>2:20 - 3:20 p.m</td>
<td>CPET Live Demonstration</td>
<td>Moderator and Panel</td>
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<td>3:20 - 3:30 p.m</td>
<td>Break</td>
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<td>3:30 - 5 p.m.</td>
<td>CPET Cases</td>
<td>Case Presenter: Bradley Petek, MD, FACC</td>
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<td>5 - 5:45 p.m.</td>
<td>Registration and Social Hour</td>
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## Keynote and ECG Interpretation in the Athlete

**Moderator:** Dermot Phelan, MD, PhD, FACC  
**Panel:** Eli Friedman, MD, FACC; Rachel Lampert, MD, FACC; Michael Papadakis, MBBS, MD, MRCP; Meagan Wasfy, MD, MPH, FACC

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<tr>
<td>6 - 6:05 p.m.</td>
<td>Welcome</td>
<td>Meagan Wasfy, MD, MPH, FACC</td>
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<td>6:05 - 6:35 p.m</td>
<td>Keynote</td>
<td>Michael Papadakis, MBBS, MD, MRCP</td>
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<td>6:35 - 7 p.m.</td>
<td>The Athlete ECG: Beyond Red, Yellow and Green</td>
<td>Rachel Lampert, MD, FACC</td>
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Friday, June 7

6 - 7 a.m.  Social Run/Walk
7 - 8 a.m.  Registration and Breakfast

Cardiovascular Care of the Masters Athlete
Moderator: Matthew Martinez, MD, FACC
Panel: Guido Claessen, MD, PhD; Jeffrey Hsu, MD, PhD, FACC; Jonathan Kim, MD, MSc, FACC; Michael Papadakis, MBBS, MD, MRCP

8 - 8:05 a.m.  Welcome
Meagan Wasfy, MD, MPH, FACC

8:05 – 8:25 a.m.  "Hearts of Stone": Updates on Atherosclerosis in Masters Athletes
Guido Claessen, MD, PhD
Case Presenter: Arjun Kanwal, MD

8:25 – 8:40 a.m.  How I Do It: Management of ASCVD Risk in the Masters Athlete
Jeffrey Hsu, MD, PhD, FACC

8:40 – 8:50 a.m.  Discussion: ASCVD in Masters Athletes
Moderator and Panel

8:50 – 9:25 a.m.  Debate: But Doc, I Feel Fine: Coronary Revascularization Without Symptoms
Pro - Jonathan Kim, MD, MSc, FACC
Con - Michael Papadakis, MBBS, MD, MRCP
Case Presenter: Jeomi Okwara, MD

9:25 – 9:40 a.m.  Break

Deep Dive Into Prevention of Sudden Cardiac Death in Athletes
Moderator: Eli Friedman, MD, FACC
Panel: Eugene Chung, MD, MSc, FACC; Eileen Handberg, PhD, ARNP, FACC; Jonathan Kim, MD, MSc, FACC; Sheela Krishnan, MD, FACC; Michael Papadakis, MBBS, MD, MRCP

9:40 – 9:50 a.m.  Understanding Social Determinants of Athlete Health
Sheela Krishnan, MD, FACC

9:50 – 10:10 a.m.  
**Sudden Cardiac Arrest and Death in Athletes: Progress and Perspectives**  
Jonathan Kim, MD, MSc, FACC

10:10 – 10:30 a.m.  
**How to Engage Your Community: Practical Aspects of Screening and Emergency Action Planning**  
Eli Friedman, MD, FACC

10:30 – 10:50 a.m.  
**Discussion: Community Engagement**  
Moderator and Panel

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**Shared Decision Making and Return to Sport Participation**

**Moderator:** Rachel Lampert, MD, FACC  
**Panel:** Peter Dean, MD, FACC; Nicholas Knapp; Benjamin Levine, MD, FACC; Matthew Martinez, MD, FACC; Brian Olshansky, MD, FACC

10:50 – 11:15 a.m. **Shared Decision Making: The Athlete's Perspective**  
Nicholas Knapp

11:15 – 11:35 a.m. **Discussion: Engaging Athletes in Shared Decision Making**  
Moderator and Panel

11:35 a.m. – 12:35 p.m. **Case Block: Difficult Return to Play Decisions**  
**Case Presenters:** Robyn Bryde, MD; Alfred Danielian, MD FACC; Kathryn Larson, MD, FACC

12:35 – 1:35 p.m. **Lunch: Chat With the Experts**

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**Imaging the Athlete's Heart**

