

COAPT

A Randomized Trial of Transcatheter Mitral Valve
Leaflet Approximation in Patients with Heart
Failure and Secondary Mitral Regurgitation

Gregg W. Stone, MD

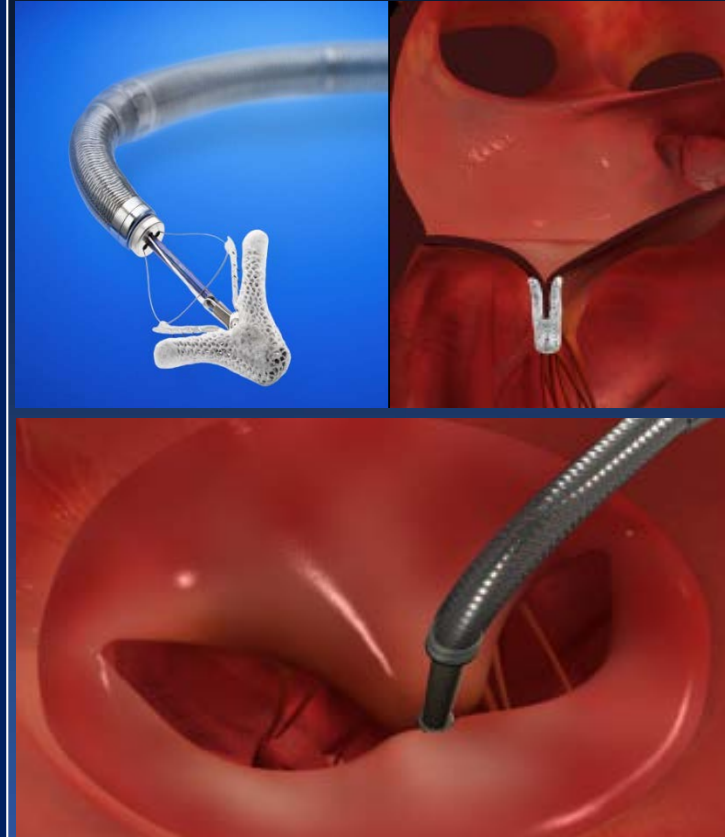
On behalf of Michael Mack, William Abraham, JoAnn Lindenfeld
and the COAPT Investigators

Background (i)

- Pts with heart failure (HF) in whom mitral regurgitation (MR) develops secondary to left ventricular dysfunction have a poor prognosis, with reduced quality-of-life, frequent hospitalizations for heart failure and decreased survival
- There are no proven therapies for secondary MR in HF
 - Guideline-directed medical therapy (GDMT) and cardiac resynchronization therapy (CRT) may provide symptomatic relief in some pts
- Whether correcting secondary MR improves the prognosis of pts with HF is unknown
 - Surgery with a downsized annuloplasty ring has not been demonstrated to be beneficial for secondary MR, and has a high recurrence rate

Background (ii)

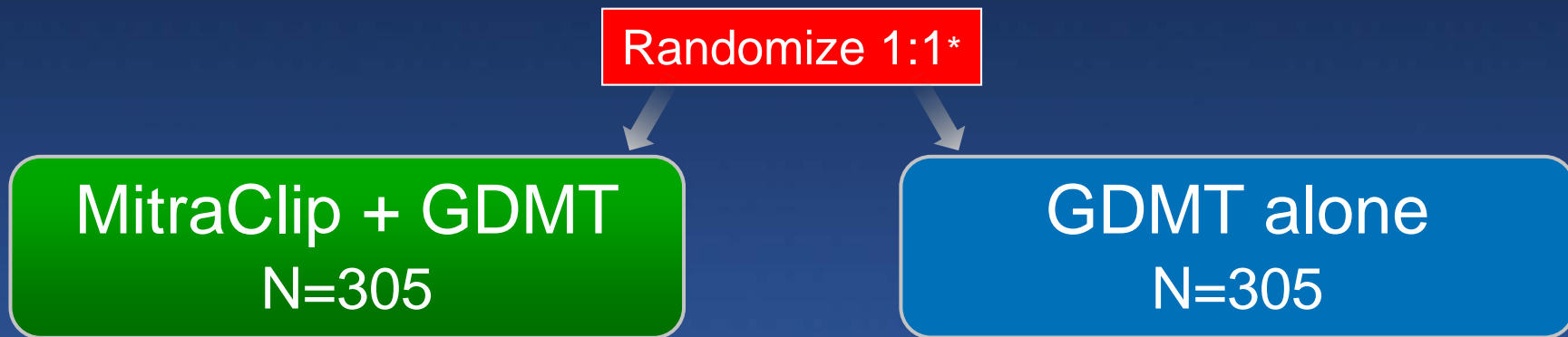
- By approximating the anterior and posterior mitral leaflets and forming a double-orifice valve, the MitraClip device reduces MR
- Registries have suggested that the MitraClip is safe and may provide symptomatic benefit to HF pts with secondary MR
- We therefore performed the COAPT randomized trial to evaluate the safety and effectiveness of transcatheter mitral leaflet approximation in HF pts with secondary MR who remained symptomatic despite GDMT



The COAPT Trial

Cardiovascular Outcomes Assessment of the MitraClip Percutaneous Therapy for Heart Failure Patients with Functional Mitral Regurgitation

A parallel-controlled, open-label, multicenter trial in ~610 patients with heart failure and moderate-to-severe (3+) or severe (4+) secondary MR who remained symptomatic despite maximally-tolerated GDMT



*Stratified by cardiomyopathy etiology (ischemic vs. non-ischemic) and site

Key Inclusion Criteria

1. Ischemic or non-ischemic cardiomyopathy with LVEF 20%-50% and LVESD ≤ 70 mm
2. Moderate-to-severe (3+) or severe (4+) secondary MR confirmed by an independent echo core laboratory prior to enrollment (US ASE criteria)
3. NYHA functional class II-IVa (ambulatory) despite a stable maximally-tolerated GDMT regimen and CRT (if appropriate) per societal guidelines
4. Pt has had at least one HF hospitalization within 12 months and/or a BNP ≥ 300 pg/ml* or a NT-proBNP ≥ 1500 pg/ml*
5. Not appropriate for mitral valve surgery by local heart team assessment
6. IC believes secondary MR can be successfully treated by the MitraClip

Key Exclusion Criteria

1. ACC/AHA stage D HF, hemodynamic instability or cardiogenic shock
2. Untreated clinically significant CAD requiring revascularization
3. COPD requiring continuous home oxygen or chronic oral steroid use
4. Severe pulmonary hypertension or moderate or severe right ventricular dysfunction
5. Aortic or tricuspid valve disease requiring surgery or transcatheter intervention
6. Mitral valve orifice area $<4.0 \text{ cm}^2$ by site-assessed TTE
7. Life expectancy <12 months due to non-cardiac conditions

Central Echo Core Lab and Eligibility Committee Review

1. A Central Echo Core Lab confirmed the presence of 3+ - 4+ secondary MR
2. Potentially eligible pts were then presented by the local site investigators on weekly calls to a Central Eligibility Committee consisting of at a minimum a heart failure specialist and expert mitral valve surgeon
3. The CEC confirmed that all eligibility criteria were met, especially 1) use of maximally-tolerated GDMT for heart failure, and treatment with CRT, defibrillators and revascularization if appropriate, and that 2) mitral valve surgery was not considered appropriate at the treating center and would not be offered to the patient, even if randomized to control
4. Pts not meeting these criteria were rejected, or in some cases were deferred and could be re-presented after suitable GDMT had been instituted if the pt remained symptomatic and repeat echo still showed 3+-4+ MR

Baseline and Follow-up Tests

1. **Clinical**: BI, 1 wk¹, 1 mo, 6 mo, 12 mo, 18 mo, 2 yrs, 3 yrs, 4 yrs, 5 yrs
2. **Labs**²: BI, d/c¹, 1 mo, 6 mo, 12 mo, 18 mo, 2 yrs
3. **TEE**: BI
4. **TTE**: BI, d/c*, 1 mo, 6 mo, 12 mo, 18 mo, 2 yrs, 3 yrs, 4 yrs, 5 yrs
5. **NYHA**³: BI, 1 mo, 6 mo, 12 mo, 18 mo, 2 yrs, 3 yrs, 4 yrs, 5 yrs
6. **QOL (KCCQ and SF-36)**³: BI, 6 mo, 12 mo, 2 yrs
7. **6MWT**³: BI, 6 mo, 12 mo, 2 yrs

Primary Endpoints

Primary effectiveness endpoint: All HF hospitalizations through 24 months*

Powered for superiority of the Device group compared with the Control group

Primary safety endpoint: Freedom at 12 mos from device-related complications:

- Single leaflet device attachment
- Device embolization
- Endocarditis requiring surgery
- Echo core laboratory-confirmed mitral stenosis requiring surgery
- Left ventricular assist device implant
- Heart transplant
- Any device-related complication requiring non-elective cardiovascular surgery

Powered for superiority of the Device group vs. a pre-specified OPG**

Sample Size and Power Analysis

Primary Effectiveness Endpoint

Analyzed using a joint frailty model to account for the competing risk of death

Assumptions

Annualized HF hosp rates: 0.60 per pt-yr Control vs. 0.42 per pt-yr Device

12-month mortality rates: 27% Control vs. 22% Device

12-month attrition rate: 7.5%

Power

610 randomized pts provided 80% power at a 1-sided α of 0.05 to demonstrate superiority of the Device group compared with the Control group for the 24-month rate of all HF hospitalizations

Primary Safety Endpoint

305 pts in the Device group provided >95% power to demonstrate that freedom from device-related complications at 12 months is more than a pre-specified objective performance goal of 88% at a one-sided α of 0.05

