



ADULT IMMUNIZATION TO PROMOTE CARDIOVASCULAR HEALTH VIRTUAL ROUNDTABLE

Adult immunizations are important to staying healthy, however, the immunization rates for adults remain low in the United States. Along with the aging of the U.S. population, the public health impact of vaccine-preventable diseases and their complications is likely to grow, specifically in regard to cardiovascular diseases and conditions. Cardiovascular disease patients are at higher risk of complications from many viruses for which there are safe and effective vaccines, including influenza, pneumococcal pneumonia, and COVID-19, but many of the most vulnerable patients are not regularly receiving these immunizations.

The cardiovascular community has long been aware that acute viral infection can intensify underlying cardiovascular disease and precipitate adverse outcomes, particularly acute decompensation in heart failure and myocardial infarction in at-risk primary and secondary populations. A challenge has been incorporating vaccination into the standard of cardiovascular care, with most specialists considering vaccination the responsibility of primary care physicians or patients themselves.

The ACC was recently awarded a grant from the Centers for Disease Control and Prevention (CDC) and the Council of Medical Specialty Societies (CMSS) to implement targeted quality improvement strategies and activities to increase immunization rates in high-risk adults. The **Adult Immunization to Promote Cardiovascular Health** virtual Heart House Roundtable is part of this initiative with the overall goal to identify evidence-based strategies to increase adult immunization, influenza and COVID-19 in particular, in patients with cardiovascular disease.

Through interactive discussions, participants will explore the current science surrounding adult immunization as part of preventative cardiology in high-risk patients and identify evidence-based strategies for implementing adult immunization in this population.

HEART HOUSE ROUNDTABLES

Heart House Roundtables explore the practical issues that clinicians and patients face every day within high-value clinical areas. These meetings are grounded in the concept of convening a broad range of expertise to include representatives from professional societies, patients, federal agencies, integrated health systems, and others as identified. Through interactive and in-depth discussions, participants not only identify and clarify gaps in clinical care, but also brainstorm potential solutions to help drive better patient care and outcomes. Roundtables have historically been used to inform the development of actionable content to include clinical policy as well as clinician and patient tools to be used at the point of care.

For more information, visit [ACC.org/ClinicalSolutions](https://www.acc.org/ClinicalSolutions).