Accreditation Council for Graduate Medical Education

Update from the Review Committee for Internal Medicine

American College of Cardiology, March 2015 Program Coordinators Session

James A Arrighi, MD Chair, Review Committee- Internal Medicine

Director of Graduate Medical Education Rhode Island Hospital Program Director, Cardiology Alpert Medical School of Brown University



The Next (Now?) Accreditation System

- Moving towards outcomes-based accreditation
- New approach of the RRC
 - Working with programs to improve
 - Focus efforts on "problem programs"
 - Less emphasis on "process"
- Changes the workflow of the process of accreditation
 - Site visits only every 10 years
 - (or as needed)
 - Annual ADS data is foundation of system
- Fosters innovation

Aspects of the "Old" System That Were Suboptimal

ACGME

- Emphasized process over outcomes
- Ineffective evaluation process
- Did not generate "data" sufficient for public accountability
- ACGME seen as an adversary

ACC

Lack of continuity in educational efforts from fellowship to practice

Overall

- Little coordination among accreditation, certification, and medical specialty societies
- Lack of engagement of institutional leadership
- Rigid system stifled innovation

Process, Process, Process

ACGME Program Requirements for Graduate Medical Education in Cardiovascular Disease (Internal Medicine)

Common Program Requirements are in BOLD

In IV. Educational Program

IV.A. The curriculum must contain the following educational components:

		39 Cardiology Programs Reviewed (Not Counting Progress Reports)		
IV.A.1.	A.1. Overall education Total of 105 Citations = 2.7 citations/program			
	make available to		times	% of
		Name and Description of Citations	cited	total
IV A 2	Compositoria bas	Evaluation of Fellows - semiannual evaluation not documented; faculty do		
IV.A.2.	Competency-basi	not routinely provide verbal feedback at the end of rotation; fellow's		
	each educational	performance in continuity clinic not documented; appropriate evaluation	22	21%
	and faculty at lea	methods not used to evaluate the fellow's achievement of the competencies;		
		Inadequate procedure logs; no summative evaluation		
IV.A.3.	Regularly schedu	2. Didactic Components - no regularly-scheduled or -attended research		
IV.A.3.		conference; five hours of teaching rounds per week does not occur; review of	12	11%
		pathological material does not occur; instruction for basic sciences not		
IV.A.3.a)	The core cu	provided; insufficient continuity clinic		
•	the core kn	3. Procedural Experience - program doesn't provide all fellows with clinical		
		experience in required procedures; logbook or equivalent method not	10	10%
		maintained		
		4. Goals and Objectives – goals and objectives not competency based; goals		
		and objectives are not level specific; all rotations and/or assignments don't	9	9%
	_	have goals and objectives		
		5. Evaluation of the Program - program evaluation did not address all		
		required elements; does not monitor and track program quality; no written	9	9%
		improvement plan		370
© 2015 Accreditation Council	for Graduate Medical Edu	Sation (NOOME)		

Evaluation System

 Patient Care Fails to review history and prior studies. Unable to synthesize data from different sources. Poor clinical judgement. Fails to analyze clinical data. Ignores evidence and patient preference when making decisions. Poor procedural skills. 	1 2 3 4 5 6 7 8 9 Insufficient contact to judge Needs attention- Specify	Always gathers accurate and appropriate information from interviews, examinations, and other data sources. Always analyzes available information to make diagnostic and therapeutic decisions based upon sound clinical judgement, best available evidence, and patient preferences. Stellar procedural skills.
3. Practice-Based Learning Lacks insight into strengths and weaknesses. Resists or ignores feedback. Lacks intellectual curiosity. Fails to use resources and information technology to improve knowledge base and enhance patient care.	1 2 3 4 5 6 7 8 9 Insufficient contact to judge Needs attention- Specify	Constantly evaluates own performance. Incorporates feedback into improved practice. Identifies, rectifies, and learns from errors. Efficiently uses technology to access information and enhance patient care. Maintains exemplary procedure log.

What is a "patient care 7" in the echo lab?

What is a "practice-based learning 6".... Anywhere?!

Public Accountability



THURSDAY SEP 2, 2010 11:21 AM

Coalition Calls on OSHA to Regulate Medical Residents' Work Hours

BY LINDSAY BEYERSTEIN

Lack of sleep causes medical errors to skyrocket

Sleep deprivation is a silent public health threat, especially for medical residents. Pulling an all-nighter reduces your judgement and reflexes to the level of somone who is legally drunk.

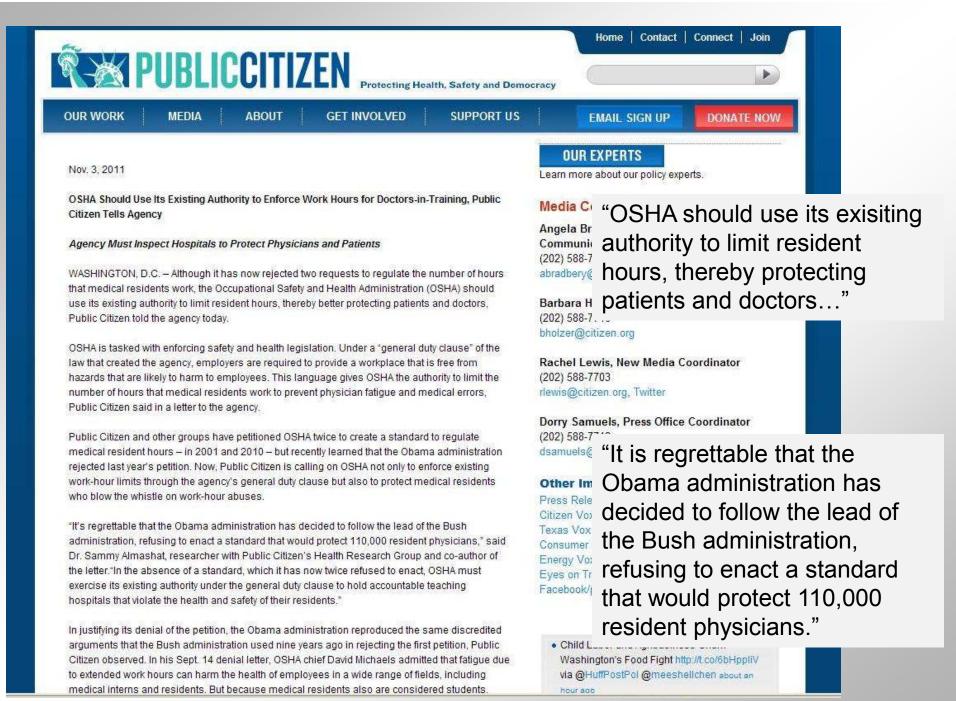
Forty years of psychological research proves that sleep deprivation saps our mental faculties, including our ability to notice that we're impaired. It may come to feel normal, but the effects don't go away. That's bad enough for the average person trying to juggle work, family, and a social life. But consider the implications for medical residents who are responsible for patients' lives.



