

# Biofourmis Care Quickstart Guide

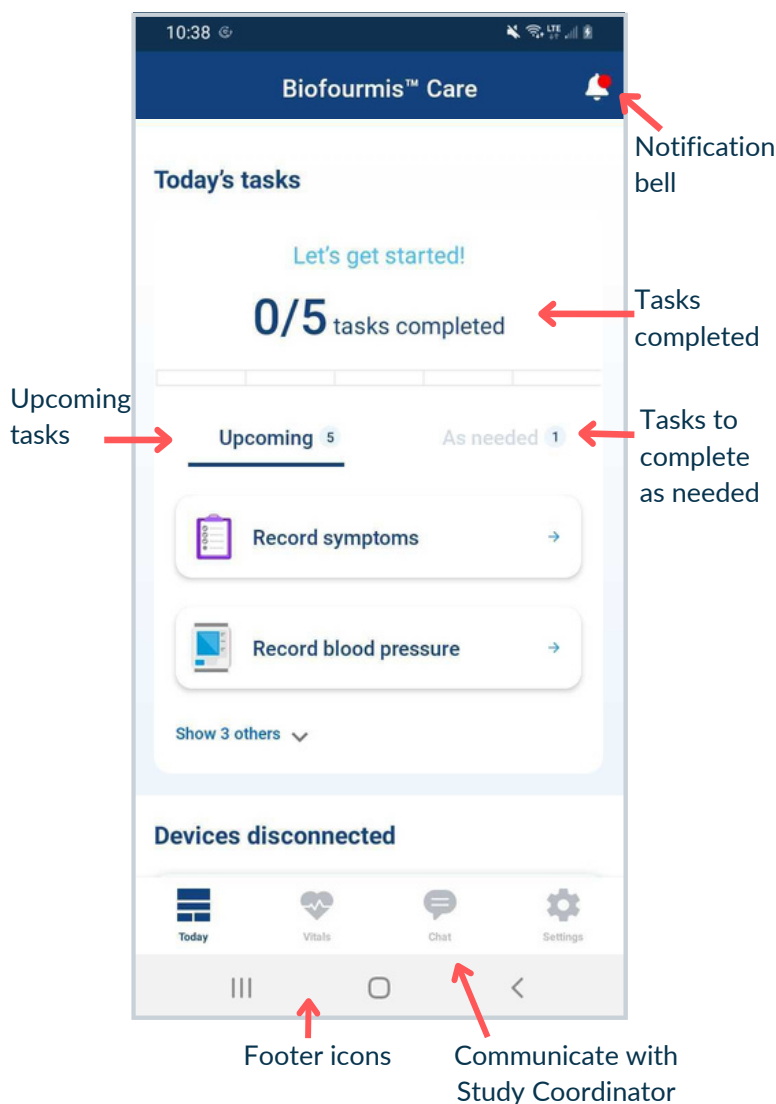
## Access the Biofourmis App

On your smartphone, tap the  icon. The home screen appears.



## Navigate the Home Screen

The home screen displays an overview of the day's tasks the participants must complete. The participant can use icons to navigate to other features in the app.



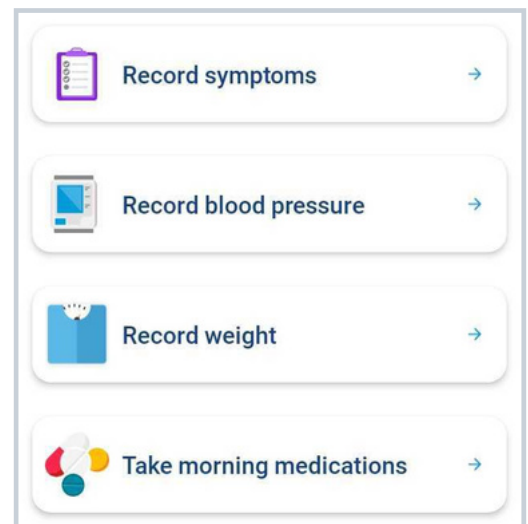
## Contact your Study Coordinator

A study participant can chat with a Study Coordinator if they have a question or want to report a symptom.

- 1 Tap the chat icon
- 2 Read and confirm the Usage advice
- 3 Begin typing a message
- 4 Tap the arrow icon to send

## Complete Daily Tasks

You will be assigned daily tasks to complete. A description of each task appears on the home screen.



From the home screen, tap on a task to be completed to begin the task. Tap "Show others" to view a longer list of tasks.



Scan the QR code or click [here](#) to view participant education videos