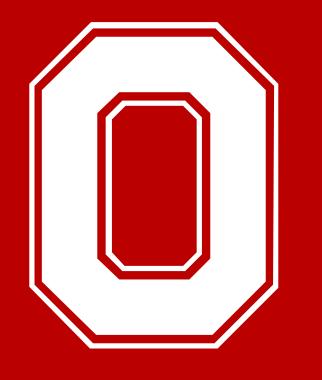


# Untangling a Complex Web: Implementation of a Multidisciplinary Comprehensive Amyloidosis Clinic



THE OHIO STATE  
UNIVERSITY

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## Background

- Amyloidosis is the common term for several diseases that occur when an abnormal protein deposits in tissues or organs throughout the body causing malfunction of that tissue or organ.
- Amyloid most commonly affects the heart, kidneys, nervous system, connective tissue, and digestive system.
- Patients may receive one treatment or a combination thereof, depending on the amyloid type, location and progression.
- Given the complexity of amyloidosis and multiple organ involvement, multidisciplinary care is critical for treatment and symptom management of this systemic disease.

## Results

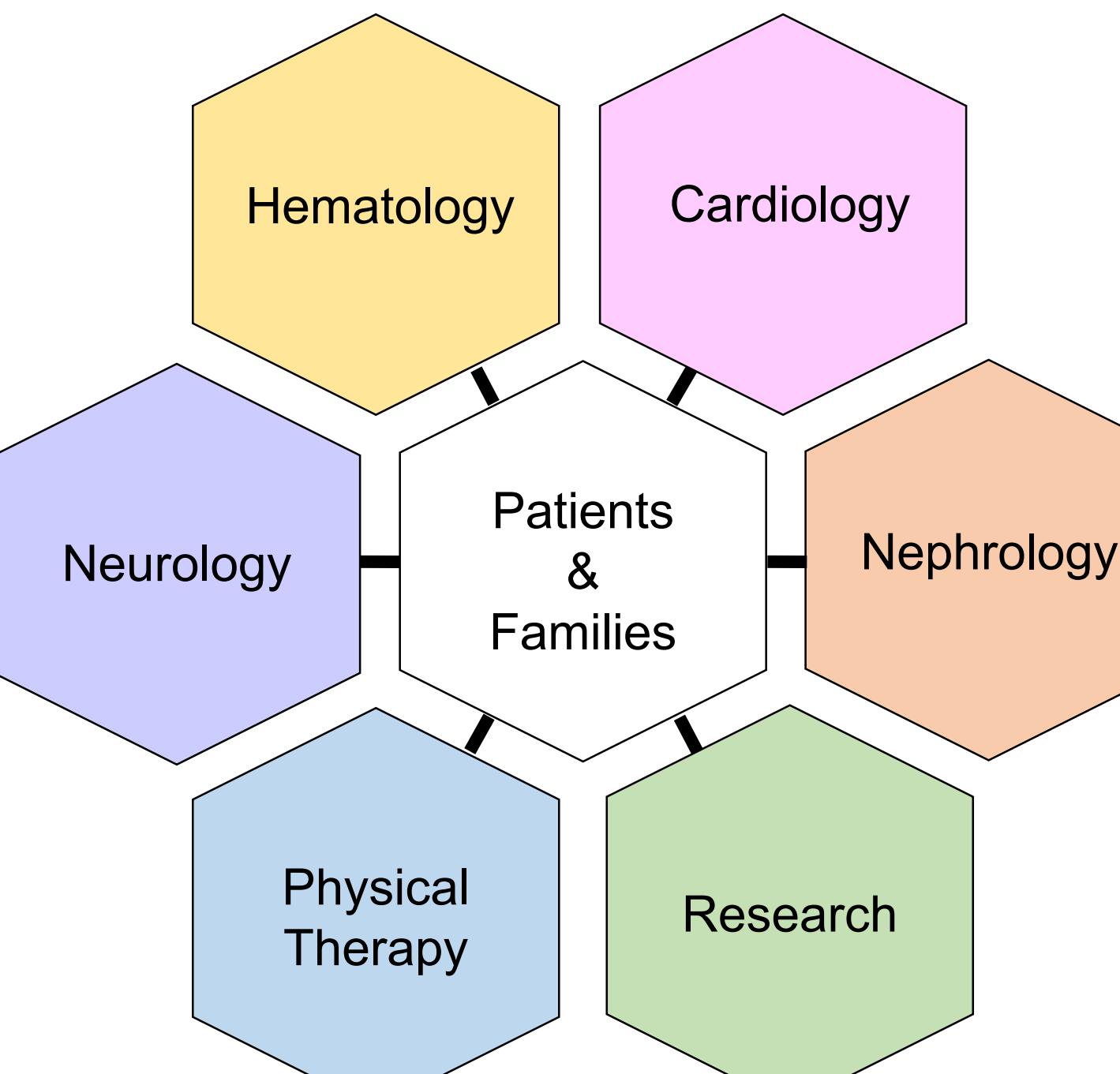


Figure 1: Organizational Structure of the Ohio State University's Comprehensive Amyloidosis Clinic.