Powered Secondary Endpoints

- Tested in hierarchical order¹ -

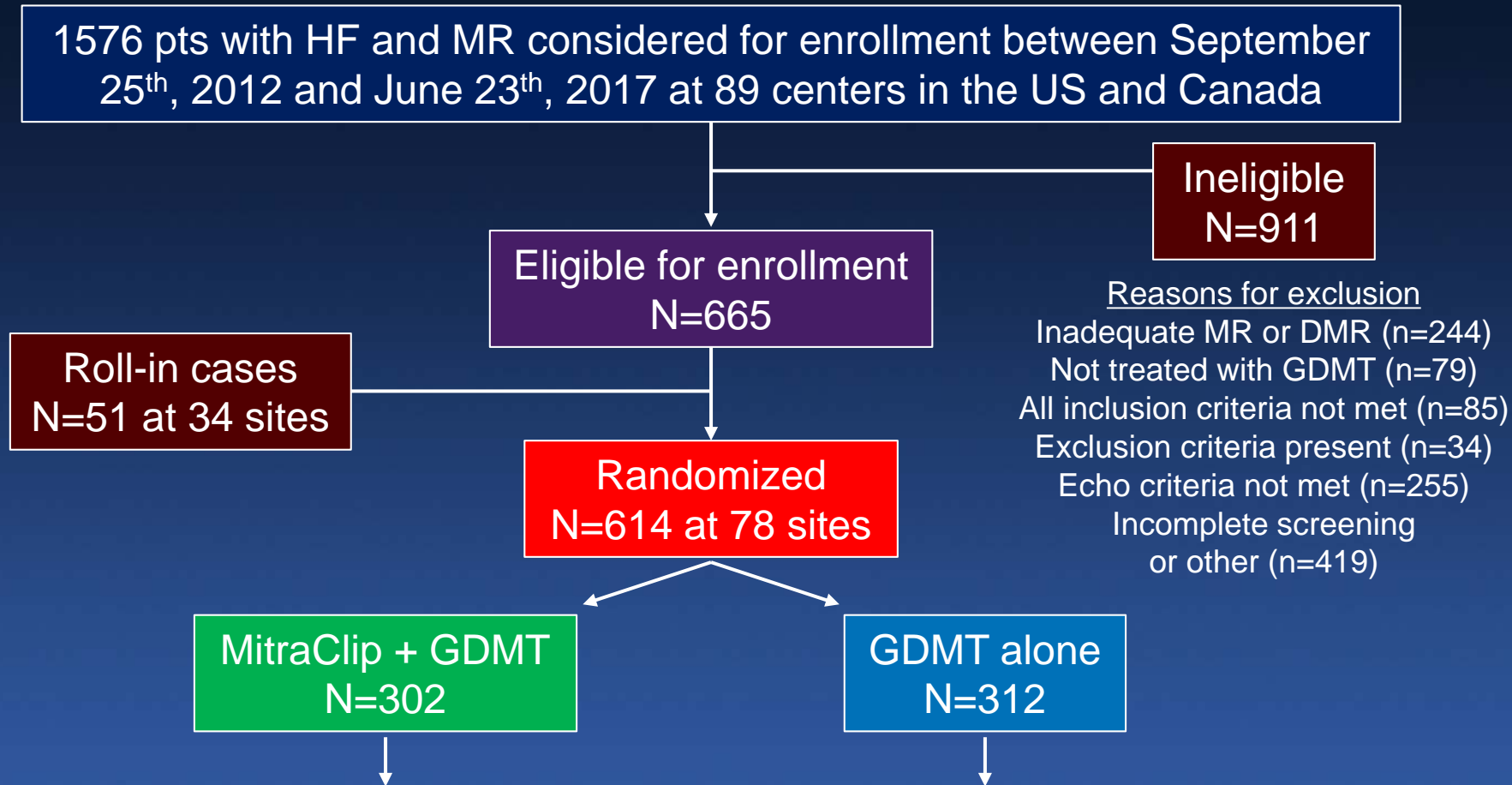
1. MR grade $\leq 2+$ at 12 months
2. All-cause mortality at 12 months²
3. Death and all HF hospitalization through 24 months
(Finkelstein-Schoenfeld and win ratio analysis)
4. Change in QOL (KCCQ) from baseline to 12 months
5. Change in 6MWD from baseline to 12 months
6. All-cause hospitalizations through 24 months
7. NYHA class I or II at 12 months
8. Change in LVEDV from baseline to 12 months
9. All-cause mortality at 24 months
10. Death, stroke, MI, or non-elective CV surgery for device-related compls at 30 days³

¹All powered for superiority unless otherwise noted; ²Powered for noninferiority of the device vs. the control group; ³Powered for noninferiority against an objective performance goal

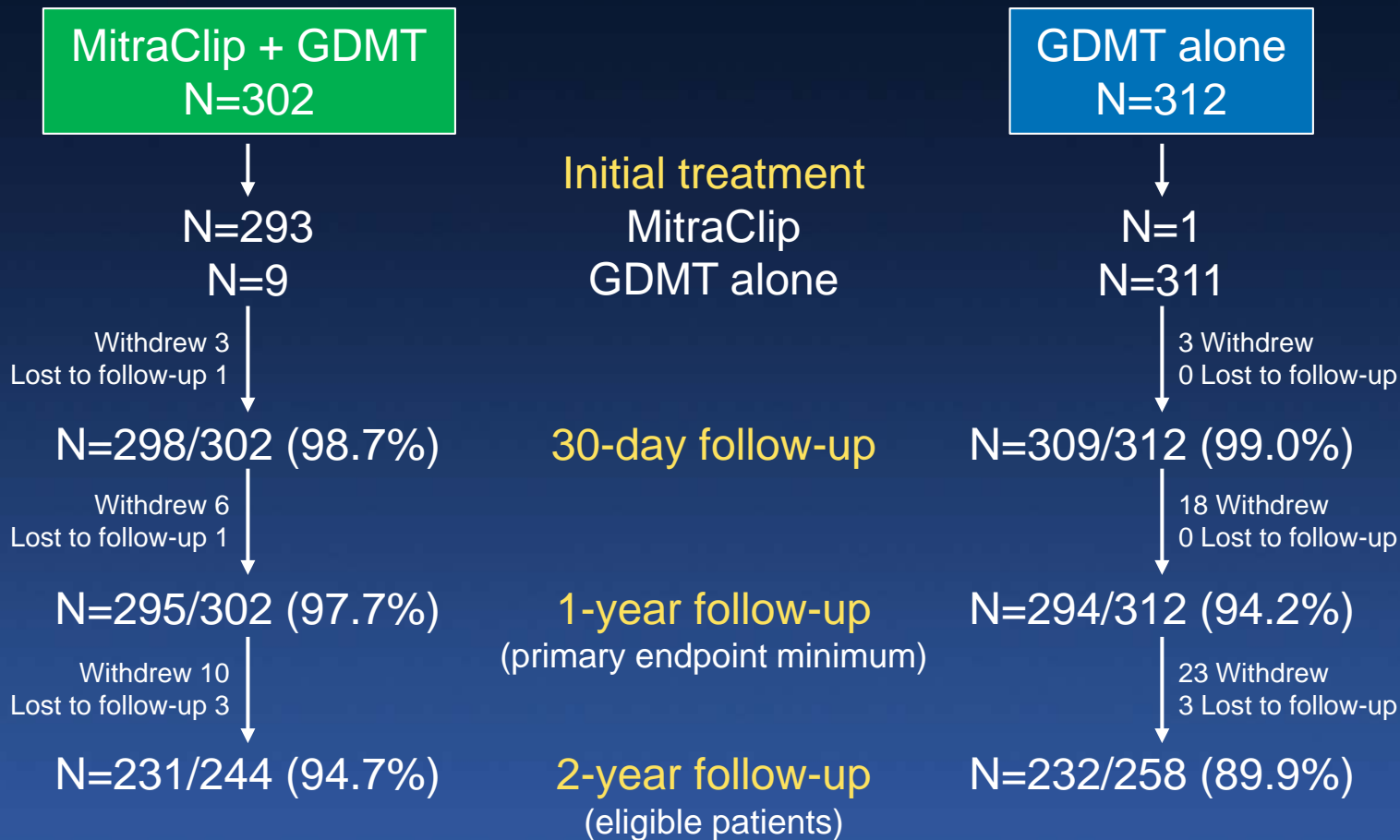
Study Leadership

- **Principal Investigators**
 - Michael J. Mack, MD, Baylor Scott & White Heart Hospital Plano, Plano, TX
 - Gregg W. Stone, MD, Columbia University Medical Center, NY, NY
- **Heart Failure Co-Principal Investigators**
 - William T. Abraham, MD, Ohio State University, Columbus, OH
 - JoAnn Lindenfeld, MD, Vanderbilt Heart and Vascular Institute, Nashville, TN
- **Steering Committee**
 - Gregg W. Stone, Michael J. Mack, JoAnn Lindenfeld, William T. Abraham, Steven F. Bolling, Ted E. Feldman, Paul A. Grayburn, Samir R. Kapadia, Patrick M. McCarthy
- **Central Eligibility Committee**
 - Gregg Stone, Paul Grayburn, Scott Lim, Michael Zile, James Udelson, William Abraham, JoAnn Lindenfeld, Rakesh Suri, James Gammie, Marc Gillinov, Steve Bolling, Patrick McCarthy, Donald Glower, David Heimansohn
- **Clinical Events Committee**
 - Cardiovascular Research Foundation, New York, NY; Steven O. Marx, MD, chair
- **Echocardiographic Core Laboratory**
 - MedStar Health Research Institute, Hyattsville, MD; Neil J. Weissman, MD, director
- **Cost-effectiveness and quality-of-life assessment**
 - Saint Luke's Mid America Heart Institute, KC, MO; David J. Cohen, MD, director
- **Sponsor**
 - Abbott, Santa Clara, CA

