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Smart Science, Real Solutions: ACC Asia 2025 Tackles Heart Health Challenges Across Asia

Conference convenes global experts, recognizes new Fellows of the ACC

智慧科学，可行方案：2025年ACC亚洲大会聚焦亚洲心脏健康挑战
大会云集全球专家，并授予新任美国心脏病学会会员荣誉

SINGAPORE (May 1, 2025)—The American College of Cardiology (ACC) and the Singapore Cardiac Society (SCS) will host the ACC Asia 2025 Together with SCS 36th Annual Scientific Meeting on May 9-11 in Singapore. The conference will bring together leading experts and cardiovascular clinicians from across Asia to examine emerging trends and evidence-based strategies in the prevention and management of patients with heart disease.

新加坡（2025年5月1日）——美国心脏病学会（ACC）将携手新加坡心脏学会（SCS）于2025年5月9日至11日在新加坡联合举办“ACC亚洲2025暨SCS第36届年会”。本次会议将汇聚亚洲各地的心血管领域专家和临床医生，共同探讨心脏病预防与治疗的最新进展及基于循证的策略。

Cardiovascular disease is the leading cause of death in the world, including Asia. In recent years, rates of heart disease deaths have either plateaued or are on the rise in many regions and countries, including where they had previously been declining. According to the global burden of cardiovascular diseases and risks report, published in *JACC* in 2023, *China* has the highest number of cardiovascular diseases globally, while *Japan* has the lowest cardiovascular disease mortality in the world. Many of the risk factors for heart disease are *modifiable*, including high blood pressure, diet, high cholesterol, air pollution and body mass index.

心血管疾病是全球包括亚洲在内导致死亡的最主要原因。近年来，即便在过去有所下降的地区，心脏病死亡率在许多国家和地区已出现平台期，甚至呈现上升的趋势。根据 2023 年《美国心脏病学会杂志（JACC）》发表的全球心血管疾病负担与危险因素报告，中国是全球心血管病患者人数最多的国家，而日本则是全球心血管病死亡率最低的国家。值得注意的是，许多导致心脏病的危险因素如高血压、不健康饮食、高胆固醇、空气污染以及体质指数（BMI）都是可以干预和改善的。

“The ACC regional conferences play a crucial role in fostering collaboration and knowledge exchange within the global cardiovascular community. By partnering with the Singapore Cardiac Society for this year’s conference in Asia, we have opportunities to share and address the unique challenges amongst cardiovascular professions in the region,” said David Foo, MBBS, FACC, ACC Asia conference co-chair and president of the Singapore Cardiac Society. “It’s vital that we continue to share insights, research, and best practices to improve patient outcomes worldwide. Through this event, we hope attendees leave with a deeper understanding of cutting-edge care, new ideas to integrate into their own clinical practices, and a strengthened network of peers committed to transforming cardiovascular health for all.”

ACC 亚洲大会共同主席、新加坡心脏学会主席 David Foo 博士（MBBS, FACC）表示“ACC 地区性会议在促进全球心血管医学界的合作与知识交流方面发挥着重要的作用。今年我们与新加坡心脏学会联合举办亚洲大会，为本地区心血管专业人员提供了一个宝贵的平台，共同探讨并应对具有地区特色的挑战。”“持续分享临床见解、研究成果与最佳实践，对于提升全球患者的治疗效果具有重要的意义。通过本次会议，我们希望与会者能够深入了解最前沿的治疗理念，获得可应用于临床实践的创新思路，并建立一个志同道合、致力于推动全球心血管健康事业发展的同行网络。”

Attendees will have the opportunity to learn about the latest cardiovascular diagnostic methods and treatment strategies and engage in discussions with expert faculty on hot topics ranging from heart failure to prevention. Key plenary sessions will address issues facing cardiovascular clinicians today. Among the key plenary sessions:

- Cardiac MRI for Suspected Hypertrophic Cardiomyopathy: Getting to the Heart of the Matter with ACC President Christopher Kramer, MD, FACC
- Utilizing AI in Daily Cardiology Practice: Ready for Prime Time? with ACC Chief Innovation Officer Ami Bhatt, MD, FACC
- Overview of Recent Advances in Cancer Therapeutics and Cardiotoxicity with JACC: CardioOncology editor-in-chief Bonnie Ky, MD, FACC

与会者将有机会深入了解最新的心血管疾病诊断方法与治疗策略，并就从心力衰竭到疾病预防等热点话题与专家团队进行深入交流。本次大会的重点将聚焦当前心血管临床医生所面临的关键问题。主要会议内容包括：

- 《疑似肥厚型心肌病的心脏 MRI 检查：直达关键问题》——由 ACC 现任主席 Christopher Kramer 博士（MD, FACC）主讲
- 《人工智能在心脏病学日常实践中的应用：黄金时期已来？》——由 ACC 首席创新领袖 Ami Bhatt 博士（MD, FACC）主讲
- 《癌症治疗与心脏毒性新进展概览》——由《JACC: CardioOncology》主编 Bonnie Ky 博士（MD, FACC）主讲

这些会议将为临床医生带来最新进展的权威解读与实践指导。

Participants will also come away with localized best practices for applying the latest science in daily clinical practice and have the opportunity to share new science from across the region as part of abstract and case presentations. Three ACC Asia Chapter teams, each made up of three Fellows-in-Training (FITs), will also compete in ACC FIT Jeopardy, where contestants are quizzed in a gameshow-like setting on a variety of topics, such as imaging, prevention and interventional cardiology. The winning team will compete at the ACC Annual Scientific Session (ACC.26) in New Orleans in March 2026.

与会者还将学会如何将最新科研成果应用于本地临床工作的实践，并有机会在摘要及病例报告环节中分享来自亚洲各地的最新研究进展。此外，大会还将举办“ACC 亚太青年医师挑战赛（ACC FIT Jeopardy）”，由来自 ACC 亚洲分会的 3 个代表队参赛，每队由三名住院医师或心血管专科培训医生组成。比赛将以问答的形式，围绕影像学、预防医学、介入心脏病学等多个主题展开角逐。优胜队伍将代表亚洲，晋级 2026 年 3 月在新奥尔良举行的 ACC 年度科学大会（ACC.26）参加全球总决赛。

New this year, the ACC will also be recognizing more than 30 individuals from throughout the region who have earned the distinguished Fellow of the ACC (FACC) designation. This prestigious credential recognizes a commitment to improving patient care and outcomes.

今年新增的一项亮点是 ACC 将表彰来自亚洲各地的 30 余位新晋“美国心脏病学会会员”（FACC）获得者。FACC 是 ACC 授予的极具声望的专业头衔，旨在表彰那些在提升患者诊疗质量与改善临床预后方面作出突出贡献的心血管专业人士。

“ACC Asia will be an unforgettable meeting filled with learning, connection and the vibrant culture of Singapore,” said Eugene Yang, MD, FACC, ACC Asia conference co-chair. “I am especially looking forward to the plenary discussion on how AI is being integrated into clinical care. Artificial intelligence is impacting all industries and cardiology is no exception. Another true highlight is the Convocation ceremony, the first one ever at an ACC regional conference. This is a proud moment that reflects the growing strength of our global community, and I am so glad to be a part of it.”

Learn more about the meeting and see the full agenda [here](#).

ACC 亚洲大会共同主席 Eugene Yang 博士（MD, FACC）表示“ACC 亚洲大会将会是一场令人难忘的盛会，大家在这里学习，交流，感受新加坡充满活力的文化氛围。”“我非常期待关于人工智能将如何融入临床工作的内容。人工智能正深刻影响各行各业，心脏病学领域也不例外。本次大会的另一大亮点是授勋仪式，这是 ACC 地区会议历史上的首次。这一重要时刻不仅彰显了我们全球心血管医学共同体的不断壮大，同时也令我倍感自豪。”

了解更多大会内容及完整议程，请点击此处查看。

Clinical Cases and Poster Presentations

The following list provides a brief look at the clinical cases and posters to be presented during ACC Asia 2025 Together with SCS 36th Annual Scientific Meeting. All clinical cases and poster abstracts

are embargoed until Thursday, May 8, 2025, at 1700 Singapore Time (SGT)/5:00 a.m. Eastern Daylight Time.