(Photo courtesy Health24.com)

The Institute of Medicine, a branch of the National Academies of Science, undertook a year-long study at the behest of Congress to assess the impact of sleep deprivation on medical trainees. The 2008 report recommended that shifts be capped at 16 hours for the safety of residents and their patients.

"Sleep deprivation is a silent public health threat..."

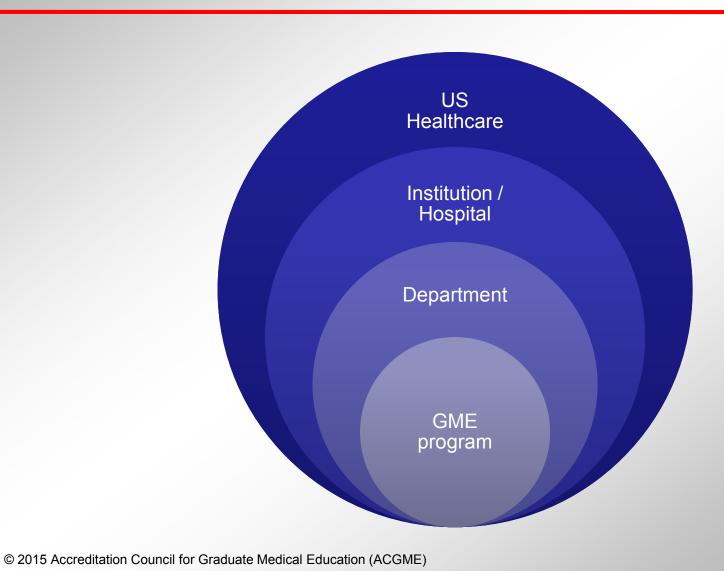


Influences in GME Over the Past Decade

- Competency evaluation stalls at individual programmatic definitions
- MedPac, IOM, and others question
 - the process of accreditation
 - preparation of graduates for the "future" health care delivery system
- House of Representatives codifies "New Physician Competencies"
- MedPac recommends modulation of IME payments based on competency outcomes
- Macy issues two reports (2011)
- IOM 2012-2013



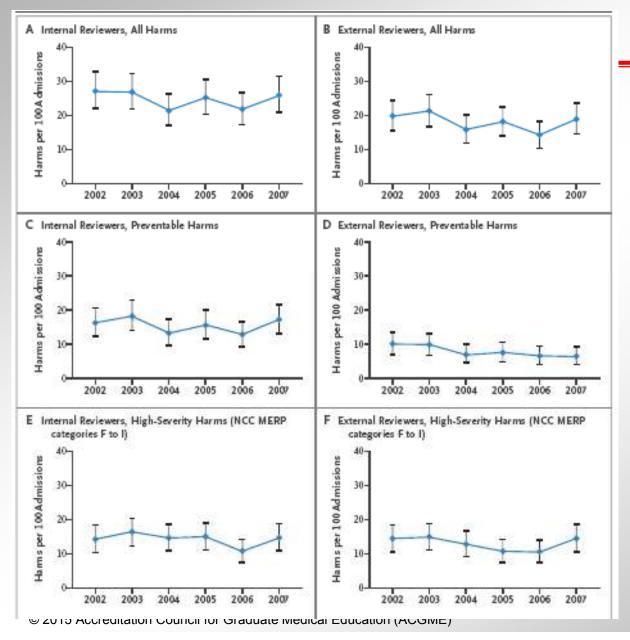
Recognition That GME Programs Exist Within a Complex Healthcare System



The North Carolina Experience

Temporal Trends in Rates of Patient Harm Resulting from Medical Care, 2002-2007

Landrigan, C.P., et.al. NEJM 2010; 363:2124-34

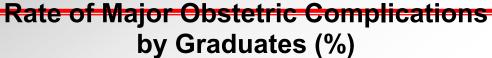


- No significant change in:
 - •All Harms
 - Preventable Harms
 - High-Severity Harms
- ...whether evaluated by external or internal reviewers



Evaluating Residency Programs Using Patient Outcomes

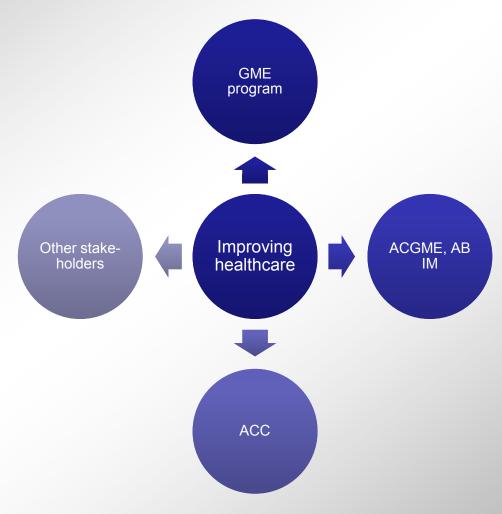
n= 4,906,169 deliveries in Florida and New York , 1992-2007 4124 physician program graduates of 107 residency programs



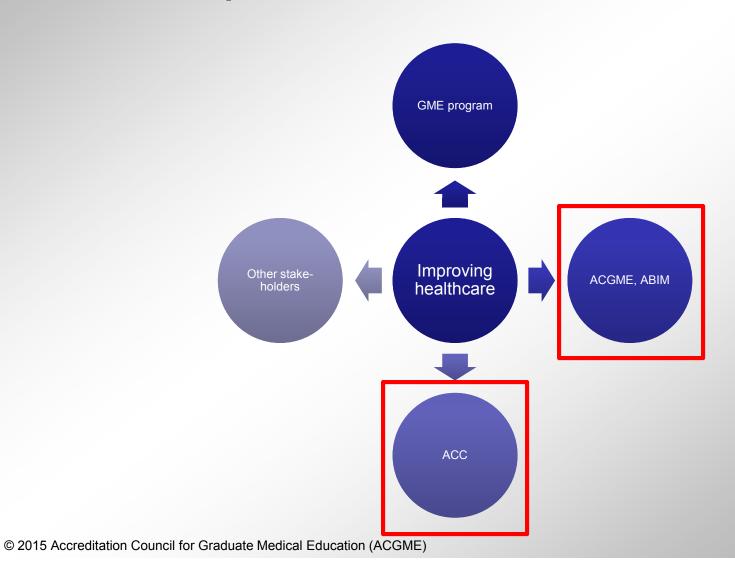


Residency Program of Origin, Ranked (Quintile) by Program Complication Rate C G M E