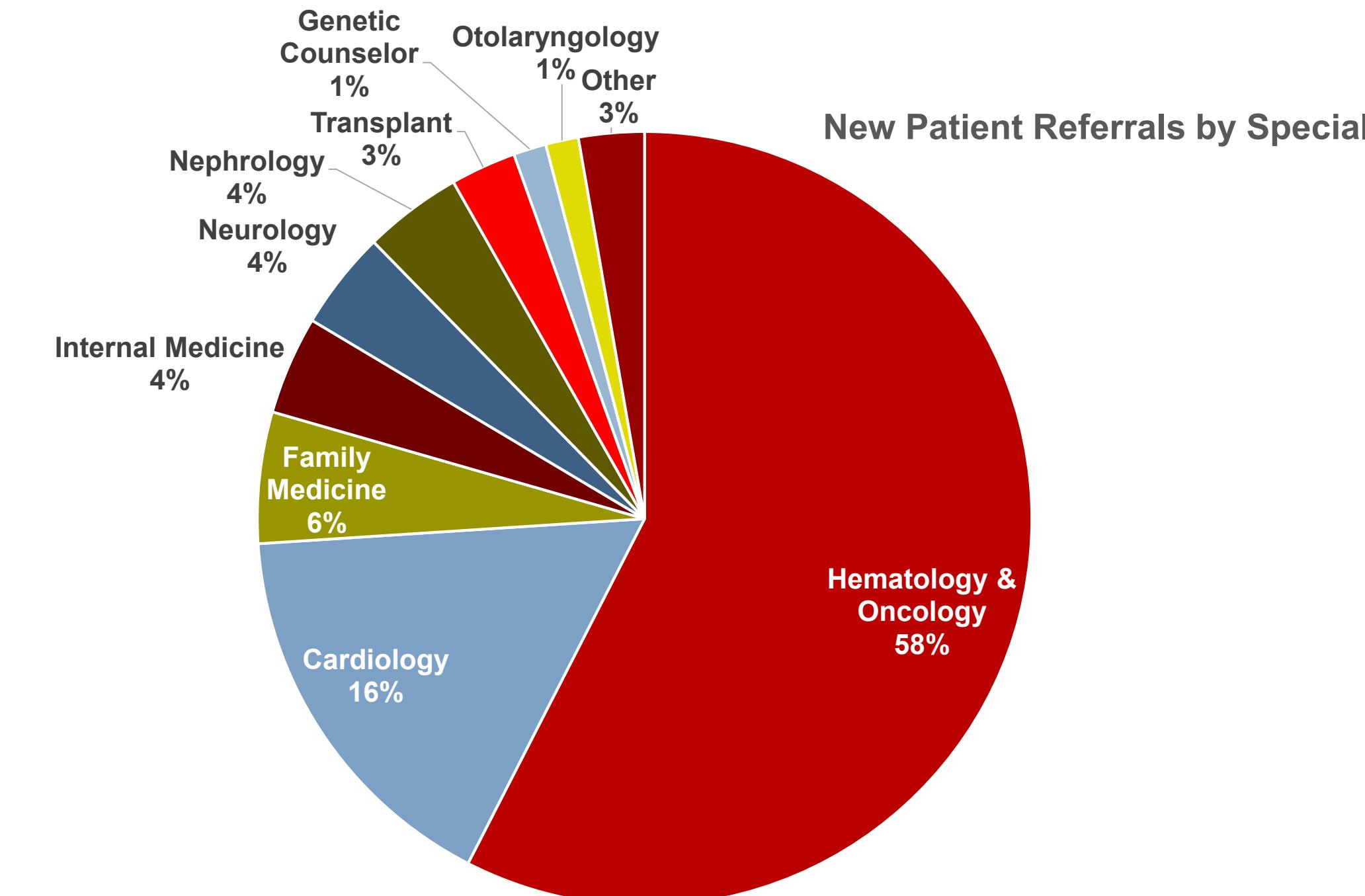


Figure 2. Source of referrals to the Ohio State University Comprehensive Amyloidosis Clinic by specialty.