- Relationship Between the Consumption of Ultra-Processed Foods and Health Outcomes in the General Population: An Exposure-Effect Meta-Analysis
- Regional Disparities in Burden and Trend of Ischemic Heart Disease and Attributable Risk Factors in Southeast Asia, East Asia and Oceania from 1990-2021: Insight from the Global Burden of Disease Study 2021
- Prospective Evaluation of Lipoprotein(a) Levels and Their Association with Myocardial Infarction in Young Adults (<30 Years) With and Without Conventional Cardiovascular Risk Factors
- Obesity and Central Obesity Among South Asians
- Impact of Body Weight Change on Metabolic Syndrome: Insights from the Framingham Offspring Study

临床病例与海报展示

以下是将在“ACC 亚洲 2025 暨新加坡心脏学会第 36 届年会”期间展示的部分临床病例与海报内容的预览。所有临床病例与摘要内容在 2025 年 5 月 8 日（星期四）新加坡时间 17:00 / 美东夏令时间上午 5:00 之前均处于未发表状态。

- 超加工食品摄入与人群健康结局的关系：一项暴露-效应荟萃分析
- 1990 至 2021 年间东南亚、东亚及大洋洲缺血性心脏病负担与趋势及相关危险因素的地区差异：基于 2021 年全球疾病负担研究的分析
- 脂蛋白(a)水平与有或无传统心血管危险因素青年人（<30 岁）发生心肌梗死风险的前瞻性研究
- 南亚人群中的肥胖与中心性肥胖的现状
- 体重变化对代谢综合征的影响：来自 Framingham 子代研究的见解

How to Register as Media

Please reach out to the ACC Press Office to request media registration or to receive embargoed copies of poster abstracts. All registrants will be required to provide appropriate documentation and/or media credentials as per the [ACC Media and Communications policies](#).

If you have questions, please contact the ACC Press Office at Katie Glenn, kglenn@acc.org.

媒体注册方式说明

媒体如需申请注册或获取会议海报摘要的未发行版本，请联系美国心脏病学会（ACC）新闻办公室。所有申请者需按照 ACC 媒体与传播政策，提供相关证明文件和/或有效媒体证件。

如有任何疑问，请联系 ACC 新闻办公室联系人：Katie Glenn 电子邮箱：kglenn@acc.org

The American College of Cardiology (ACC) is a global leader dedicated to transforming cardiovascular care and improving heart health for all. For more than 75 years, the ACC has empowered a community of over 60,000 cardiovascular professionals across more than 140 countries with cutting-edge education and advocacy, rigorous professional credentials, and trusted clinical guidance. From its world-class JACC Journals and NCDR registries to its Accreditation Services, global network of Chapters and Sections, and CardioSmart patient initiatives, the College is committed to creating a world where science, knowledge and innovation

optimize patient care and outcomes. Learn more at www.ACC.org or connect on social media at @ACCinTouch.

美国心脏病学会（ACC）是全球心血管医学领域的领导者，致力于推动心血管疾病诊疗的转型并改善全民心脏健康。75年来，ACC始终为全球140多个国家的逾6万名心血管专业人员提供前沿教育、政策倡导、严格的专业认证以及值得信赖的临床指南。ACC通过世界领先的《JACC》系列期刊、NCDR注册系统、权威的认证服务、遍布全球的分会网络以及CardioSmart患者教育项目，持续推动科学、知识与创新的融合，旨在打造一个以科学优化患者护理与健康结局的世界。了解更多信息，请访问：www.ACC.org或通过社交媒体关注@ACCinTouch。

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