

# CARE OF THE ATHLETIC HEART

FROM ELITE TO EXERCISE ENTHUSIASTS

June 12 - 14, 2025 | Washington, DC & Virtual



In Collaboration With:



## AGENDA

### THURSDAY, JUNE 12

<b>Noon - 1 p.m.</b>	<b>Registration</b>
<b>1 - 1:10 p.m.</b>	<b>Welcome and Course Overview</b> Meagan Wasfy, MD, MPH, FACC; Michael Papadakis, MBBS, MD, MRCP; Jeffrey Hsu, MD, PhD, FACC
<b>CPET in Sports Cardiology</b> Moderator: Jeffrey Hsu, MD, PhD, FACC Panelists: André La Gerche, MD, PhD; Benjamin D. Levine, MD, FACC; Bradley Petek, MD, FACC; Ankit B. Shah, MD, MPH, FACC; Meagan Wasfy, MD, MPH, FACC	
<b>1:10 - 1:20 p.m.</b>	<b>Exercise Testing Basics</b> Ankit B. Shah, MD, MPH, FACC
<b>1:20 - 1:35 p.m.</b>	<b>Pick Your Protocol: How to Test Your Athlete Patient</b> Benjamin D. Levine, MD, FACC
<b>1:35 - 1:55 p.m.</b>	<b>CPET Interpretation: Peak VO<sub>2</sub> and Thresholds</b> Meagan Wasfy, MD, MPH, FACC
<b>1:55 - 2:15 p.m.</b>	<b>CPET Interpretation: Pulmonary Parameters</b> Bradley Petek, MD, FACC
<b>2:15 - 2:35 p.m.</b>	<b>Expect the Unexpected: The Athlete's Physiology</b> André La Gerche, MD, PhD
<b>2:35 - 2:50 p.m.</b>	<b>Break</b>
<b>2:50 - 3:30 p.m.</b>	<b>CPET Live Demonstration</b> Moderator & Panelists
<b>3:30 - 4:30 p.m.</b>	<b>CPET in Action: Athlete Cases</b> Moderator & Panelists
<b>4:30 - 4:45 p.m.</b>	<b>Break</b>
<b>ECG Interpretation in the Athlete</b> Moderator: Meagan Wasfy, MD, MPH, FACC Panelists: Sylvia Castelletti, MD; Sabiha Gati, MD, PhD; Jonathan H. Kim, MD, MSc, FACC; Michael Papadakis, MBBS, MD, MRCP; Dermot Phelan, MD, PhD, FACC	
<b>4:45 - 5:15 p.m.</b>	<b>The Athlete ECG: Systematic Approach</b> Michael Papadakis, MBBS, MD, MRCP
<b>5:15 - 6:45 p.m.</b>	<b>ECG Interpretation: Test Your Skills!</b> Moderator & Panelists
<b>6:45 - 7:30 p.m.</b>	<b>Networking Reception</b>

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## FRIDAY, JUNE 13

6 - 7 a.m.

**Social Run/Walk**

7 - 8 a.m.

**Registration and Breakfast**

8 - 8:05 a.m.

**Welcome**

### "How To" From the Experts: Building a Sports Cardiology Career

Moderator: Eli Friedman, MD, FACC

Panelists: Eugene H. Chung, MD, MPH, FACC; Matthew W. Martinez, MD, FACC;

Jessica Orchard, PhD, MPH, JD; Michael Papadakis, MBBS, MD, MRCP; Tamanna Singh, MD, FACC

8:05 - 8:25 a.m.

**What Do We Bring to the Field: Sports Cardiology Program Pillars**

Eli Friedman, MD, FACC

8:25 - 8:45 a.m.

**Community Engagement: Teams, Screens and EAPs**

Matthew W. Martinez, MD, FACC

8:45 - 9:15 a.m.

**Discussion: Sports Cardiology Program Building**

Moderator & Panelists

9:15 - 9:30 a.m.

**Break**

### Shared Decision Making in Sports Cardiology

Moderator: Matthew W. Martinez, MD, FACC

Panelists: Peter N. Dean, MD, FACC; Jeffrey Hsu, MD, PhD, FACC; Jonathan H. Kim, MD, MSc, FACC;

Rachel J. Lampert, MD, FACC; Benjamin D. Levine, MD, FACC

9:30 - 9:45 a.m.

**Fit For the Task: A Primer on Shared Decision Making**

Rachel J. Lampert, MD, FACC

9:45 - 10:15 a.m.

**Guidelines in Action: 2025 Updates on Care of the Competitive Athlete**

Jonathan H. Kim, MD, MSc, FACC

10:15 - 10:45 a.m.

**The Athlete's Perspective on Shared Decision Making**

Matthew W. Martinez, MD, FACC

Jared Butler, Point Guard - Philadelphia 76ers

10:45 - 11 a.m.