Study Flow and Follow-up



Study Flow and Follow-up



Top 10 Enrolling Sites

1. Saibal Kar	Cedars-Sinai Medical Center, Los Angeles, CA	n=46
2. Scott Lim	University of Virginia, Charlottesville, VA	n=30
3. Jacob Mishell	Kaiser Permanente, San Francisco, CA	n=29
4. Brian Whisenant	Intermountain Medical Center, Murray, UT	n=26
5. Paul Grayburn	Baylor Heart and Vascular Hospital, Dallas, TX	n=25
6. Andreas Brieke	University Of Colorado Hospital, Aurora, CO	n=17
6. Michael Rinaldi	Carolinas Medical Center, Charlotte, NC	n=17
6. Samir Kapadia	Cleveland Clinic, Cleveland, OH	n=17
6. Ian Sarembock	The Christ Hospital, Cincinnati, OH	n=17
6. Vivek Rajagopal	Piedmont Hospital, Atlanta, GA	n=17

Baseline Characteristics (i)

	MitraClip + GDMT (N=302)	GDMT alone (N=312)		MitraClip + GDMT (N=302)	GDMT alone (N=312)
Age (years)	71.7 ± 11.8	72.8 ± 10.5	BMI (kg/m ²)	27.0 ± 5.8	27.1 ± 5.9
Male	66.6%	61.5%	CrCl (ml/min)	50.9 ± 28.5	47.8 ± 25.0
Diabetes	35.1%	39.4%	- ≤60 ml/min	71.6%	75.2%
Hypertension	80.5%	80.4%	Anemia (WHO)	59.8%	62.7%
Hyperchol.	55.0%	52.2%	BNP (pg/mL)	1015 ± 1086	1017 ± 1219
Prior MI	51.7%	51.3%	NT-proBNP (pg/mL)	5174 ± 6567	5944 ± 8438
Prior PCI	43.0%	49.0%	STS replacement sc	7.8 ± 5.5	8.5 ± 6.2
Prior CABG	40.1%	40.4%	- ≥8	41.7%	43.6%
Prior stroke or TIA	18.5%	15.7%	Surgical risk (central eligibility committee)		
PVD	17.2%	18.3%	- High*	68.6%	69.9%
COPD	23.5%	23.1%	- Not-high	31.4%	30.1%
H/o atrial fibr	57.3%	53.2%			

* STS repl score ≥8% or one or more factors present predicting extremely high surgical risk

Baseline Characteristics (ii)

HF parameters	MitraClip + GDMT (N=302)	GDMT alone (N=312)	Echo core lab	MitraClip + GDMT (N=302)	GDMT alone (N=312)
Etiology of HF			MR severity		
- Ischemic	60.9%	60.6%	- Mod-to-sev (3+)	49.0%	55.3%
- Non-ischemic	39.1%	39.4%	- Severe (4+)	51.0%	44.7%
NYHA class			EROA, cm ²	0.41 ± 0.15	0.40 ± 0.15
- I	0.3%	0%	LVESD, cm	5.3 ± 0.9	5.3 ± 0.9
- II	42.7%	35.4%	LVEDD, cm	6.2 ± 0.7	6.2 ± 0.8
- III	51.0%	54.0%	LVESV, mL	135.5 ± 56.1	134.3 ± 60.3
- IV	6.0%	10.6%	LVEDV, mL	194.4 ± 69.2	191.0 ± 72.9
HF hosp w/i 1 year	58.3%	56.1%	LVEF, %	31.3 ± 9.1	31.3 ± 9.6
Prior CRT	38.1%	34.9%	- ≤40%	82.2%	82.0%
Prior defibrillator	30.1%	32.4%	RVSP, mmHg	44.0 ± 13.4	44.6 ± 14.0

Medication Use at Baseline

	MitraClip + GDMT (n=302)	GDMT alone (n=312)
Beta-blocker	91.1%	89.7%
ACEI, ARB or ARNI	71.5%	62.8%
Mineralocorticoid receptor antagonist	50.7%	49.7%
Nitrates	6.3%	8.0%
Hydralazine	16.6%	17.6%
Diuretic	89.4%	88.8%
Chronic oral anticoagulant	46.4%	40.1%
Aspirin	57.6%	64.7%
P2Y12 receptor inhibitor	25.2%	22.8%
Statin	62.6%	60.6%

Major Changes in HF Meds w/i 12 Months

	MitraClip + GDMT (n=302)	GDMT alone (n=312)	P value
ACEI, ARB or ARNI			
- ↓ dose by >50% or discontinue	6.6%	4.8%	0.33
- ↑ dose by >100% or new drug started	7.6%	7.4%	0.91
Beta-blocker			
- ↓ dose by >50% or discontinue	5.3%	5.1%	0.92
- ↑ dose by >100% or new drug started	8.6%	3.8%	0.01
Mineralocorticoid receptor antagonist			
- ↓ dose by >50% or discontinue	0.7%	0.6%	1.00
- ↑ dose by >100% or new drug started	5.3%	2.6%	0.08
Nitrates			
- ↓ dose by >50% or discontinue	0.0%	0.0%	1.00
- ↑ dose by >100% or new drug started	1.0%	1.9%	0.51
Hydralazine			
- ↓ dose by >50% or discontinue	1.0%	0.0%	0.12
- ↑ dose by >100% or new drug started	4.3%	3.8%	0.77

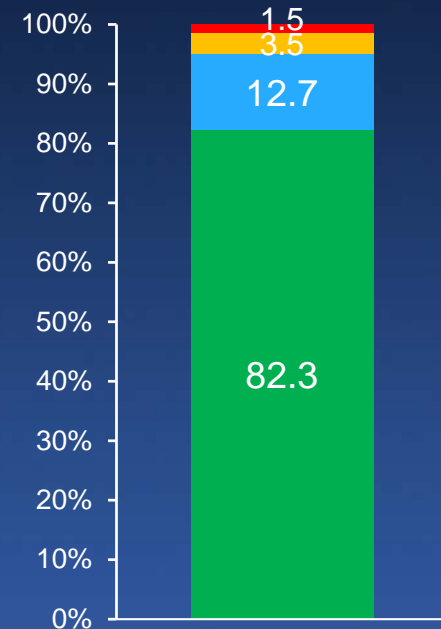
MitraClip Procedure (n=302)

MitraClip procedure attempted	293/302 (97.0%)
Clip implanted (MitraClip procedure attempted)	287/293 (98.0%)
Clip implanted (all patients)	287/302 (95.0%)
Mean # of clips implanted	1.7 ± 0.7 (n=293)
- 0 clips implanted	6 (2.0%)
- 1 clip implanted	106 (36.2%)
- 2 clips implanted	157 (53.6%)
- 3 clips implanted	23 (7.9%)
- 4 clips implanted	1 (0.3%)
Procedure duration (mins)	162.9 ± 118.1
- Device procedure time (mins)	118.9 ± 63.5
- Device time (mins)	82.7 ± 80.8
- Fluoroscopy time (mins)	33.9 ± 23.2

TTE at discharge (n=260)

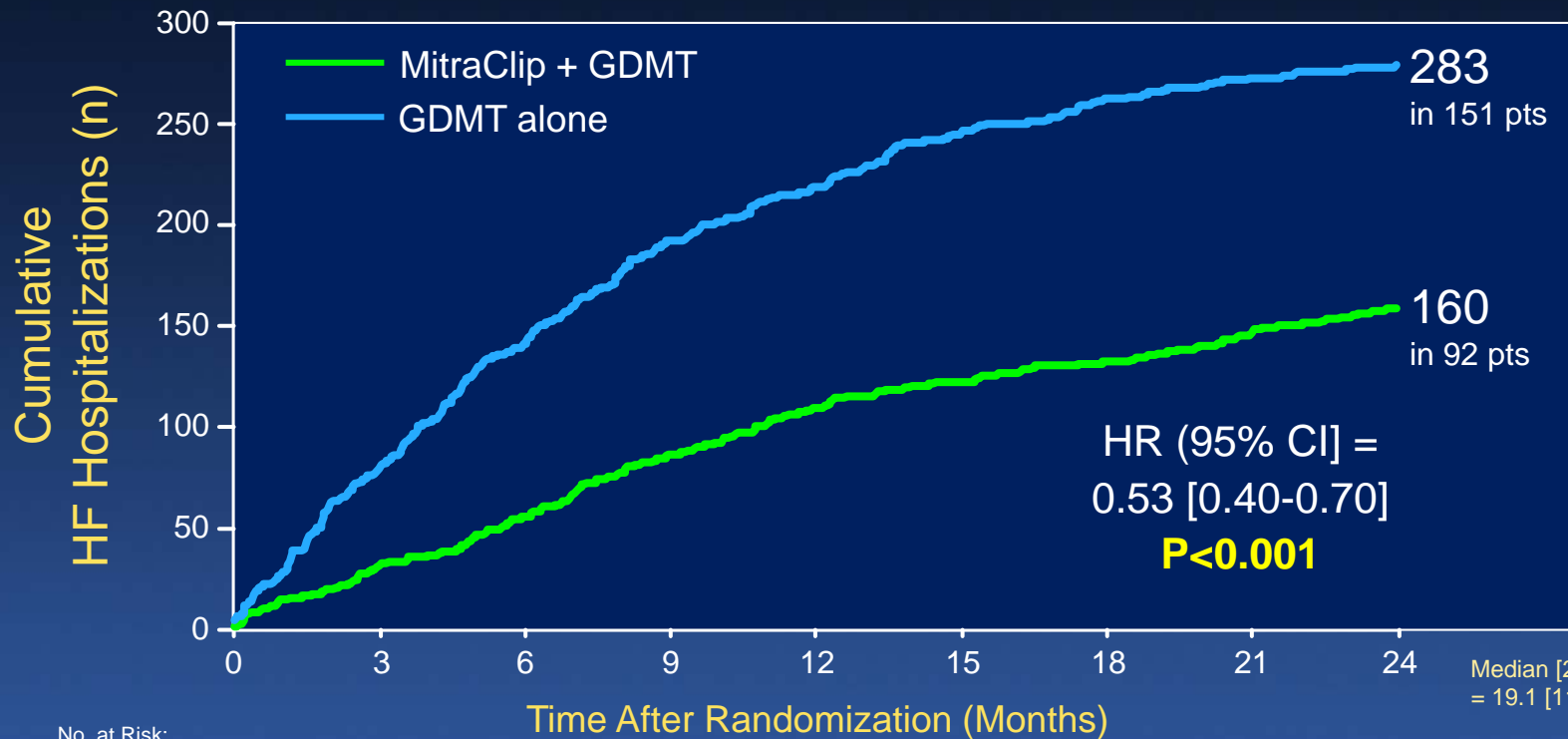
MR grade

■ ≤1+ ■ 2+ ■ 3+ ■ 4+



Primary Effectiveness Endpoint

All Hospitalizations for HF within 24 months



No. at Risk:

