

Transcatheter vs Surgical Aortic Valve Replacement in Low Risk Patients: 3-Year Outcomes from the Evolut Low Risk Trial

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For the Evolut Low Risk Trial Investigators



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Disclosures

Within the past 12 months, I have had a financial interest/arrangement or affiliation with the organization(s) listed below

Financial Relationship

Research grants, consulting fees,
honoraria, speakers bureau fees

Company

Medtronic, Edwards
Lifesciences

Evolut Low Risk Study Administration

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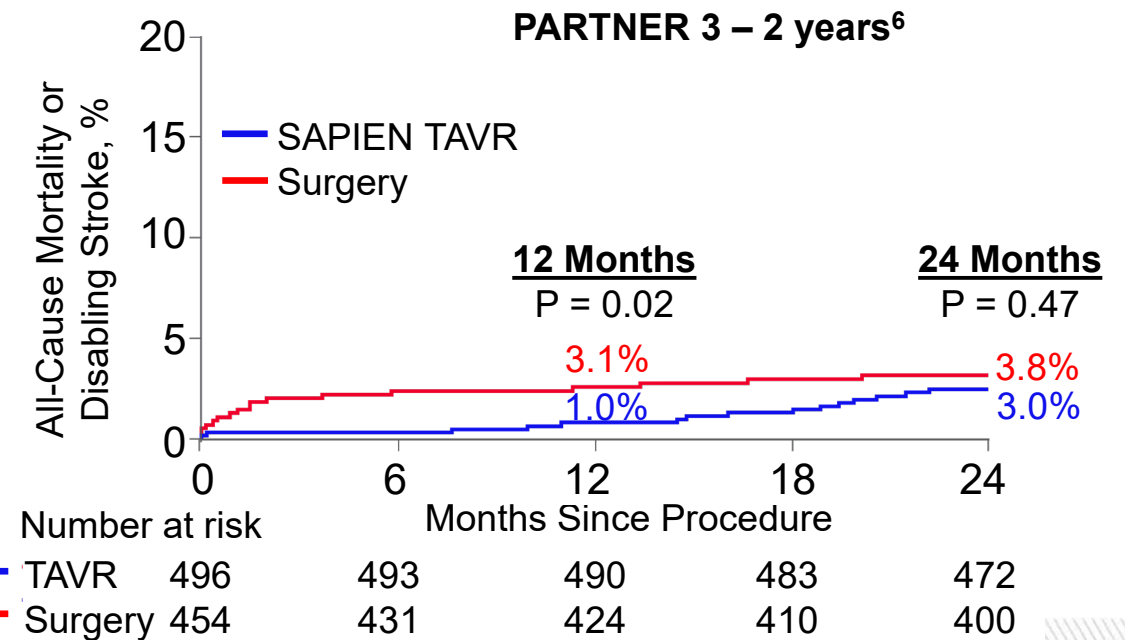
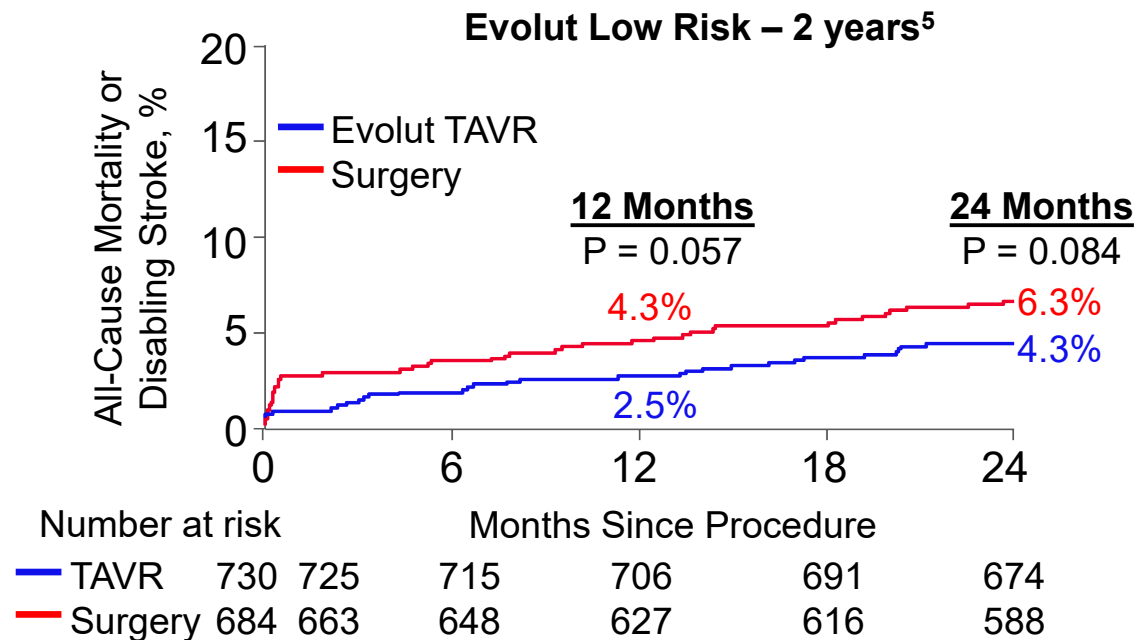
Sponsor: Medtronic

