

## DISCUSSION QUESTIONS

### Session 1: Maternal Morbidity and Mortality in Cardiovascular Patients

#### Group 1

*Moderator:* N. Bello

*Members:* A. Addante; K. Baisden; N. Dickert; K. Gregory; J. Grib; Z. Mahmoud; T. Sciscione; C. Silversides

*ACC Staff:* A. Covington

1. What are the standards of care for reproductive health access for patients with cardiovascular disease?
2. How do we ensure patients with cardiovascular disease are able to access comprehensive reproductive care, including referral to cardio-obstetric centers, despite geographic variability in legal medical/surgical termination?
3. What is the role of the cardiovascular team in providing contraception/medical termination pharmacotherapy?

#### Group 2

*Moderator:* K. Lindley

*Members:* C. Bernard; E. Cooke; M. Davis; P. Eshtehardi; E. Miller; S. Osmundson; M. Voeltz; C. Zelop

*ACC Staff:* S. Chavez; A. Shinkar

1. What barriers to reproductive care have your patients experienced since the Dobbs decision?
2. What is the role of the cardiovascular team in providing contraception/medical termination pharmacotherapy?
3. What is the role of multispecialty societies in health policy and advocacy to reduce maternal mortality?

#### Group 3

*Moderator:* M. Countouris

*Members:* N. Aggarwal; R. Bond; E. Boos; I. Malhamé; L. Padove; R. Sinkey; N. Smilowitz; G. Wei

*ACC Staff:* A. Dearborn

1. What barriers to reproductive care have your patients experienced since the Dobbs decision?
2. How do we increase engagement among cardiovascular clinicians about initiating conversations with patients about contraception and pregnancy planning?
3. How can innovative care implementation (telehealth, remote monitoring, elimination of state license limitations, etc.) be utilized to improve care delivery to patients in geographic/financial care deserts?

#### Group 4

*Moderator:* K. Park

*Members:* A. Brener; A. Hameed; A. Hirshberg; R. Kovacs; M. Meng; R. Solnick; N. Tepper; J. Wood;  
M. Wood

*ACC Staff:* K. Doermann Byrd; L. Gold

1. How do we improve education and grow the workforce in cardio-obstetrics to meet the needs of the patients?
2. How can innovative care implementation (telehealth, remote monitoring, elimination of state license limitations, etc.) be utilized to improve care delivery to patients in geographic/financial care deserts?
3. What is the role of the cardio-obstetrician in state Maternal Mortality Review Committees (MMRCs)? Is this standardized between states? Are cardiovascular endpoints standardized between states?

#### Group 5

*Moderator:* M. Walsh

*Members:* K. Arendt; K. Berlacher; J. Briller; R. Bullock-Palmer; D. Diercks; L. Hollier; M. Rakotz; G. Sharma;  
B.H. Wilson

*ACC Staff:* M. Poblete; A. Stephen

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#### Group 6

*Moderator:* A. Youmans

*Members:* N. Bhavé; H. House; S. Khan; E. Krieger; D. Mattina; N. Narula; M. Tarsa

*ACC Staff:* A. Crowe; S. Bhatia

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## SESSION 2: Standards of Cardiovascular Care for Women of Reproductive Age (From Pre-Conception to Postpartum)

### Group 1

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*Members:* A. Addante; N. Bhave; R. Bullock-Palmer; M. Davis; K. Gregory; K. Joynt Maddox; E. Krieger; M. Meng

*ACC Staff:* K. Doermann Byrd; L. Gold

1. What is the current state of reimbursement for pregnancy/postpartum care for cardiovascular patients and how does that impact care delivery?
  - a. What are the essential components of pregnancy/postpartum cardiovascular care that should be a part of comprehensive insurance coverage?
2. How do we standardize cardio-obstetric training among cardiology/obstetric/maternal-fetal-medicine trainees to ensure the workforce has adequate knowledge base and experience in the care of reproductive age patients?
  - a. How do we standardize and identify cardio-obstetric experts?
  - b. How do we standardize/identify expert cardio-obstetric centers?

### Group 2

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*Members:* K. Baisden; C. Bernard; A. Brener; L. Hollier; H. House; Z. Mahmoud; N. Narula; N. Smilowitz

*ACC Staff:* S. Chavez; A. Shinkar

1. What is the standard of care for fourth trimester care for patients with cardiovascular disease (including hypertensive disorders of pregnancy) – including who are essential postpartum team members, when should patients be seen, which patients require postpartum cardiometabolic screening, transition to longitudinal care?
  - a. What are the barriers to achieving this standard of care and how can they be overcome?
  - b. How can fourth trimester care implementation be augmented – including opportunities to educate/promote change among patients, community hospitals, public education campaigns, state public health departments, schools?
2. How do we increase inclusion of pregnant and lactating patients in cardiovascular trials?
  - Enrollment of patients in studies
  - Collection of comprehensive reproductive health history within studies
  - Sex-specific endpoints
  - Institutional/national/patient-specific barriers to inclusion

### Group 3

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*Members:* J. Briller; D. Diercks; A. Hameed; S. Khan; D. Mattina; N. Tepper; L. Padove; T. Sciscione

*ACC Staff:* A. Dearborn

1. What cross-societal collaborations could be developed to ensure receipt of standard of care in diagnostics and therapeutics for pregnant and lactating patients?
2. What tools/resources can the ACC/collaborating societies develop to help clinicians implement the gold standard of care for pregnant patients with cardiovascular disease?
  - EPIC/Cerner builds
  - Website
  - Apps
  - Clinical policy
  - Toolkits

## Group 5

*Moderator:* M. Walsh

*Members:* K. Arendt; R. Bond; R. Kovacs; M. Rakotz; G. Sharma; R. Solnick; M. Tarsa; BH. Wilson;  
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