Shared Goals: A Fundamental Aspect of the "New" GME



Shared Goals: A Fundamental Aspect of the "New" GME



Goals for a "New Accreditation System"

Foundation for changes to accreditation began in 2005, with stated goals:

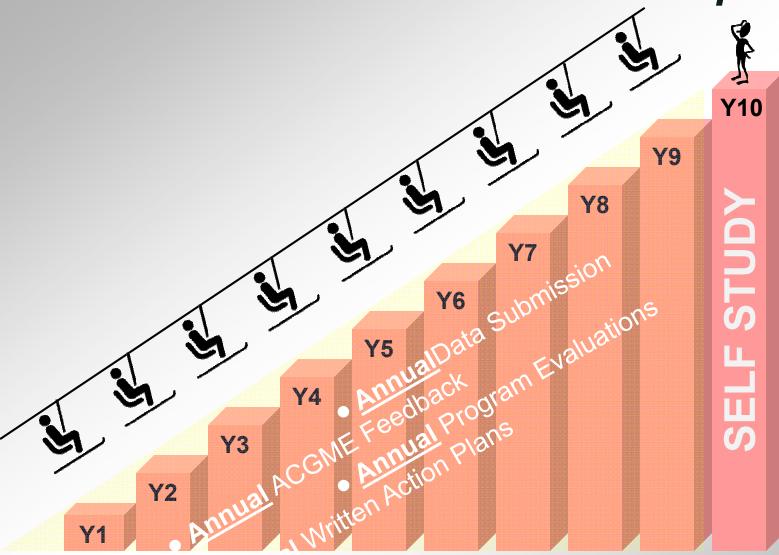
- Foster innovation and improvement in the learning environment
- Increase the accreditation emphasis on educational outcomes
- Increase efficiency and reduce burden in accreditation
- Improve communication and collaboration with key internal and external stakeholders

Flight Plan For Today

- The "rhythm" of accreditation: data flow and analysis
- Citations and site visits
- Encouraging innovation
- Evaluation processes
- 10-year self studies and visits

NAS: Rhythm of annual data flow and analysis

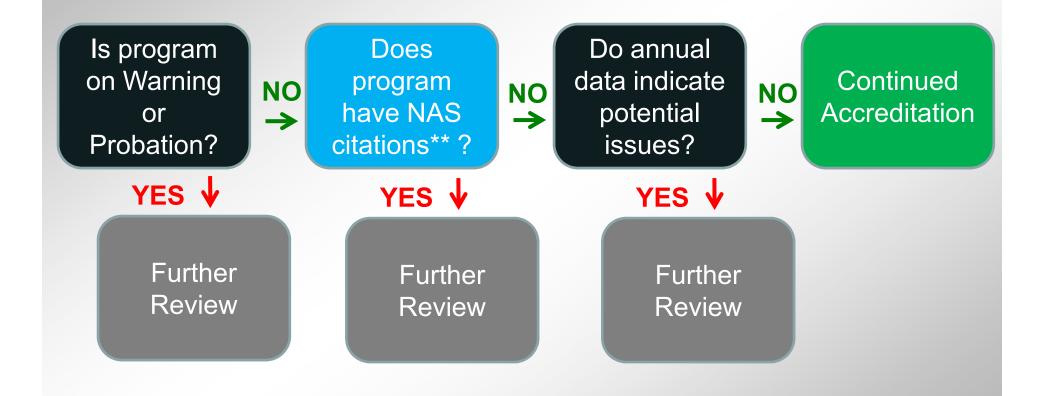
Continuous Improvement



Role of Review Committees in NAS

- "Reviews" programs annually
- Makes accreditation decisions by end of academic year
- Utilizes data from previous AY to make decisions
- Use data and judgment to:
 - concentrate efforts on problem/troubled programs
 - determine whether accreditation standards are violated and provide useful feedbackfor programmatic improvement
 - determine whether violations rise to a level requiring alteration in accreditation status
 - over time, understand and refine the nuances of the process

NAS: Program* Review



- * = applies to established programs (not on Initial Accreditation)
- ** = citations given after July 1, 2013

Primary Data Elements (Assessed Annually)

Resident Survey ABIM Pass Rate **Milestones** Clinical Experience Data Scholarly Activity Faculty Survey **Attrition**

Where did "data elements" come from?

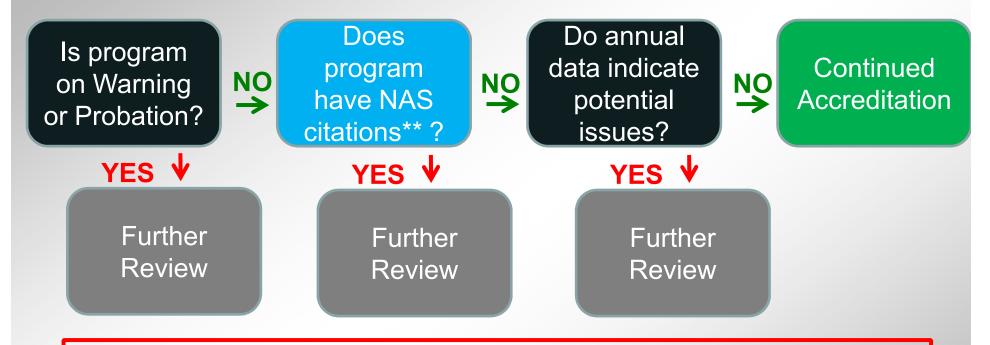


- In 2009, data modeling project began to identify factors that predicted high and low program performance
- Model was replicated, results were reproducible
- Selection of elements needed to be
 - Obtainable
 - Meaningful
 - Correlates w/ prior decisions
 - Passed statistical "muster"
 - Used in combination



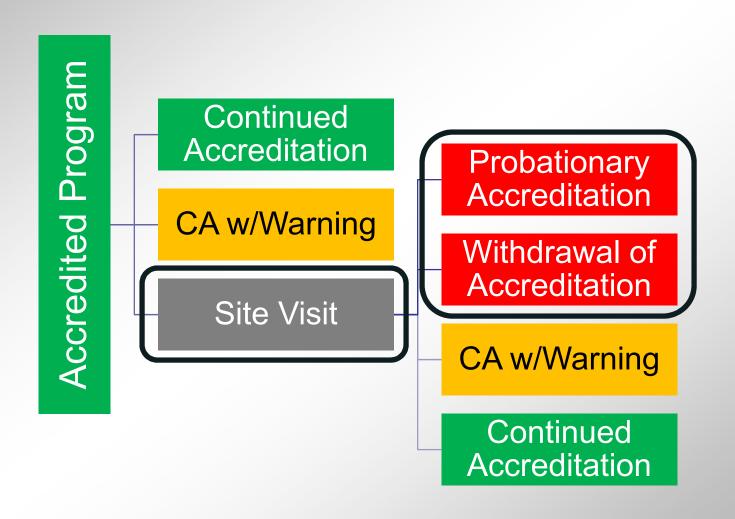
- Understand that this is a work-in-progress
- New data elements likely in future