Background

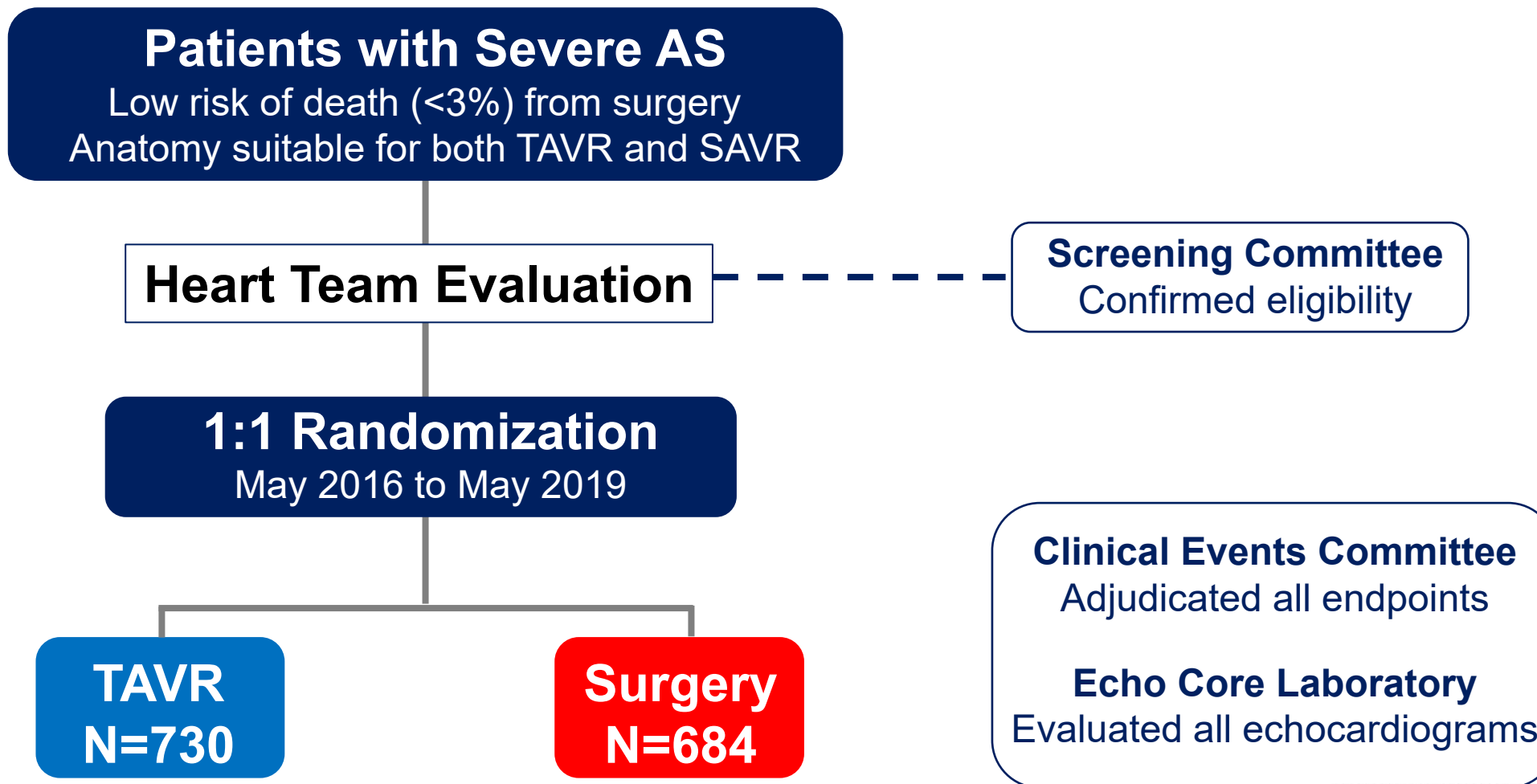
- Now approved for all patients with aortic stenosis regardless of surgical risk, TAVR has become the dominant form of AVR in the US.
- Current ACC/AHA guidelines recommend that heart teams utilize a shared decision-making process when discussing AVR with patients aged 65-80 years.¹
- In younger lower-risk patients the faster recovery and short-term benefits after TAVR must be balanced with long-term durability, however limited intermediate and long-term data exist to guide such discussions in this patient population.

