

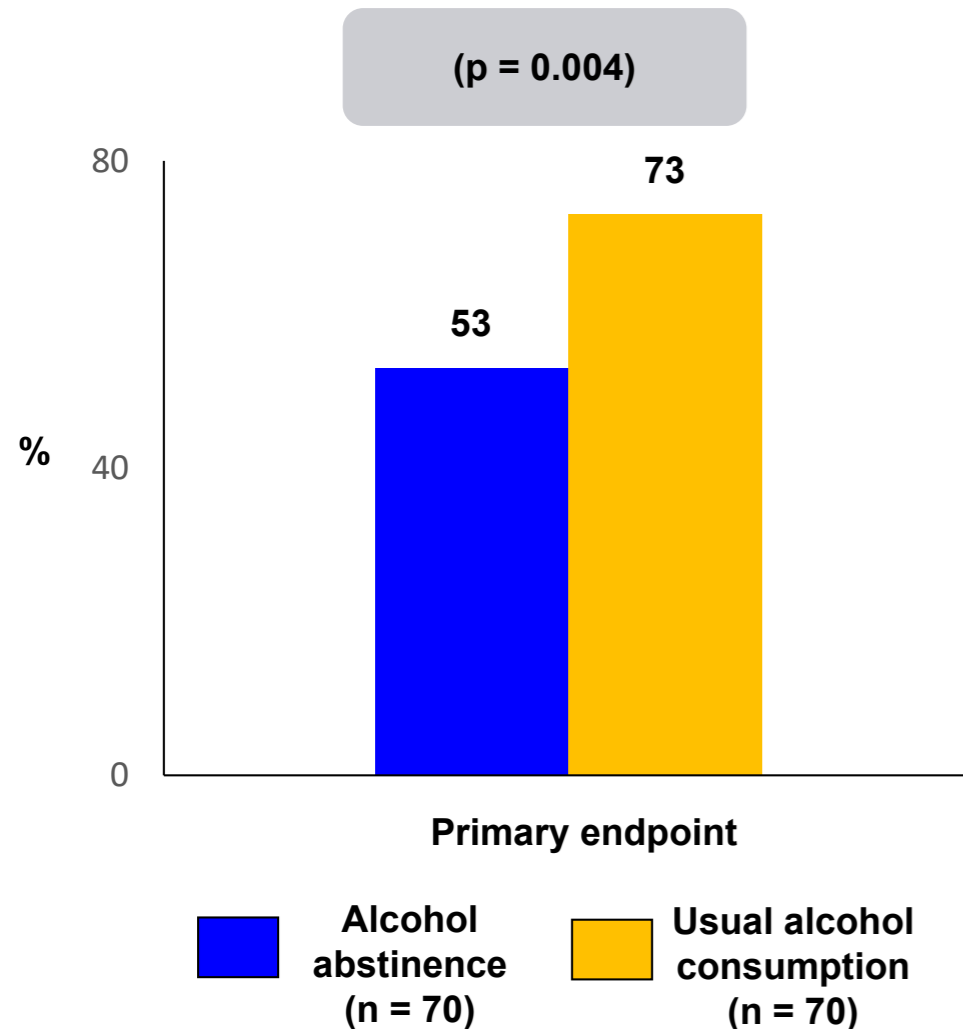
Alcohol-AF

#ACC19



AMERICAN
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Trial Description: Patients with atrial fibrillation and regular moderate alcohol consumption were randomized to abstinence versus usual consumption.



RESULTS

- Co-primary outcome, atrial fibrillation occurrence at 6 months: 53% of the abstinence group vs. 73% of the usual consumption group ($p = 0.004$)
- Co-primary outcome, mean atrial fibrillation burden at 6 months: 5.6% of the abstinence group vs. 8.2% of the usual consumption group ($p = 0.016$)

CONCLUSIONS

- Among patients with atrial fibrillation and moderate alcohol consumption, abstinence from alcohol was associated with a reduction in atrial fibrillation recurrence and atrial fibrillation burden

Presented by Dr. Aleksandr Voskoboinik at ACC 2019