

CARDIO-OBSTETRICS ESSENTIALS

TEAM-BASED MANAGEMENT OF CARDIOVASCULAR
DISEASE AND PREGNANCY

Oct. 17 - 19, 2025 | Washington, DC & Virtual



AGENDA

FRIDAY, OCT. 17

3 - 3:10 p.m.

Welcome & Introductions

Natalie Bello, MD, MPH, FACC
Deirdre Mattina, MD, FACC

Session I: Work, Work, Work, Work, Work – Cardio-Ob Services and the Interdisciplinary Team

3:10 - 4:10 p.m.

Postpartum HTN: Case Studies in How to Build Your Program

Shantelle Bartra, MSN, APRN, AGACNP-BC, CPNP, AACC; Deirdre Mattina, MD, FACC;
Kismet Rasmusson, DNP, CHFNP, FNP-BC

4:10 - 4:30 p.m.

So You Want to be a Cardio-Ob in a LMIC: Reflections From a Trailblazer

Sabha Bhatti, MD, FACC

4:30 - 4:50 p.m.

Panel Q&A

Shantelle Bartra, MSN, APRN, AGACNP-BC, CPNP, AACC; Sabha Bhatti, MD, FACC;
Kirstin Hesterberg, DO, FACC; Deirdre Mattina, MD, FACC; Kismet Rasmusson,
DNP, CHFNP, FNP-BC; Candice Silversides, MD, FACC; Juan González Vélez, MD,
MS, PhD

4:50 - 5 p.m.

Break

5 - 5:20 p.m.

The Business of Cardio-Obstetrics Part 1

Kathryn Lindley, MD, FACC

5:20 - 5:40 p.m.

The Business of Cardio-Obstetrics Part 2

Mary Norine Walsh, MD, MACC

5:40 - 5:55 p.m.

The Business of Cardio-Obstetrics Part 3

Shantelle Bartra, MSN, APRN, AGACNP-BC, CPNP, AACC

5:55 - 6:25 p.m.

Panel Discussion

Shantelle Bartra, MSN, APRN, AGACNP-BC, CPNP, AACC; Joanna Ghobrial, MD, MSc;
Dan Halpern, MD, FACC; Kathryn Lindley, MD, FACC; Marie-Louise Meng, MD;
Melissa Russo, MD; Mary Norine Walsh, MD, MACC

6:25 - 6:30 p.m.

Wrap-Up

Natalie Bello, MD, MPH, FACC

6:30 - 7:30 p.m.

Reception & Poster Session

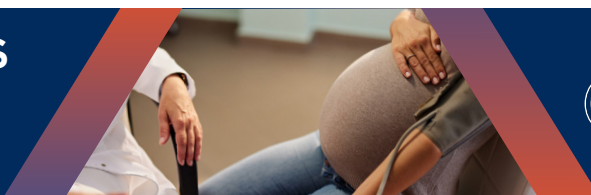
Join us for an attendee photo! Meet us in the Lobby at 6:30 p.m. before heading
to the reception.

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SATURDAY, OCT. 18

7 - 8 a.m.

Breakfast

8 - 8:10 a.m.

Welcome

Deirdre Mattina, MD, FACC

Session II: An Ounce of Prevention: Why Preconception Counseling and Interpregnancy Care Matter

8:10 - 8:30 a.m.

Optimization of CV Risk Factors to Promote Healthy Pregnancies

Deirdre Mattina, MD, FACC

8:30 - 8:50 a.m.

Risky Business: CV Risk Stratification in Pregnancy

Candice Silversides, MD, FACC

8:50 - 9 a.m.

Panel Q&A

Deirdre Mattina, MD, FACC; Marie-Louise Meng, MD; Candice Silversides, MD, FACC; Juan González Vélez, MD, MS, PhD

Session III: Just Say No! (To Using the Wrong Drugs in Pregnancy): Cardio-Obstetric Pharmacotherapy

9 - 9:20 a.m.

Shared Decision-Making in Contraception and Reproductive Planning

Juan González Vélez, MD, MS, PhD

9:20 - 9:40 a.m.

Stop the Clot! Anticoagulation in Pregnancy

Dan Halpern, MD, FACC

9:40 - 10 a.m.

Use of Obstetric Medications in the Cardiovascular Patient

Juan González Vélez, MD, MS, PhD

10 - 10:10 a.m.

Panel Discussion

Dan Halpern, MD, FACC; Marie-Louise Meng, MD; Juan González Vélez, MD, MS, PhD

10:10 - 10:25 a.m.

Break

10:25 - 11:25 a.m.

Keynote

Annette K. Ansong, MD, FACC

Session IV: Listen to Mom's Heart: Valvular Disease in Pregnancy

11:25 - 11:40 a.m.

A Primer on Hemodynamic Changes in Pregnancy Through the Fourth Trimester

Natalie Bello, MD, MPH, FACC

11:40 - Noon

Pregnancy with Stenotic Valve Disease: Aortic & Mitral Stenosis

Sabha Bhatti, MD, FACC

Noon - 12:20 p.m.