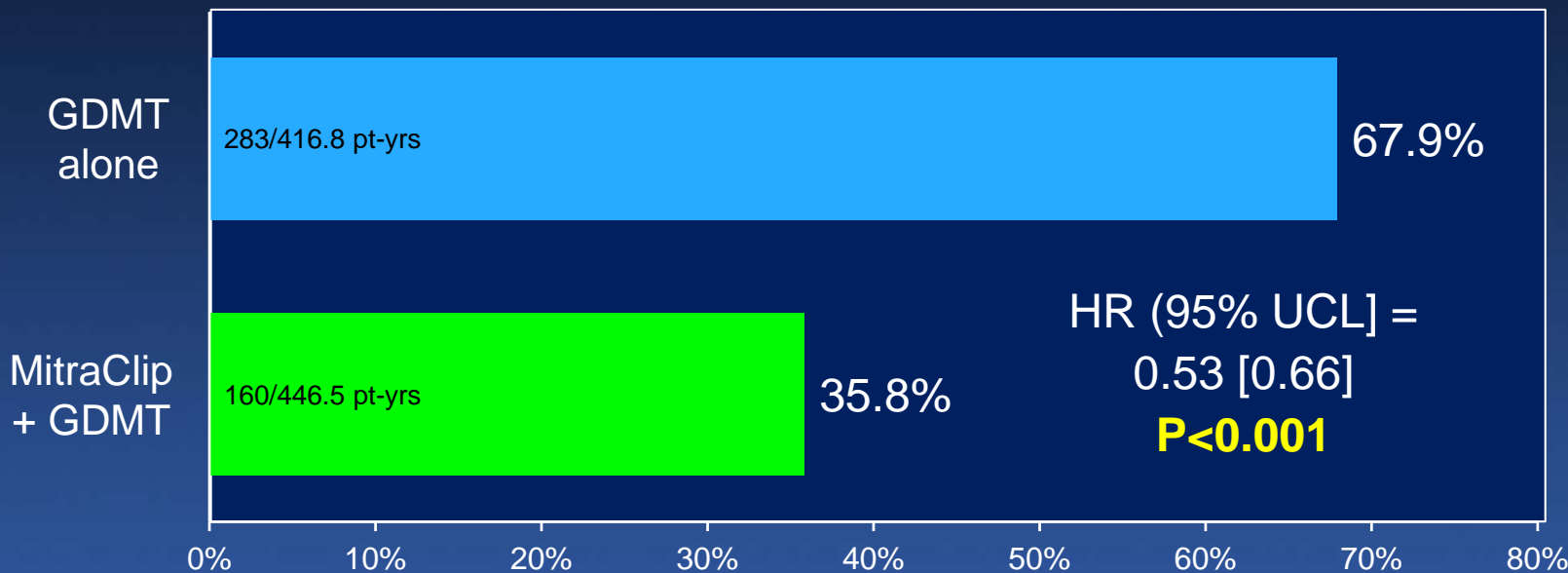
MitraClip	302	286	269	253	236	191	178	161	124
GDMT	312	294	271	245	219	176	145	121	88

Primary Effectiveness Endpoint

Hospitalizations for HF within 24 months

Annualized rates of HF hospitalization*

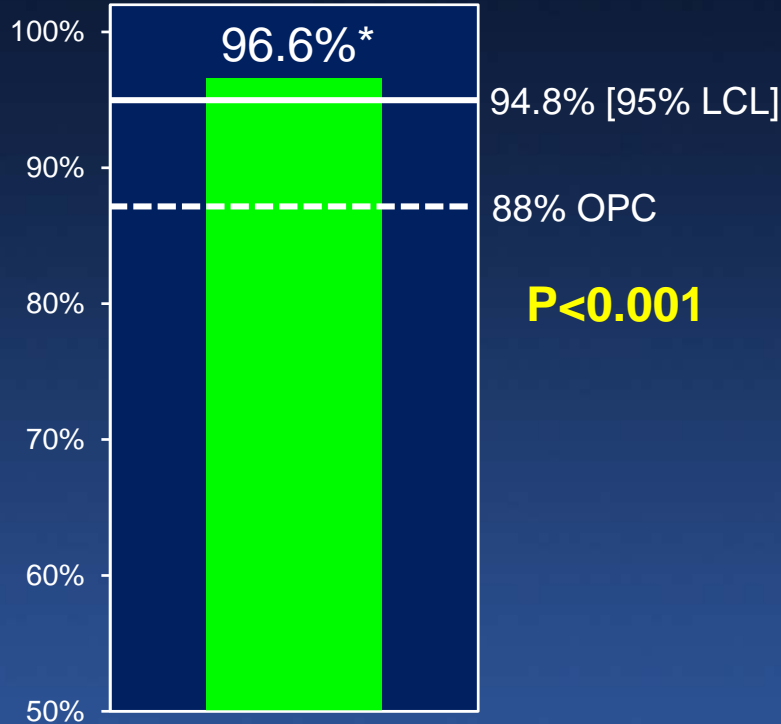
NNT (24 mo) = 3.1 [95% CI 1.9, 8.2]



*Joint frailty model

Primary Safety Endpoint

Freedom from Device-related Complications within 12 months



MitraClip procedure attempted

N=293

Device-related complications	9 (3.4%)
- Single leaflet device attachment	2 (0.7%)
- Device embolization	1 (0.3%)
- Endocarditis requiring surgery	0 (0.0%)
- Mitral stenosis requiring surgery	0 (0.0%)
- Left ventricular assist device implant	3 (1.2%)
- Heart transplant	2 (0.8%)
- Any device-related complication requiring non-elective CV surgery	1 (0.3%)

*KM estimate; **Calculated from Z test with Greenwood's method of estimated variance against a pre-specified objective performance goal of 88%

Primary Endpoints

Primary effectiveness endpoint – All HF hospitalizations through 24 months

Population	MitraClip + GDMT	GDMT alone	HR [upper 95% CL]	P-value
Intention-to-treat*	35.8% (160/446.5) ¹	67.9% (283/416.8) ¹	0.53 [0.66]	<0.001 ²
As-treated	34.8% (154/442.0) ¹	70.6% (277/392.2) ¹	0.44 [0.56]	<0.001 ²
Per-protocol	35.4% (145/409.4) ¹	70.0% (257/366.9) ¹	0.45 [0.58]	<0.001 ²

Primary safety endpoint – Freedom from device-related complications at 12 months

Population	MitraClip + GDMT	GDMT alone	Lower 95% CL	P-value
Safety analysis*	96.6% (9) ³	-	94.8%	<0.001 ⁴
As-treated	97.5% (7) ³	-	95.9%	<0.001 ⁴
Per-protocol	97.7% (6) ³	-	96.1%	<0.001 ⁴

The intention-to-treat population consists of all pts randomized in the trial, analyzed in the group randomized, regardless of the treatment actually received. The as-treated population consists of all randomized pts according to the treatment they received. Pts who experience a death or HF hospitalization prior to a MitraClip procedure are considered to be in the Control group regardless of their initial randomization. Pts who experience a death or HF hospitalization after (but not prior to) a MitraClip procedure are considered to be in the MitraClip group regardless of their initial randomization. For pts who do not experience a death or HF hospitalization at any time during follow-up, they will be assigned to the group that constituted >50% of their follow-up duration. The per-protocol population consists of all randomized pts who meet all major study inclusion criteria and none of the major exclusion criteria for the trial, are treated according to the randomized assignment, and followed consistent with all major study processes. Pts who are randomized to the Device group but do not have a MitraClip procedure attempted between 1-14 days of the randomization are excluded from the per-protocol population. For pts in the Control group who receive the MitraClip device, follow-up data after the date of the procedure will be excluded from analysis. For subjects in either group who undergo other major intervention for HF (e.g. mitral valve surgery, LVAD implant or heart transplant), follow-up data after the date of the intervention will be excluded from analysis. The safety analysis population consists of all randomized Device group subjects in whom a MitraClip procedure is attempted.¹Annualized event rate (total number of events/patient-years of follow-up); ²Joint frailty model; ³Kaplan-Meier time-to-first event estimates (number of events); ⁴Calculated from Z test with Greenwood's method of estimated variance against a pre-specified performance goal of 88%. *Population for the study primary endpoint.