**Moderator:** Meagan Wasfy, MD, MPH, FACC  
**Panel:** Lili Barouch, MD, FACC; Sabiha Gati, MBBS, MRCP, PhD; Matthew Martinez, MD, FACC; Dermot Phelan, MD, PhD, FACC

1:35 – 2:05 p.m. **Pearls and Pitfalls in Imaging the Athlete's Heart**  
Matthew Martinez, MD, FACC

2:05 – 3:05 p.m. **Pushing the Limit: Athlete Imaging Cases**  
Moderator and Panel
3:05 – 3:20 p.m. Break

Cardiovascular Care of the Young Athlete
Moderator: Peter Dean, MD, FACC
Panel: Benjamin Levine, MD, FACC; Dermot Phelan, MD, PhD, FACC; Keri Shafer, MD, FACC; Tamanna Singh, MD, FACC

3:20 – 3:40 p.m. Approach to the Athlete With Aortopathy
Dermot Phelan, MD, PhD, FACC

3:40 – 4:40 p.m. Case Block: Horses vs. Zebras in the Young Athlete
Case Presenters: Prashant Rao, MBBS; Matthew Laubham, DO; Allison Zielinski, MD, FACC

4:40 – 5 p.m. Do’s and Don'ts of Genetics Evaluation in the Athlete
Belinda Gray, MBBS, PhD

5 p.m. Friday Wrap-Up

Saturday, June 8

7 – 7:30 a.m. Breakfast

7:30 – 7:45 a.m. State of the Section
Jonathan Kim, MD, MSc, FACC

Cardiovascular Considerations For Exercise in the Extremes
Moderator: Eileen Handberg, PhD, ARNP, FACC
Panel: Elizabeth Dineen, DO, FACC; Mustafa Husaini, MD, FACC; Benjamin Levine, MD, FACC; Caroline Murphy, MD, FACC; Tamanna Singh, MD, FACC

7:45 – 8:45 a.m. Highs and Lows: Athlete Exposure to Altitude, Diving and Extreme Temperatures
Elizabeth Dineen, DO, FACC; Benjamin Levine, MD, FACC; Caroline Murphy, MD, FACC
Case Presenters: Shannon Grappe, APRN, FNP-BC; Darren Harrison, MD; Mustafa Husaini, MD, FACC

8:45 – 9:05 a.m. Fuel to the Fire: Diet, Supplements and Performance Enhancing Drugs
Tamanna Singh, MD, FACC
## Cardiovascular Care of the Tactical Athlete
**Moderator:** Elizabeth Dineen, DO, FACC  
**Panel:** James Guseh, MD; Mark Haigney, MD, FACC; Benjamin Levine, MD, FACC; Caroline Murphy, MD, FACC

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<td>9:05 – 9:30 a.m.</td>
<td><strong>Occupation Not Competition: Nuances of the Cardiovascular Care of the Tactical Athlete</strong>&lt;br&gt;Mark Haigney, MD, FACC</td>
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<td>9:30 – 10:30 a.m.</td>
<td><strong>Case Block: Tactical Athletes With Cardiovascular Issues</strong>&lt;br&gt;Case Presenters: John Blickle, MD; Cicely Dye, MD, FACC; Austin Rim, MD</td>
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<td>10:30 – 10:45 a.m.</td>
<td><strong>Break</strong></td>
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## Arrhythmias in the Athlete
**Moderator:** Ankit Shah, MD, MPH, FACC  
**Panel:** Eugene Chung, MD, MSc, FACC; Alfred Danielian, MD, FACC; Cicely A. Dye, MD, FACC; Mark Haigney, MD, FACC; Rachel Lampert, MD, FACC

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<td>10:45 – 11 a.m.</td>
<td><strong>Too Much of a Good Thing? Understanding Atrial Fibrillation and Exercise</strong>&lt;br&gt;Ankit Shah, MD, MPH, FACC</td>
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<td>11 – 11:20 a.m.</td>
<td><strong>Updates in Channelopathy Management in 2024</strong>&lt;br&gt;Eugene Chung, MD, MSc, FACC</td>
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<td>11:20 a.m. – 12:20 p.m.</td>
<td><strong>Case Block: Athletes With Arrhythmias</strong>&lt;br&gt;Case Presenters: Lili Barouch, MD, FACC; Douglas Darden, MD; Erika Parisi, MD</td>
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<td>12:20 – 12:30 p.m.</td>
<td><strong>Wrap-Up</strong></td>
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