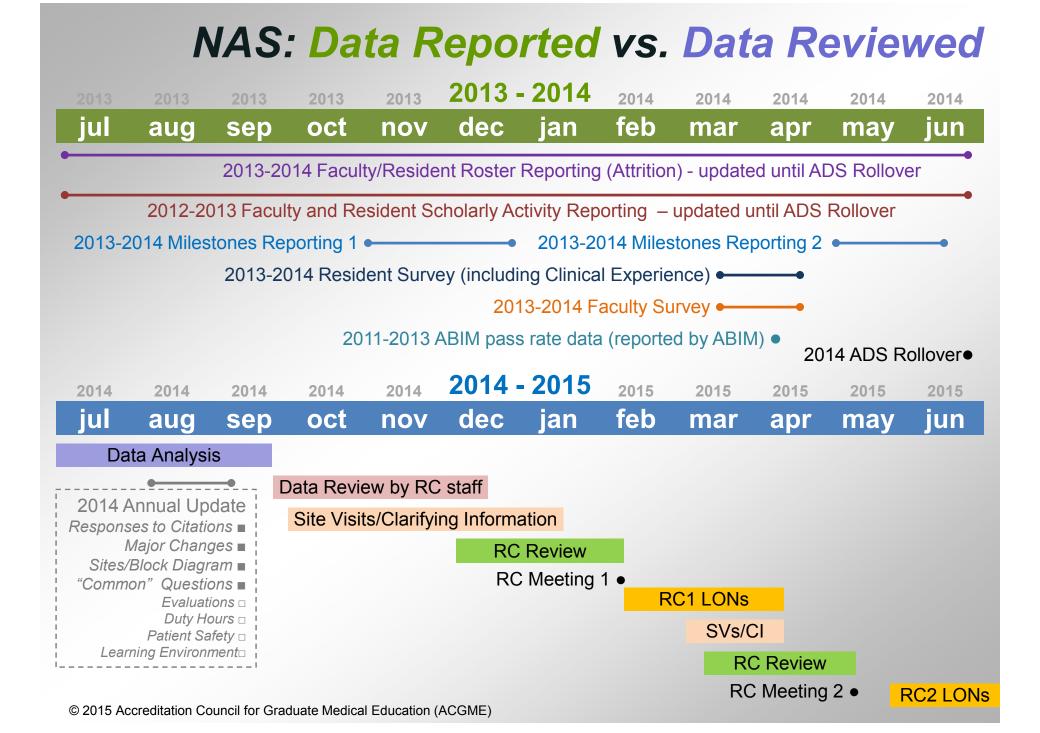
What is "Further Review"?



- Staff and/or RC Member review data in fall
- •If recommendation can be made, proceeds to winter RC meeting
- •If recommendation unclear, then may request clarifying info or site visit
- * = applies to established programs (not on Initial Accreditation)
- ** = citations given after July 1, 2013

Accreditation Status Schema

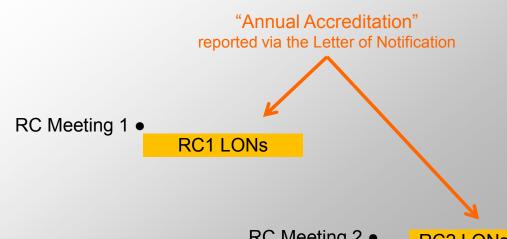




NAS: Communication of Status Decision

- Core programs will receive results of RC's annual review after either the RC's 1st or 2nd meeting
 - This year, either after the **Feb** or the **May** meeting
 - Vast majority will receive status decision after 1st meeting





ADS: Annual Update

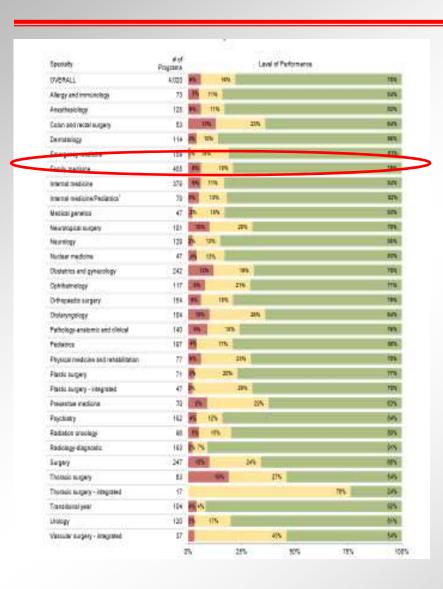
- Update can begin after the ADS rollover (late June), but cannot be submitted until the window is open
- email will be sent with window open/close dates
 - Core IM Residency: August –September
 - Subspecialty programs: September October
- Required Information:
 - Duty Hour/Learning Environment/Evaluation Responses
 - Major Changes
 - Responses to Citations
 - Resident/Faculty Rosters
 - Resident/Faculty Scholarship (for previous year)
 - Sites (and Block Diagram)
- Scholarship data entry is for for last year's productivity.
 (See FAQ for more detail)
- "Omission of Data" is a data point.



Take Home Points (ADS)

- Take ADS data entry very seriously
- While info is "due" in fall (to lock in faculty and fellow rosters), you may enter data anytime
 - Recommendation: Update also in May/June
- Respond to citations, indicate program improvements, etc (anything you might want RRC to see)
- Faculty roster: base on minimum requirement, scholarship, and survey

What did we expect?