Powered Secondary Endpoints

- Tested in hierarchical order¹ -

P-value

1. MR grade $\leq 2+$ at 12 months
2. All-cause mortality at 12 months²
3. Death and all HF hospitalization through 24 months (Finkelstein-Schoenfeld)
4. Change in QOL (KCCQ) from baseline to 12 months
5. Change in 6MWD from baseline to 12 months
6. All-cause hospitalizations through 24 months
7. NYHA class I or II at 12 months
8. Change in LVEDV from baseline to 12 months
9. All-cause mortality at 24 months
10. Death, stroke, MI, or non-elective CV surgery for device-related compls at 30 days³

¹All powered for superiority unless otherwise noted; ²Powered for noninferiority of the device vs. the control group; ³Powered for noninferiority against an objective performance goal

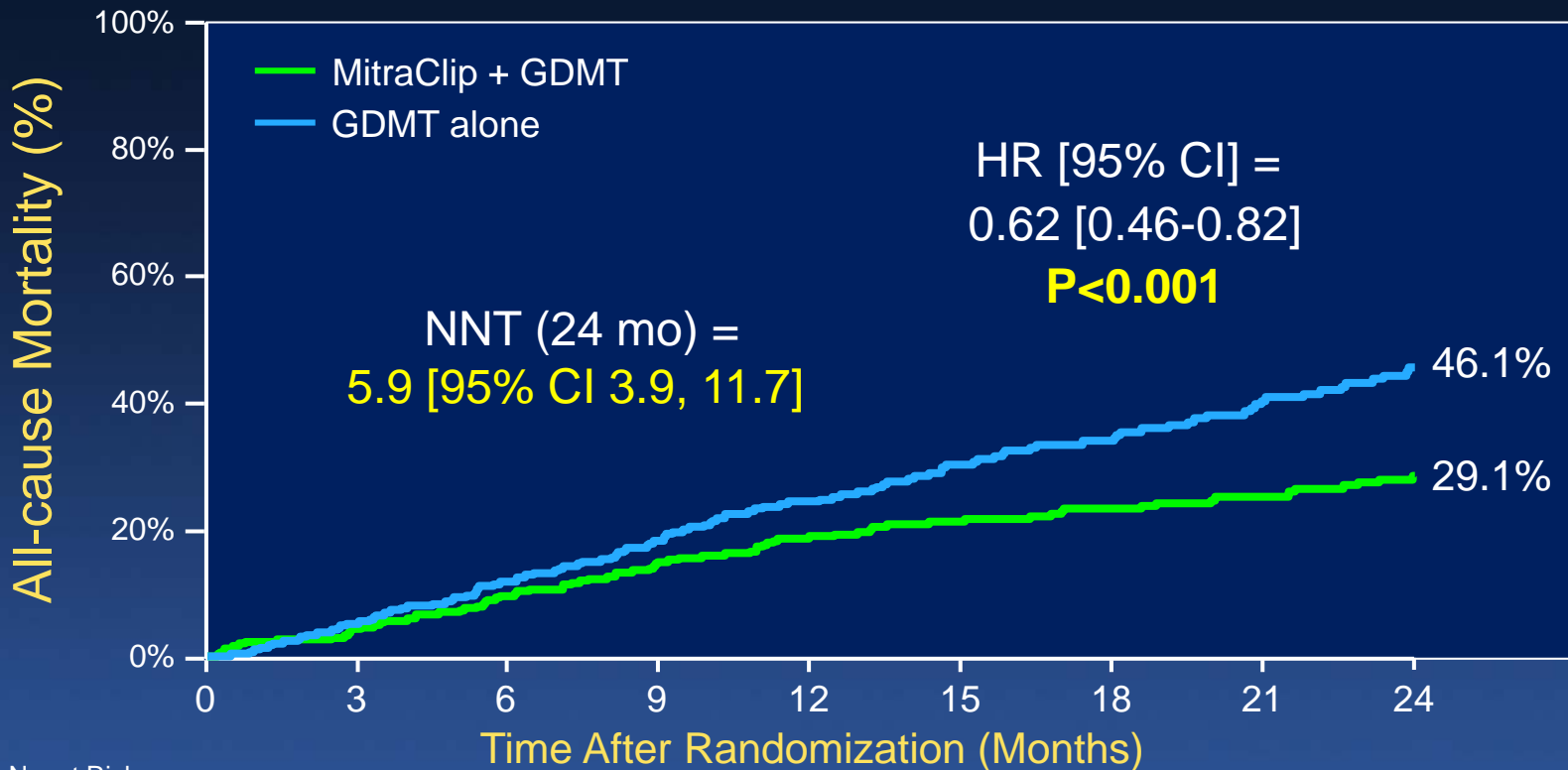
Powered Secondary Endpoints

- Tested in hierarchical order¹ -

	P-value
1. MR grade $\leq 2+$ at 12 months	<0.001
2. All-cause mortality at 12 months ²	<0.001
3. Death and all HF hospitalization through 24 months (Finkelstein-Schoenfeld)	<0.001
4. Change in QOL (KCCQ) from baseline to 12 months	<0.001
5. Change in 6MWD from baseline to 12 months	<0.001
6. All-cause hospitalizations through 24 months	0.03
7. NYHA class I or II at 12 months	<0.001
8. Change in LVEDV from baseline to 12 months	0.003
9. All-cause mortality at 24 months	<0.001
10. Death, stroke, MI, or non-elective CV surgery for device-related compls at 30 days ³	<0.001

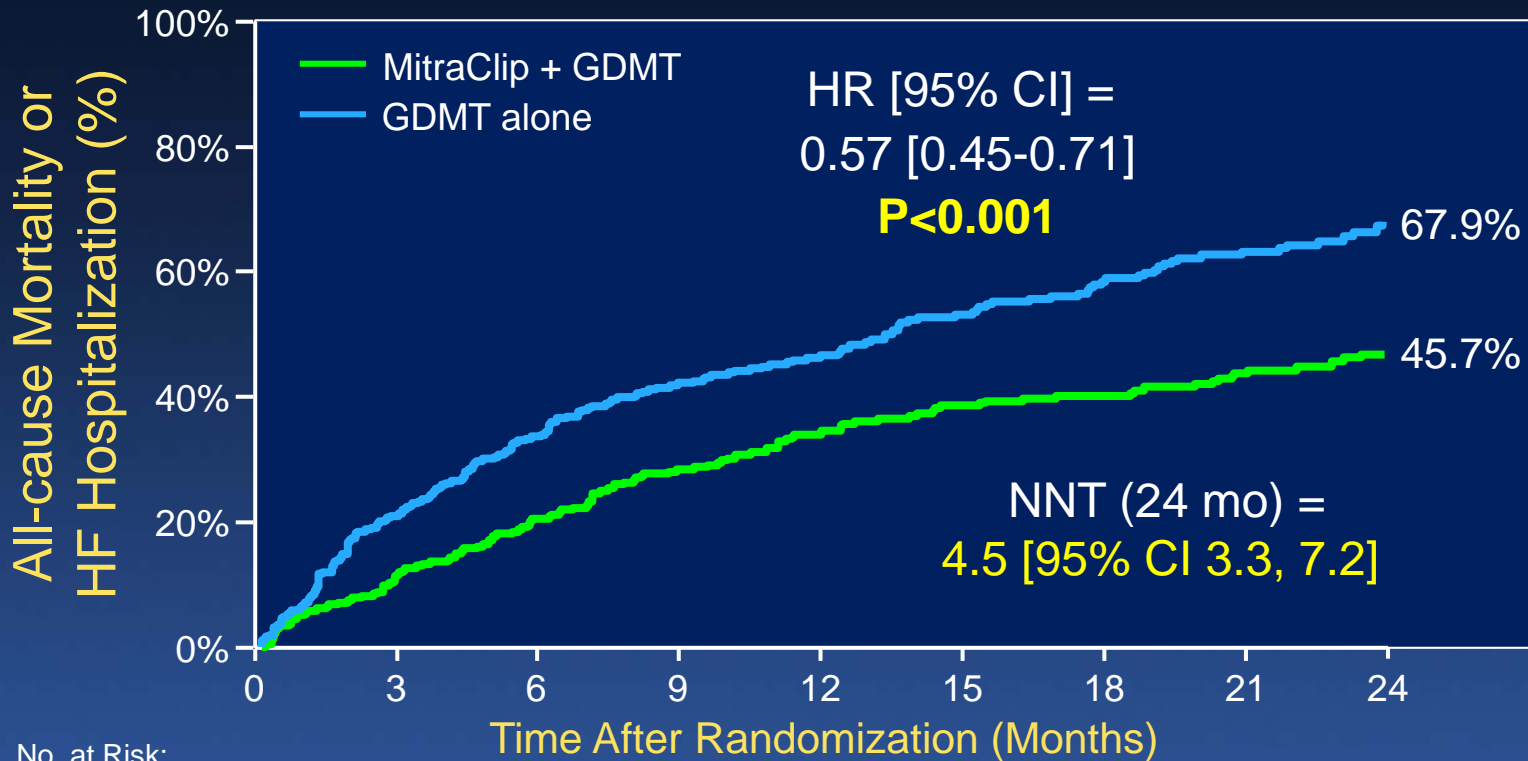
¹All powered for superiority unless otherwise noted; ²Powered for noninferiority of the device vs. the control group; ³Powered for noninferiority against an objective performance goal

All-cause Mortality



No. at Risk:									
MitraClip + GDMT	302	286	269	253	236	191	178	161	124
GDMT alone	312	294	271	245	219	176	145	121	88