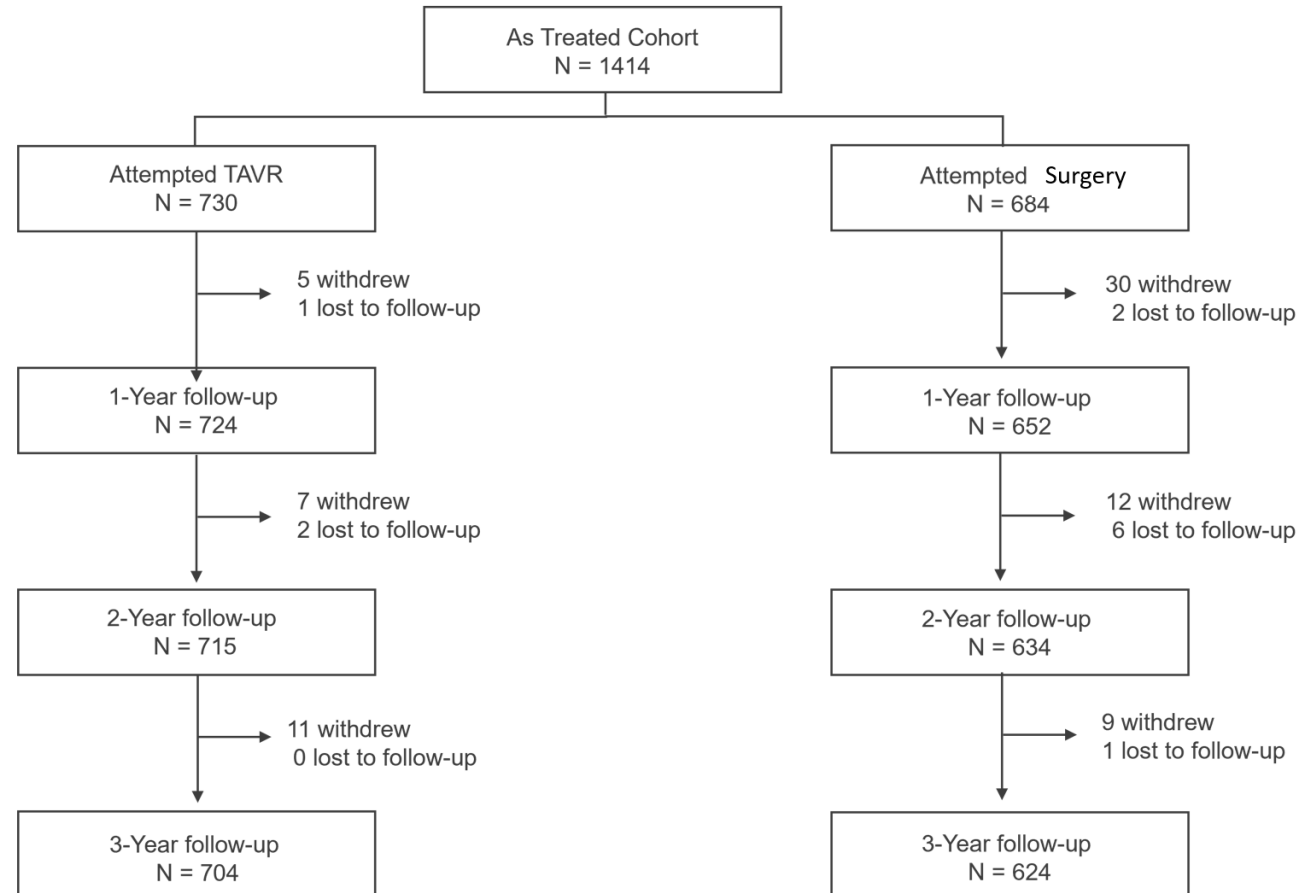
Background

- Randomized data of TAVR vs surgery from high and intermediate risk patients demonstrate similar survival outcomes at 5 years.¹⁻⁴
- Data in low-risk patients have shown promising short-term outcomes, but continued follow-up to guide shared decision is needed.