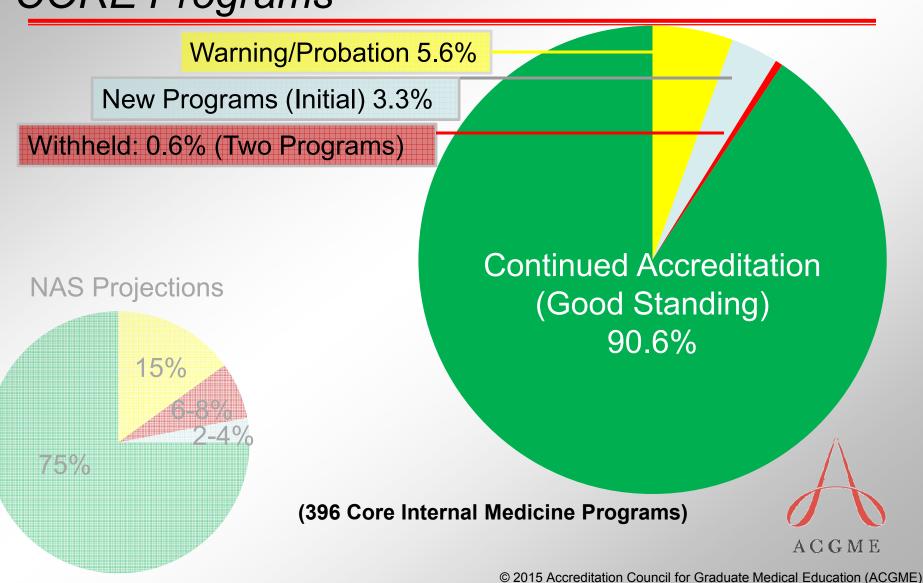


84% of core internal medicine residency programs had a review cycle between 3-5 years *

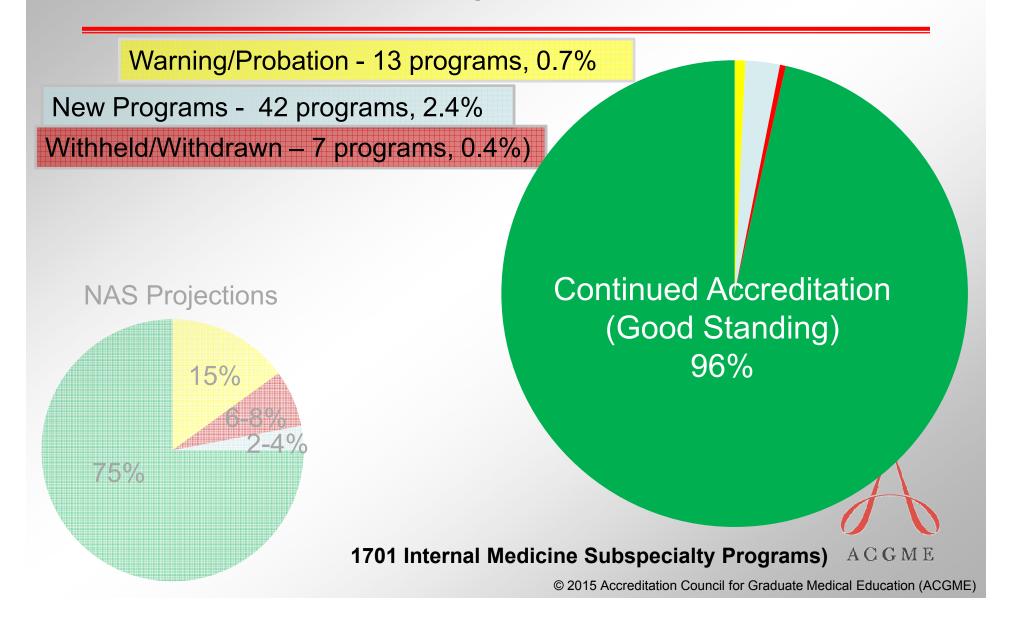
* ACGME Data Resource Book 2012-2013, based on 378 core programs. Book available on www.acgme.org.

ACGME

NAS Year 1: Expected vs Actual Outcomes CORE Programs



NAS Year 1: Expected vs Actual Outcomes SUBSPECIALTY Programs



NAS: Citations and Site Visits

NAS "As Needed" Site Visits

Full

- Application for a new core program
- At the end of the initial accreditation period
- RC identifies broad issues/concerns
- Serious conditions or situations identified by the RC

Focused

- Potential problems identified during annual review
- To diagnose reason for deterioration in performance
- To evaluate complaint

Both

- One month notification
- Minimal document preparation expected
- Team of site visitors

Citations and AFI's

Citations

- Areas of noncompliance
- Require response in ADS
- Given and resolved by RC member review

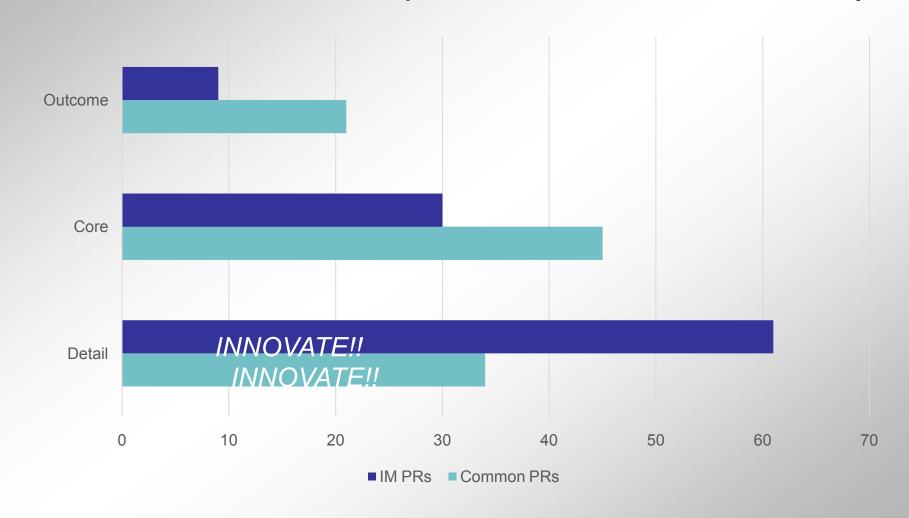
AFI

- Concerns, worrisome trends
- Expectation to be addressed locally
- Does not require response in ADS
- Given and resolved by RC member or staff

NAS: Encourages Innovation

NAS: Innovation + Accreditation

IM PRs vs. Common PRs (% Outcome, % Core, % Detail)



NAS: Innovation & Detail PRs

- Some see that NAS allows for experimentation....
 - e.g., Continuity experience
- If programs can demonstrate compliance with Co. Ind
 Outcome PRs, they will not be asked to demonstrate
 compliance with Detail PRs.