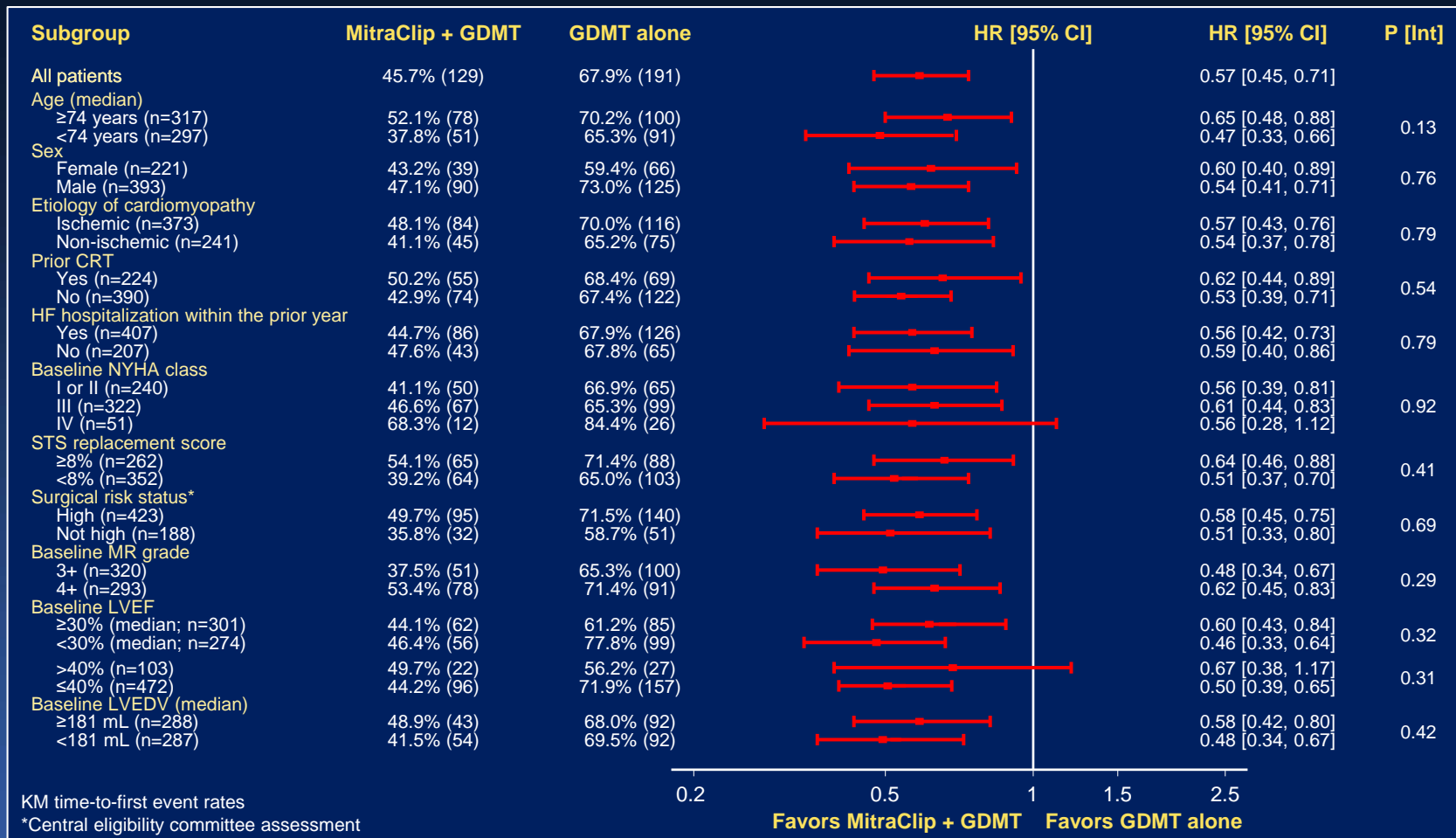
Death or HF Hospitalization



No. at Risk:

MitraClip + GDMT	302	264	238	215	194	154	145	126	97
GDMT alone	312	244	205	174	153	117	90	75	55

24-Month Death or HF Hospitalization



24-Month Event Rates (i)

	MitraClip + GDMT (n=302)	GDMT alone (n=312)	HR [95% CI]	P-value
Death, all-cause	29.1%	46.1%	0.62 [0.46, 0.82]	<0.001
- CV	23.5%	38.2%	0.59 [0.43, 0.81]	<0.001
- HF-related	12.0%	25.9%	0.43 [0.27, 0.67]	<0.001
- Non-HF-related	13.1%	16.6%	0.86 [0.54, 1.38]	0.53
- Non-CV	7.3%	12.7%	0.73 [0.40, 1.34]	0.31
Hospitalization, all-cause	69.6%	81.8%	0.77 [0.64, 0.93]	0.01
- CV	51.9%	66.5%	0.68 [0.54, 0.85]	<0.001
- HF-related	35.7%	56.7%	0.52 [0.40, 0.67]	<0.001
- Non-HF-related	29.4%	31.0%	0.98 [0.71, 1.36]	0.92
- Non-CV	48.2%	52.9%	0.91 [0.71, 1.17]	0.47
Death or HF hospitalization	45.7%	67.9%	0.57 [0.45, 0.71]	<0.001

24-Month Event Rates (ii)

	MitraClip + GDMT (n=302)	GDMT alone (n=312)	HR [95% CI]	P-value
MV intervention or surgery*	4.0%	9.0%	0.61 [0.27, 1.36]	0.23
- MitraClip	3.7%	6.6%	0.99 [0.38, 2.58]	0.99
- Mitral valve surgery	0.4%	2.5%	0.14 [0.02, 1.17]	0.07
PCI or CABG	2.8%	4.3%	0.62 [0.24, 1.60]	0.32
Stroke	4.4%	5.1%	0.96 [0.42, 2.22]	0.93
Myocardial infarction	4.7%	6.5%	0.82 [0.38, 1.78]	0.62
New CRT implant	2.9%	3.3%	0.85 [0.31, 2.34]	0.75
LVAD or heart transplant	4.4%	9.5%	0.37 [0.17, 0.81]	0.01
- LVAD	3.0%	7.1%	0.34 [0.13, 0.87]	0.02
- Heart transplant	1.4%	3.6%	0.35 [0.09, 1.32]	0.12

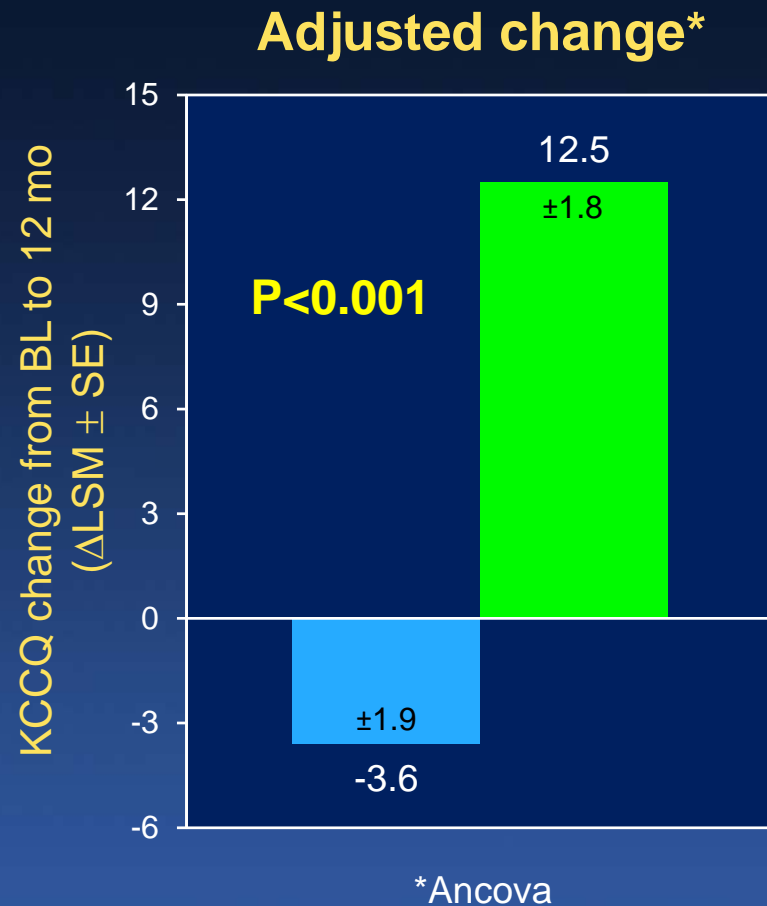
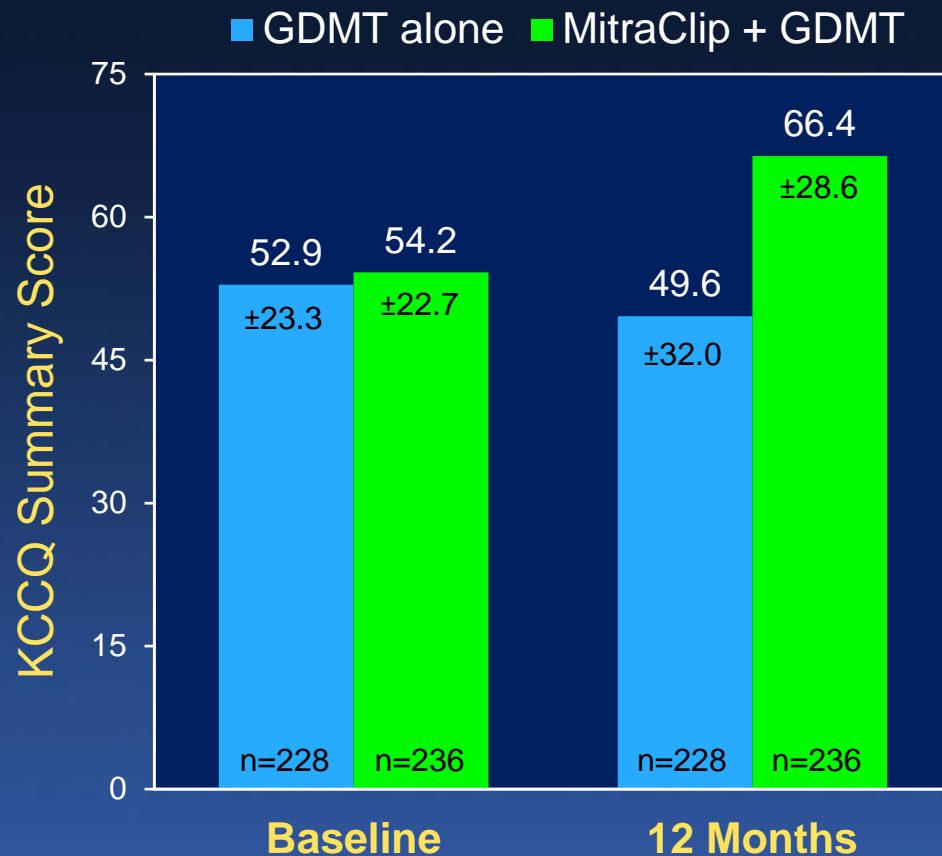
*Unplanned. Kaplan-Meier time-to-first event rates