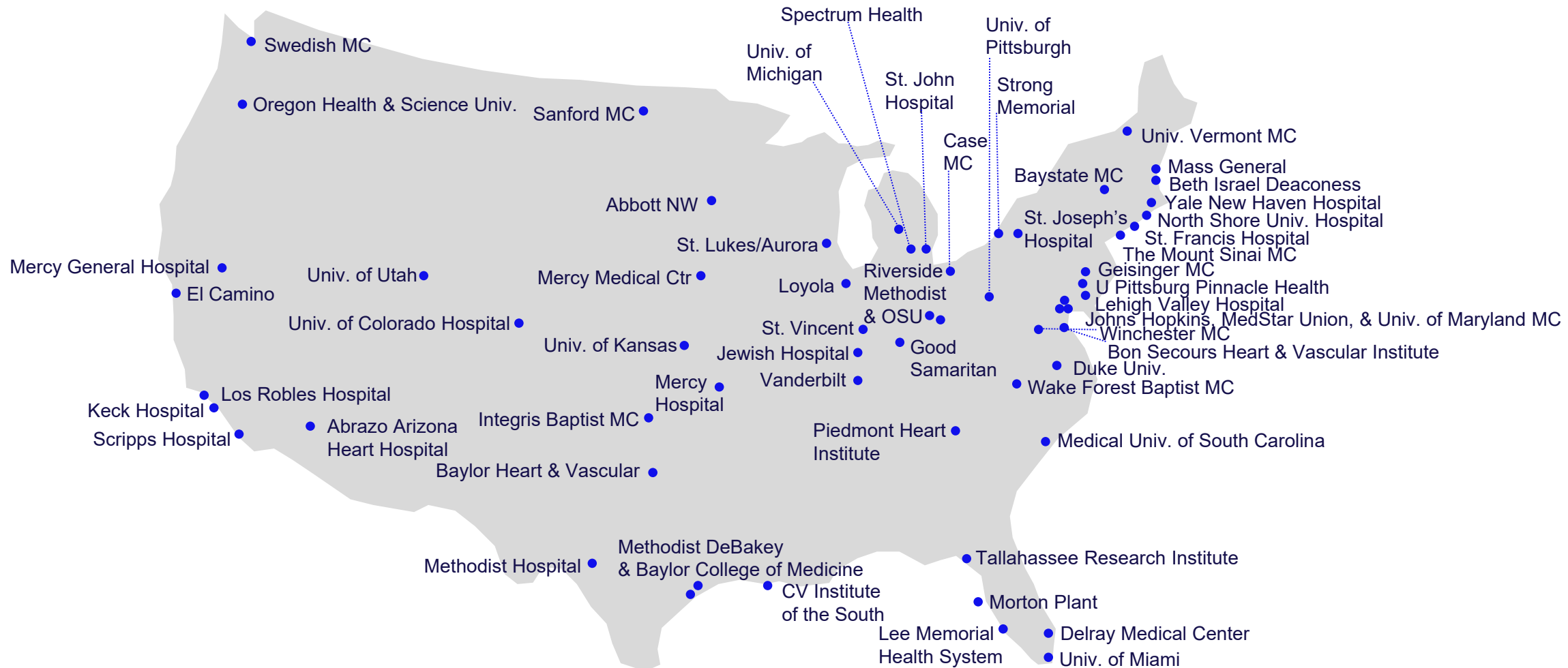


Evolut Low Risk Study Design

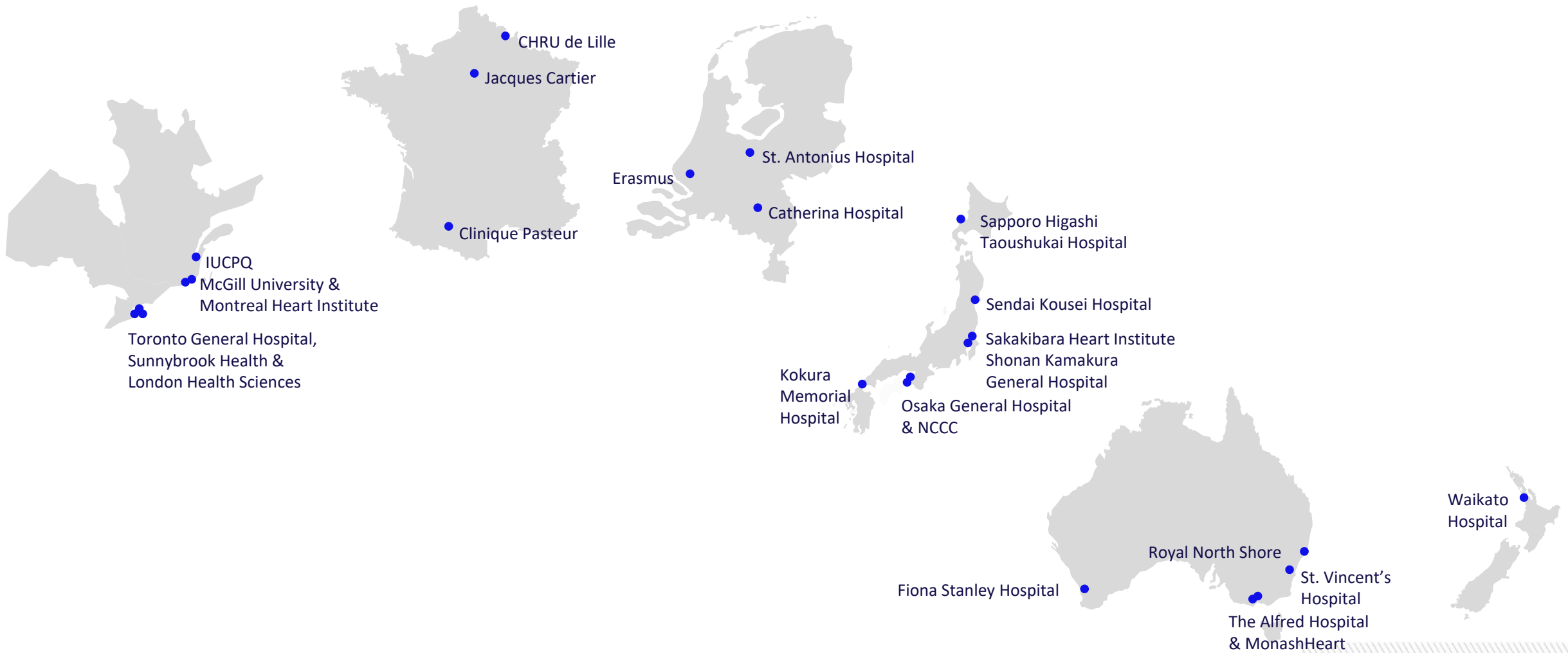




Participating Sites in the United States



Australia, Canada, Europe, Japan, and New Zealand

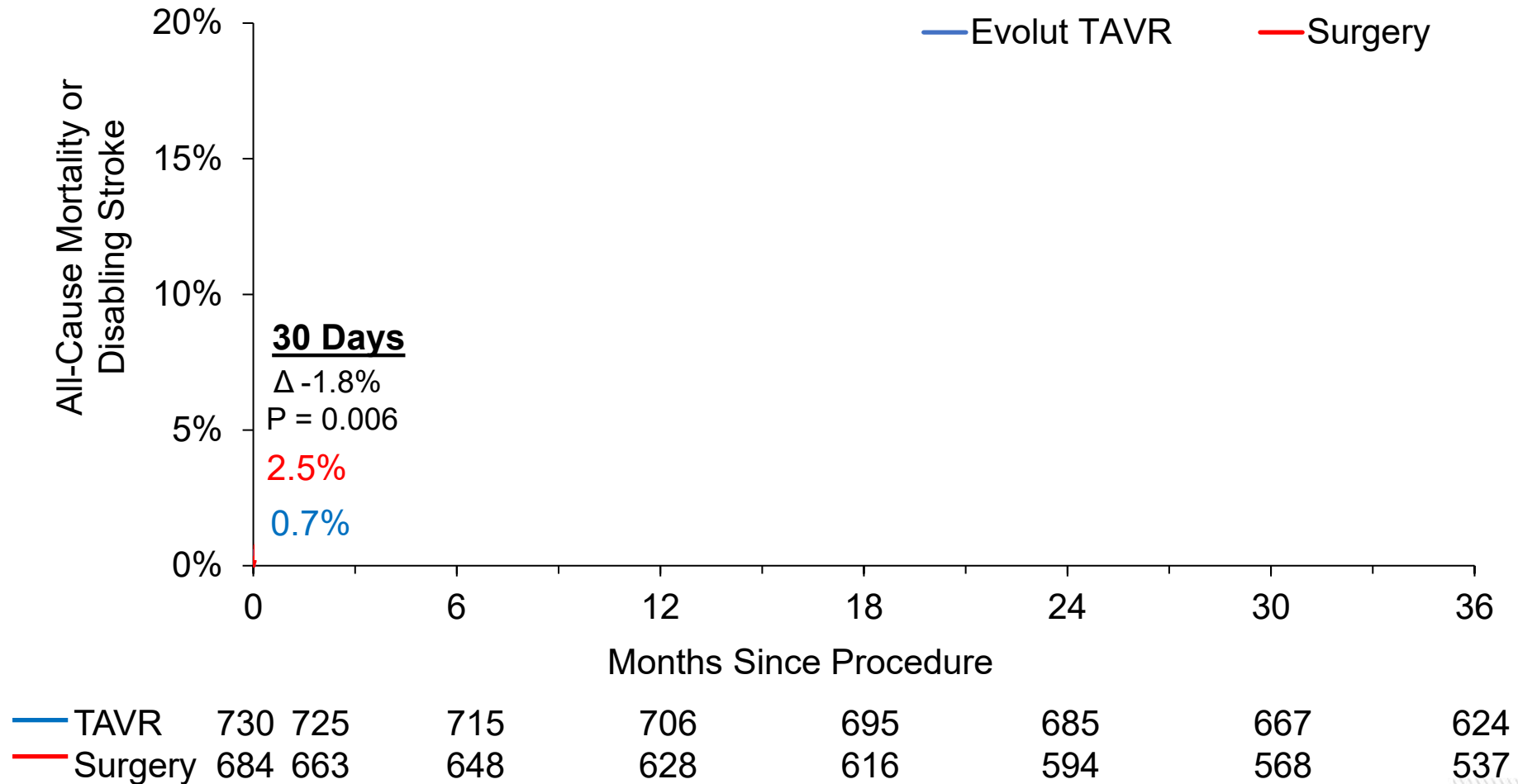


Baseline Characteristics

Mean ± SD or %	Evolut TAVR (N = 730)	Surgery (N = 684)
Age	74.1 ± 5.8	73.7 ± 5.9
Female	36.4	34.1
Left ventricular ejection fraction, %	61.7 ± 7.9	61.9 ± 7.7
STS-PROM score, %	2.0 ± 0.7	1.9 ± 0.7
NYHA class III/IV	24.9	28.2
Hypertension	84.8	82.6
Chronic lung disease, COPD	15.1	18.0
Previous CABG	2.5	2.0
Previous PCI	14.1	12.9
Atrial fibrillation/atrial flutter	15.4	14.4
Pre-existing permanent pacemaker or defibrillator	3.3	3.8