Program must:

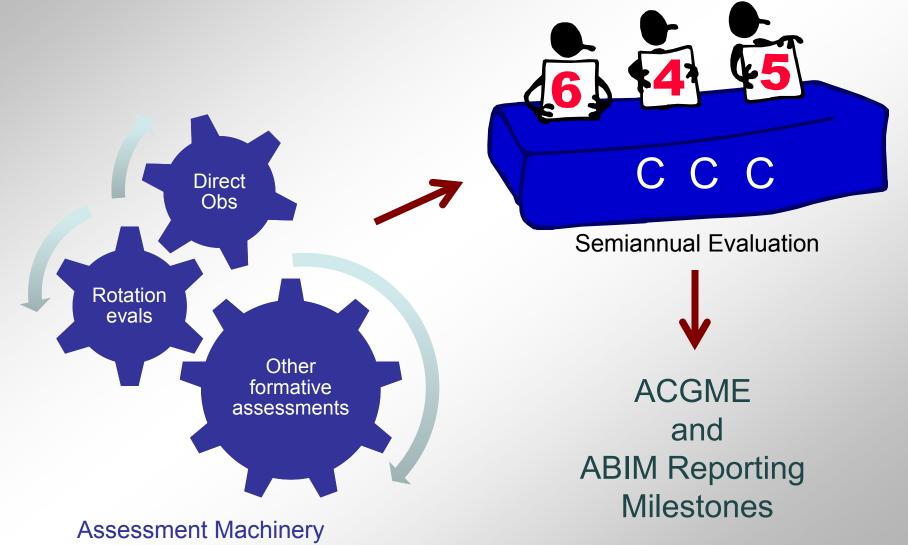
- be in good standing CA (without warning)
- not have issues with the PR(s) to be innovated around
- have an educational rationale (noncompliance ≠ innovation)
- No waiver requests necessary

Examples of Program Requirements "Detail"

- 50% key clinical faculty w/ scholarship
 - (> 50% fellows = Core PR)
- Conference structure, format
- Most PR's on # of procedures
- Some specific curricular details
 - e.g. basic sci topics, stats, simulation...
- Clinic structure & frequency
 - Incl. 6 mos blocks, # patients, interruption rules

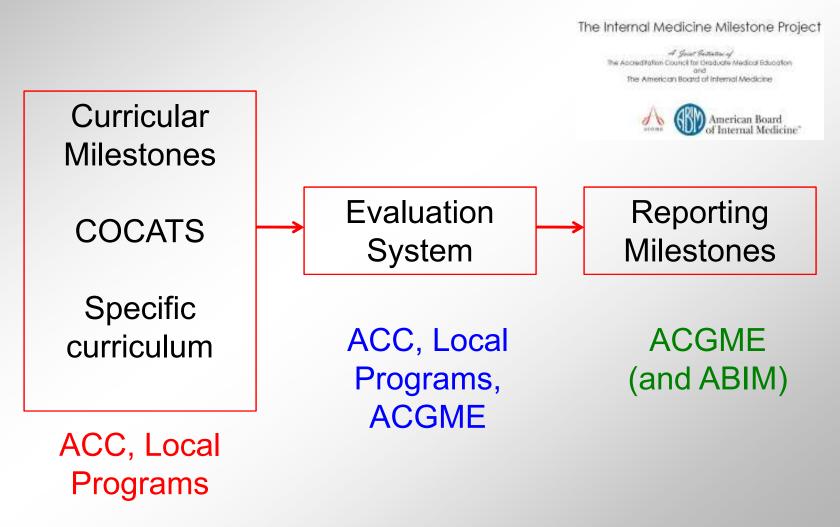
NAS: Encouraging Better Processes of Evaluation

Assessment → Evaluation → Reporting



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What specific elements of the system are ACGME?



Milestones: CCC

NEW: CCC Guidebook



ACCREDITATION COUNCIL FOR GRADUATE MEDICAL EDUCATION

Clinical Competency Committees

A Guidebook for Programs

Kathryn Andolsek Duke University

Jamie Padmore Medstar- Georgetown

> Karen E. Hauer UCSF

Eric Holmboe ACGME

Milestones v1.0: A Work-in-Progress

- Not yet used for accreditation decisions unless for reasons of "non-reporting"
- Ongoing analysis of trends, redundancies, language within and across specialties
- Obtain feedback, learn what works
- Potential to consolidate across specialties
 - Especially for the "common" competencies SBP, PBLI, IC, P
 - Subspecialties?

IM Subspecialty Milestones Example

Not Yet Assessable	Critical Deficiencies			Ready for unsupervised practice	Aspirational
	Does not or is	Consistently acquires	Acquires accurate	Obtains relevant historical	Role-models and teaches
	inconsistently able to	accurate and relevant	histories in an efficient,	subtleties, including	the effective use of history
	collect accurate	histories	prioritized, and	sensitive information that	and physical examination
	historical data		hypothesis-driven	informs the differential	skills to minimize the need
		Consistently performs	fashion	diagnosis	for further diagnostic
	Does not perform or use	accurate and			testing
	an appropriately	appropriately thorough	Performs accurate	Identifies subtle or	
	thorough physical exam,	physical exams	physical exams that are	unusual physical exam	
	or misses key physical		targeted to the patient's	findings	
	exam findings	Inconsistently recognizes	problems		
		patient's central clinical		Efficiently utilizes all	
	Relies exclusively on	problem or develops	Uses and synthesizes	sources of secondary data	
	documentation of	limited differential	collected data to define a	to inform differential	
	others to generate own	diagnoses	patient's central clinical	diagnosis	
	database or differential		problem(s) to generate a		
	diagnosis or is overly		prioritized differential	Effectively uses history	
	reliant on secondary		diagnosis and problem	and physical examination	
	data		list	skills to minimize the need	
				for further diagnostic	
	Fails to recognize			testing	
	patient's central clinical				
	problems				
	Fails to recognize				
	potentially life	[]			
	threatening problems	<u> </u>			

Objectives of ACC Competency Mapping Project

Standards

- ACCF Curricular Competency and Milestones documents
- ACGME Subspecialty Reporting Milestones documents

Data Sources

- Fellow rotation evaluations
- In-training examination
- Direct observation

Evaluation System: Moving from this...

2. Patient Care Fails to review history and prior studies. Unable to synthesize data from different sources. Poor clinical judgement. Fails to analyze clinical data. Ignores evidence and patient preference when making decisions. Poor procedural skills.	1 2 3 4 5 6 7 8 9 Insufficient contact to judge Needs attention- Specify	Always gathers accurate and appropriate information from interviews, examinations, and other data sources. Always analyzes available information to make diagnostic and therapeutic decisions based upon sound clinical judgement, best available evidence, and patient preferences. Stellar procedural skills.
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What is a "patient care 7" in the echo lab?

What is a "practice-based learning 6".... Anywhere?!

... To this: Echo Evaluation Tool (Mapped to Milestones)

Medical Knowledge

ACGME Reporting Milestone:

MK2: Knowledge of diagnostic testing and procedures.