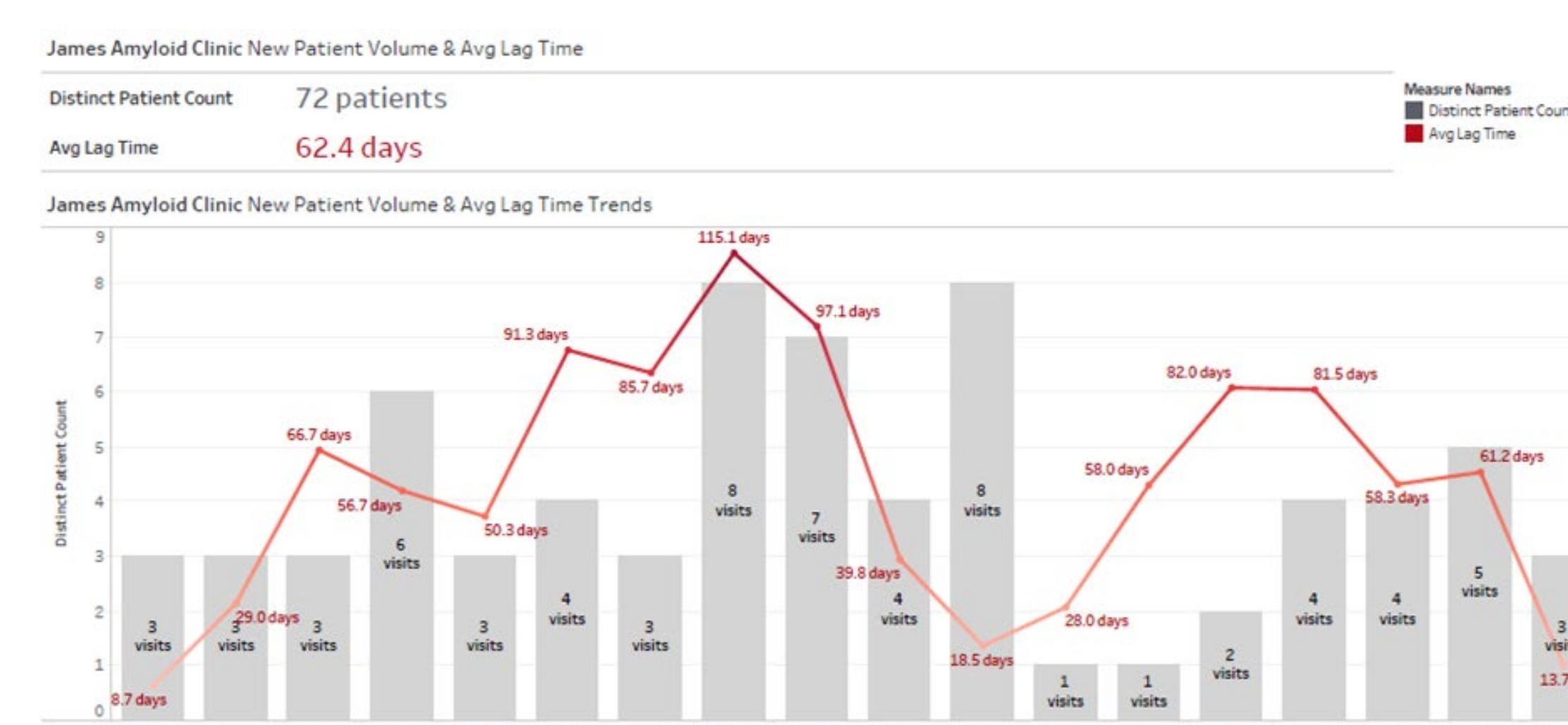


Figure 3. New patients seen at the Ohio State University Comprehensive Amyloidosis Clinic (CAC) by month (gray bars) and average time between date appointment was made and the clinic visit date (red line). All referrals are reviewed by clinic staff. Depending on urgency, patients can be scheduled with Cardiology or Hematology within 1 week to complete work-up or initiate therapy - outside of a CAC clinic morning.

Time	Patient Clinic Schedule Example
8:45-9:00 am	• Check-in, Rooming, Vitals, Electrocardiogram, Blood Draw • Amyloidosis Clinic Nurse assessment with history and medication updates
9:00-9:30 am	• Cardiology Clinic Visit
9:30-10:00 am	• Hematology Clinic Visit
10:00-10:30 am	• Nephrology Clinic Visit
10:30-11:00 am	• Neurology Clinic Visit
11:00-11:30 am	• Physical Therapy Clinic Visit
11:30-11:45 am	• Clinical Research Visit
11:45-12:00 pm	• Review of After Visit Summary with cohesive, multidisciplinary recommendations by Amyloidosis Clinic Nurse • Schedule follow-up CAC visit for 3, 6, or 12 months and specific subspecialty visits based on need

Figure 4. Example schedule for a patient during a visit to the Ohio State University Comprehensive Amyloidosis Clinic.