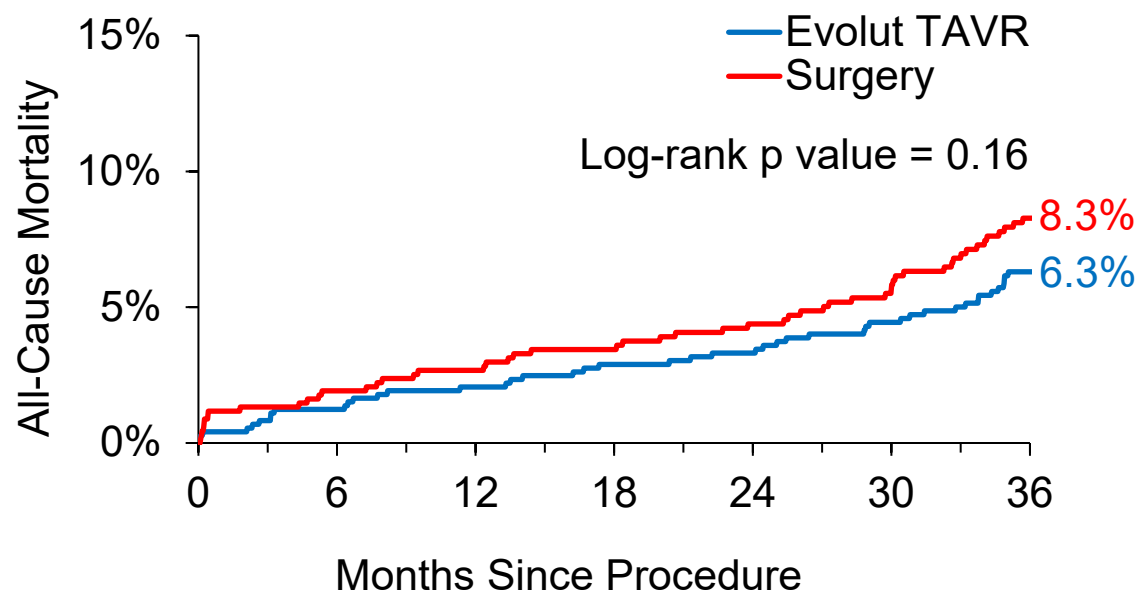
No significant differences between treatment groups