ACC Curricular Milestones:

M-IMAG-ECHO-MK2, MK7, MK8, MK9, MK10, MK11, MK13, MK15, MK16, MK17

Level 1	Level 2 ▼	Level 3 ▼	Level 4	Level 5
Critical Deficiencies	Early Learner	Advancing-Improving	Ready for Unsupervised Practice	Aspirational
			Consistently understands the key	
		Understands the key echocardiographic	echocardiographic findings for a wide	
		findings for the most	spectrum of cardiac	
		common cardiac	problems.	Understands subtle
Lacks foundational	Minimally	problems.	Understands the basic	nuances in
knowledge regarding	understands the role	Understands the basic	acquisition	interpreting test
the appropriate	of echocardiography	acquisition	parameters and views	results. Pursues
indications for	in assessing patients	parameters and views	needed to obtain a	knowledge of
echocardiographic	with a variety of	needed to obtain a	comprehensive	emerging techniques
examinations.	cardiac problems.	limited examination.	examination.	in echocardiography.



IM Subspecialty Milestones Example

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	or misses key physical		targeted to the patient's	findings	
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	Relies exclusively on	problem or develops	Uses and synthesizes	sources of secondary data	
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Echo Mapping Tool

Medical Knowledge Example

ACC CMC Template Evaluation Tool for Echocardiography R

Question	Competency	Reporting Milestones	
No. ▼	Area ▼	Subcompetency	Link to ACC
			M-IMAG-EC
	Medical	MK2: Knowledge of diagnostic	MK9, MK10,
2	Knowledge	testing and procedures.	MK16, MK17

	M-IMAG-ECHO-	Know the appropriate indications for: M-	
	MK2	mode, two-dimensional, and three-	
		dimensional transthoracic echocardiography	
		(TTE); Doppler echocardiography and color	
		flow imaging: transesophageal	
		echocardiography (TEE); tissue Doppler and	
3		strain imaging; contrast echocardiography.	
	M-IMAG-ECHO-	Know the characteristic findings of	
	MK7	cardiomyopathies.	
	M-IMAG-ECHO-	Know how to use echo and Doppler data to	
1	MK8	evaluate native and prosthetic valve function	
1		and diseases.	
	M-IMAG-ECHO-	Know the echo and Doppler findings of	
	MK9	cardiac ischemia and infarction and the	
		complications of myocardial infraction.	
	M-IMAG-ECHO-	Know the echo findings of pericardial	
1	MK10	disease, pericardial effusion, and pericardial	
		constriction.	
	M-IMAG-ECHO-	Know the characteristic findings of basic	
	MK11	adult congenital heart diseases.	
	M-IMAG-ECHO-	Know how to evaluate cardiac mass and	
	MK13	suspected endocarditis.	
	M-IMAG-ECHO-	Know how to assess pulmonary artery	
	MK15	pressure and diseases of the right heart.	
	M-IMAG-ECHO-	Know how to evaluate patients with	
	MK16	systemic diseases involving the heart.	
	M-IMAG-ECHO-	Know the indications for and the	
	MK17	echocardiographic findings in patients with	
		known or suspected cardio-embolic events.	

M-IMAG-ECHO-MK2, MK7, MK8, MK9, MK10, MK11, MK13, MK15, MK16, MK17

NAS Ten-Year Site Visits and Self-Studies



Self-Study/10-year Site Visit The Evolution...

- Scheduled to begin in the late spring of 2015 for IM
 - 5 7 month delay for programs due now thru AY 2015-16
- Departmental— core + subs together
- Scheduled every 10 years
- TWO purposes:
 - Self-study element: to assess continuous improvement within department/program; analyze strengths, weaknesses, opportunities and threats
 - Full site visit element: to asses compliance with "core" + "outcome" PRs
- ? Best temporal relationship between self study and SV

Self-Study/10-year Site Visit Update, Feb 2015



Accreditation Council for Graduate Medical Education

e-Communication

February 19, 2015

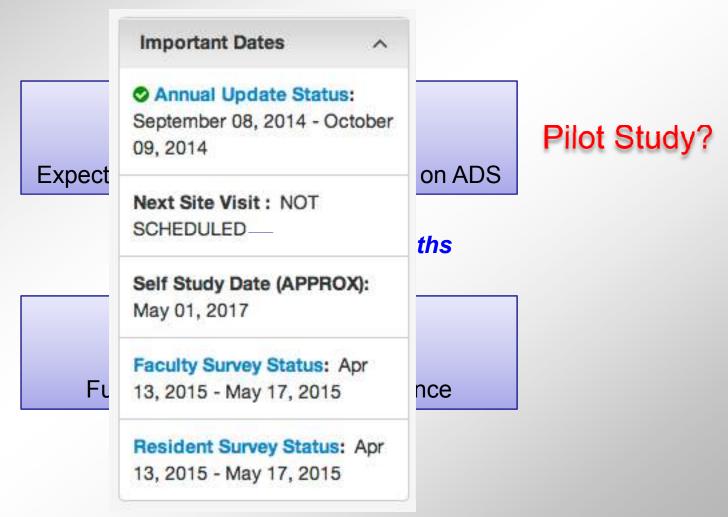
The ACGME has made some important changes in the phase-in of the program self-study for the first group of Phase I programs with an initial 10-year site visit in the Next Accreditation System (NAS) scheduled between April 2015 and July 2016.

The most important change for all programs in this group will be a change in the scheduling of the initial 10-year site visit, which now will occur 12 to 18 months after the program has conducted its self-study. The intent is to allow programs to make improvements before their first scheduled 10-year site visit in the NAS.

Another important change is a pilot in which programs in this initial Phase I group may volunteer for an added self-study pilot visit, conducted three to four months after the self-study. This added voluntary visit will be a non-accreditation visit in which a group of ACGME field representatives with added training will offer feedback on the program's self-study. The aim of the pilot is to assess if this type of added site visit and feedback will accelerate program improvement.

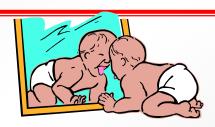
Detailed information about the self-study and the pilot can be found in a **memorandum from ACGME Chief Executive Office Thomas J. Nasca, MD, MACP**.

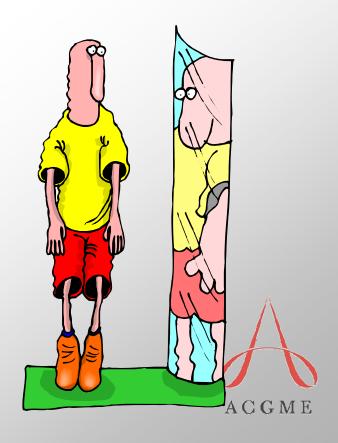
Self-Study/10-year Site Visit Update, Feb 2015



What is a Self-Study?