24-Month Event Rates (ii)

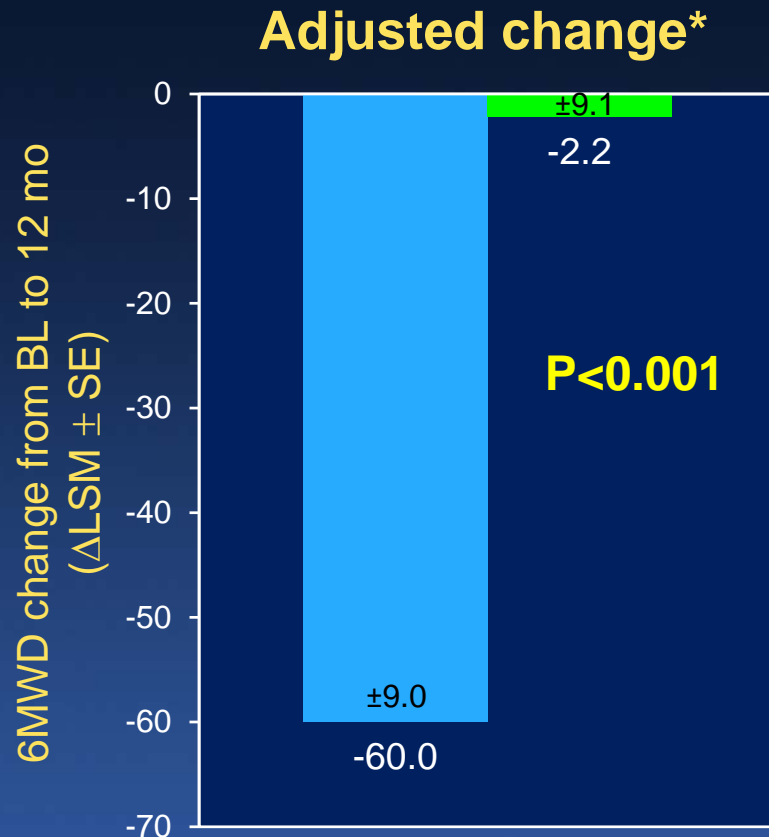
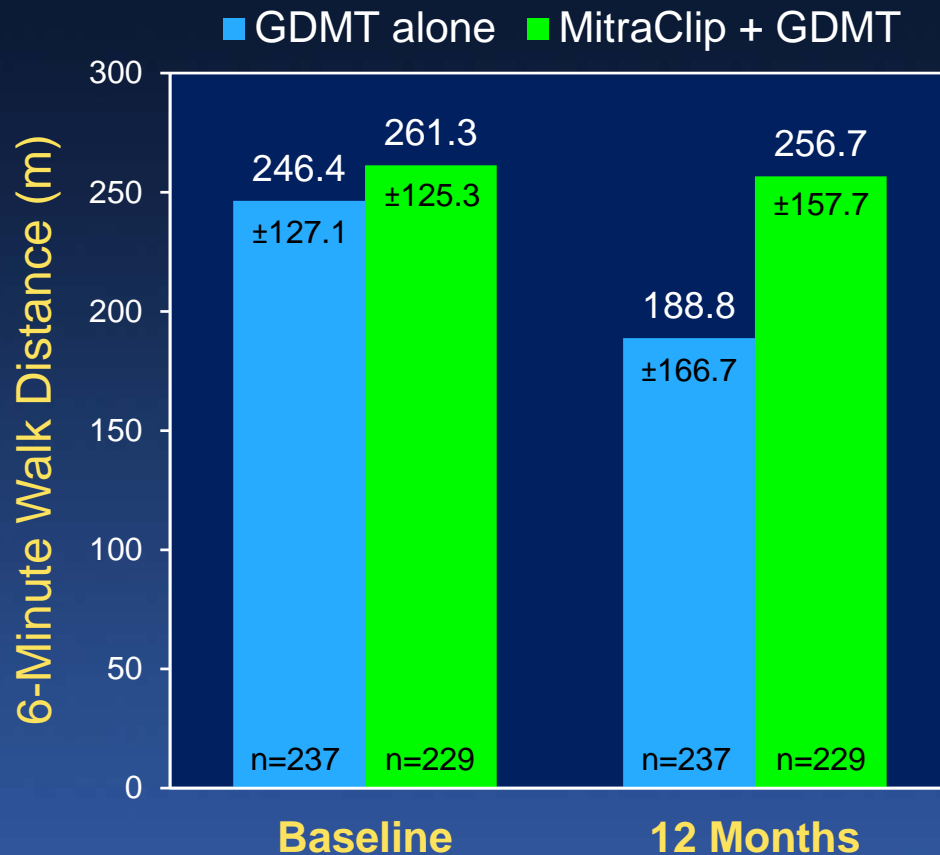
	MitraClip + GDMT (n=302)	GDMT alone (n=312)	HR [95% CI]	P-value
MV intervention or surgery*	4.0%	9.0%	0.61 [0.27, 1.36]	0.23
- MitraClip	3.7%	6.6%	0.99 [0.38, 2.58]	0.99
- Mitral valve surgery	0.4%	2.5%	0.14 [0.02, 1.17]	0.07
PCI or CABG	2.8%	4.3%	0.62 [0.24, 1.60]	0.32
Stroke	4.4%	5.1%	0.96 [0.42, 2.22]	0.93
Myocardial infarction	4.7%	6.5%	0.82 [0.38, 1.78]	0.62
New CRT implant	2.9%	3.3%	0.85 [0.31, 2.34]	0.75
LVAD or heart transplant	4.4%	9.5%	0.37 [0.17, 0.81]	0.01
- LVAD	3.0%	7.1%	0.34 [0.13, 0.87]	0.02
- Heart transplant	1.4%	3.6%	0.35 [0.09, 1.32]	0.12

*Unplanned. Kaplan-Meier time-to-first event rates

Change in KCCQ from Baseline to 12 Months



Change in 6MWD from Baseline to 12 Months

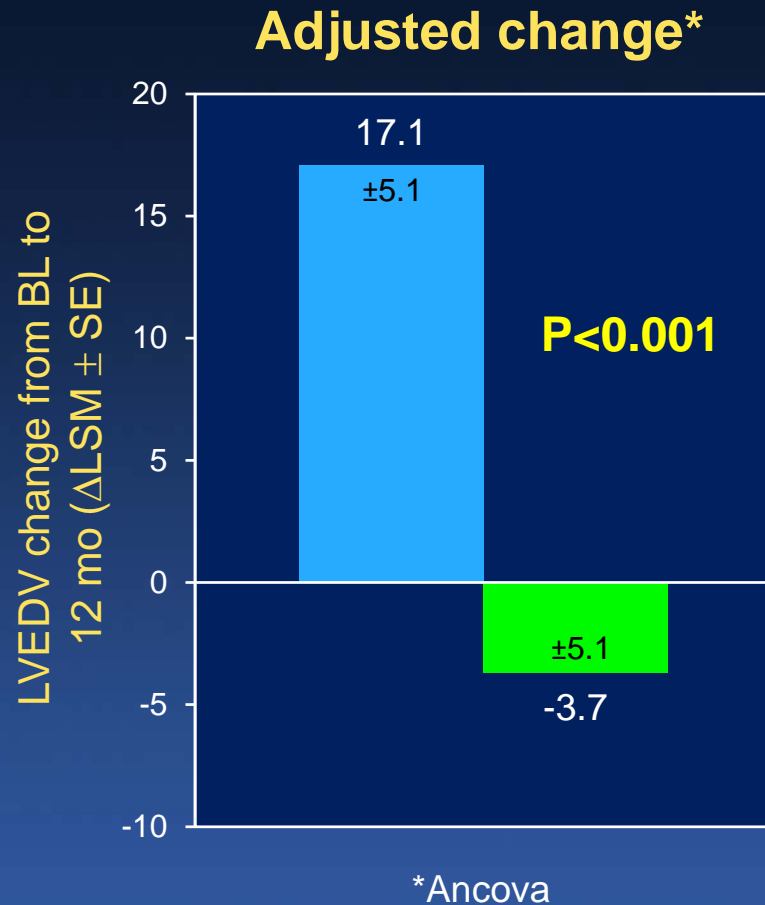
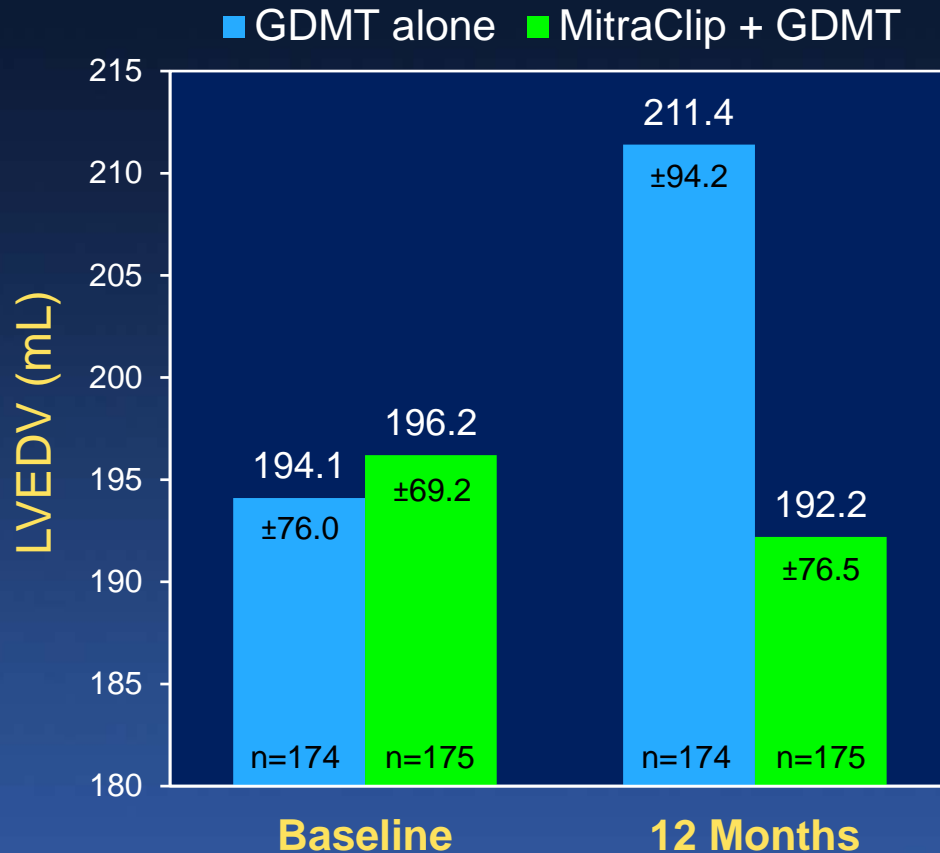