Primary Endpoint: All-Cause Mortality or Disabling Stroke

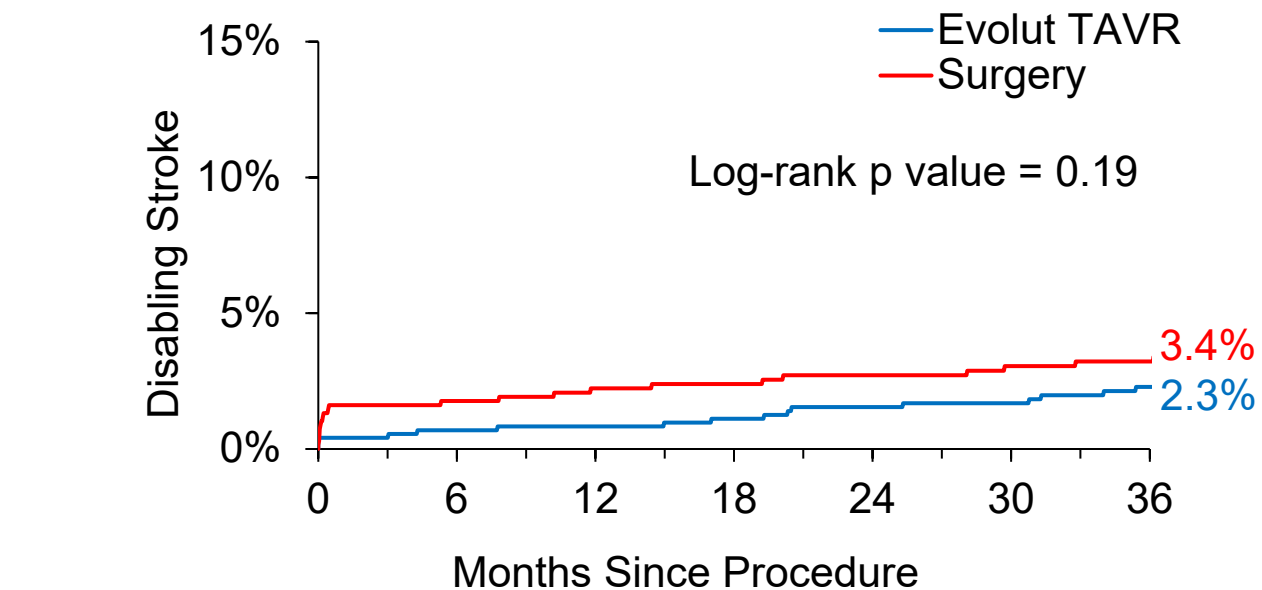


All-Cause Mortality and Disabling Stroke

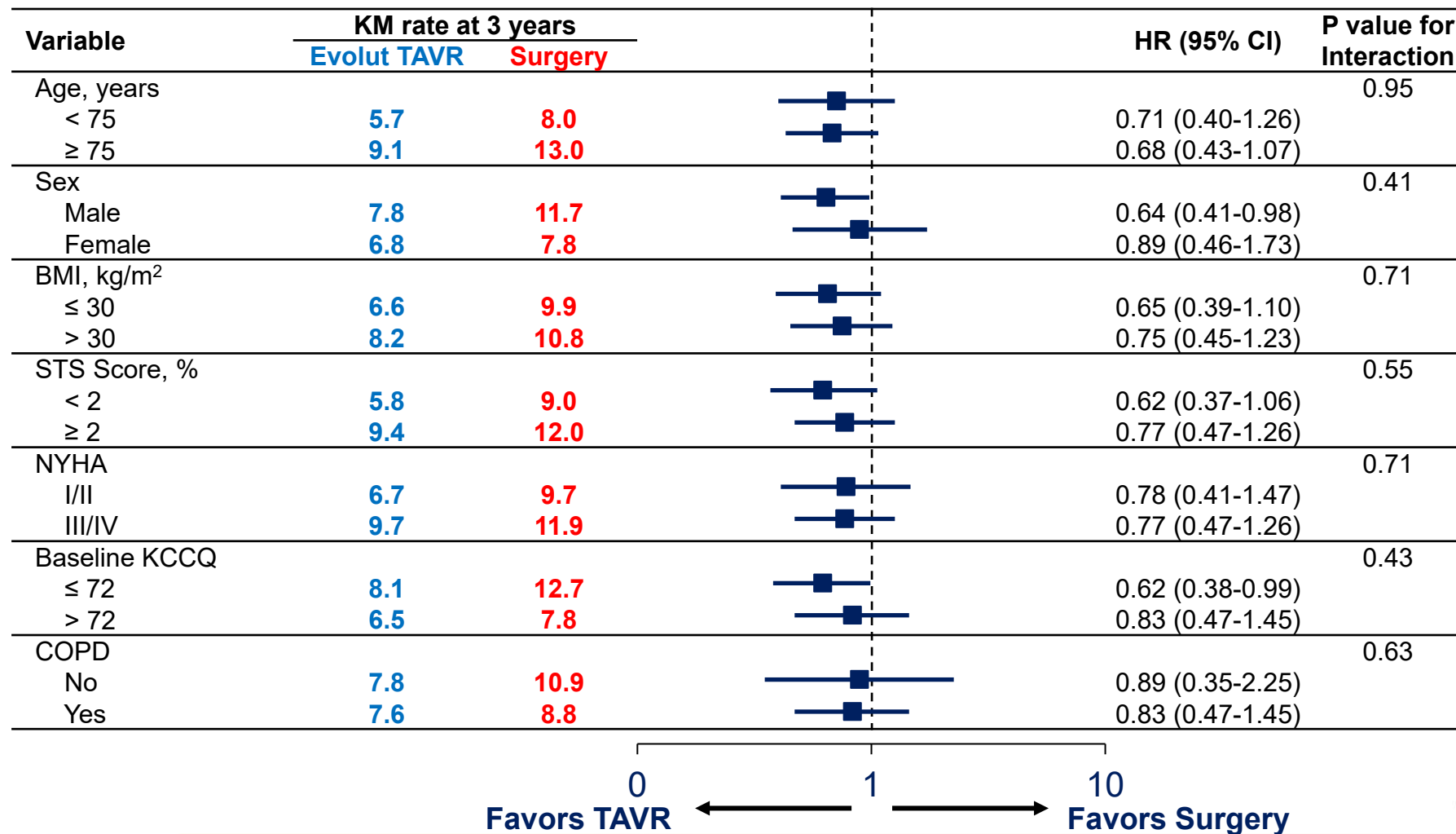
All-Cause Mortality



Disabling Stroke



3-Year Death or Disabling Stroke by Baseline Variables



Clinical Outcomes Through 3 Years

Kaplan-Meier estimate, %	Evolut TAVR (N=730)	Surgery (N=684)	Log-rank P Value
All-cause mortality or disabling stroke	7.4	10.4	0.051
All-cause mortality	6.3	8.3	0.16
Cardiovascular death	4.1	5.6	0.18
All stroke	7.4	6.6	0.55
Disabling stroke	2.3	3.4	0.19
AV hospitalization ^a	7.4	9.2	0.20
All-cause mortality, disabling stroke, or AV hospitalization	13.2	16.8	0.050
Myocardial infarction	3.4	2.3	0.25
Permanent pacemaker implant ^b	23.2	9.1	<0.001
Atrial fibrillation	13.1	40.0	<0.001
Valve endocarditis	0.7	1.3	0.30

^aNot adjudicated by the Clinical Events Committee (CEC). ^bPatients with pacemaker or ICD at baseline are not included. Not adjudicated by the CEC.