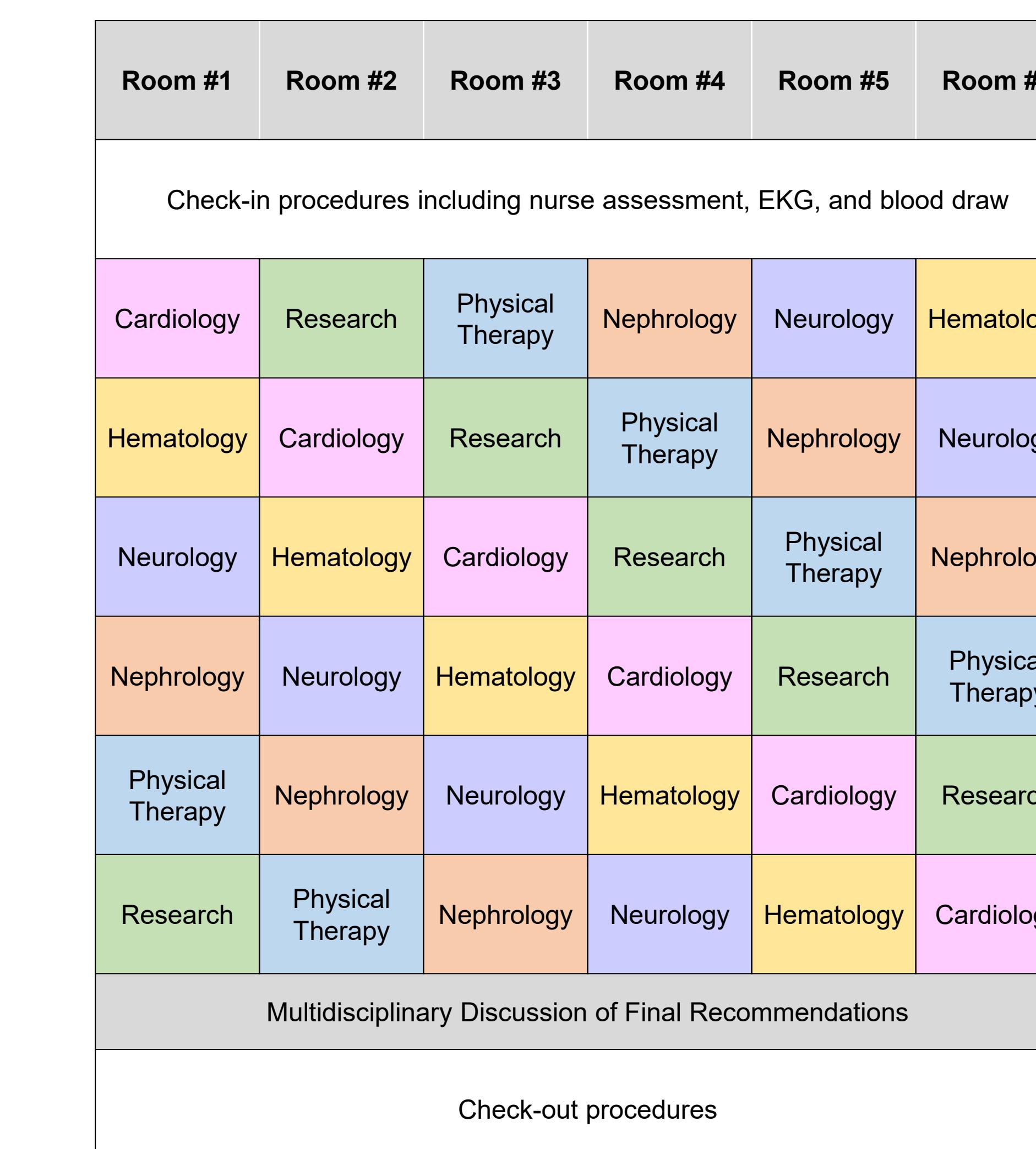


Figure 5. Workflow for the Ohio State University Comprehensive Amyloidosis Clinic

## Discussion

- Our CAC results in an excellent patient experience with multidisciplinary care and research engagement.
- Since the CAC's inception in 2017, we have seen close to 100 patients.
- With increased local and national recognition, we now have 41% of referrals originating outside of hematology and 17% of referrals from outside of our institution.
- We have improved the time to diagnosis and initiation of treatment for amyloidosis patients, reducing disease progression and organ dysfunction.
- We have increased enrollment in registries, institutional clinical trials, and national clinical trials.

## Conclusion

The development of a multidisciplinary *Comprehensive Amyloidosis Clinic* can improve patients' outcomes through early diagnosis, comprehensive management, and knowledge about the disease through clinical care and research.

## Clinical Implementation

In caring for amyloidosis patients, a multi-specialty clinic and research program is critical to improving patient care.

## Disclosures

Courtney M. Campbell – no financial disclosures

