# PROFESSIONAL DEVELOPMENT/SELF-EVALUATION

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Cardiology Fellowship Administrator

# MILESTONES FOR PROGRAM ADMINISTRATORS

Applying competency based outcomes to GME administrative roles

- Talk given by
  - Nowoka "Joy" Hilton
  - Terry Bennett
    - University of Virginia

#### NAS AND THE PROGRAM ADMINISTRATOR

- Utilizing the NAS 6 core competencies ~ transfer them to you and your career development
  - Personal Care
  - Medical Knowledge
  - Interpersonal Communication Skills
  - Professionalism
  - Practice-Based Learning and Improvement
  - System-Based Practice

# PERSONAL CARE

Work/life balance; personal wellness



# MEDICAL EDUCATION KNOWLEDGE

 Rules, regulations, policies and procedures which support program accreditation



# Interpersonal and Communication Skills

 Effective communication, written and oral, with all team members, faculty, and trainees



# **PROFESSIONALISM**

 Skill sets needed to carry out professional responsibilities; adherence to ethical principals, departmental/institutional goals and missions; representing and counseling residents with whom you work



# PRACTICE-BASED LEARNING AND IMPROVEMENT

 Self -evaluation, life-long learning, formative feedback, continuous professional development i.e., TAGME



# SYSTEMS-BASED PRACTICE

Awareness of and responsiveness to the team at large;
 cost considerations, program improvement and quality



#### RESUMES

 Building a resume is an ongoing process and a professional never knows when the prospect for advancement or some other valuable opportunity will require the submission of a resume.

Always have your resume ready to send out

#### RESUME

- All coordinators should have a resume where is listed not only their education and employment history but also all their professional activities, accomplishments, and responsibilities such as
- giving presentations to new residents at orientation or to other coordinators in your institution
- mentoring new coordinators in other departments
- orienting new faculty members
- serving on institutional committees
- being active in professional organizations and any leadership roles

### RESUME CON'TD

- publications
- teaching/training
- Additional Items:
- Teaching activities
- List of persons you have mentored
- Community service activities

- Have a friend outside of GME review it
- Ask someone you see as a mentor review it
- You should review it at least quarterly

# POSITIVE EFFECTS OF GROUP MENTORING – A TEXAS TALL TALE

Beth Payne, MAEd, C-TAGME
 Director, Academic Programs
 Assistant Program Director

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 Academic Programs Coordinator

### MENTORING GROUP

- Form a group to mentor to each other
  - Could be within your institution
  - Could be with 3 or 4 administrators you meet here

### WHY MENTOR?

- Role modeling
- Wealth of knowledge
- Discover opportunities
- Cheerleader
- Set career goals
- Emotional support
- Success
- Life-long friendship

### MENTORING GROUP GOALS AND OBJECTIVES

- Self Inventory
- Team format
- SMART goals
- Accountability
- Time
- Passion and Desire
- Stay in touch

#### PERSONAL GOALS

- Create List
  - What do you want?
  - Never Contradict the list
  - Focus on the 6 competencies
  - Set the Bar for where you want your goal to lead you
  - Review your goal daily
  - Visualize it
  - Stay constant with the values
  - At some point....Decision Time

