

# Artificial Intelligence for Longitudinal Care

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# The Telehealth Landscape

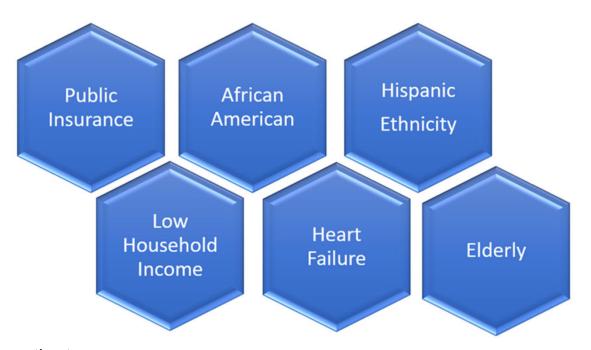
- Asynchronous Communication: PROMs, Electronic Consultation
- Blended Care: In-person and Virtual synchronous visits
- Clinical remote monitoring, medical grade devices
- Digital tracking and wearables
- Emerging analyses: Data and Artificial Intelligence

American Hospital Association, January 2015 *Trend Watch*,
The Promise of Telehealth For Hospitals, Health Systems, and Their Communities



# Social and Clinical Determinants of Telemedicine Cardiovascular Care

### Factors associated with lower Telemedicine Video Utilization





Brown K, Mathenge N, Pagliaro J, Crousillat D, Singh J, Bhatt A

8449 cardiology patients

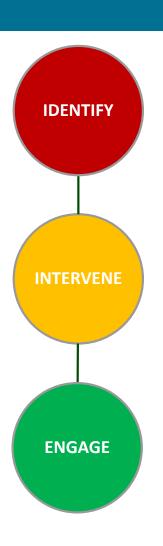
age >85y, public insurance (Medicaid/Medicare), MHI < MA state ave, HFrEF/HFpEF



### **Cardiovascular Equity Task Force**

#### **Identify Risk Factors**

- 1. Non-Hispanic Black / Hispanic Ethnicity
- 2. Age > 85 years
- 3. Public insurance
- 4. MHI less than State average
- 5. Heart failure (systolic or diastolic)



#### **Evaluate Modifiable Factors**

- 1. Patient Portal Enrollment
- 2. Hardware access
- 3. Digital Literacy

#### **Implement Telehealth Interventions**

- 1. Assign telemedicine coach
- 2. Identify virtual liaison
- 3. Provide access to hardware

#### **Create Access**

Proceed with navigated telemedicine encounter

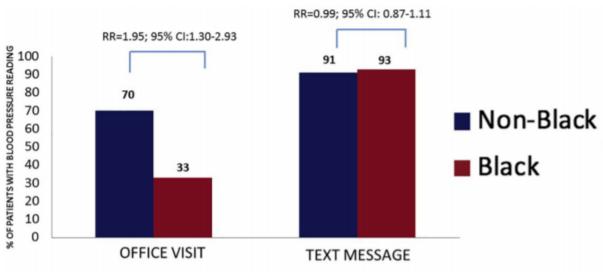




### **Secure Texting with Patients**

#### **FIGURE**

### Postpartum blood pressure ascertainment by race and follow-up method



Follow Up Method

Cl, confidence interval; RR, relative risk.

Hirshberg. Text messaging remote blood pressure monitoring. Am J Obstet Gynecol 2019.

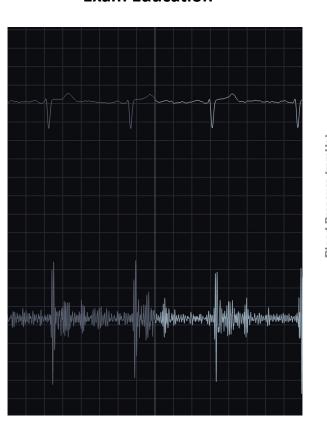


### Working Agenda for Black Mothers

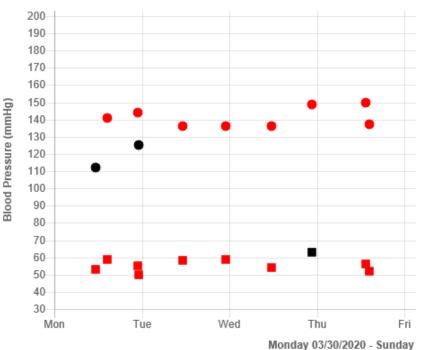
A Position Paper From the Association of Black Cardiologists on Solutions to Improving Black Maternal Health

### **Remote Monitoring**

### Digital Stethoscopes for Physical Exam Education



## **Continuous Blood Pressure Monitoring**



# Virtual Resiliency Training for Health Related Anxiety







### Who are our patients?

- Improved Access
- Optimal Convenience
- Accessible Education
- Home-based Care
- Personalized Approach
- Holistic Investment