Valve Performance at 3 Years

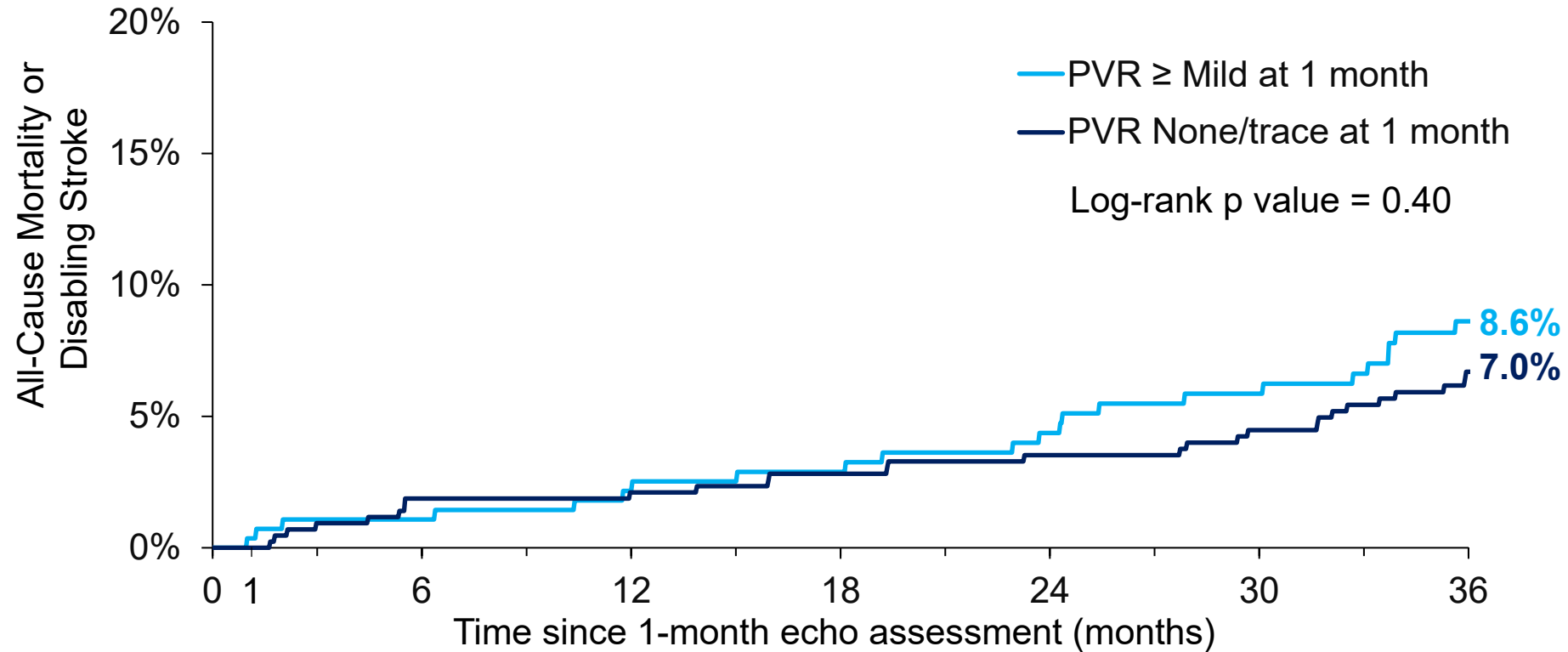
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Trial

% (n) ^a	Evolut TAVR	Surgery	P Value
Paravalvular regurgitation	N=541	N=447	
None/trace	78.7 (426)	97.3 (435)	
≥ Mild	21.3 (115)	2.7 (12)	<0.001
≥ Moderate	0.9 (5)	0.2 (1)	0.16
Prosthesis-Patient Mismatch (VARC-3)	N=489	N=394	
None	89.4 (437)	74.9 (295)	
Moderate	9.2 (45)	20.3 (80)	
Severe	1.4 (7)	4.8 (19)	0.003
≥ Moderate	10.6 (52)	25.1 (99)	<0.001
Total valve thrombosis	0.7 (5)	0.6 (4)	0.84
Clinical valve thrombosis	0.3 (2)	0.2 (1)	0.61
Subclinical valve thrombosis	0.4 (3)	0.5 (3)	0.91
Reintervention	1.0 (7)	0.9 (6)	0.92

^aPVR and PPM are reported as proportion % (n) and compared by chi-square test, with number of patients with echos at 3 years shown in the top row for each. Reintervention and valve thrombosis are reported as Kaplan-Meier estimate % (n) and compared by log-rank test.

