



## BREAK-OUT SESSION DISCUSSION QUESTIONS

To foster conversation, participants will be sent to different virtual break-out rooms after brief presentations for small-group live discussion.

### SESSION 1: USE OF DIGITAL TOOLS FOR REMOTE PATIENT MONITORING

Start Time: 10:45 a.m.

End Time: 11:45 a.m.

#### Discussion Questions:

1. What do patients and clinicians need from remote patient monitoring (RPM)? How can we meet those needs? How can we match the technology with the patient? How can patients and clinicians make the best use of RPM?
2. How can we integrate remote patient monitoring in practice in an efficient, non-disruptive, and impactful manner? Identify the workflow considerations needed for successful deployment of a program resources, time, and space.
3. What patient-related factors, regulatory, legal, and financial barriers limit the implementation of at-home monitoring? How can we overcome these barriers?

### SESSION 2: DEPLOYING REMOTE PATIENT MONITORING TOOLS FOR POST HOSPITALIZATION AND AMBULATORY CARE

Start Time: 1:00 p.m.

End Time: 2:00 p.m.

#### Discussion Questions:

1. How can we design optimal RPM platforms and ecosystems [including patient/family education] to gain maximum synergies for post-hospital/ambulatory care delivery?
2. How do we optimize successful program and device implementation, including addressing disparities, equity, and access?
3. What metrics should the cardiology practices/health care organizations use to assess the utility of RPM? What is an appropriate turnaround time and method of response? And who determines appropriateness? Do we need to develop new quality measures for these programs and devices (i.e., those that test usability, engagement and retention)?