Right Sides Lesions

Candice Silversides MD, FACC

12:20 - 12:40 p.m.

Endocarditis Case Session

Dan Halpern MD, FACC

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SATURDAY, OCT. 18 (continued)

12:40 - 12:50 p.m.	Panel Q&A Natalie Bello, MD, MPH, FACC; Sabha Bhatti, MD, FACC; Dan Halpern, MD FACC; Marie-Louise Meng, MD; Melissa Russo, MD; Candice Silversides, MD, FACC
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12:50 - 1 :50 p.m.	Networking Lunch
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Session V: Unbreak My Heart: Heart Failure & Pregnancy

1:50 -2:10 p.m.	Heart Failure With Preserved Ejection Fraction Kathryn Lindley, MD, FACC
2:10 - 2:30 p.m.	HFrEF and Transplantation in Pregnancy Mary Norine Walsh, MD, MACC
2:30 - 2:50 p.m.	Other CM in Pregnancy: A Focus on PPCM and HCM Natalie Bello, MD, MPH, FACC
2:50 - 3:10 p.m.	Cardiogenic Shock and Mechanical Circulatory Support in Pregnancy Joanna Ghobrial, MD, MSc
3:10 - 3:25 p.m.	Panel Q&A Natalie Bello, MD, MPH, FACC; Joanna Ghobrial, MD; Kathryn Lindley, MD, FACC; Marie-Louise Meng, MD; Juan González Vélez, MD, MS, PhD; Mary Norine Walsh, MD, MACC

Session VI: CardioVASCULAR

3:25 - 3:45 p.m.	Echo Debate: Yay! Or Nay! Should I Echo Today? Natalie Bello, MD, MPH, FACC; Sabha Bhatti, MD, FACC
3:45 - 4:05 p.m.	Fibromuscular Dysplasia and SCAD Kathryn Lindley, MD, FACC
4:05 - 4:35 p.m.	Pregnancy Management in Individuals With Genetic Aortopathy Syndromes Melissa Russo, MD
4:35 - 4:50 p.m.	Panel Q&A Natalie Bello, MD, MPH, FACC; Sabha Bhatti, MD, FACC; Kathryn Lindley, MD, FACC; Melissa Russo, MD

Session VII: Skipping a Beat: Palpitations and Chest Pain in the Pregnant Patients: Case-Based Learning

4:50 - 5:05 p.m.	A Case of Chest Pain Dan Halpern, MD, FACC; Melissa Russo, MD
5:05 - 5:20 p.m.	A Case of Palpitations Kathryn Lindley, MD, FACC; Deirdre Mattina, MD, FACC
5:20 - 5:25 p.m.	Day 2 Wrap-Up

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SUNDAY, OCT. 19

7 - 8 a.m.

Breakfast

8 - 8:05 a.m.

Welcome

Natalie Bello, MD, MPH, FACC

Session VIII: A-Z of Managing Pregnancy in Adults With Congenital Heart Disease

8:05 - 8:25 a.m.

Cardio-Ob Anesthesia Approach to the Delivery Plan: Special Consideration For ACHD Patients

Marie-Louise Meng, MD

8:25 - 8:45 a.m.

Simplifying ACHD

Dan Halpern, MD, FACC

8:45 - 9:05 a.m.

Pregnancy in ACHD: Can I Get Pregnant? I am Pregnant, Now What?

Shantelle Bartra, MSN, APRN, AGACNP-BC, CPNP, AACC

9:05 - 9:25 a.m.

Transpositions, Fontans, and other Complex Congenital Heart Disease and Pregnancy

Joanna Ghobrial, MD, MSc

9:25 - 9:50 a.m.

Wildest ACHD Cases in Pregnancy

Shantelle Bartra, MSN, APRN, AGACNP-BC, CPNP, AACC; Joanna Ghobrial, MD, MSc; Dan Halpern, MD, FACC; Candice Silversides, MD, FACC

9:50 - 10:10 a.m.

Panel Q&A

Shantelle Bartra, MSN, APRN, AGACNP-BC, CPNP, AACC; Joanna Ghobrial, MD, MSc; Dan Halpern, MD, FACC; Kathryn Lindley, MD, FACC; Marie-Louise Meng, MD; Candice Silversides, MD, FACC

10:10 - 10:25 a.m.

Break

Session IX: Decomposing Disparities in Pregnancy Care

10:25 - 10:55 a.m.

The Role of Advocacy to Reduce Disparities in Pregnancy Care

Mary Norine Walsh, MD, MACC

10:55 - 11:15 a.m.

Overcoming Barriers in Access to CV Care for Women

Deirdre Mattina, MD, FACC

11:15 - 11:35 a.m.

Panel Q&A

Sabha Bhatti, MD, FACC; Deirdre Mattina, MD, FACC; Mary Norine Walsh, MD, MACC

11:35 - 11:50 a.m.

Announcement of Winning Abstracts

11:50 a.m. - Noon

Wrap Up

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