

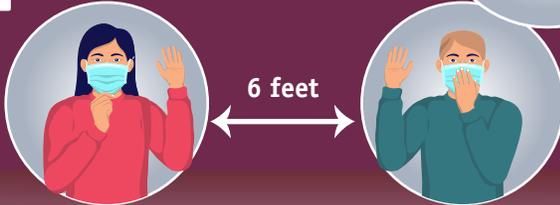
FALL 2020 RECOMMENDATIONS FOR OUR PATIENTS



5 WAYS TO KEEP PATIENTS SAFE THIS FALL

COVID-19 and the flu season pose a dual threat to everyone – especially for patients with cardiovascular disease

1 Recommend wearing a mask, distancing and hand washing



- Demonstrate how to properly wear a mask.
- Remind patients on sensible social distancing, and avoiding large gatherings.
- Recommend washing hands for 20 seconds.

2 Encourage influenza vaccination



- Emphasize the importance of getting a flu shot.
- Inform patients of the dual threat of influenza and COVID-19.

3 Allay fears and remind patients not to ignore symptoms or delay treatment



- Reassure patients that medical practices and hospitals are safe for people with non-COVID-19 emergencies; and if they have new/worsening symptoms, should immediately seek care.
- Utilize telehealth visits to connect with patients and ensure continuity of care.

4 Reinforce the importance of medication adherence



- Ensure that patients have ample supplies of their medications and continue to take them as directed.
- Help them find a local drugstore or mail-order pharmacy that can deliver their medications.

5 Assess how patients are coping, proactively address confusion and help find solutions



- Take time to offer reassurance and accurate information to help patients find the right balance between limiting their exposure to the virus, managing their condition and living a heart-healthy lifestyle.

For more information, visit [ACC.org/COVID19](https://www.acc.org/COVID19)



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