3-Year All-Cause Mortality or Disabling Stroke in the TAVR Cohort by PVR

Landmarked at 1-Month Echo

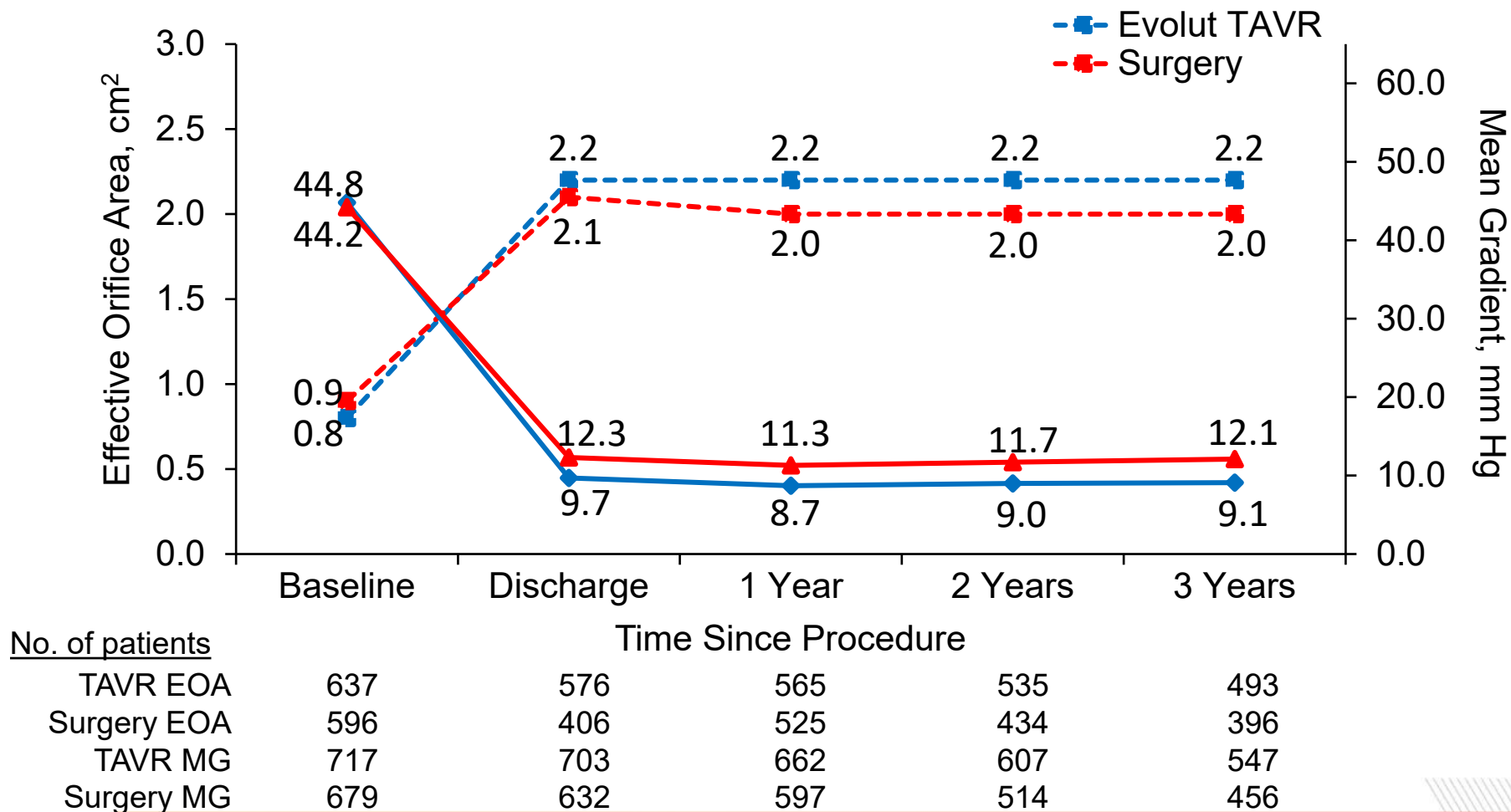


None/trace PVR	430	428	419	416	405	351
≥ Mild PVR	278	277	275	269	257	202

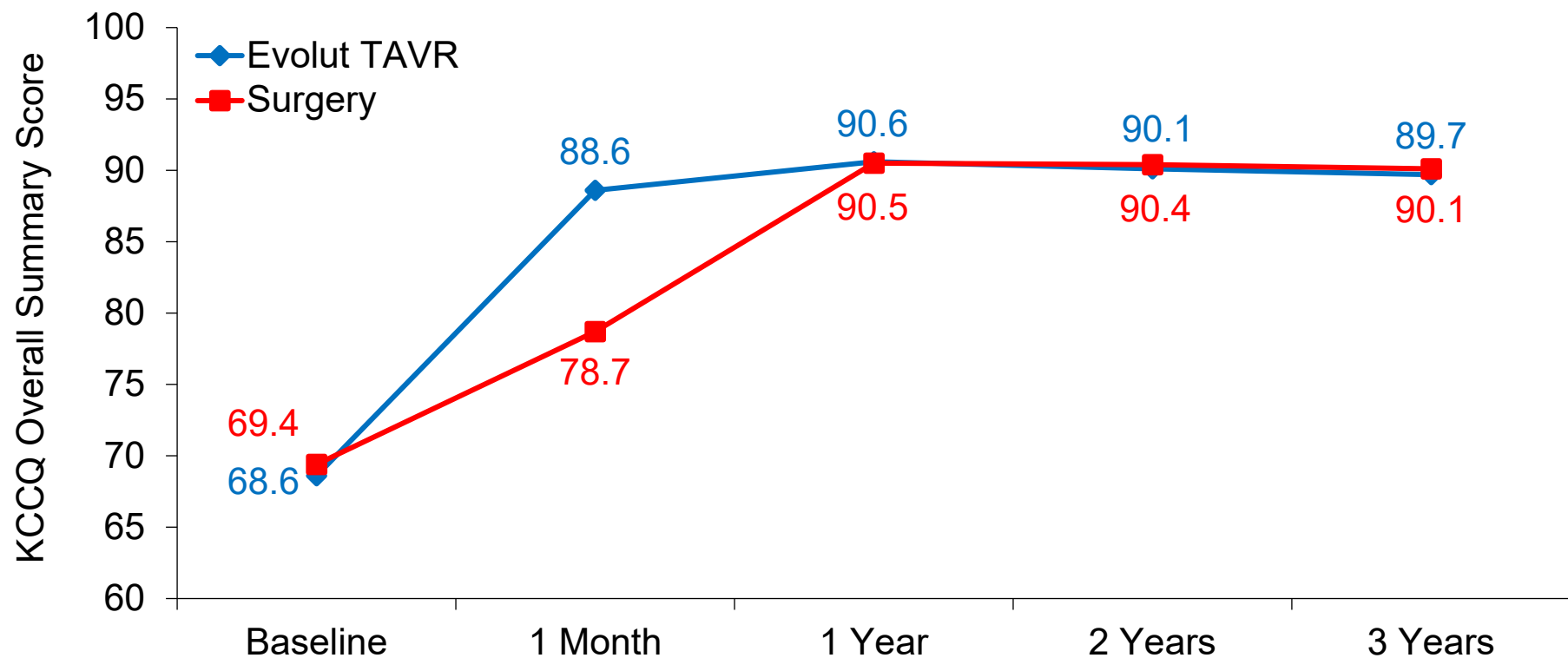
PVR = paravalvular regurgitation
PVR was based on Echo Core Laboratory assessment.

Valve Hemodynamics to 3 Years

Significantly better MG and EOA with Evolut TAVR at all follow-up timepoints ($p < 0.01$)



KCCQ Overall Summary Score



Change from Baseline

TAVR	20.0 ± 21.1	21.6 ± 20.6	20.9 ± 20.8	20.1 ± 20.6
Surgery	9.2 ± 22.3	20.7 ± 20.3	20.0 ± 20.0	19.3 ± 21.1
P value	<0.001	0.42	0.44	0.53

Summary

- At 3 years, the rate of all-cause mortality or disabling stroke was 7.4% with TAVR and 10.4% with surgery.
 - The absolute difference between treatment arms remained consistent over time, with a 30% relative reduction in hazard ($p = 0.051$) for death or disabling stroke.
- TAVR patients continued to have better valve hemodynamics at 3 years.
- Residual paravalvular regurgitation 3 years after TAVR was none/trace in nearly 80% of patients and there was no difference in >mild PVL.
- Rates of new pacemaker implantation were higher after TAVR and the frequency of new onset atrial fibrillation was more common after surgery.

Clinical Implications

1. These results provide patients and heart teams important data to aid in the shared decision-making process.
2. The excellent valve performance and durable outcomes out to 3 years in low-risk patients affirms the role of TAVR in this population.
3. Longer-term data are needed and the potential impact that hemodynamics, valve design, new pacemakers, and other secondary endpoints have on long-term outcomes will be important to follow in this group of low-risk patients.

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Three-Year Outcomes After Transcatheter or Surgical Aortic Valve Replacement in Low-Risk Patients

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Thank you to the patients, physicians, and clinical study teams who made this work possible.