**Discussion: Sports Cardiologist's Role in Shared Decision Making**

Moderator & Panelists

11 a.m. - Noon

**Case Block: Return to Play Decisions**

Case Presenters, Moderator, & Panelists

Noon - 1:15 p.m.

**Lunch: Chat With the Experts**

1:15 - 1:30 p.m.

**State of the Section**

Jonathan H. Kim, MD, MSc, FACC

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## FRIDAY, JUNE 13 (continued)

### Cardiovascular Care of the Young Athlete

Moderator: Michael Papadakis, MBBS, MD, MRCP

Panelists: Peter N. Dean, MD, FACC; Eli Friedman, MD, FACC; Sheela Krishnan, MD, FACC;

Keri M. Shafer, MD, FACC; Katie M. Stewart, ACNP

**1:30 - 1:50 p.m.**

#### When to Worry: Congenital Disease in the Young Competitive Athlete

Keri M. Shafer, MD, FACC

**1:50 - 2:10 p.m.**

#### Introduction to Coronary Anomalies

Peter N. Dean, MD, FACC

**2:10 - 3:10 p.m.**

#### Case Block: Young Athletes

Case Presenters, Moderator, & Panelists

**3:10 - 3:25 p.m.**

#### Break

### Imaging the Athlete's Heart

Moderator: Dermot Phelan, MD, PhD, FACC

Panelists: Shelby Brown, BS, RDCS, RVT; Sabiha Gati, MD, PhD; André La Gerche, MD, PhD;

Keri M. Shafer, MD, FACC; Meagan Wasfy, MD, MPH, FACC

**3:25 - 3:50 p.m.**

#### Expert Tips For Imaging the Athlete's Heart

Sabiha Gati, MD, PhD

**3:50 - 5 p.m.**

#### Classic and Challenging Athlete Imaging Cases

Moderator &. Panelists

**5 p.m.**

#### Adjourn

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## SATURDAY, JUNE 14

6:30 - 7 a.m.

**Breakfast**

7 - 7:05 a.m.

**Welcome**

### Cardiovascular Considerations For Exercise in the Extremes

Moderator: Elizabeth H. Dineen, DO, FACC

Panelists: Mark C. Haigney, MD, FACC; Shannon Grappe, MSN, APRN, FNP-BC; Benjamin D. Levine, MD, FACC; Caroline Murphy, MD, FACC

7:05 - 7:20 a.m.

**Introduction to the Cardiovascular Care of the Tactical Athlete**

Benjamin D. Levine, MD, FACC

7:20 - 7:40 a.m.

**Environmental Considerations For Exercise**

Elizabeth H. Dineen, DO, FACC

7:40 - 7:50 a.m.

**All Systems Go: Evaluation and Management of Iron Deficiency in Athletes**

Shannon Grappe, MSN, APRN, FNP-BC

7:50 - 8:50 a.m.

**Case Block: Exercise in Tactical and Extreme Environments**

Case Presenters, Moderator, & Panelists

8:50 - 9:05 a.m.

**Break**

### Arrhythmias in the Athlete

Moderator: Ankit B. Shah, MD, MPH, FACC

Panelists: Silvia Castelletti, MD; Eugene H. Chung, MD, MPH, FACC; André La Gerche, MD, PhD; Rachel J. Lampert, MD, FACC

9:05 - 9:25 a.m.

**New Perspectives: Long QT in the Athlete**

Case Presenter & Silvia Castelletti, MD

9:25 - 9:45 a.m.

**Stepwise Evaluation of Athlete PVCs**

Case Presenter & Rachel J. Lampert, MD, FACC

9:45 - 10:05 a.m.

**Tips and Tricks: Athlete Atrial Fibrillation Management**

Case Presenter & Eugene H. Chung, MD, MPH, FACC

10:05 - 10:35 a.m.

**Debate: Anticoagulation in the Athlete**

Case Presenter, Ankit B. Shah, MD, MPH, FACC, & André La Gerche, MD, PhD

### Cardiovascular Care of the Master Athlete

Moderator: Shannon Grappe, MSN, APRN, FNP-BC

Panelists: Lili A. Barouch, MD, FACC; Silvia Castelletti, MD; Eugene Chung, MD, MPH, FACC; Elizabeth H. Dineen, DO, FACC; Jeffrey Hsu, MD, PhD, FACC

10:35 - 10:55 a.m.

**Balanced Approach to ASCVD Prevention and Management**

Jeffrey Hsu, MD, PhD, FACC

10:55 - 11:55 p.m.

**Case Block: Masters Athletes**

Case Presenters, Moderator, & Panelists

11:55 a.m. - Noon

**Course Wrap-Up**