*Ancova

NYHA Functional Class

NYHA class	I	II	III	IV	HF death	P _{trend}	I or II	P-value
<u>Baseline</u>								
MitraClip (n=302)	0.3%	42.7%	51.0%	6.0%	-	-	43.0%	-
GDMT (n=311)	0%	35.4%	54.0%	10.6%	-		35.4%	
<u>30 days</u>								
MitraClip (n=283)	15.5%	60.8%	19.4%	3.5%	0.7%	<0.001	76.3%	<0.001
GDMT (n=281)	5.0%	42.7%	41.6%	9.6%	1.1%		47.7%	
<u>6 months</u>								
MitraClip (n=263)	19.4%	52.9%	21.3%	2.7%	3.8%	<0.001	72.2%	<0.001
GDMT (n=261)	5.4%	44.8%	38.3%	2.7%	8.8%		50.2%	
<u>12 months</u>								
MitraClip (n=237)	16.9%	55.3%	17.7%	2.5%	7.6%	<0.001	72.2%	<0.001
GDMT (n=232)	7.8%	41.8%	28.0%	4.7%	17.7%		49.6%	
<u>24 months</u>								
MitraClip (n=157)	12.1%	42.7%	21.7%	5.7%	17.8%	<0.001	54.8%	<0.001
GDMT (n=153)	5.2%	28.1%	23.5%	3.3%	39.3%		33.3%	

Change in LVEDV from Baseline to 12 Months



MR Severity (Core Lab)

MR grade	≤1+	2+	3+	4+	P _{trend}	≤2+	P-value
<u>Baseline</u>							
MitraClip (n=302)	-	-	49.0%	51.0%	-	-	-
GDMT (n=311)	-	-	55.3%	44.7%	-	-	-
<u>30 days</u>							
MitraClip (n=273)	72.9%	19.8%	5.9%	1.5%	<0.001	92.7%	<0.001
GDMT (n=257)	8.2%	26.1%	37.4%	28.4%		34.2%	
<u>6 months</u>							
MitraClip (n=240)	66.7%	27.1%	4.6%	1.7%	<0.001	93.8%	<0.001
GDMT (n=218)	9.2%	28.9%	42.2%	19.7%		38.1%	
<u>12 months</u>							
MitraClip (n=210)	69.1%	25.7%	4.3%	1.0%	<0.001	94.8%	<0.001
GDMT (n=175)	11.4%	35.4%	34.3%	18.9%		46.9%	
<u>24 months</u>							
MitraClip (n=114)	77.2%	21.9%	0%	0.9%	<0.001	99.1%	<0.001
GDMT (n=76)	15.8%	27.6%	40.8%	15.8%		43.4%	

MR Severity (Core Lab)

MR grade	≤1+	2+	3+	4+	P _{trend}	≤2+	P-value
<u>Baseline</u>							
MitraClip (n=302)	-	-	49.0%	51.0%	-	-	-
GDMT (n=311)	-	-	55.3%	44.7%		-	
<u>30 days</u>							
MitraClip (n=273)	72.9%	19.8%	5.9%	1.5%	<0.001	92.7%	<0.001
GDMT (n=257)	8.2%	26.1%	37.4%	28.4%		34.2%	
<u>6 months</u>							
MitraClip (n=240)	66.7%	27.1%	4.6%	1.7%	<0.001	93.8%	<0.001
GDMT (n=218)	9.2%	28.9%	42.2%	19.7%		38.1%	
<u>12 months</u>							
MitraClip (n=210)	69.1%	25.7%	4.3%	1.0%	<0.001	94.8%	<0.001
GDMT (n=175)	11.4%	35.4%	34.3%	18.9%		46.9%	
<u>24 months</u>							
MitraClip (n=114)	77.2%	21.9%	0%	0.9%	<0.001	99.1%	<0.001
GDMT (n=76)	15.8%	27.6%	40.8%	15.8%		43.4%	

MR Severity (Core Lab)

MR grade	≤1+	2+	3+	4+	P _{trend}	≤2+	P-value
<u>Baseline</u>			3+-4+				
MitraClip (n=302)	-	-	49.0%	51.0%	-	-	-
GDMT (n=311)	-	-	55.3%	44.7%	-	-	-
<u>30 days</u>			7.4%				
MitraClip (n=273)	72.9%	19.8%	5.9%	1.5%	<0.001	92.7%	<0.001
GDMT (n=257)	8.2%	26.1%	37.4%	28.4%		34.2%	
<u>6 months</u>			6.3%				
MitraClip (n=240)	66.7%	27.1%	4.6%	1.7%	<0.001	93.8%	<0.001
GDMT (n=218)	9.2%	28.9%	42.2%	19.7%		38.1%	
<u>12 months</u>			5.3%				
MitraClip (n=210)	69.1%	25.7%	4.3%	1.0%	<0.001	94.8%	<0.001
GDMT (n=175)	11.4%	35.4%	34.3%	18.9%		46.9%	
<u>24 months</u>			0.9%				
MitraClip (n=114)	77.2%	21.9%	0%	0.9%	<0.001	99.1%	<0.001
GDMT (n=76)	15.8%	27.6%	40.8%	15.8%		43.4%	

Limitations

- Because the MitraClip is visible on imaging tests, COAPT was unblinded
 - Bias was mitigated by GDMT standardization and use of independent CEC & ECL
- Median FU duration was greater in the Device than the Control group
 - In part due to improved survival
 - However, study withdrawals were more frequent in the Control group
 - Results were consistent using multiple imputation to account for missing data
- The present results apply to Rx of secondary MR with the MitraClip
 - Whether other transcatheter or surgical approaches would have comparable results is uncertain
- Pts were symptomatic (NYHA II - IVa) despite maximally-tolerated GDMT (with more than one-third having undergone CRT), had true moderate-to-severe or severe MR, LVEF 20%-50%, and frequent comorbidities
 - Whether the MitraClip would be as safe and effective in more or less critically ill pts or those with lesser degrees of MR severity is unknown

Why are the COAPT Results so Different from MITRA-FR?

Possible Reasons

	MITRA-FR (n=304)	COAPT (n=614)
Severe MR entry criteria	Severe FMR by EU guidelines: EROA >20 mm ² or RV >30 mL/beat	Severe FMR by US guidelines: EROA >30 mm ² or RV >45 mL/beat
EROA (mean ± SD)	31 ± 10 mm ²	41 ± 15 mm ²
LVEDV (mean ± SD)	135 ± 35 mL/m ²	101 ± 34 mL/m ²
GDMT at baseline and FU	Receiving HF meds at baseline – allowed variable adjustment in each group during follow-up per “real-world” practice	CEC confirmed pts were failing maximally-tolerated GDMT at baseline – few major changes during follow-up
Acute results: No clip / ≥3+ MR	9% / 9%	5% / 5%
Procedural complications*	14.6%	8.5%
12-mo MitraClip ≥3+ MR	17%	5%

*MITRA-FR defn: device implant failure, transf or vasc compl req surg, ASD, card shock, cardiac embolism/stroke, tamponade, urg card surg

Conclusions

- In pts with HF and moderate-to-severe or severe secondary MR who remain symptomatic despite maximally-tolerated GDMT, transcatheter mitral leaflet approximation with the MitraClip was safe, provided durable reduction in MR, reduced the rate of HF hospitalizations, and improved survival, quality-of-life and functional capacity during 24-month follow-up
- As such, the MitraClip is the first therapy shown to improve the prognosis of patients with HF by reducing secondary MR due to LV dysfunction



The NEW ENGLAND
JOURNAL of MEDICINE

ORIGINAL ARTICLE

Transcatheter Mitral-Valve Repair in Patients with Heart Failure

G.W. Stone, J.A. Lindenfeld, W.T. Abraham, S. Kar, D.S. Lim, J.M. Mishell,
B. Whisenant, P.A. Grayburn, M. Rinaldi, S.R. Kapadia, V. Rajagopal,
I.J. Sarembock, A. Brieke, S.O. Marx, D.J. Cohen, N.J. Weissman, and M.J. Mack,
for the COAPT Investigators*