- A procedure where an education program
 - Describes
 - Evaluates
 - Subsequently improves the quality of its efforts
 - Must be ongoing





The Program Self-Study

- A comprehensive review of the program
 - Information on how the program creates an effective learning and working environment that leads to desired educational outcomes
 - Analysis of strengths, weaknesses, opportunities and threats, and ongoing plans for improvement
- 12-18 months later: the 10-Year Site Visit
 - Time lag is by design to give programs time to make improvements

After the Self-Study: All Programs Prepare Self-Study Summary

- Brief (4 to 5 pages, ~ 2300 words) summary of key dimensions of the Self-Study
 - Aims
 - External environmental assessment (Opportunities and Threats)
 - Process of the Annual Program Evaluation and the Self-Study
 - Learning what occurred during the self-study (Optional!)
- Information on areas for improvement identified in the self-study not included in the Summary
- Summary is uploaded into ADS

The 10-Year Accreditation Site Visit (All Programs)

- 18-20 months after the self-study visit
 - to allow programs time to implement improvements
- Different team of site visitors
- A "PIF-Less" Visit
- Programs update their self-study summary and provide information ONLY on the improvements that were realized from their self-study
 - No request for information on areas that have not been resolved
- Team provides verbal feedback on key strengths and suggestions for improvement
- Team prepares a written report for the RC

Review Committee Review 10-Year Accreditation Visit (All Programs)

- What is available to the Review Committee
 - ADS Data
 - The program's summary from the self-study
 - The site visitors' report from the full accreditation site visit - includes information on the improvements made based on areas identified during the self-study
- Review of program aims, context and improvements made in follow-up to the self-study allows the RC to assess the effectiveness of the self-study, with data on the improvements achieved being one measure of effectiveness

ACGME Resources Planned Self-Study Webpage:

I. Self-Study Overview:

- Self-Study Guide
- Self-Study FAQs
- JGME article
- Timeline for Self-Study, SSV, 10-year compliance site visit

II. Self-Study Specifics:

- Explain PDSA cycle, with examples
- Annual Program Evaluation template
- Annual Program Evaluation Action Plan and Follow-up Template

III. Self-Study Visit Summary

- 10 Year-Site Visit Guide
- 10 Year-Site Visit Summary Template

? ? ? Questions ? ? ?



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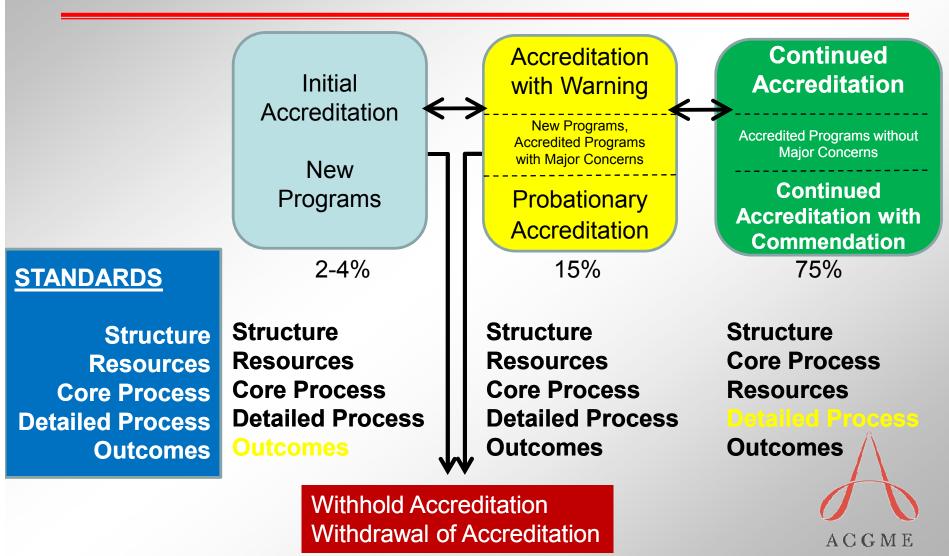


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NAS Conceptual Model

Expected Outcomes



ACGME + AOA = SAS

(Single Accreditation System)







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Allopathic and Osteopathic Medical Communities Commit to a Single Graduate Medical Education Accreditation System

CHICAGO, February 26, 2014 – The Accreditation Council for Graduate Medical Education (ACGME), the American Osteopathic Association (AOA), and the American Association of Colleges of Osteopathic Medicine (AACOM) have agreed to a single accreditation system for graduate medical education (GME) programs in the U.S. After months of discussion, the allopathic and osteopathic medical communities have committed to work together to prepare future generations of physicians with the highest quality GME, ultimately helping to ensure the quality and safety of health care delivery.

"The commitment to a single accreditation system comes at a watershed moment for medical education in the U.S.," said Thomas Nasca, MD, MACP, chief executive officer of the ACGME. "As we move forward into the Next Accreditation System, this uniform path of preparation for practice ensures that the evaluation of and accountability for the competency of all resident physicians – MDs and DOs – will be consistent across all programs." Nasca added, "A single accreditation system provides the opportunity to introduce and consistently evaluate new physician competencies that are needed to meet patient needs and the health care delivery challenges facing the U.S. over the next decade."

The single accreditation system will allow graduates of allopathic and osteopathic medical schools to complete their residency and/or fellowship education in ACGME-accredited programs and demonstrate achievement of common Milestones and competencies. Currently, the ACGME and AOA maintain separate accreditation systems for allopathic and osteopathic educational programs.

"A single system standardizes the approach to GME accreditation, and ensures that all physicians have access to the primary and sub-specialty training necessary to serve patients," said AOA President Norman E. Vinn, DO. "Importantly, the system recognizes the unique principles and practices of the osteopathic medical profession and its contributions to the health of all Americans."

Stephen C. Shannon, DO, MPH, President of AACOM commented, "Healthcare and medical education in the U.S. today face many challenges. We feel that this approach to GME accreditation not only streamlines but strengthens the postdoctoral education process, and will produce physicians who are able to meet those health care challenges, enhancing the ability for all physicians to learn the unique characteristics of osteopathic medical practice."

Under the single accreditation system:

ACGME + AOA = SAS What does this mean for IM?

Numbers

•	# of AOA accredited IM programs	129
•	# of dually accredited IM programs	27
•	# of AOA accredited IM subs	118
•	# of dually accredited IM subs	2
•	# of AOA cardiology programs	27
•	# of dually accredited cardiology subs	1

RC-IM can likely see ~100 core applications from AOA

- Core applications will require a site visit
- All apps will receive "Pre-Accreditation" upon submission
- Subs will not be reviewed until core receives Initial Accreditation
- Subs will not require a site visit
- Spring 2016 meetings will likely expand by 1 day